BLOCK J OSPE COMPILED

OSPE STATIONS

- 2 patho viva (one will be from tumours and 2nd one will be pther CNS topics)
- 2 community viva(1 from biostats and 1 from epidemiology)
- 2 forensics viva(one from poisons and other from other topics)
- 2 pharma(1 from epilepsy and other from other pharma topics)
- 1 psychiatric counselling
- 1 from epilepsy diagram
- 1 patho cns tumor identification
- 2 prescription drugs
- 2 biostat formulae
- 1 patho station of meningitis
- 2 forensic station of poison
- 1 examination which the college doesn't give and will be replaced by a viva

PHARMACOLOGY

Station; 6

1. What is the difference between mechanism of action of benzodiazepines and barbiturates (1)

- 2. Why barbiturates are no more used. Give 2 reasons (1) Vs Ben 200 4
- 3. Describe basic pharmacology of Bupropion (1)
- 4. Classify general anesthetics. What is the mechanism of action of thiopentone (2)
- 5. Describe dissociative anesthesia (1)

Barbiturates vs Benzodiazepines

Feature	Barbiturates	Benzodiazepines
Mechanism of	Increases duration of GABA-A receptor	Increases frequency of GABA-A receptor
Action	chloride channel opening	chloride channel opening
Uses	Seizures, anesthesia, insomnia	Anxiety, seizures, insomnia, muscle
		spasms
Examples	Phenobarbital, Thiopental	Diazepam, Lorazepam, Midazolam
Onset &	Longer onset, longer duration	Rapid onset, shorter duration
Duration		
Risk of	High	Moderate
Dependence		
Overdose Risk	High (respiratory depression, coma)	Lower than barbiturates but still possible
Reversal Agent	None	Flumazenil

Side Effects	Sedation, respiratory depression,	Sedation, dizziness, anterograde	
	tolerance	amnesia	

Key reasons why Barbiturates are no longer used:

- 1. Narrow therapeutic index High risk of toxicity and overdose.
- 2. Severe CNS and respiratory depression Can be fatal in overdose.
- 3. High potential for dependence and abuse Leading to addiction and withdrawal symptoms.
- 4. **Development of tolerance** Reduces efficacy over time, requiring higher doses.
- 5. **Drug interactions** Induces cytochrome P450 enzymes, affecting the metabolism of other drugs.
- 6. Safer alternatives available Benzodiazepines and newer drugs for anxiety, sleep disorders, and seizures.

BUPROPION

Class	Mechan	Uses	Effects	Adver	Contraindica	Advanta	Disadvant
	ism			se	tions	ges	ages
				Effect			
				S			
Atypical	Inhibits	Depress	Energizi	Insom	Seizure &	No	Seizure
Antidepres	NE &	ion,	ng,	nia,	Eating	sexual	risk,
sant	DA	Smokin	Reduces	Seizur	disorders	dysfunct	Anxiety
	reuptake	g	cravings	es,		ion,	
		cessatio		Weigh		Weight	
		n		t loss		loss	

Thiopentone MOA: Enhances **GABA-A**, increases **Cl⁻ influx**, causing **CNS depression** and **rapid unconsciousness**. Acts on **reticular activating system (RAS)**. **Ultra-short acting**: Onset in 10–20 sec, duration 5–10 min (due to redistribution).

Dissociative Anesthesia: Induced by **Ketamine**, patient appears **awake but unresponsive** with **analgesia**, **amnesia**, **and sedation**. Preserved **airway reflexes** and **spontaneous breathing**. Signs: **Open eyes**, **nystagmus**, **increased BP and HR**.

It's commonly used in emergency settings and pediatric anesthesia.

Treatment of Alcoholism

- 1. Detoxification
 - Benzodiazepines (e.g., **Diazepam**, **Lorazepam**) for withdrawal symptoms
 - Thiamine (Vitamin B1) to prevent Wernicke's encephalopathy

2. Maintenance Therapy

- **Disulfiram**: Causes unpleasant reaction with alcohol
- Naltrexone: Reduces cravings
- **Acamprosate**: Restores neurotransmitter balance, prevents relapse

3. Psychological Support

- Counseling and Cognitive Behavioral Therapy (CBT)
- Alcoholics Anonymous (AA)
- 4. Lifestyle Changes
 - Healthy diet, regular exercise, and social support

Mechanism of Myocardial Infarction (MI) with Cocaine Use:

- 1. **Coronary Vasoconstriction**: Cocaine blocks **reuptake of norepinephrine**, causing prolonged **vasospasm** and reduced blood flow to the heart.
- 2. Increased Platelet Aggregation: Enhances clot formation, increasing the risk of thrombosis.
- 3. Increased Oxygen Demand: Cocaine stimulates sympathetic activity, raising heart rate and blood pressure, which increases oxygen demand while reducing supply.
- 4. Accelerated Atherosclerosis: Chronic use promotes vascular inflammation and plaque formation.

Drug Interactions of Levodopa

- 1. Contraindicated Drugs
 - Non-selective MAO inhibitors (e.g., phenelzine) \rightarrow Risk of hypertensive crisis
- 2. Reduced Effectiveness
 - Antipsychotics (e.g., haloperidol) \rightarrow Block dopamine receptors
 - **Pyridoxine (Vitamin B6)** \rightarrow Increases peripheral metabolism of levodopa
- 3. Increased Side Effects
 - Antihypertensives \rightarrow Enhanced hypotensive effect
 - Entacapone or Carbidopa \rightarrow Potentiates levodopa's action
- 4. **High-Protein Diet** \rightarrow Reduces absorption of levodopa in the gut

Migraine Prophylaxis:

- Beta-blockers: Propranolol, Metoprolol
- Antidepressants: Amitriptyline, Venlafaxine
- Anticonvulsants: Topiramate, Valproate
- Calcium Channel Blockers: Flunarizine
- **CGRP Inhibitors**: Erenumab
- **Botulinum toxin A** (Chronic migraine)

Adverse Effects of Triptans (e.g., Sumatriptan, Rizatriptan)

- 1. Cardiovascular
 - Chest pain, coronary vasospasm, hypertension
- 2. Central Nervous System
 - $\circ \quad \text{Dizziness, fatigue, drowsiness}$

3. Gastrointestinal

• Nausea, vomiting, dry mouth

- 4. Injection Site Reactions (for subcutaneous forms)
 - Pain, redness, swelling

5. Rare but Serious

• Serotonin syndrome (if combined with SSRIs or SNRIs)

Anti-psychotics

Class	Examples	Mechanism of Action	Key Features/Tricky MCQ Points	Mnemonic
1. Typical (First- Generation) Antipsychotics				
High Potency	Haloperidol, Fluphenazine, Trifluoperazine	Strong dopamine D2 receptor blockade.	 High risk of extrapyramidal symptoms (EPS): Dystonia, akathisia, tardive dyskinesia. Used in acute psychosis and schizophrenia. Hyperprolactinemia. 	"Try to Fly High":- Trifluoperazine, Fluphenazine, Haloperidol are high potency.
Low Potency	Chlorpromazine, Thioridazine	Weak D2 receptor blockade; strong anticholinergic and antihistaminic effects.	 Low EPS risk but causes sedation, weight gain, orthostatic hypotension. Thioridazine: Retinal deposits (MCQ!). Chlorpromazine: Corneal deposits (MCQ!). 	"Cheating Thieves are Low":- Chlorpromazine and Thioridazine are low potency.
2. Atypical (Second- Generation) Antipsychotics				
Dopamine + 5-HT2 Blockers	Risperidone, Olanzapine, Quetiapine, Aripiprazole, Ziprasidone	Block dopamine (D2) and serotonin (5- HT2) receptors.	 First-line drugs due to fewer EPS. Risperidone: High prolactin (MCQ!). Olanzapine: Weight gain and metabolic syndrome. Quetiapine: Sedation, low EPS. 	"ROQAZ": Risperidone, Olanzapine, Quetiapine, Aripiprazole, Ziprasidone.
D2 Partial Agonists	Aripiprazole	Partial agonist at D2 and	- Minimal EPS and prolactin increase.	"Aripiprazole is Atypical for partial agonism."

		antagonist at 5- HT2A.	 Used in schizophrenia, bipolar disorder, and depression adjunctively. Low sedation, low metabolic risk. 	
Dopamine Stabilizer	Brexpiprazole	Similar to aripiprazole.	 Better metabolic profile than aripiprazole. Adjunct for major depressive disorder (MDD). 	
Clozapine	Clozapine	Blocks D4, weak D2, and 5-HT2 receptors.	 Drug of choice for treatment-resistant schizophrenia. Side effects: Agranulocytosis (MCQ!), myocarditis, seizures, weight gain. Requires weekly CBC. 	"Watch CLOZeLY":- CLOzapine causes agranulocytosis, monitor CBC.
3. Third- Generation Antipsychotics				
Glutamate Modulators	Lumateperone	Modulates glutamate and dopamine pathways.	 New drug with lower side effects. Used in schizophrenia. 	

Q. Drug Classification and Indication

- 1. A. Midazolam
 - **Class**: Benzodiazepine (Short-acting)
 - o Indication: Sedation, premedication for anesthesia, seizures
- 2. B. Propofol
 - Class: General Anesthetic (Intravenous)
 - o Indication: Induction and maintenance of anesthesia, sedation in ICU
- 3. C. Tramadol
 - **Class**: Opioid Analgesic (with dual action: μ-opioid agonist & serotonin-norepinephrine reuptake inhibitor)
 - Indication: Moderate to severe pain, neuropathic pain

Drugs for alcohol aversion

- 1. **Disulfiram** It inhibits aldehyde dehydrogenase, causing the accumulation of acetaldehyde when alcohol is consumed, leading to unpleasant symptoms such as nausea, vomiting, flushing, and headache. This reaction creates an aversion to alcohol.
- 2. Naltrexone An opioid antagonist that reduces alcohol craving and helps maintain abstinence.
- 3. Acamprosate Activates GABA receptors, reducing relapse rates.
- 4. **Ondansetron** A 5-HT3 antagonist that decreases alcohol consumption.
- 5. **Topiramate** Reduces alcohol craving.

Anesthesia classification

- 1. General Anesthetics
 - Inhalational Anesthetics:
 - Volatile Liquids: Ether, Halothane, Isoflurane, Desflurane, Sevoflurane
 - Gas: Nitrous oxide
 - Parenteral Anesthetics:
 - Inducing Drugs: Propofol, Etomidate, Thiopentone, Methohexitone
 - Slow-acting Drugs:
 - Benzodiazepines: Diazepam, Lorazepam, Midazolam
 - Ketamine
 - **Opioids**: Fentanyl, Alfentanil, Sufentanil, Remifentanil.

2. Local Anesthetics

- Classified based on clinical use and structure:
 - Clinical Use:
 - Surface anesthetics (e.g., Cocaine, Lignocaine, Benzocaine)
 - Injectable anesthetics (Short, Intermediate, and Long-acting)
 - Structure:
 - Esters (Cocaine, Procaine)
 - Amides (Lignocaine, Bupivacaine).

Why is Nitrous Oxide (NO) used in Anesthesia?

- 1. Potent Analgesic Excellent pain relief (strong analgesic effect).
- 2. **Rapid Induction & Recovery** Low blood solubility \rightarrow fast onset and quick recovery.
- 3. Minimal Cardiovascular Effects Safe for patients with heart issues.
- 4. Reduces Dosage of Other Anesthetics Decreases side effects of stronger anesthetic agents.
- 5. No Muscle Relaxant Needed Does not cause muscle rigidity.

Why it's not used alone:

• Weak anesthetic \rightarrow Cannot induce full unconsciousness or muscle relaxation.

drug causing cortisol imbalance

the drugs causing cortisol imbalance are primarily glucocorticoids, such as:

1. **Hydrocortisone and Cortisone** – Prolonged use leads to cortisol excess, causing **Cushing's syndrome** (moon face, buffalo hump, thin limbs).

