## Blindness

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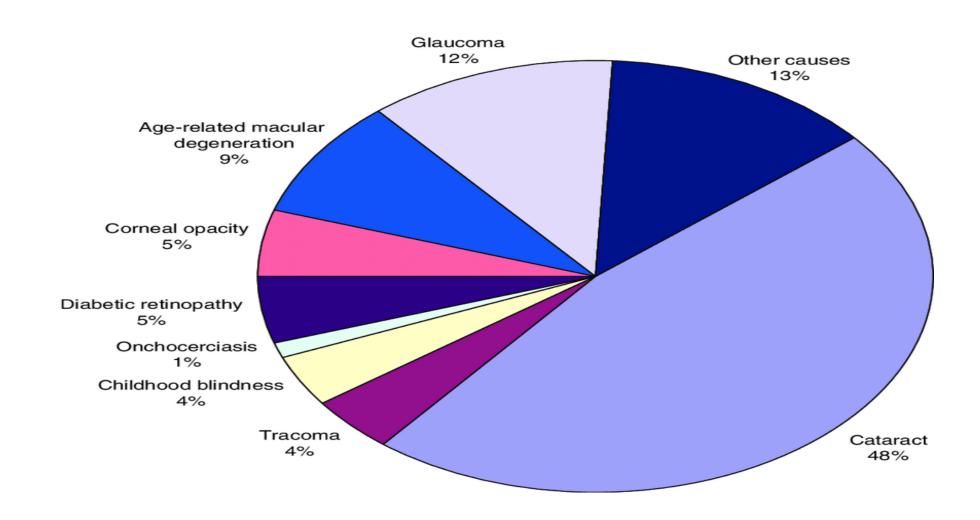
Assistant professor of ophthalmolgy

### What is blindness?

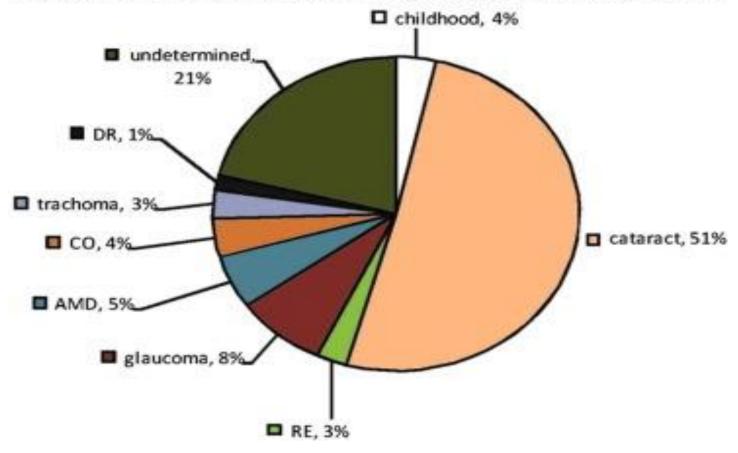
#### BLINDNESS

- WHO definition of blindness
   Visual acuity of less than 3/60 (Snellens) or its equivalent
- In the absence appropriate vision charts (By non-specialized personnel), the WHO has now added the "Inability to count fingers in daylight at a distance of 3 meters" to indicate less than 3/60 or its equivalent.

### Causes of blindness



#### Global causes of blindness as percentage of global blindness in 2010.



#### cataract

### DEFINITION

A cataract is a lens opacity or cloudiness.

Cataracts can develop in one or both eyes and at any age.



### Treatment of cataract

#### **Treatment**

The treatment of cataract is surgical

#### Surgical Techniques

- Intracapsular cataract extraction
   (+ spectacles / contactlens / intraocular lens (IOL))
- 2. Extracapsular cataract extraction + IOL
- 3. Phacoemulsification + IOL

### glaucoma

#### DEFINITION

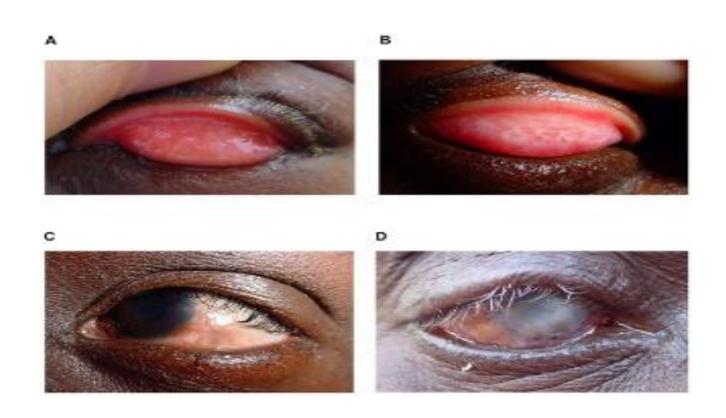
- It is a group of disorders characterized by an abnormally high intra ocular pressure (IOP), optic nerve dystrophy (weakness) and peripheral visual field loss (tunnel vision.)
- It is a symptomatic condition of the eye where the IOP is more than normal (above 25mm Hg).
- Untreated of glaucoma leads to permanent damage of the optic nerve and resultant visual field loss, which can progress to blindness.

