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Non sporing Gram Positive Rods

(MBBS, M.Phil, Ph.D, CBact, CHPE)



whitish-gray pseudomembrane covering posterior pharynx and marked inflammation of palate and pharynx.

(Courtesy of Dr. Peter



At the end of this session students of 3rd year should be able to

- 1. Enumerate non sporing gram positive rods
- 2. Describe the important properties, pathophysiology, clinical features and lab diagnosis of *Corynebacterium* and

Listeria.



<u>Corynebacteria</u>

- gram-positive rods
- Small, slender, <u>club shaped</u> or pleomorphic (arranged in L, V shaped formation), have beaded appearance
- Non-motile, and non-capsulated, non sporing





Corynebacteria

HABITAT

- Normal commensal flora of human skin, throat, urinary tract and margins of conjunctiva.
- Can be found in soil, plants and animals and food products.

Role in disease

The most notable human infection is <u>diphtheria</u>, caused by *C. diphtheriae*; It is an acute, contagious infection characterized by pseudo-membranes of dead epithelial cells, WBC, RBC, and fibrin that form around the tonsils and back of the throat. Corynebacterium species <u>(diphtheroids)</u> are <u>opportunistic</u> pathogens.

Toxigenic C. diphtheriae Lysogenic bacteriophage (β-prophage) carries toxin gene 'tox'.
No phage = no toxin = no disease



C. Diphtheriae is humans pathogen

found in the throat & nasopharynx of carriers & patients with diphtheria.

 \succ Local infection, usually of the throat.

TRANSMISSION

Spreads through respiratory droplets, or nasal secretions; usually by convalescent or asymptomatic carriers.

Less frequent spread includes direct contact with infected individual or a contaminated fomite.



Pathogenesis

- C. diphtheriae causes only local throat infection, however,
- The exotoxin may have systemic effects. It inhibits cellular protein synthesis that results in cell death diseas

manifestations



- acute respiratory inflammation with fibrinous exudate (pseudomembrane)
 Life
 threatening illness.
- Antibody block the binding site "B" of toxin
- Became rare disease due to vaccination & immunization (DPT) [in childhood]
- serious disease if population has not been immunized,
- A milder form can be restricted to the skin (cutaneous lesion) covered by grey membrane. It don't invade surroundings.

Diphtheria



Diphtheria - notice the pseudomembrane in the posterior pharynx. It can become very large and may obstruct the airway.

Pseudomembrane is composed of fibrin, bacteria, and inflammatory cells





Clinical presentation

Most prominent sign is

Thick, greyish tough adherent exudate (**pseudo-membrane**) that coats the throat & tonsils, & may extend into larynx, trachea, nasal passages or respiratory tract (airway obstruction).

The exudate may obstruct the airways → (suffocation)







FIGURE 17–7 Diphtheria. Note whitish-gray pseudomembrane covering posterior pharynx and marked inflammation of palate and pharynx. Caused by diphtheria toxin, an exotoxin that inhibits protein synthesis by inhibiting elongation factor-2. (Courtesy of Dr. Peter Strebel.)

<u>Generalized symptoms</u> due to production & absorption of toxin (fever, sore throat, cervical lymphadenopathy).

Major clinical effects: on heart & peripheral nerves are.

- Cardiac conduction defects & myocarditis may lead to arrhythmia, circulatory collapse or permanent heart damage,.
- neuritis of cranial nerves & paralysis of muscle groups, i.e. those controlling movement of palate or eyes [] loss of motor functions [] Later difficulty in swallowing and regurgitation of fluid through nose.

Clinical presentation





Diphtheria

- Symptoms of <u>pharyngeal diphtheria</u> vary from <u>mild pharyngitis to hypoxia to</u> <u>suffocation</u> due to airway obstruction.
 - <u>The involvement of cervical lymph nodes</u>

may cause profound swelling of the neck (bull neck diphtheria), and the patient may have a fever (103°F).





C. ulcerans

Cutaneous infection with *C. diphtheriae* may lead to a <u>chronic, non-healing</u> <u>ulcer</u> with a gray pseudomembrane.

