

Abdominal examination

HAND

- Hands: palmar erythema, Dupuytren contracture
- Nails: clubbing, leukonychia, koilonychia
- Flapping tremor (hepatic encephalopathy)

EYES

- Patient Look up while examiner pull eyelids down - look for conjunctival pallor.
- Patient look down while examiner pull eyelids up - look for icterus

MOUTH

- Patient open mouth and lift tongue to roof of mouth - Look for oral candidiasis, angular stomatitis, mouth ulcers and glossitis

NECK

- Mainly look for left supraclavicular lymph nodes (Virchow's nodes) - specific for gastric carcinoma

CHEST

- Look for spider nevi and gynecomastia

INSPECTION OF ABDOMEN

- Distension
- Scars
- Striae
- Pulsation

PALPATION

- Superficial palpitation - S pattern
- Deep palpation
- Liver (right side) - when patient inhale, we go in
- Murphy sign for acute cholecystitis - patient take deep breath and hold it, examiner press subcostal margin - in cholecystitis, patient feels severe pain
- Spleen - start from right iliac fossa - patient breathe in, u go in
- Kidney - press one hand on back, with other hand palpate the kidney (normally they are not palpable)
- AAA - put both hands on either side of umbilicus

PERCUSSION

- General/ liver span
- Shifting dullness - for fluid collection

- Fluid thrill