 Prednisolone, Dexamethasone, and Betamethasone – Suppress the hypothalamic-pituitaryadrenal (HPA) axis, leading to decreased endogenous cortisol production and potential adrenal insufficiency when stopped abruptly

and in which surgery it is used

Surgical Use of These Drugs

- 1. **Glucocorticoids** are used in surgeries to:
 - **Prevent adrenal insufficiency** in patients on long-term steroids.
 - **Reduce brain swelling** in neurosurgery (e.g., Dexamethasone).
 - Suppress inflammation in organ transplants or major surgeries.
- 2. **Etomidate** is used for **rapid sequence intubation** and sedation during short procedures, but it may cause temporary suppression of cortisol synthesis.

tramadol unique action

Unique Action of Tramadol (for OSPE)

- 1. Dual Mechanism of Action
 - \circ **Opioid Agonist**: Binds to μ -opioid receptors (weak agonist).
 - Inhibits Reuptake of Serotonin and Norepinephrine, enhancing pain inhibition in the descending pathway.
- 2. Less Respiratory Depression Compared to other opioids, safer for respiratory function.
- 3. Low Potential for Addiction Though it can still cause dependence, it is less addictive than morphine.
- 4. Useful for Neuropathic Pain Due to its effect on serotonin and norepinephrine pathways.

lithium MOA

Mechanism of Action of Lithium (for OSPE)

Lithium's exact mechanism is not fully understood, but it works by:

1. Inhibiting Inositol Monophosphatase

- Reduces **inositol triphosphate (IP3)** and **diacylglycerol (DAG)**, which are crucial in neurotransmission.
- This stabilizes mood and reduces manic episodes.

2. Modulates Neurotransmitters

- Increases **serotonin** and decreases **dopamine** activity.
- Balances **glutamate** levels, preventing excitotoxicity.

3. Inhibits Glycogen Synthase Kinase-3β (GSK-3β)

• Promotes neuroprotection and synaptic plasticity.

CLINICAL USES

Diazepam: anxiolytic, status epilepticus

- > Quetiapine: schizophrenia, acute manic disorder
- Ecsitalopram: depression, GAD

2: Depression prescription

1 Parkinson disease drugs 2 status epilepticus management 3 phenytoin adverse effects 4 Levodopa and carbidopa are used in combination why 5 ??????

1. Parkinson's Disease Drugs

Classes & Examples:

- 1. Dopamine Precursors: Levodopa + Carbidopa
- 2. **Dopamine Agonists**: Pramipexole, Ropinirole
- 3. MAO-B Inhibitors: Selegiline, Rasagiline
- 4. **COMT Inhibitors**: Entacapone, Tolcapone
- 5. Anticholinergics: Trihexyphenidyl, Benztropine
- 6. Amantadine: For dyskinesia control

2. Status Epilepticus Management

Stepwise Approach:

- 1. First-line (Benzodiazepines): IV Lorazepam or Diazepam
- 2. Second-line (Antiepileptics): IV Phenytoin or Fosphenytoin
- 3. Refractory Cases: IV Phenobarbital or Midazolam infusion

3. Phenytoin Adverse Effects

Chronic Use:

- 1. **CNS**: Nystagmus, ataxia, sedation
- 2. Gingival Hyperplasia
- 3. Hirsutism
- 4. Osteomalacia
- 5. Megaloblastic Anemia
- 6. Teratogenicity: Fetal hydantoin syndrome

Acute Toxicity:

- 1. Cardiac Arrhythmias (with IV use)
- 2. Hypotension

4. Why Levodopa and Carbidopa Are Used in Combination

1. Levodopa converts to dopamine in the brain to relieve symptoms.

- 2. **Carbidopa** inhibits **DOPA decarboxylase** in the periphery, preventing Levodopa breakdown before it reaches the brain.
 - **Benefits:** Reduces peripheral side effects (nausea, vomiting) and allows lower doses of Levodopa.

ANTI EPILEPTIC DRUGS CLASSIFICATION:

- Hyadantoin: Phenytoin
- Barbiturates: Phenobarbitone
- Iminostilbenes: Carbamezapine & Oxcarbazepine
- Succinamides: Ethosuximide
- Benzodiazepines: Diazepam, Lorazepam, clonazepam.
- Carboxylic Acid Derivatives: Valproic Aid
- Others: Vigabatrin, Lamotrigine, Gabapentin, lacosamide, Levitiracetam, felbamate, Topiramate.



Antiepileptic Drugs Mechanism of Action (Table Form)

Drug Class	Mechanism of Action	Examples	
Na+ Channel	Inhibit voltage-gated sodium	Carbamazepine, Lamotrigine, Phenytoin,	
Blockers	channels	Valproate, Topiramate, Lacosamide	
Ca2+ Channel	Inhibit T-type or HVA (high	e or HVA (high Ethosuximide (T-type), Valproate, Lamotrigine	
Blockers	voltage-activated) calcium		
	channels		
GABA	Increase GABA activity by various	Benzodiazepines, Barbiturates, Vigabatrin	
Enhancers	mechanisms	(inhibits GABA transaminase), Tiagabine	
		(inhibits GABA reuptake), Valproate	

Glutamate	Reduce excitatory	Felbamate, Levetiracetam, Topiramate
Inhibitors	neurotransmitter release	
	(glutamate)	
Ca2+ Channel	Block presynaptic calcium	Pregabalin, Gabapentin
Modulators	channels, reducing	
	neurotransmitter release	

MECHANISM OF ACTION OF ANTIEPILEPTIC DRUGS

Drugs that are effective in seizure reduction accomplish this by a variety of mechanisms, including

- Blockade of voltage-gated channels (Na+ or Ca2+ (Valproate, Ethoxusimide)),
- Enhancement of inhibitory GABAergic impulses,
- Or interference with excitatory glutamate transmission.
- Some antiepileptic drugs appear to have multiple targets.

Types of Seizures: Short Chart

Туре	Key Features	Consciousness
Focal Seizures (Partial)		
Focal Aware (Simple Partial)	Jerking, sensory symptoms, no confusion	Preserved
Focal Impaired Awareness (Complex)	Automatisms (lip-smacking), confusion	Impaired
Focal to Bilateral Tonic-Clonic	Progresses to convulsions	Impaired
Generalized Seizures		
Tonic-Clonic (Grand Mal)	Stiffening (tonic) + jerking (clonic)	Impaired
Absence (Petit Mal)	Staring, brief, no postictal confusion	Impaired briefly
Myoclonic	Sudden muscle jerks	Preserved
Atonic	Sudden loss of muscle tone (drop attack)	Impaired briefly
Tonic	Sustained muscle stiffening	Impaired
Clonic	Repeated jerking movements	Impaired

Cocaine causing MI (Cocaine induces acute myocardial infarction through various mechanisms, including coronary artery vasoconstriction, platelet activation, and thrombus formation, leading to coronary artery occlusion**)**

DUE TO HALOTHANE

MALIGNANT HYPERTHERMIA

- **Genetic susceptibility**
- Ca⁺ channel defect RYR1 (Ryanodine receptor)
- **Excess calcium ion**
- **Excessive ATP breakdown**
- **Excessive lactate production**
- Increased CO₂ production
- Eventually

 - Myonecrosis Rhabdomyolysis Arrhythmias Renal failure

> SIGNS:

- **Muscle rigidity**
- Tachycardia Hyperthermia
- Tachypnea Hyperkalemia
- etabolic acidosis

TREATMENT

Dantrolene sodium increases reuptake of Ca⁺⁺ in sarcoplasmic reticulum May be fatal

LOCAL ANESTHETICS

CLINICAL use: STRUCTURE..types

- SURFACE....
 - 1. COCAINE
- LIGNOCAINE 2
- INJECTABLE....
 - 1. PROCAINE
 - 2. LIGNOCAINE 3. BUPIVACAINE
 - 4. PRILOCAINE
 - 5. TETRACAINE

ESTERS....

- COCAINE
- PROCAINE
- BENZOCAINE
- AMIDES....
 - LIGNOCAINE/ LIDOCAINE

BUPIVACAINE

• PRILOCAINE



Lipophilic nzene B

- Obstetric analgesia.
 - Bupivacaine
- C-Section.
 - Bupivacaine(single shot)
- **Episiotomy**.
 - o lignocaine
- Mucosal surfaces.
 - Benzocaine
- Nerve block.
 - most of LA

Which local anesthetic is an useful antiarrhythmic agent?? Lidocaine is a class Ib antiarrhythmic that reduces the permeability of the neuron membrane to sodium, which inhibits depolarization and blocks conduction. This action decreases the rate of depolarization of cardiac tissue, making lidocaine useful in treating ventricular arrhythmias

Which local anesthetic is also known as universal anesthetic?? LIDOCAINE

L-DOPA DRUG INTERACTIONS AND SIDE EFFECTS:

Adverse Effects of Idopa in

Nauseaa Vomiting 4) Postural Hypotension 131 Arrhythmias 141 Hypertension (5) Mydriasis (6) Dyskinesia 171 Psychotic symptoms

P: Epilepsy prescription

- classify gen anesthetics

1. Stages of General Anesthesia:

- Stage 1: Analgesia Loss of pain sensation but consciousness preserved.
- **Stage 2: Excitement** Delirium with irregular breathing and possible involuntary movements. (most dangerous)
- **Stage 3: Surgical Anesthesia** Regular respiration with muscle relaxation; divided into four planes. (surgery is performed)
- **Stage 4: Medullary Paralysis** Severe depression of medulla leading to respiratory and cardiovascular failure.

2. MAC50 (Minimum Alveolar Concentration):

- The concentration required to prevent movement in 50% of patients during surgery.
- Lower MAC = higher potency.

3. Significance of MAC50:

- Assesses anesthetic potency and guides dosing.
- Age, temperature, and comorbidities influence MAC.
- 4. Second Gas Effect:
 - Rapid uptake of one gas (e.g., N2O) enhances uptake of a second gas.

5. Diffusion Hypoxia:

• Rapid diffusion of N2O into alveoli dilutes oxygen, causing transient hypoxia postoperatively.

6. Malignant Hyperthermia:

- Triggered by agents like Halothane.
- Symptoms: Hypermetabolism, rigidity, hyperthermia.
- Management: Immediate cessation, **Dantrolene**, cooling measures.

7. Properties of Ideal Inhaled Anesthetic:

- Low solubility for fast induction/recovery.
- Minimal side effects.

• Non-flammable, stable, easy to administer.



- procedure of CSF taking

The procedure for Cerebrospinal Fluid (CSF) collection is called Lumbar Puncture (LP).

Preparation

- 1. **Consent:** Take informed consent from the patient (or guardian if necessary).
- 2. Positioning:
 - Patient in a lateral decubitus position (lying on their side with knees drawn up to the chest).
 - Alternatively, they may sit on the edge of the bed with the back arched forward.
- 3. Identify Site: The puncture is usually done between L3-L4 or L4-L5 vertebral spaces. Use the iliac crest as a landmark for the L4 level.
- 4. **Sterilization:** Clean the area with an antiseptic solution (chlorhexidine) and drape sterile sheets around the puncture site.
- 5. Anesthesia: Use local anesthesia (lidocaine) to numb the area.

