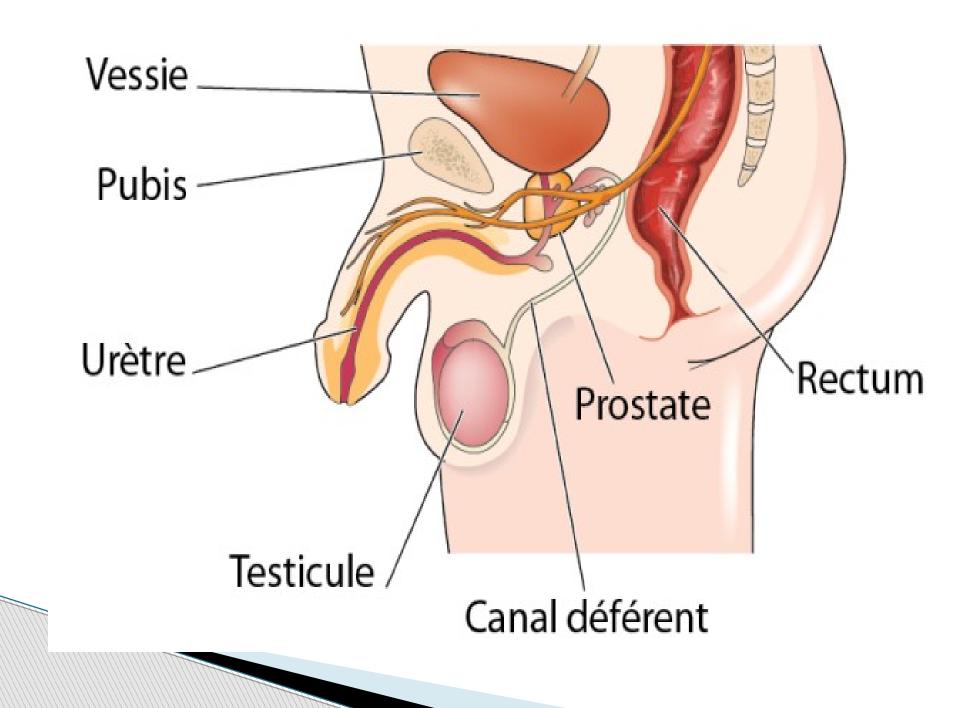
# BENIGN PROSTATIC HYPERPLASIA

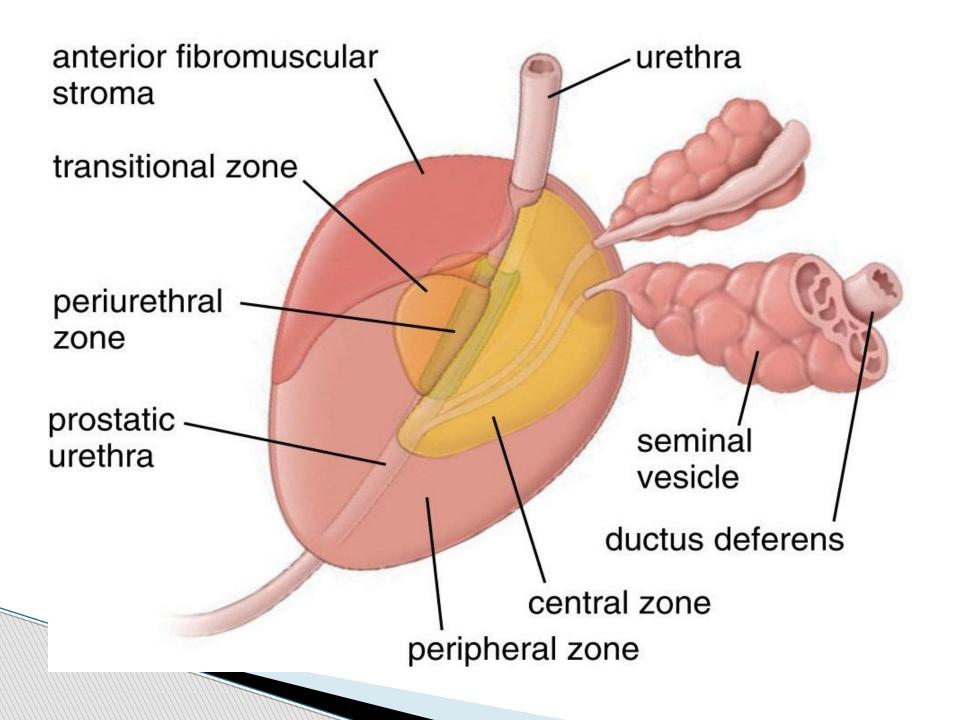
Dr. Saima Hashim Khan Pathology Deptt. KGMC