Rarely cause death due to systemic effects
 of the toxin.

Immunity: Diphtheria toxin is antigenic

and stimulates the production of **antibodies** that neutralize the toxin's activity.

Toxoid (formalin treated toxin) → antigenic but not toxic [] immunization against the disease





Lab Diagnosis

Isolation of C. <u>diphtheria</u>

Culture on lab media

On Loeffler's medium, a tellurite plate, and a blood agar plate

Demonstrate toxin production ('tox' gene)

- ► PCR
- Animal inoculation
- Gel diffusion precipitin test

Definitive diagnosis

- Isolation of *C. diphtheriae* from throat SWAB culture on a selective media & <u>must be</u> tested for virulence.
- 2. Gram & Methylene blue staining of swab smear for GPR & metachromatic granules.
- 3. PCR for the presence of toxin 'tox' gene.



C. Diphtheriae has distinctive morphology: (Chinese-letters) *Small, slender, <u>club shaped</u> or pleomorphic*



Typical Gray-black colonies

<u>Treatment</u>

Prompt neutralization of toxin with antitoxin followed by eradication of the organism.

- A single dose of horse serum antitoxin inactivates any circulating toxin, although it does not affect toxin already bound to a cell-surface receptor.
- Immunize children with diphtheria toxoid (DTaP) vaccine three doses given at 2, 4, and 6 months of age.
- Antibiotic treatment slows spread of infection & prevents further toxin production by killing the organism.
 Penicillin (Penicillin G), Macrolides, Erythromycin, Lincomycins

Listeria monocytogenes

Listeria

Morphology

- $\hfill\square$ short, gram positive rods
- Motile,
- Grow at low temperatures at 4°C and accumulates in contaminated food, stored in a refrigerator.
- Listeriosis is highly fatal

opportunistic food borne infection

It is associated with ingestion of refrigerated milk, meat / vegetable.



Habitat:

- can be found in soil, sewage & dead vegetable matter, effluent and human feces
- infects wild domestic animals & birds.

It can infects pregnant women, newborns infants, elderly and immunocompromised patients.

Epidemiolog

 \mathbf{V} not a common humans pathogen,

- Infections are opportunistic and may occur as sporadic cases or in small epidemics
- 1-15% of healthy humans are asymptomatic carriers (in their intestinal).
- In USA: 2000 cases are reported each year, with 450 deaths and 100 stillbirths.

Infections are usually food-

borne

- 20-30% from ground meat
- 2 3 % from processed dairy products (including ice cream and cheese) &
- Remaining from retail poultry products







Pathogenesis

- Facultative, intracellular parasite
- Adheres and enters a variety of mammalian cells
- Virulent factors include hemolysin
 (listeriolysin O), phospholipases and several other
- listeriolysin destroys phagosome.
- Cell to cell spread lead to inflammation and cell death (enteritis in intestine).



Spread and transmission

- Transmission to new-born can occur in 3rd trimester of pregnancy in infected women, (who has milder flulike presentation)
- 2. Can also infect fetus and initiate abortion & still birth.
- Immunocompromised with decreased cellular immunity are susceptible to serious generalized infections,



Clinical presentation

- Meningitis, meningoencephalitis & Septicemia in infants & immunocompromised adults (i.e. renal transplant patients).
- Occasionally it can cause bacteremia, endocarditis, abscesses in the brain and other parts.
- 3. Outbreaks of *febrile gastroenteritis*



Laboratory identification Clinical specimens include Blood, CSF, and other aspirates Gram stain and culture Lístería monocytogenes on blood agar Listeria monocylogenes in cebrospinal fluid (Gram stain)

Blood cultures are indicated in pregnant

febrile women when no alternate pathology

is readily detected (for example, UTI).

Treatment:

- Many antibiotics are successfully used to treat listeriosis.
- Good response to ampicillin with or without gentamycin.
- Trimethoprim-sulphamethoxazole are also effective.
- Listeria gastroenteritis does not require treatment

Prevention: by hygiene, proper food preparation

and food handling.

Thank you