Procedure

- 1. Insert the Needle: Use a sterile spinal needle with a stylet.
 - Direct the needle slightly upward toward the umbilicus.
 - Advance it slowly until a "pop" is felt, indicating the needle has passed through the dura mater.
- 2. Check for CSF Flow: Remove the stylet to check for CSF flow.
 - Normal CSF is clear and colorless.
- 3. **Collect CSF:** Collect **3–4 mL** of CSF in sterile tubes for laboratory analysis. Label the tubes properly.
 - **Tube 1:** Biochemistry (protein, glucose)
 - **Tube 2:** Microbiology (Gram stain, culture)
 - Tube 3: Cytology/Cell count
 - **Tube 4:** Special tests (if required, e.g., PCR for TB or viral infections)

Post-procedure Care

- 1. **Needle Removal:** Reinsert the stylet and remove the needle.
- 2. Apply Pressure: Place a sterile bandage over the site.
- 3. **Observation:** Keep the patient lying flat for at least 1–2 hours to reduce the risk of a postlumbar puncture headache.
- 4. Monitor for Complications:
 - Headache
 - o Infection
 - o Bleeding
 - Neurological symptoms (e.g., numbness, weakness)
- wet preparation
- why tramadol is dif from other opioids
- management of status epilepticus



- prescription migraine and depression



FORENSICS

2: Skull fracture identify??? Names of skull fractures

HEAD INJURY:

Head injury is defined as "a morbid state resulting from gross or subtle structural changes in the scalp, skull and/ or the contents of the skull, produced by mechanical force"

Classification

Depending on the state of dura

- 1. Closed head injury (DURA INTACT) even if there is a fracture
- 2. Open head injury (DURA TORN)

Depending on duration of unconsciousness and Glasgow coma scale

- a. Minor or mild head injury
- b. Moderate head injury
- c. Severe head injury

Table 11.1: Classification of head injury				
Туре	Duration of un- consciousness	Glasgow coma scale		
Minor or mild head injury	< 30 minutes	13-15		
Moderate head injury	> 30 min and < 6 hours	9-12		
Severe head injury	> 6 hours	8 or less		

SCALP:

Contusion of Scalp

- Bruise of scalp may be mobile
- A bruise in the anterior scalp may shift downward to appear around the eye, thus causing "black eye" or spectacle hematoma (Hemorrhage in the soft tissue around the eyes in eyelids of both eyes is called spectacle hematoma or raccoon eyes i.e. in other words black eye on both side is a spectacle hematoma. It usually suggests fracture of base of skull.).
- A contusion in **temporal scalp** may shift downward and appear **behind the ear** similar to **battle sign.**
- These **shifting bruises** are also called as **ectopic contusion**, percolated bruises or migratory contusions.
- Hematoma may occur **beneath the galea aponeurotica** and called as **under-scalp hematoma** or subgaleal hemorrhage or sub-galeal hematoma



FIG. 11.3: Mechanism of production of black eye

Mechanism of Skull Fracture

As per Rowbotham's hypothesis, fracture of skull is caused by:

- 1. **Direct** application of force to skull for example blow over head with iron rod.
- 2. **Indirect** violence for example fall from height on feet or buttock: Fracture due to general deformation results in **fissured type** and occur in part of the skull distant from the site of application of force

Puppe's Rule

• When two or more separate fracture occurs from successive impacts and meet each other, the later fracture (second fracture) will terminate in the earlier fracture (first fracture)

Skull Fracture Due to Indirect Violence

- Force applied to chin
- Force applied to feet or buttock

Types of skull fractures are

A) Fracture of vault of skull

1. Linear or fissured

- 2. Depressed (signature)-- as the pattern resembles that of causative weapon
- 3. Comminuted [Mosaic (spider web)]-- fragmentation of bones occurs
- 4. Pond or indented --occurs only in skull of infants
- 5. Gutter --when part of the thickness of skull bone is removed so as to form a gutter or furrow in the bone.
- 6. Diastatic or sutural --along the line of sutures of skull
- 7. Perforating
- 8. Cut fracture

B) Fracture of base of skull (basilar fracture)

- 1. Linear or fissured
- 2. Ring --This is a fissured fracture that occurs round the foramen magnum in posterior cranial fossa
- 3. Hinge --linear fracture that passes across the floor of middle cranial fossa, often following the petrous temporal or greater wing of sphenoid bone into pituitary fossa on both sides thus separating the base of skull into two halves--- motorcyclist's fracture
- 4. Longitudinal
- 5. Secondary

Skull fracture





FIG. 11.9: Linear fracture (black arrows)



FIG. 11.10: Linear fracture (black arrows)

Complication of Skull Fracture

- 1. Injury to brain
- 2. Intracranial hemorrhage
- 3. Fracture of anterior cranial fossa may involve frontal, ethmoidal or sphenoidal air sinuses
- 4. Intracranial infections meningitis/encephalitis
- 5. Cranial pneumatocele or pneumocranium
- 6. Cranial nerve injury
- 7. Traumatic epilepsy
- 8. CSF otorrhea
- 9. Coma
- 10. Cerebral edema
- 11. Increased intracranial pressure/tension
- 12. Death

Classification of brain injury

Primary brain injury

- 1. Diffuse axonal injury
- 2. Cerebral concussion
- 3. Cerebral contusions and lacerations

Secondary brain injury

- 1. Intracranial hematoma
- 2. Cerebral edema



FIGS 11.20A and B: Different types of fracture

- 3. Cerebral ischemia
- 4. Cerebral herniation
- 5. Infection
- 6. Epilepsy
- 7. Hydrocephalous
- Cerebral Concussion Also called as commotio cerebri or stunning brain shock. Definition "a transient paralytic state due to head injury which is of instantaneous onset, does not show any evidence of structural cerebral injury and is always followed by amnesia from the actual moment of the accident"

Cause: It occurs due to acceleration/deceleration of head. At low levels of acceleration/deceleration, anatomic changes of neurons do not occur but **physiologic functions are affected**.

Classification: Cerebral concussion are classified into three grades as

- 1. Grade I: No loss of consciousness
- 2. Grade II: Loss of consciousness but for less than 5 minutes
- 3. Grade III: Unconsciousness for more than 5 minutes associated with memory loss for more than 24 hours.

Autopsy Findings: at autopsy no visible structural damages are noted in brain. Occasionally, punctate hemorrhages may be present.

Medicolegal Importance

- 1. <u>Retrograde amnesia</u> here patient is unable to recollect the event that leads to accident or injury. The retrograde amnesia may be true or false (feigned) as in **malingering act**.
- 2. It may be <u>confused with punch drunk</u> or <u>drunkenness</u>.
- Cerebral Contusion
- Cerebral contusions are the **circumscribed areas** resulting from **extravasations of blood in traumatized area of brain**. The integrity of cortex is maintained.
- Contusions are produced as a result of **shearing forces** within the brain tissue at the moment of impact.
- In almost all cases there is also some degree of subarachnoid hemorrhage.

Cerebral Edema

Traumatic cerebral edema is an accumulation of fluid in the extracellular space. It may be of following types:

- 1. Vasogenic cerebral edema
- 2. Cytotoxic cerebral edema
- 3. Mixed type

Boxer's Injury (Punch Drunk Syndrome)

- The **most common lesion** in acute episode appears to be **subdural hematoma**. Extradural bleed never occurs as boxing hardly causes skull fracture. Subarachnoid hemorrhage may occur in some cases due to rupture of berry's aneurysm.
- It is the chronic changes induced in the brain that concerns more. Repeated blowing in boxing over head induces **traumatic encephalopathy** known as "punch drunk syndrome". This syndrome is characterized by *deterioration in speed and coordination, slurred speech, defective memory, slow thoughts, stiff-limbs, ataxia, unsteady gait, parkinsonian like dementia* etc.
- Brain may show cortical atrophy, hydrocephalous, perforation of septum pellucidum, and loss of neurons from cerebellum and substantia nigra

Alcohol Withdrawal Drugs (Summary)

- 1. Benzodiazepines: Diazepam, Lorazepam Prevent seizures and DTs.
- 2. Anticonvulsants: Carbamazepine Alternative to benzodiazepines.
- 3. Adrenergic Agents: Clonidine, Propranolol Control tremors and tachycardia.
- 4. **Thiamine (Vitamin B1):** Prevent Wernicke's Encephalopathy.
- 5. Antipsychotics: Haloperidol For agitation and hallucinations (use cautiously).





Trip and bad trip, flash back ,opioid specific antidote

1. Trip and Bad Trip

- **Trip:** A **psychedelic experience** caused by hallucinogenic drugs (LSD, psilocybin). It can involve sensory distortions, altered thoughts, and hallucinations.
- **Bad Trip:** An **unpleasant or terrifying experience** during a hallucinogenic trip, characterized by anxiety, paranoia, confusion, and panic attacks.

2. Flashback

• A **sudden**, **intense re-experience** of a past hallucinogenic trip without drug use. It may occur weeks, months, or even years after the original experience. Common in **LSD users**.

3. Opioid-Specific Antidote

- Naloxone (Narcan)
 - Mechanism: Competitive antagonist at opioid receptors (mu, kappa, delta).
 - **Route:** IV, IM, SC, or intranasal.
 - **Indication:** Used for the **reversal of opioid overdose** symptoms such as respiratory depression, sedation, and miosis.



Nux vomica seeds identify ?? Active Principle?? Management?



Nux Vomica Seeds

- 1. Identification:
 - **Shape:** Flat, circular, and disc-like.
 - Size: About 2 cm in diameter, with a hard, smooth, and glossy surface.
 - **Color:** Ash-gray or greenish-gray.
 - **Taste:** Extremely bitter.

Active Principles:

- Strychnine and Brucine (both are alkaloids).
- **Strychnine** is the primary toxic component, causing severe convulsions by blocking glycine receptors in the spinal cord.

Management of Nux Vomica Poisoning:

- 1. Immediate Treatment:
 - Gastric lavage with potassium permanganate (1:5000) to oxidize the alkaloids.
- 2. Anticonvulsants:
 - Diazepam or Thiopental Sodium to control convulsions.
- 3. Supportive Therapy:

- Ensure adequate oxygenation and cardiovascular support.
- 4. Specific Antidote: There is no specific antidote; treatment is symptomatic and supportive.
- chronic alcohol poisoning (delirium tremens, korsakoffs psychosis, acute hallucinosis)
- **Delirium tremens**: It is defined as the unsoundness of mind, due to long continued action of alcohol in chronic alcoholics.

Causes:

- An unusual bout of drinking
- Sudden withdrawal of alcohol
- > Acute infection
- Shock from injury
- Exposure to cold

Signs and Symptoms of Dhatura Poisoning (9 Ds)

- 1. Delirium Confusion, hallucinations, and disorientation
- 2. Dryness Dry mouth and throat due to inhibition of secretions
- 3. Dysphagia Difficulty in swallowing
- 4. Dilated Pupils (Mydriasis) Pupils widely dilated, causing photophobia and blurred vision
- 5. **Diplopia** Double vision
- 6. **Dysarthria** Slurred speech
- 7. Dizziness Loss of balance and vertigo
- 8. Drowsiness Lethargy and reduced alertness
- 9. Decreased Sweating Hot, dry skin with hyperthermia

Additional Symptoms:

- Rapid heart rate (tachycardia)
- Urinary retention
- Seizures in severe cases

Korsakoffs psychosis: It is a syndrome characterized by <u>hallucinations</u>, <u>disorientation</u> and <u>multiple</u> <u>neuritis</u>. The patient's memory for recent events is lost and he fills the gap by <u>confabulation</u>.

Cause:

Severe, untreated thiamine deficiency, secondary to chronic alcohol abuse
Acute Hallucinosis rare psychotic disorder that involves auditory hallucinations, delusions, and

affective symptoms.

Treatment of CHRONIC ALCOHOL POISONING

- 1. ANTABUSE(DISULFURUM) 0.5gm
- 2. Citrated calcium carbamide
- 3. Psychotherapy

Treatment of METHANOL POISONING

- ➢ Gastric lavage with <u>5% Sod.Bic solution</u>.
- Oral administration of <u>sodium bicarbonate</u> in a dose of 2 grams in 250ml of water every two hours to maintain neutral or slightly alkaline urine.
- > Oral administration of Ethyl Alcohol 50%, 0.75 to 1ml/kg every 2 hours for 3 to 4 days.
- Eye care--- protect from bright light.
- Indications for hemodialysis include any ocular findings, metabolic acidosis, renal failure and a blood methanol level over 50 mg%.
- Antidote : 4-methyl pyrazole is a specific alcohol dehydrogenase inhibitor. It blocks the formation of formaldehyde and formic acid.

why is ethanol used as an antidote for methanol poisoning

Ethanol, the active ingredient in alcoholic beverages, acts as a competitive inhibitor by more effectively binding and saturating the alcohol dehydrogenase enzyme in the liver, thus blocking the binding of methanol.