### Trachoma

#### Definition

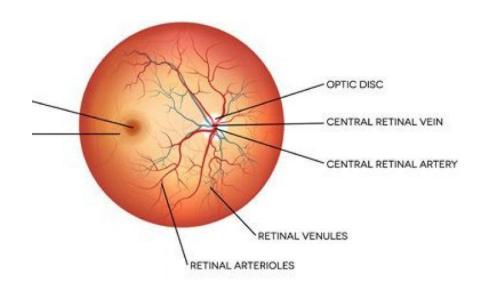
- A chronic inflammation of the conjunctiva and the cornea, characterised by the presence of follicles and papillary hypertrophy of the conjunctiva, and by growth of blood vessels over the cornea.
  - Greek word for 'rough'

## Complications of trachoma

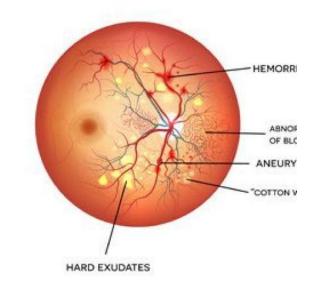


## Diabetic retinopathy and maculopathy

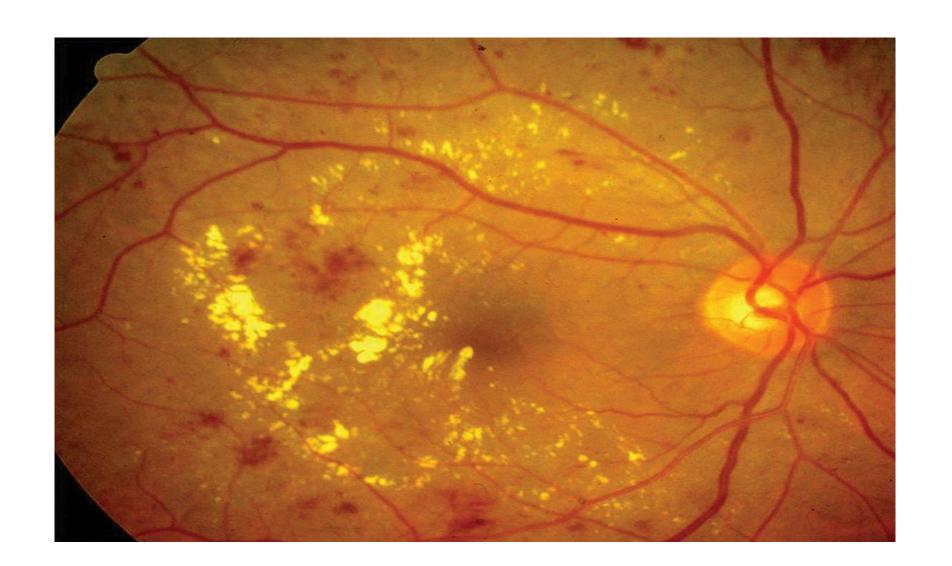
#### NORMAL RETINA



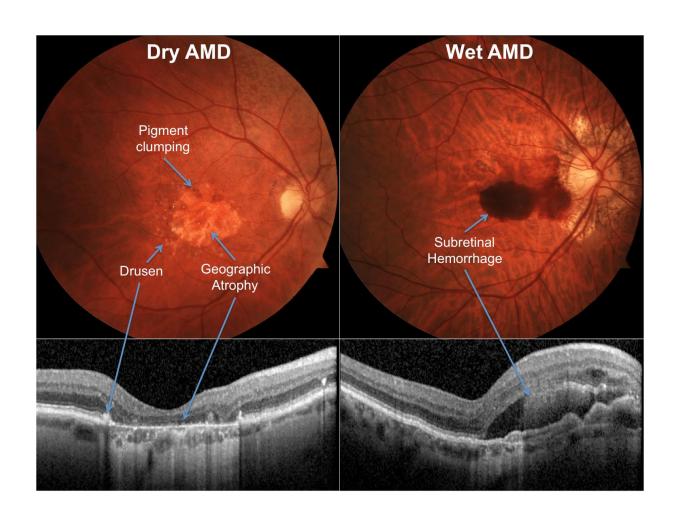
#### DIABETIC RETINOPATHY



## Diabetic retinopathy and maculopathy



### Age relate macular degeneration



### Age related macular degeneration



### Childhood blindness

	No	% of total
Preventable		
Vitamin A deficiency/measles	139	21.4
TORCH/meningitis	22	3.4
Autosomal dominant	10	1.5
Trauma/harmful traditional eye remedies	11	1 <i>.7</i>
Subtotal:	182	28.0
Treatable		
Cataract	54	8.3
Glaucoma	32	4.9
Uveitis	12	1.8
ROP	3	0.5
Subtotal:	101	15.5
Total avoidable	283	43.5

# Thanks for your attention