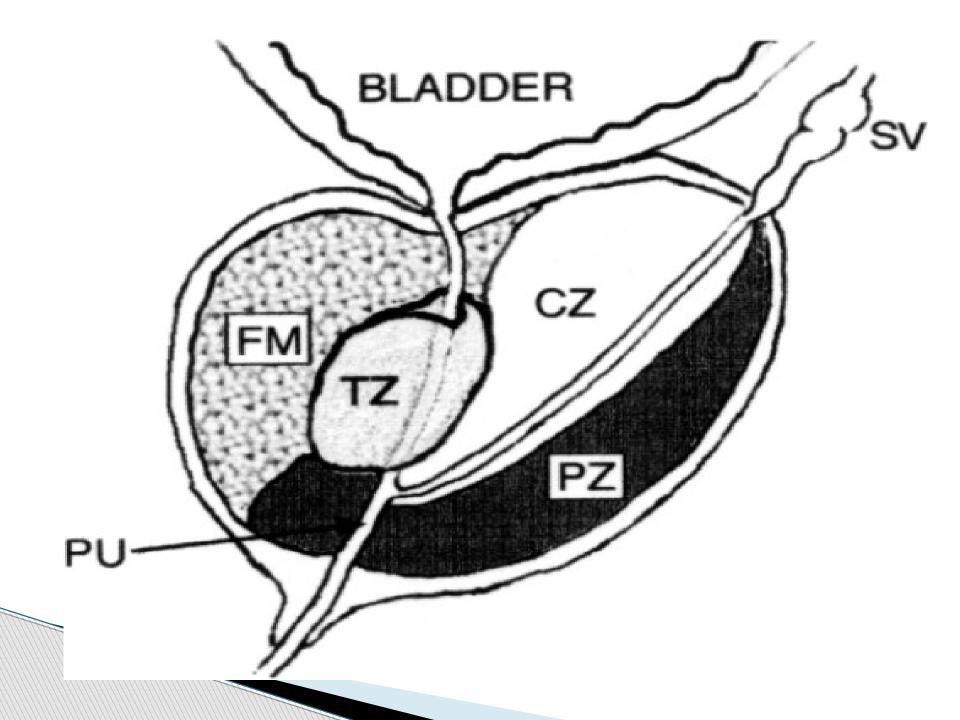
### **BENIGN PROSTATIC HYPERPLASIA**

BPH

Benign prostatic hyperplasia is nonmalignant enlargement of the prostate gland, a common occurrence in older men.







## PROSTATE

- The role of the Prostate is to accumulate and eject small volumes of fluid, which forms a component of semen necessary for normal reproductive function of the male.
- The normal human Prostate is a composite organ that includes both **Prostatic glands** and a nonglandular **Stroma**. These different tissues are tightly fused together and surrounded by a common capsule.

- The glandular component of prostate is composed of ducts and acini, which are morphologically identical.
- The entire duct-acinar system is lined by a **Pseudostratified columnar epithelium** with secretory cells.
- The size and structure of these glandular elements are distinctly different in the different zones of the prostate.

- The non-glandular components of the prostate include the fibromuscular stroma, capsule and the supplying blood vessels and nerves.
- The specific fibromuscular stroma is composed of large compact bundles of *smooth muscle cells* that are arranged in a random orientation and often separated by bands of dense fibrous tissue.

### Normal Prostate Histology: Fibromuscular gland.

1. Fibromuscular stroma

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2. Glands double layer epithelium.

3. Secretions (corpora amylaceae)

## Pathophysiology

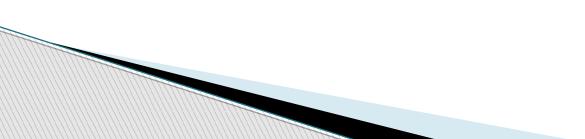
- Requires intact testes
- Testosterone and dihydrotestosterone (DHT, 10x more potent than testosterone because it dissociates from receptor more slowly) bind nuclear androgen receptors in stromal and epithelial cells, causing growth factor activation
- Stromal cells produce 5 alpha reductase (converts testosterone to DHT)
- Estradiol, increased in aging men, may also increase androgen receptors

## **Clinical Features**

- Frequent urge to urinate
- Trouble starting to urinate
- Weak stream
- Inability to urinate
- Loss of bladder control
- Painful urination
- Dribbling of urine

## COMPLICATIONS

- Urinary tract infections
- Bladder stones
- Chronic kidney diseases



## Morphology

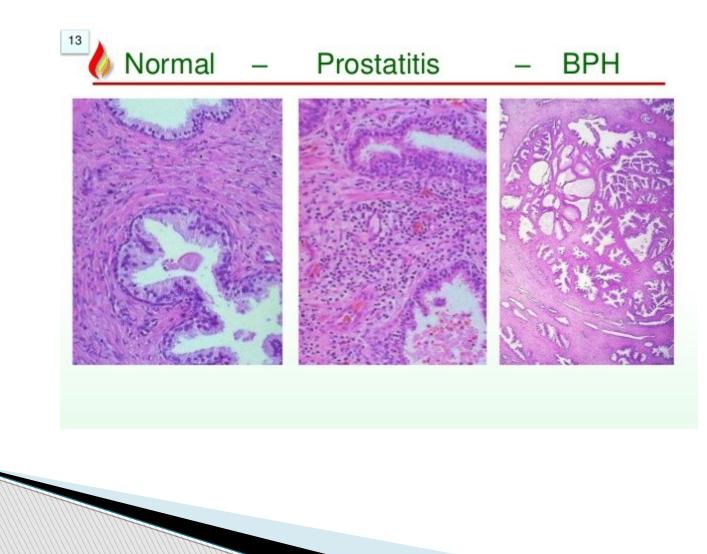
GROSS

- Gland is increase in size and weight, Urethera may be compressed
- In primary glandular hyperplasia Yellow, pink and soft nodules.
- In primary fibromuscular hyperplasia pale grey, tough fibrous nodules, no fluids



## MICROSCOPIC

- Usually glandular pattern predominates
- Small to large cystically dilated glands, lined by multiple layer of epithelium resting on intact basement membrane.
- Epithelium thrown into papillary buds and infolding
- Fibromuscular hyperplasia in form of solid spindle cells.
- The glandular lumina often contain inspissated, proteinaceous secretory material known as corpora amylacea.



#### **BENIGN PROSTATIC HYPERPLASIA**

Fibromuscular stroma

#### **Proliferating glands**

Corpora Amylacea

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