> Active principle of poppy plant: 1. Phenanthrene 2. Isoquinoline

ANTIDOTE= NALOXONE

STAGES=

- Excitement
- o Stupor
- Narcosis
- DIAGNOSTIC SIGNS AND SYMPTOMS= Diagnosis
 - Classic triad
 - o Smell
 - o Sweating
 - o Cyanosis
 - Marquis test
- **McNaughton's rules**: Every man is to be presumed to be sane and to possess a sufficient degree of reason to be responsible for his crimes, until the contrary be proved.
- **The Durham rule**, also known as the product test, is a criminal law rule that states that a defendant is not guilty by reason of insanity if their criminal act was the result of a mental disease or defect.
- A cerebral **concussion**, also known as a concussion, is a mild traumatic brain injury (TBI) that affects brain function
- GBS= campulobacter, ascending weakness, nerve conduction test, plasmaphoresis

Forensic 2 run amok ...somnambulism.. dhatura active Principle ...strychinine complications ...Korsakoff psychosis ...dhatura fatal period remaining????

1. Run Amok

• **Definition:** A condition often associated with the **continued use of cannabis**, characterized by a **frenzied homicidal tendency** where the person kills several individuals, starting with those perceived as enemies and continuing until they surrender or commit suicide.

2. Somnambulism (Sleepwalking)

- **Definition:** A state of **dissociated consciousness** during sleep.
- **Features:** The person may walk, perform complex tasks, or even commit crimes without memory of the event. Electroencephalographic studies confirm that the person is not awake.

3. Dhatura

- Active Principle: Laevohyoscyamine, Hyoscine (Scopolamine), and traces of Atropine.
- Fatal Period: Death may occur within 24 hours, typically due to respiratory failure.

4. Strychnine Complications

- Mechanism: Stimulates all parts of the central nervous system, especially the anterior horn cells of the spinal cord, leading to increased reflex excitability and severe muscle spasms.
- Complications:
 - **Opisthotonos:** Arching of the body.
 - Asphyxia: Due to respiratory muscle spasms.
 - **Exhaustion and Death:** From repeated convulsions.

5. Korsakoff's Psychosis

- Definition: A chronic memory disorder associated with alcoholism.
- Symptoms:
 - Severe anterograde amnesia (inability to form new memories).
 - **Confabulation:** Fabrication of information to fill memory gaps.
 - Extreme disorientation.

Classification of Neurotoxins

Kerosene Antidote

1. Classification of Neurotoxins

- Snake Venoms: Neurotoxic venom in elapids (cobra, krait) causes muscle paralysis.
- Heavy Metals: Lead, mercury—affect the central nervous system, causing cognitive deficits and peripheral neuropathy.
- **Organophosphates:** Inhibit acetylcholinesterase, causing excess acetylcholine and resulting in paralysis.
- **Cyanotoxins:** Affect ion channels and respiration at the cellular level.

2. Kerosene Antidote and Management

Treatment Steps:

- Gastric lavage with 5% sodium bicarbonate solution.
- Administer **250 ml of liquid paraffin** followed by a saline cathartic to slow absorption.
- If poison is inhaled, ensure fresh air and administer artificial respiration.
- Symptomatic management: Treat respiratory failure and prevent lung complications.
 - features of alcohol poisoning
 - stages of alcohol poison
 - snake bites classification

Features of Alcohol Poisoning

- Stage 1: Excitement (30–100 mg%)
 - Feeling of well-being, increased talkativeness, laughter, or anger.
 - Impaired judgment and inappropriate behavior.
- Stage 2: Incoordination (100–300 mg%)
 - Slurred speech, confusion, unsteady gait.
 - Vomiting, dilated pupils, staggering.
- Stage 3: Narcosis (>300 mg%)
 - Deep coma, muscle relaxation, and abolished reflexes.
 - Slow breathing, pinpoint pupils, cold, clammy skin, and cyanosis.
 - Death occurs from respiratory failure.

Classification of Snake Bites

- 1. Elapids (Neurotoxic Venom)
 - Examples: Cobra, King Cobra, Common Krait
 - Effects: Paralysis of respiratory muscles, muscle weakness.
- 2. Vipers (Vasculotoxic Venom)
 - Examples: Russell's Viper, Saw-scaled Viper
 - Effects: Severe bleeding, swelling, tissue damage.
- 3. Sea Snakes (Myotoxic Venom)
 - Effects: Generalized muscle pain, myoglobinuria, respiratory failure.

Snake Bite Management (Parikh's Textbook)

- 1. Immediate First Aid:
 - Immobilization: Keep the bitten limb below heart level.
 - **Tourniquet:** Apply it 5 cm above the bite site to prevent lymphatic flow, but not too tight to cut off blood supply.
 - **Cleansing:** Wash the bite site with plain water or saline.
- 2. Hospital Management:
 - Antivenin Therapy:
 - **Specific Antivenin**: For a particular species (e.g., cobra).

- Polyvalent Antivenin: Effective for cobra, krait, Russell's viper, and saw-scaled viper bites.
- Dosage: Typically 60 ml, given subcutaneously, intramuscularly, and intravenously. Repeat IV dose if symptoms persist.
- Supportive Care:
 - Neostigmine-atropine for **neurotoxic bites** (elapids).
 - Heparin and fibrinogen transfusion for **vasculotoxic bites** (vipers).
- **Tetanus Prophylaxis and Antibiotics** to prevent secondary infections.
- 3. General Measures:
 - Artificial Respiration if needed.
 - **Corticosteroids** for allergic reactions to antivenin.
 - Blood Transfusion in hemorrhagic cases.

Forensic Psychiatry Definition

Forensic Psychiatry is a specialized branch of psychiatry that focuses on the intersection of **mental health and the law**. It involves the evaluation and treatment of individuals involved in legal cases, addressing issues such as:

- Competency to stand trial
- Criminal responsibility (insanity defense)
- Risk assessment for violence
- Assessment of mental health in civil cases (e.g., guardianship, disability claims)

Fact (Definition)

A fact is something that is objectively true, based on actual events, evidence, or reality, and can be verified or proven. In law and forensic contexts, a fact refers to a piece of information presented as evidence, such as an event or statement that is accepted as true.

C. MED

PH is a multidisciplinary field whose goal is to <u>promote the health</u> of the population through <u>organized</u> <u>community efforts.</u>

Public Health activities include

- Assessing the health status of the population
- <u>Diagnosing</u> its problems
- <u>Searching</u> for the causes for those problems
- Designing <u>solutions</u> for them.

Epidemiology: The study of the distribution and determinants of disease frequency in human populations and the application of this study to control health problems.

• DIESEASE FREQUENCY

Counting, a key activity of epidemiologists, includes 3 steps

- 1. Developing a definition of disease
- 2. Instituting a mechanism for counting cases of disease within a specified population, &

3. Determining the size of that population.

A <u>hypothesis</u> is defined as "a tentative explanation for an observation, phenomenon, or scientific problem that can be tested by further investigation". E.g. "children who take vitamin C are less likely to become ill during flu season than those who do not.

• Rate: = <u>No. of events in a specified period</u> x K

Pop. at risk in a specified period

A rate comprises a numerator, denominator, time specification & multiplier. The time dimension is usually a calendar year. Rate is expressed per 1000, 10,000 or 100,000 selected according to convenience to avoid fractions

Rate is used to estimate probability or risk of occurrence of a disease or to assess the accessibility or coverage of healthcare system.

Example

Crude death rate= <u>Number of deaths in one year</u> X1000

Mid – year Population

- Ratio:
 - Relationship b/w 2 numbers expressed as
 - \blacktriangleright x:y or x/y e.g ratio of males to females 2:3.
 - > The numerator is not a component of the denominator.
- Proportion:
- Specific type of ratio in which numerator is included in the denominator and the resultant value is expressed as %age. E.g 1: If there are 1000 boys and 800 girls in a school, the proportion of boys:
- Boys / Boys+ Girls= 1000 x 100 = 55%
- > 1000+800
- All proportions are ratios, but not all ratios are proportions
- •

Attack rate= <u># of people at risk in whom a certain illness develops</u>

total # of people at risk

- A person who acquires the disease from that exposure (from a contaminated food) is called a *primary case*.
- A person who acquires the disease from exposure to a primary case is called a *secondary case*.

The *secondary attack rate* is therefore defined as the attack rate in susceptible people who have been exposed to a *primary case*.

Secondary attack rate= No. of cases among contacts

of primary cases X 10n

total No. of susceptible contacts

Quiz: Of 75 persons who attended a church picnic, 46 subsequently developed gastroenteritis. The attack rate of gastroenteritis is:

46/75 *100=61%

Incidence : The no. of **new cases** of a disease that occur during a specified period of time in a population at risk for developing the disease.

Incidence= No. of new cases of a specific disease during a given time period X1000

pop. at risk during that period

=16.7per 1000 per year.

NOTE: the incidence rate must include the unit of time used in the final expression.

Prevalence is the number of all current cases **(old & new)** of a disease at one point in time in relation to a defined population.

Prevalence = <u># of all current cases (old & new) of a specified disease existing at a given point in time</u> X 100

estimated population at the same point in time

P = I X D (incidence x mean duration)

Example (for a stable condition)

- Incidence = 10 cases/1000 pop./year
- Mean duration of disease = 5 years
- Prevalence = 10 x 5= 50/1000 population
- > Conversely

```
I = P/D D = P/I
```

0	tienty aleuroper	case 1
o case 2	0	case 3
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	FIG 2	

- ➢ I= Measure of risk
- > P= Generally preferred for chronic diseases without clear date of onset
- P= Affected by duration of illness



Mortality

• Crude Death rate:

CDR= No. of deaths occurring in a specified 12 months' period X 1000

No of persons in the pop. at the mid-point of the 12-month period (mid-year pop)

• Cause Specific Death Rate:

CSDR = <u>No of deaths from a specific cause during a calendar year</u> X 1000

No of persons in the mid-point of that period

• Age Specific Death Rate:

ASDR = <u>No. of deaths of a specific age group</u>

No of persons in the pop. of that age

• IMR is a special age specific death rate

Formula: <u>No of infants dying during 1st year</u> x1000

No of live births during the same period

• Case Fatality Rate (ratio) =

Total # of deaths due to a particular disease X 100

Total # of cases due to the same disease.

a. Proportional mortality from a specific disease =

<u># of deaths from a specific disease in a year</u> x 100

total deaths from all causes in that year

b) Under – 5 proportionate mortality rate=

<u># of deaths under 5 years of age in the given year</u> x 100

total # of deaths during the same period

c. Proportional mortality rate for aged 50 yrs & above =

<u># of deaths of persons aged 50 yrs & above</u> x 100

total deaths of all age groups in that year

Evidence-based medicine (EBM) is the process of systematically reviewing, appraising and using clinical research findings to aid the delivery of optimum clinical care to patients.



- In *observational* studies, the researcher observes and systematically collects information, but does not try to change the people (or animals, or reagents) being observed.
- In an *experiment*, by contrast, the researcher intervenes to change something (e.g., gives some patients a drug) and then observes what happens.

In an observational study there is <u>NO</u> intervention.



Sketch of a cross- sectional study design

Cross-sectional design is referred to as non-directional or one point in time survey, where data is collected on both outcome and exposure status of the individuals under study (Provide snap shot picture). Exposure & disease assessed simultaneously

22



	Disease Status				
	Yes No Total				
Exposed	А	В	A + B		
Not Exposed	С	D	C + D		
	A + C	B + D	N		

Prevalence Ratio (PR) = $\underline{a}/(\underline{a} + \underline{b})$

c/

(c + d)



Odds Ratio, which is defined as the ratio of the odds that the cases were exposed to the odds that the controls were exposed

Cohort study:					
Then, follow to s		ee whether		& compare	
First, identify		Disease develops	Disease does not develop	Totals	Incidence of Disease
-	Exposed	а	b	a + b	a/a + b
	Not exposed	С	d	c + d	c/c + d

Incidence in exposed = a/a + b

Incidence in not exposed = c/c + d

Risk among exposed = a / a + b = 0.028 = 1.61

Risk among non-exposed c /c + d 0.0174

Interpretation:

- If RR is more than 1 exposure is causative
- > If less than 1 exposure is protective.
- > If equal to 1 means that the two incidence rates are equal so the factor has no effect.

RELATIVE RISK is the ratio of the risk of disease (or death) among people who are exposed to the risk factor, to the risk among people who are unexposed.

Attributable risk= the amount of disease incidence that can be attributed to a specific exposure

Difference in incidence of disease between exposed and non-exposed individuals

= a/a+b - c/c+d = 0.028 - 0.0174 = 0.0106

RCT=" An epidemiological experiment in which subjects in a population are **randomly allocated** into groups, usually called study and control groups to receive and not receive an experimental preventive or therapeutic procedure, maneuver, or intervention". Gold standard" in epidemiological research

BIAS= 'a tendency of an estimate to deviate in one direction from a true value.'

A **sham** procedure, also known as placebo surgery, is a simulation of an invasive procedure that mimics the active intervention as closely as possible without harming the patient

DRUG ABUSE= HABITUAL USE OF DRUGS NOT NEEDED FOR THERAPEUTIC PURPOSES TO ELEVATE THE MOOD.

> Frequency polygon

Continuous Quantitative data

According to the data , Men ages 25-34 has cholesterol levels 139.5 mh/100ml at relative frequency of 40 %

And Men with the ages 55_64 have cholesterol levels 180 mg/100ml at relative frequency of 35%

> Interpret what data is presenting walay question me sab ko confusion hau but this is what is think is right

So Idk

> How is data collected

- Polulation surveys
- Epidemiological surveillance
- > Census
- Notification of diseases
- Registeration of vital events
- Hospital records
- > Disease registers
- Manpower health statistics
- > Other routine health related statistics

A **p-value**, or probability value, is a number that measures the <u>likelihood</u> of an observed difference between groups being due to chance.

A p-value measures the probability of obtaining the observed results, assuming that the null hypothesis is true. The lower the p-value, the greater the statistical significance of the observed difference. A p-value of 0.05 or lower is generally considered statistically significant.

A chi-square test is a statistical hypothesis test that compares observed results with expected results

Q. Null hypothesis.

Ans. -

Null Hypothesis

- *Hypothesis (H):* Is an assumption about the status of a phenomenon
- Null Hypothesis (H₀): In Biostatistics, when we have to prove a particular hypothesis about difference between 2 regimens, we make Null Hypothesis (For examples, If we have to prove that new treatment is better than older treatment, H₀ = new treatment is not better than older treatment)^Q.

1. Community Attack Rate Example & Formula

Formula:

$$ext{Attack Rate} = \left(rac{ ext{New cases during an outbreak}}{ ext{Population at risk}}
ight) imes 100$$

Example:

In a population of 1,000, 100 people develop cholera during a flood outbreak.

Attack Rate =
$$\left(\frac{100}{1,000}\right) \times 100 = 10\%$$

Significance of Attack Rate

- 1. **Measures Spread in Outbreaks** Helps identify how quickly a disease spreads in a specific population.
- 2. Evaluates Risk Determines the proportion of people at risk who become ill.
- 3. Helps in Outbreak Control Useful in identifying high-risk groups and planning interventions.
- 4. **Comparison of Epidemics** Allows comparison between different outbreaks or geographic areas.

2. Cross-Sectional Study Drawback

- No Causal Relationship: Cannot determine cause and effect, only association.
- Snapshot in Time: Provides data at one point, missing changes over time.
- Recall Bias: Relies on participants' memory, leading to inaccurate data

3. How Prevalence is Affected by Incidence and Duration

Relationship Formula:

Prevalence=Incidence×Duration

Explanation:

- High Incidence + Long Duration = High Prevalence (e.g., Diabetes)
- High Incidence + Short Duration = Low Prevalence (e.g., Common Cold)

• Low Incidence + Long Duration = Moderate Prevalence

2: Sensitivity and specificity calculation

1. Sensitivity and Specificity Calculation

Formulas:

- Sensitivity = $\frac{\text{True Positives}}{\text{True Positives} + \text{False Negatives}} \times 100$ \rightarrow Ability to detect those with the disease.
- Specificity = $\frac{\text{True Negatives}}{\text{True Negatives} + \text{False Positives}} \times 100$
 - \rightarrow Ability to detect those without the disease.

Example:

If 80 out of 100 diseased people test positive (True Positives), and 90 out of 100 healthy people test negative (True Negatives):

 $(\mathbf{1}$

- Sensitivity = $\frac{80}{80+20}\times 100 = 80\%$
- Specificity = $\frac{90}{90+10} imes 100 = 90\%$

Z score

Z-Score Definition

A **Z-score** (or standard score) indicates how many **standard deviations** a value is away from the **mean**. It helps compare individual data points to a standard distribution.

Key Points:

- **Positive Z-score**: Value is **above the mean**.
- Negative Z-score: Value is below the mean.
- **Z = 0**: Value is **exactly at the mean**.

Example:

If the mean height in a population is 170 cm with a standard deviation of 10 cm, a person with a height of 180 cm has a Z-score of:

Z=180-170/10=+1Z = Interpretation: The person is 1 standard deviation above the mean height
2. Z-Score Calculation

Formula:

 $Z=rac{X-\mu}{\sigma}$ Where:

- X = Observed value
- μ = Mean
- σ = Standard deviation

Example:

For a score of 85, with $\mu = 70$ and $\sigma = 10$: $Z = \frac{85-70}{10} = 1.5$ This means the score is **1.5 standard deviation** above the mean.

Standardization

ig 3. Standardization (Direct Method)

Used to remove the effect of differences in population age structures.

Steps:

- 1. Calculate Age-Specific Rates for the population.
- 2. Multiply each rate by the standard population.
- 3. Sum the expected cases and divide by the total standard population to get the standardized rate.

Example: Age-standardized mortality rates.

Conventinal probabilty



Formula:

 $P(E) = rac{ ext{Number of favorable outcomes}}{ ext{Total number of outcomes}}$

Example:

In tossing a die, the probability of rolling a 4 is:

$$P(4) = \frac{1}{6}$$

- ratio and proportion definition

Difference Between Ratio and Proportion

Aspect	Ratio	Proportion
Definition	Compares two quantities;	Compares a part to the whole; numerator is part of
	numerator is not part of the	the denominator.
	denominator.	

Expression	Expressed as a fraction, colon	Expressed as a fraction, percentage, or decimal.
	(e.g., 2:1), or decimal.	
Example	Male-to-female ratio in a class	Proportion of females in a class of 30 students =
	(20 males, 10 females) = 2:1.	1030×100=33.3%\frac{10}{30} \times 100 = 33.3\%.
Use	Used to compare two separate	Used to show how much of the whole is represented
	quantities.	by a part.

How is data collected

- Polulation surveys •
- Epidemiological surveillance •
- Census
- Notification of diseases
- Registeration of vital events
- Hospital records
- Disease registers
- Manpower health statistics
- Other routine health related statistics

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MEDICINE

- cranial nerve examination

Community C

Examinations

1. Cranial Nerve Examination

- Full cranial nerve assessment (see above for detailed steps).
- Common pathologies: Stroke, Multiple Sclerosis (MS), Brainstem lesions.

Cranial Nerve	Function	How to Test	Abnormal Findings
I - Olfactory	Smell	Ask patient to identify a familiar	Loss of smell
		smell (e.g., coffee, peppermint)	(anosmia) – common
		with each nostril separately	in head trauma,
			Parkinson's disease
II - Optic	Vision	- Test visual acuity (Snellen chart) -	Visual field defects
		Visual fields by confrontation -	(hemianopia), optic
		Fundoscopy to inspect the optic	atrophy, papilledema
		disc	
III - Oculomotor	Eye movement	- Check for ptosis - Test eye	Ptosis, dilated pupil,
	(superior,	movements (H-pattern) - Pupillary	impaired eye
	inferior, medial),	light reflex and accommodation	movement (down and
	pupil constriction		out)
IV - Trochlear	Eye movement	Test eye movements (ask the	Diplopia (difficulty
	(superior oblique	patient to follow your finger	looking down), head
N/ T (1	– down and in)	downward and inward)	tilt to compensate
v - Trigeminal	Facial sensation,	- Test sensation in 3 areas:	Loss of sensation,
	mastication	ophthalmic (V1), maxillary (V2),	absent corneal reflex,
		mandibular (V3) - Test corneal	Jaw deviation
		and palpate massator and	
		tomporalis musclos	
VI - Abducens	Eve movement	Test lateral eve movement (ask the	Diplonia inability to
VI - Abducens	(lateral rectus –	nations to follow your finger	move eve laterally
	lateral gaze)	laterally)	
VII - Facial	Facial expression,	- Ask patient to raise eyebrows,	Facial asymmetry,
	taste (anterior	close eyes tightly, smile, puff	loss of taste, Bell's
	2/3 of tongue)	cheeks - Taste test (sweet, salty) on	palsy (LMN), central
		anterior tongue	facial palsy (UMN)
VIII -	Hearing, balance	- Whisper test or tuning fork (Rinne	Hearing loss
Vestibulocochlear		and Weber tests) - Test balance	(sensorineural vs
		(Romberg test)	conductive), vertigo,
			nystagmus
IX -	Taste (posterior	- Test gag reflex - Ask patient to say	Absent gag reflex,
Glossopharyngeal	1/3), swallowing,	"Ah" and observe the uvula	uvula deviates away
	gag reflex		from the lesion
X - Vagus	Swallowing,	- Test gag reflex - Ask patient to	Dysphagia,
	speecn	speak and check for hoarseness	dysphonia, absent
	Shouldor chruz	Ack patient to chruz chaulders	gag reliex
AI - Accessory	bood turn	- Ask patient to shrug shoulders	shrugging shouldors
			or turning head
XII - Hypoglossal	Tongue	Ask nations to protrude tongue and	
	movement	move it side to side	toward the lesion
	movement		(IMN) fasciculations

Tips for OSCE/OSPE

- Always follow a systematic approach (cranial nerves in order).
- Explain each step to the patient.
- Document any abnormalities and correlate with possible causes.

2. Upper and Lower Limb Neurological Examination

- Inspection: Muscle wasting, fasciculations, tremors.
- **Tone**: Assess for spasticity or rigidity.
- **Power**: Test muscle strength (0-5 scale).
- **Reflexes**: Biceps, triceps, knee, ankle, Babinski's sign.
- Sensation: Light touch, pinprick, vibration, proprioception.
- **Coordination**: Finger-nose test, heel-shin test, rapid alternating movements.
- Common conditions: Stroke, peripheral neuropathy, Parkinson's, spinal cord lesion.

3. Cerebellar Examination

- **Signs**: Dysdiadochokinesia, past pointing, nystagmus, intention tremor, ataxic gait.
- Common causes: Stroke, alcohol intoxication, cerebellar tumor.

4. Gait Assessment

• **Observe**: Normal, hemiparetic (stroke), spastic (cerebral palsy), ataxic (cerebellar), shuffling (Parkinson's).

5. Mental Status Examination (MSE)

- Assess orientation, memory, attention, mood, and thought processes.
- Used for: Dementia, delirium, psychiatric disorders.

The **Mini-Mental State Examination (MMSE)** is a widely used tool for screening **cognitive impairment**. It assesses functions such as **orientation, memory, attention**, and **language**. The maximum score is **30 points**

MMSE Structure and Scoring

1. Orientation (10 points)

• Time (5 points): Ask for the year, season, date, day, and month. (1 point each)

Time Orientation (5 points)

- "What is today's date?"
- "Can you tell me what season it is?"
- "What day of the week is it?"
- "Which month are we in?"
- "What year is it?"

• Place (5 points): Ask for the country, city, hospital/clinic, floor, and specific location. (1 point each)

"Where are we right now?" (Country, City, Hospital/Clinic, Floor, and Room)

2. Registration (3 points)

- Name **3 unrelated objects** (e.g., "apple, table, penny").
- Ask the patient to repeat them. (1 point per correct repetition)

You: "I will say three words. Please repeat them after me: apple, table, penny." (Score 1 point for each correct repetition. Repeat up to five times if needed.)

3. Attention and Calculation (5 points)

- Serial 7s: Ask the patient to subtract 7 from 100 five times (93, 86, 79, 72, 65). (1 point per correct answer)
 OR
- **Spell "WORLD" backward** (DLROW). (1 point per correct letter in sequence)

You: "Now, subtract 7 from 100 and keep subtracting 7 five times." (93, 86, 79, 72, 65)

4. Recall (3 points)

• Ask the patient to recall the 3 objects mentioned earlier. (1 point per correct answer)

You: "Can you tell me the three words I mentioned earlier?" (apple, table, penny)

5. Language (8 points)

- Naming (2 points): Show a pen and a watch; ask the patient to name them.
- Repetition (1 point): Ask the patient to repeat, "No ifs, ands, or buts."
- **3-Stage Command (3 points)**: Ask the patient to follow this: "Take this paper, fold it in half, and place it on the floor."
- **Reading (1 point)**: Show a written command: "Close your eyes." The patient must read and obey.
- Writing (1 point): Ask the patient to write a sentence.

Naming (2 points): "What is this?" (Show a pen and a watch)
Repetition (1 point): "Please repeat after me: No ifs, ands, or buts."
3-Stage Command (3 points): "Take this paper, fold it in half, and place it on the floor."
Reading (1 point): "Please read this and do what it says: 'Close your eyes.'"
Writing (1 point): "Please write a complete sentence on this paper."

6. Visuospatial (1 point)

Ask the patient to copy a drawing of two overlapping pentagons. (1 point if correctly done)

"Please copy this drawing of two overlapping pentagons."

Scoring Interpretation

- 25–30: Normal
- **20–24**: Mild cognitive impairment
- **10–19**: Moderate cognitive impairment
- **<10**: Severe cognitive impairment

- COUNSELLING

STEPS OF COUSELLING

- Active Listening: Attentive listening ensures understanding and builds rapport with clients, vital for effective counseling.
- **Empathy**: Demonstrating understanding and compassion helps clients feel validated and supported.
- Nonjudgmental Attitude: Creating a safe, accepting environment encourages clients to share openly.
- **Paraphrasing**: Restating the client's words shows understanding and encourages clarification.
- **Funneling**: Navigating from broad to specific topics helps explore issues systematically and thoroughly.

Counselling

Definition: A process where a trained professional helps individuals explore and manage personal, emotional, or psychological challenges to improve well-being.

Types of Counselling

- 1. **Psychological Counselling**: Mental health issues like anxiety or depression.
- 2. Career Counselling: Guidance for career decisions.
- 3. Family/Marriage Counselling: Resolving family conflicts.
- 4. **Rehabilitation Counselling**: For addiction recovery or chronic illness support.
- 5. **Grief Counselling**: Coping with loss.

Counselling Techniques

- 1. Active Listening Fully focus on what the client says without judgment.
- 2. Empathy Understanding and sharing the client's feelings.
- Open-ended Questions Encourage the client to express thoughts and feelings.
 Example: "Can you tell me more about what's troubling you?"
- 4. **Reflection** Repeat or paraphrase what the client says to clarify feelings.
- 5. **Cognitive Behavioral Therapy (CBT)** Help clients identify and change negative thought patterns.
- 6. Solution-Focused Approach Focus on finding solutions rather than dwelling on problems.

- Sympathy: Feeling for someone's pain (pity).
- **Empathy**: Feeling *with* someone's pain (understanding).
- **Open-ended questions**: Encourage detailed responses. *Example: "How do you manage stress?"*
- **Closed-ended questions**: Require brief, specific answers (Yes/No or short). *Example: "Do you exercise daily?"*

Rapport building is creating a connection with someone through trust, understanding, and empathy. It helps patients feel comfortable and open in clinical settings.

Steps for Effective Rapport Building

- 1. Greet warmly: "Hello, how are you today?"
- 2. Introduce yourself: "I'm Dr. Fatima. I'll be taking care of you."
- 3. Active listening: Nod, maintain eye contact, and don't interrupt.
- 4. Show empathy: "I understand this must be difficult."
- 5. Ask open-ended questions: "Can you tell me more about how you're feeling?"
- 6. Be non-judgmental and respectful.

Nutritional Neuropathies are nerve disorders caused by vitamin deficiencies.

Common Causes & Associated Deficiencies

- Vitamin B1 (Thiamine): Beriberi \rightarrow Peripheral neuropathy, muscle weakness
- Vitamin B6 (Pyridoxine): Sensory neuropathy (high doses), irritability, seizures
- Vitamin B12 (Cobalamin): Subacute combined degeneration → Ataxia, numbness, weakness
- Vitamin E: Ataxia, loss of proprioception, hyporeflexia
- **Copper**: Myelopathy, spastic gait (resembles B12 deficiency)
- Folate: Similar to B12 but without neurological signs

Rabies prophylaxis

Rabies Prophylaxis Treatment Regimen

Category	Details
Post-Exposure Prophylaxis (PEP)	
1. Wound Cleaning	Immediately clean the bite or scratch with soap and water for at least 15 minutes ; apply iodine or alcohol.
2. Rabies Vaccine	Rabies Vaccine Human Diploid Cell Vaccine [HDCV]
	4 doses (1 ml) given on days 0, 3, 7, 14, 28 and sometimes 90 (can be adjusted for immunocompromised individuals). Intramusclar/ Deltoid Muscle
	CAN BE GIVEN TO PREGNANT/ BREAST FEEDING.

3. Rabies Immune Globulin (RIG)- antibody	RIG should be administered on day 0.	
serum		
	- 20 IU/kg body weight (given in and around the wound site, and the remainder intramuscular).	
	- If the patient has previously received PrEP, RIG is not required, but the	
	vaccine schedule remains.	
Pre-Exposure Prophylaxis		
(PrEP)		
1. Rabies Vaccine	Administered in 3 doses (1 ml each) on days 0, 7, and 21 or 28.	
2. Booster Dose	A booster dose is required every 2-3 years for high-risk individuals,	
	depending on exposure.	

Psychiatry

Delusion vs illusion

- Dellusion are fixed, false beliefs in absence of external stimulus
- Illusions are misinterpretation of real stimuli

Types of delusions:

1. Grandiose Delusion

- Belief of having exceptional power, wealth, or fame.
- Example: "I am a famous inventor who created the internet."

2. Erotomanic Delusion

- Belief that someone (usually of higher status) is in love with them.
- Example: "That celebrity is secretly sending me messages."

3. Delusion of Infidelity (Jealous Delusion)

- Belief that a partner is unfaithful without any proof.
- Example: "My spouse is cheating every time they leave the house."

4. Delusion of Control

- Belief that thoughts, actions, or feelings are controlled by an external force.
- Example: "Aliens are controlling my movements."

5. Persecutory Delusion

- \circ $\;$ Belief that one is being targeted, harassed, or conspired against.
- Example: "My coworkers are plotting to harm me."

6. Somatic Delusion

o Belief of having a physical illness or defect despite no medical evidence.

Alkaloid poisoning is an illness formed from the excess consumption of leafy greens or animal products containing alkaloids. Alkaloids are chemical substances that contain at least one nitrogen atom.

- Atropine
- Strychnine
- Nicotine
- Caffeine
- Morphine

- Cocaine
- Aconitine

Here's a **concise overview** of each compound:

1. Atropine

- Source: Belladonna (Atropa belladonna)
- Mechanism: Anticholinergic (blocks muscarinic receptors)
- Effect: Dilated pupils, dry mouth, tachycardia, hallucinations
- Use: Antidote for organophosphate poisoning

2. Strychnine

- **Source:** Nux Vomica seeds
- Mechanism: Glycine receptor antagonist in the spinal cord
- Effect: Severe convulsions, opisthotonos, respiratory failure
- Fatal Dose: 30–60 mg

3. Nicotine

- Source: Tobacco leaves (Nicotiana tabacum)
- Mechanism: Stimulates nicotinic receptors; biphasic action (stimulation → paralysis)
- Effect: Increased heart rate, tremors, seizures, respiratory depression
- Use: Smoking cessation therapies

4. Caffeine

- **Source:** Coffee, tea, cola nuts
- Mechanism: Adenosine receptor antagonist; increases dopamine release
- Effect: Stimulation, increased alertness, tachycardia, insomnia
- **Toxic Dose:** >500 mg (can cause seizures and arrhythmias)

5. Morphine

- Source: Opium poppy (Papaver somniferum)
- Mechanism: Opioid receptor agonist (mu-receptor)
- Effect: Analgesia, respiratory depression, miosis, sedation
- Use: Pain relief in severe conditions

6. Cocaine

- **Source:** Coca plant (Erythroxylum coca)
- Mechanism: Blocks dopamine and norepinephrine reuptake
- Effect: Euphoria, tachycardia, hypertension, hyperthermia
- Use: Local anesthetic (limited use), recreational drug

7. Aconitine

- **Source:** Monkshood (Aconitum species)
- Mechanism: Opens sodium channels, causing persistent depolarization
- Effect: Tingling, vomiting, arrhythmias, respiratory paralysis
- Fatal Dose: 2–5 mg

"insanity" refers to a mental state in which an individual is unable to understand the nature and consequences of their actions or to differentiate between right and wrong due to a severe mental disorder or illness.

Testimonial capacity refers to an individual's ability to provide sworn testimony in a legal or civil proceeding

Testimonial Capacity and Its Rules

1. Definition

Testimonial capacity refers to the **ability of a witness to provide evidence** in a legal proceeding. The witness must understand the **nature and significance of the questions** asked and provide **rational and relevant answers**.

- 2. Legal Criteria for Testimonial Capacity
 - **Section 118 of the Indian Evidence Act:** A witness must have the ability to comprehend the nature of the questions and respond rationally.
 - **Exceptions:** A person may not be competent to testify if they suffer from:
 - Mental illness that prevents rational understanding.
 - Intoxication or unsoundness of mind at the time of testimonyes and Guidelines**
 - Competence to Testify:
 - Mentally ill persons can testify during lucid intervals.
 - Minors may testify if they understand the nature of the questions.
 - Cross-examination:
 - Designed to challenge the credibility of the witness by exposing contradictions.
 - Leading questions are allowed during cross-examination.
 - Privilege:
 - Professional secrets may be revealed only if ordered by the court .

PATHOLOGY

- 4 major classes of brain tumors
- The **Gliomas** (Astrocytomas {Fibrillary astrocytoma, Glioblastoma, Pilocytic astrocytoma, and Pleomorphic xanthoastrocytoma}, Oligodendrogliomas, and Ependymoma)
- Neuronal tumors
- Poorly differentiated neoplasms
- Meningiomas



A 54 year old male presented with one month history of headache and blurred vision. One day before he came to hospital, he had a seizure as well. On investigations he was found to have a CNS tumor. The surgeon resected it completely and sent it for biopsy. Following are the gross and microscopic appearance of the tumor. Considering these diagrams answer the following



> Meningioma

1)

- Grade1-meningioma •
- Grade2-atypical meningioma
- Grade3-anaplastic •

- Microscopic: psamomma bodies
- Gross: firm, well circumscribed, grey/pink/white

Tumor Type	Age Group	Location	Imaging Features	Histological Features	Key Symptoms
Glioblastoma	Adults	Supratentorial	Ring- enhancing, butterfly lesion	Pseudopalisading necrosis , vascular proliferation	Headache, seizures, focal deficits
Meningioma	Adults	Extra-axial	Well- circumscribed, dural attachment	Whorled pattern, psammoma bodies	Often asymptomatic or compressive
Oligodendroglioma	Adults	Frontal lobe	Calcifications, well- demarcated lesion	Fried egg appearance, chicken wire vasculature	Seizures
Ependymoma	Children/Young Adults	Ventricles (4th)	Well- demarcated, intraventricular	Perivascular pseudorosettes	Hydrocephalus, ataxia
Medulloblastoma	Children	Cerebellum	Hyperdense on CT, midline mass	Small round blue cells, Homer-Wright rosettes	Ataxia, raised ICP
Pilocytic Astrocytoma	Children	Cerebellum	Cystic lesion with mural nodule	Rosenthal fibers, eosinophilic corkscrew fibers	Ataxia, raised ICP
Craniopharyngioma	Children	Suprasellar	Cystic lesion with calcifications	Cystic spaces, cholesterol crystals	Endocrine symptoms, visual loss

Astrocytoma is a type of brain tumor that arises from astrocytes, the star-shaped glial cells in the brain and spinal cord. These tumors can be benign or malignant and are classified based on their histological grade and degree of malignancy.

Classification (WHO Grades):

- Grade I: Pilocytic Astrocytoma (low-grade, mostly in children)
- Grade II: Diffuse Astrocytoma (low-grade, slow-growing)
- **Grade III**: Anaplastic Astrocytoma (high-grade, more aggressive)
- Grade IV: Glioblastoma (most aggressive, poor prognosis)

Symptoms:

Depends on the location but can include:

- Headache
- Seizures

- Cognitive changes
- Neurological deficits

LOCATION OF ASTROCYTOMA

Astrocytomas can occur in various parts of the brain, depending on the **grade and type**. Here's a breakdown of common locations:

1. Low-Grade Astrocytomas (Grade I & II)

- Cerebellum Pilocytic Astrocytoma (common in children)
- Cerebral Hemispheres Diffuse Astrocytoma
- Optic Pathway/Hypothalamus Seen in children, often associated with NF1

2. High-Grade Astrocytomas (Grade III & IV)

- Cerebral Hemispheres Most common for Anaplastic Astrocytoma and Glioblastoma
- Brainstem Particularly in diffuse intrinsic pontine gliomas (DIPG)
- Spinal Cord Rare, but can occur

Schwannoma vs Neurofibroma:

Feature	Schwannoma	Neurofibroma
Cell of Origin	Schwann cells	Schwann cells + fibroblasts
Encapsulation	Encapsulated, well-circumscribed	Non-encapsulated, diffuse
Location	Peripheral nerves, commonly CN	Peripheral nerves, skin,
	VIII (vestibular nerve)	plexiform in NF1
Association with NF1	Rarely associated with NF1	Strong association with NF1
Histology	Antoni A (cellular) and Antoni B	Mixed cell types, wavy
	(myxoid) areas	nuclei
Malignant Potential	Rare	Can transform into MPNST
		(in NF1)
Symptoms	Tinnitus, hearing loss (if vestibular)	Soft, painless mass, neuro
		deficits
Immunohistochemistry	S-100 positive	S-100 positive but less
		intense
Treatment	Surgical resection	Surgery (depending on
		size/location)

Antoni A and Antoni B areas are histological patterns seen in schwannomas. Here's what they mean:

Antoni A Areas

- Dense, cellular areas
- Spindle-shaped Schwann cells arranged in palisading patterns (Verocay bodies)

• High nuclear content and compact appearance

Antoni B Areas

- Loose, myxoid areas with fewer cells
- Contains microcysts, edema, and disorganized cells
- More vacuolated and less structured

These patterns help distinguish **schwannomas** from other nerve sheath tumors like **neurofibromas**, which lack these distinctive Antoni areas.



> Epilepsy

Type of Seizure	Category	Key Clinical Features	EEG Findings	Common Causes
Focal (Partial) Seizures	Localized			
- Focal Aware Seizures	Simple Partial	- No loss of consciousness.	Focal spikes or sharp waves in the affected region.	Structural brain lesions (tumor, stroke), cortical dysplasia.
- Focal Impaired Awareness Seizures	Complex Partial	- Altered consciousness, automatisms (lip- smacking, picking movements), postictal confusion.	Focal slowing or spikes in temporal/frontal lobe.	Temporal lobe epilepsy, mesial temporal sclerosis.
Generalized Seizures	Bilateral			
- Tonic-Clonic Seizures	Grand Mal	- Sudden loss of consciousness, tonic (stiffening) phase, followed by clonic (jerking) movements, postictal state.	Generalized polyspike-and-slow wave discharges.	Hypoxia, metabolic disturbances, withdrawal (alcohol, benzodiazepines).

- Absence Seizures	Petit Mal	- Brief staring episodes, unresponsive, no postictal state; common in children.	3 Hz generalized spike-and-wave pattern.	Idiopathic (childhood epilepsy syndromes).
- Myoclonic Seizures		- Sudden, brief jerks of muscles, often bilateral, no loss of consciousness.	Generalized spike- and-wave or polyspike discharges.	Juvenile myoclonic epilepsy, metabolic disorders.
- Atonic Seizures	Drop Attacks	- Sudden loss of muscle tone, leading to falls; brief, no postictal confusion.	Generalized slow spike-and-wave activity.	Lennox-Gastaut syndrome, brain injury.
- Tonic Seizures		- Sudden stiffening of muscles, often during sleep; can lead to falls.	Generalized fast activity or electrodecrement.	Structural brain lesions, Lennox- Gastaut syndrome.
Febrile Seizures	Pediatric	- Occur with fever in children (6 months–5 years); generalized tonic-clonic, no underlying CNS infection.	Normal or nonspecific EEG.	Fever, genetic predisposition.
Status Epilepticus	Emergency	- Continuous seizure activity (>5 minutes) or repeated seizures without recovery between them.	Generalized or focal epileptiform activity.	Poorly controlled epilepsy, acute CNS insult, metabolic disturbances.

Depression

Migraine

Stroke

Type of Stroke	Vascular Territory	Key Clinical Features	Imaging Findings	Common Causes
Ischemic Stroke	Middle Cerebral Artery (MCA)	 Contralateral hemiparesis (face/arm leg), hemisensory loss, aphasia (dominant hemisphere), neglect (non-dominant). 	CT: Hypodense region; MRI: DWI hyperintensity	Atherosclerosis, embolism (e.g., AF).
	Anterior Cerebral Artery (ACA)	- Contralateral leg weakness/sensory loss, abulia, urinary incontinence.	CT: Hypodense in medial frontal region	Atherosclerosis, embolism.

	Posterior Cerebral Artery (PCA)	- Contralateral homonymous hemianopia, thalamic pain syndrome, memory impairment.	CT/MRI: Lesion in occipital lobe or thalamus	Embolism, vertebrobasilar atherosclerosis.
	Lacunar Stroke (small vessels)	- Pure motor (internal capsule), pure sensory (thalamus), or ataxic hemiparesis.	CT: Small hypodense lesion; MRI: DWI hyperintensity	Hypertension, lipohyalinosis.
Hemorrhagic Stroke	Intracerebral Hemorrhage (ICH)	- Sudden onset focal neurological deficits, headache, vomiting, reduced consciousness.	CT: Hyperdense region; mass effect.	Hypertension, amyloid angiopathy.
	Subarachnoid Hemorrhage (SAH)	- "Thunderclap" headache, nuchal rigidity, photophobia, vomiting, loss of consciousness.	CT: Blood in cisterns/sulci; CTA: aneurysm.	Ruptured aneurysm, AVM.
Brainstem Stroke	Basilar Artery	- Quadriparesis, locked-in syndrome (preserved vertical eye movements), cranial nerve abnormalities.	MRI: Brainstem infarction	Thrombus, vertebrobasilar occlusion.
	Vertebral Artery/PICA	- Lateral medullary (Wallenberg) syndrome: <u>Dysphagia,</u> ataxia, ipsilateral Horner's syndrome, contralateral sensory loss.	MRI: Infarction in medulla/cerebellum.	Dissection, atherosclerosis.
Venous Stroke	Cerebral Venous Sinus Thrombosis (CVST)	- Headache, seizures, focal deficits, papilledema.	MRI/MRV: Empty delta sign, sinus thrombosis.	Hypercoagulable states (pregnancy, OCPs).

Causes of stroke

- Ischemic
- Thrombus
- Emboli
- Hypertension
- Hemorhagic
- Aneurysm
- Av malformation
- Anticoagulation drug

Types of Stroke

- 1. Ischemic Stroke: Caused by blocked blood flow to the brain.
- 2. Hemorrhagic Stroke: Caused by bleeding in or around the brain.

Symptoms of Stroke

- Sudden **weakness** of limbs
- Loss of sensation
- Loss of coordination
- **Headache** (thunderclap headache in hemorrhagic stroke)
- Loss of consciousness
- **Dysphagia** (difficulty swallowing)
- Sudden loss of vision
- Bell's Palsy (facial paralysis)

Types of Paralysis

- 1. Quadriplegia: Paralysis of all four limbs, sparing the face
- 2. Hemiplegia: Paralysis of one side of the body
- 3. Paraplegia: Paralysis of both lower limbs

Diagnosing Hemorrhagic vs. Ischemic Stroke

- 1. **Clinical History**: Sudden onset, "worst headache of my life" suggests hemorrhagic stroke.
 - Ischemic stroke: Sudden weakness, numbness, loss of coordination.
 - Hemorrhagic stroke: Severe headache (thunderclap), vomiting, altered consciousness.
- 2. **Examination**: Check for signs of raised intracranial pressure.
- 3. Non-contrast CT Scan: Key to differentiate hemorrhagic from ischemic stroke.
- 4. Response to Thrombolytic Therapy: Worsening symptoms may indicate hemorrhage.

6. Decision-Making & Management

- Ischemic Stroke: Thrombolysis with tPA if within 4.5 hours of onset.
- **Hemorrhagic Stroke**: Control blood pressure, manage intracranial pressure, and refer to neurosurgery if needed.

Cope and Counter-Cope Injuries refer to specific patterns of brain injury caused by trauma.

Cope Injury

- **Definition**: The **primary impact** injury where the brain hits the inner surface of the skull.
- Location: Occurs at the site of impact.
- **Example**: Frontal lobe contusion if the forehead hits a hard surface.

Counter-Cope (Countercoup) Injury

- **Definition**: The **secondary impact** injury where the brain recoils and hits the opposite side of the skull.
- Location: Opposite the site of impact.
- **Example**: Occipital lobe injury after a frontal head impact.

Common Causes

- Falls
- Motor vehicle accidents
- Assaults

MENINGITIS

- ➢ 1 bacterial meningitis
- 2 in viral normal glucose levels
- While in bacterial low glucose
- Bacterial neutrophils
- Viral lymphocytes

Type of Meningitis	Etiology	Key Clinical Features	Investigations	Treatment
Bacterial Meningitis	- Neonates (birth- 28days): Group B Streptococcus, E. coli , Listeria.	- Fever, headache, neck stiffness, altered mental status.	- CSF: 个WBC (neutrophilic), ↓glucose , 个protein.	- Empiric antibiotics (e.g., ceftriaxone + vancomycin ± ampicillin for <i>Listeria</i>).
	- Children/Adults: S. pneumoniae, N. meningitidis.	- Photophobi a, vomiting, seizures.	- Gram stain and culture.	- Corticosteroids (dexamethason e) for pneumococcal meningitis.
	- Elderly/Immunosuppress ed: S. pneumoniae, Listeria.	- Kernig and Brudzinski signs positive.	- Blood cultures.	
Viral Meningitis	- <i>Enteroviruses</i> (e.g., coxsackievirus), HSV-2, VZV, HIV.	- Fever, headache, photophobi a, meningismu s.	- CSF: 个WBC (lymphocytic), normal glucose, mild 个 protein.	- Supportive care (analgesics, antipyretics).
		- Typically milder than bacterial meningitis.	- PCR for viral DNA/RNA (e.g., HSV, enterovirus).	- Acyclovir for suspected HSV meningitis.

Fungal Meningitis	- Cryptococcus neoformans (common in HIV/AIDS), Candida.	- Subacute onset; fever, headache, confusion.	- CSF: 个WBC (lymphocytic), ↓ glucose, 个 protein.	- Amphotericin B + flucytosine followed by fluconazole (for <i>Cryptococcus</i>).
Tuberculous Meningitis	- Mycobacterium tuberculosis.	- Gradual onset; headache, fever, weight loss, cranial nerve palsies.	- CSF: 个WBC (lymphocytic), ↓ glucose, 个 protein; AFB stain and culture.	- RIPE therapy (rifampin, isoniazid, pyrazinamide, ethambutol) + corticosteroids.
Parasitic Meningitis	- Naegleria fowleri (primary amoebic meningoencephalitis), Toxoplasma gondii (immunosuppressed).	- Rapidly progressive headache, fever, altered mental status (PAM).	- CSF: 个WBC (eosinophilic/lymphocyt ic), wet mount for amoebae.	- Amphotericin B (PAM); pyrimethamine + sulfadiazine for toxoplasmosis.
Carcinomato us Meningitis	- Metastasis of solid tumors (e.g., breast, lung cancer) to meninges.	- Subacute onset; headache, cranial nerve deficits, back pain.	- CSF: ↑ protein, ↓ glucose, malignant cells on cytology.	- Intrathecal chemotherapy (e.g., methotrexate).

ziehl nelson stain for TB

Wet Preparation in CSF Examination is primarily used to detect the presence of cells, microorganisms, and certain abnormal elements in cerebrospinal fluid (CSF). It's a **rapid diagnostic method** that involves observing a drop of fresh CSF under a microscope without staining.

Steps:

- 1. **Collection**: CSF is collected via lumbar puncture.
- 2. **Preparation**: Place a drop of CSF on a glass slide and cover it with a coverslip.
- 3. **Microscopy**: Examine under low and high power magnification using a light microscope.

Uses and Findings:

Component	Possible Findings

Cells	Leukocytes (indicative of infection or inflammation), RBCs (trauma or	
	hemorrhage)	
Microorganisms	ns Fungal elements (Cryptococcus), protozoa (Naegleria fowleri), bacteria	
_	(rarely visible directly)	
Parasites	Naegleria trophozoites in primary amoebic meningoencephalitis	
Fungi	Cryptococcus (seen as refractile, round yeasts)	

MOST IMPORTANT VIRUSES CAUSING ENCEPHALITIS:

- 1. Herpes Simplex Virus (HSV-1, HSV-2)
- 2. Varicella-Zoster Virus (VZV)
- 3. Japanese Encephalitis Virus (JEV)
- 4. West Nile Virus
- 5. Enterovirus 71
- 6. Measles Virus
- 7. Rabies Virus
- 8. Cytomegalovirus (CMV) (in immunocompromised patients)
- 9. Nipah Virus
- Epilepsy
- Depression
- Migraine

Fluoxetine is not right , wo to serotonin ki reuptake inhibit krta hai na ..

Qn mai they have asked ke konsi drug serotonin reuptake increase karti ha

Mirtazipine belongs to TCAs. Its mechanism of action is a bit unique it blocks the presynaptic adrenrgic receptors which causes increase release of NE and Serotonin

Tumor in NF1

Grading of tumor

Pilocytic astrocytoma involve which area of brain

Diagnosis (DDA) tale neurofibroma to Pic > Schugnnome and schwannome : Tylial cells nuclei, nuclear pleomorphisms GFAP+Ve Fibrillary appearance, invading brain Diagnosis Histological features. legiontwhich is common in which site? St: CSF -> technique used -> LP. Mormal volume: 90-150ml findings in CSF in bacterialmeningitis 26 years old boy -> bacterial meningitis most common bacteria? which blood cells are found in CSF in b.M.? Pharmacology. : viva contraindication of Triptans - SEIZUYE ATLA local anaesthelic? ? Natch blocking 3d · NMDA receptor Alcohole? Why L. dopais given with Carbidopa? CAT-1 bla viva TEA -> mechanism of Action 2+ Catch bid! Which drugs doesn't chose EPS - Atypical Amide Malignant Neuroleptic syndrome - Bromocriptine All of the Rest -> anticholinergics B2P uses Diff in MOA of barbiturates and BZP. St: Prescription of migraine St; Diazepam -> which class of drug Three clinical indication. Antodonist - Flumenazif prups inverse agonist? B-carboline blocks hichree St: Forensic Med " Nux vomica seed, Signs & symptoms? Active principle? Medicologial

	-
ACPE (Nouse) and have allested	
STC (Neuro) - How Is data contacted.	
community vival) > How is rables spreads	Arethy
WHO mental illness > Management > Hypest risk	Picio-
hame is No land No2 of the neurological disea	ses
Viva (2) Case control study? Cohort? witheram	ples
Breast concer text? Rescription drug abuse (opio)	m
anape	NC)
Station > stress among drivers and office work	ers
by checking their b.p	
Why? A study & Croce section at the co	mo
time is studied	
Station - team member depressed , what will a	100
do to improve mental health.	
seek professional help > Avoid self-isolation	
> Engage in physical activity sengage in healthy	115
relationships with family land friends - self	- help
-> Mativational specanes	24.63
et à councelline + supple infinale van	
Patra Large	
Rt > Temaler Soyr, unilateral eye impairemen	tono
tymour	
Diagnosis - Multiple sclevosis	
which gene affected?	-

St.No 9

Q. What is the management of status epilepticus ? [2] C. Pathognomonic adverse effects of phenytoin sodium?

Q. Drugs used for alcohol aversion therapy? [1] Q. Classify drugs used for Parkinsonism (1.5) Q. Rationale for use of Carbidopa and levodopa in

combination (0.5)

Write prescription for 35 yrs old salman .he suffered from depression after sad demise of his parents 6 months back in an accident.



STATIC STATION

A 5 year old boy presented with 3 days history of fever and neck stiffness. He was advised CSF examination. Q1. Write very briefly how CSF is collected. (2) Q2. What does increased turbidity signify? Q3. What is the normal colour of CSF? (1) (1) Q4. What is suspected when there is decreased level of glucose in CSF? Q5. What is the use of wet preparation ? (0.5)

Contraction of

month and he has a seizure one day back. He was diagnosed as having a tumor of brain paranchyma that was poorly defined and invading the brain tissue. Examine the photomicrograph and answer the following A 50 year old man presented with complaints of headaches since a

2 Describe the microscopic appearance of the tumor. (2.5) 1 Comment on the gross morphology of the tumor. (2.5)

3 Enlist different grades of the tumors (1)





Contraction of the other other of the other other other of the other oth	and and the energe of management
Prophylaxis Migraine	Acute Attack Migraine
Dr. ABC KMC Path. Marrie : XV7. <u>Age</u> : Hoyre <u>Gendar</u> : Emale (and : 0345 <u>Add</u> : Path. <u>Dole</u> : 7-3-22 Dx : Prophylaxis of migroine.	Dr. 2012 KMC, Pesh. M886. Marne × XVZ Age: 40 yrs Genden: Q Contoct: 034 Add: Pesh. Date: 7-3-12 Dx: Acute Migraine Kliack.
یک . • Tab Proparabol (40 mg) 1 گولی دوان کا استمال باقا درگ سے کر ہی - • تعلق کی مورد میں حصر تشریف لائی - - ه تعلق کی مورد میں	Rx: • Tab Surra Fripton (3 orng) • Tab Metoclopramide (lorng) • Tab Metoclopramide (lorng) • تعالى كريس - • تعالى تدايير : • دواني كا استخال باقادتر کي سے کريں - • تعليم في تعاليم : • دواني كا استخال باقادتر کي سے کريں -

	Scenario: A 20 year old lady presented to OPD with complaints of depression for the last 6 months due to the death of her parents because of COUTD-19. the death of her parents because of COUTD-19. while the prescription for her?
	Dr Zarmish
	MBBS HMC
	Phone No
-	Address
-	Patient & Name: Gul-e-Rong Gender: Female Age: 20475
	Haaress: Peshawar, Date: 4th. Apr. 2012
-	Diamosis
	· Deaverteine"
	2 CP ICS ICK
	Rx
	1) Tab Escite logram 10mg
	Luci de de la climit
	2) Tab Almandana alama
	sub-th A Standa
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	2) lat tropanous toma
	- The tone of G31
	al new a first out
	(1) 10 10 10 10 10 19 (1) (1) (1) (1) (1) (1) (1)
	1 1 1 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1

Dr. Zarmish MBBS HMC Phone No ... Peshawar Patient's Name: Ahmad, Age: 25, Gender: Male Address: Peshawar Date: 4th April-2022 Diagnosis: Epilepsy - Admit to Icu. R. · Secure airway and ABC management Of Inj- lopazepan Ing in stat . OY Inj- Diazepan 20mg i-v stat (2) Inj. Fosphemytoin long/kg i-v stat 3) Tab Carbamezapine 200mg (SID (1+1) Rüssel CBL) Tab sodium valproak 200 mg د لای میچو شام حاری کراز کر دو سال بر ایات:-بر دو انسان با فارزی سے استعال کر س عرو بارہ جو کے اس مردی ڈائٹ سے رجوع کر س د) م يفى كر محالى ولاز من در او من زم من درار دى. Sign'

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Scenario:

A 25 years old male came to emergency with

generalized seizure (Grand mal epilepsy). He

has a history of recurrent seizures. He is

a known case of epilepsy. He is having

fits for half an haur interval. CT-Scan is

normal.
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General Anaesthesia

 General anaesthetics are the drugs that produce reversible loss of all sensation & consciousness.

Classification:

- 1. Inhalational
- A. Gas: N₂O, Xenon
- B. Liquids: Ether, Halothane, En/Iso/Des/Sevo-flurane
- 2. Intravenous
- A. Inducing agents: Thiopentone sodium, Propofol, Methohexitone, Etomidate
- B. Slow acting
- > Dissociative anesthesia: Ketamine
- > Benzodiazepines: Diazepam, Lorazepam, Midazolam
- Opioid analgesics: Fentanyl







Frequency polygon: A frequency polygon is a graphical representation of a frequency distribution. It
uses line segments to connect points corresponding to class frequencies, making it easier to
visualize patterns or trends in the data.

- Continuous Quantitative data
- According to the data, Men ages 25-34 has cholesterol levels 139.5 mh/100ml at relative frequency of 40 % And Men with the ages 55_64 have cholesterol levels 180 mg/100ml at relative frequency of 35%





Noloxone phenanthreak isoquinaline Active principle? Autidote? St: Poppy plant which Stages ? Dragnostic signs 21 symptoms? Snake venom? 5+ Types? viva ->Insanity? types St viva -> hemorrhages types? Cerebral concussion this position, cephalic cyst tetanus Subarachnorid hemonrhage causes? Montraumatic St: Madicine 4 days-s Lower limb weakness preceded by Diarrhea, Now upper limb weakness, LMNLO (Peripheral N) + signi? Gullaine basel synd due electrolyte depletion due to diarrhes caused by compylobacter + Test : Nerve conduction test electrolyte deptetion, test a strong waters a light light I are and the set of such a set ALCOSE CLARKED FOR EAST TANK AND TRADE




