

FOOT BONES

DR NAJMA ATTAULLAH
LECTURER ANATOMY KGMC



There are 27 bones in the foot

(and a variable number of sesamoid bones)

Foot Bones

There are 27 bones in the foot

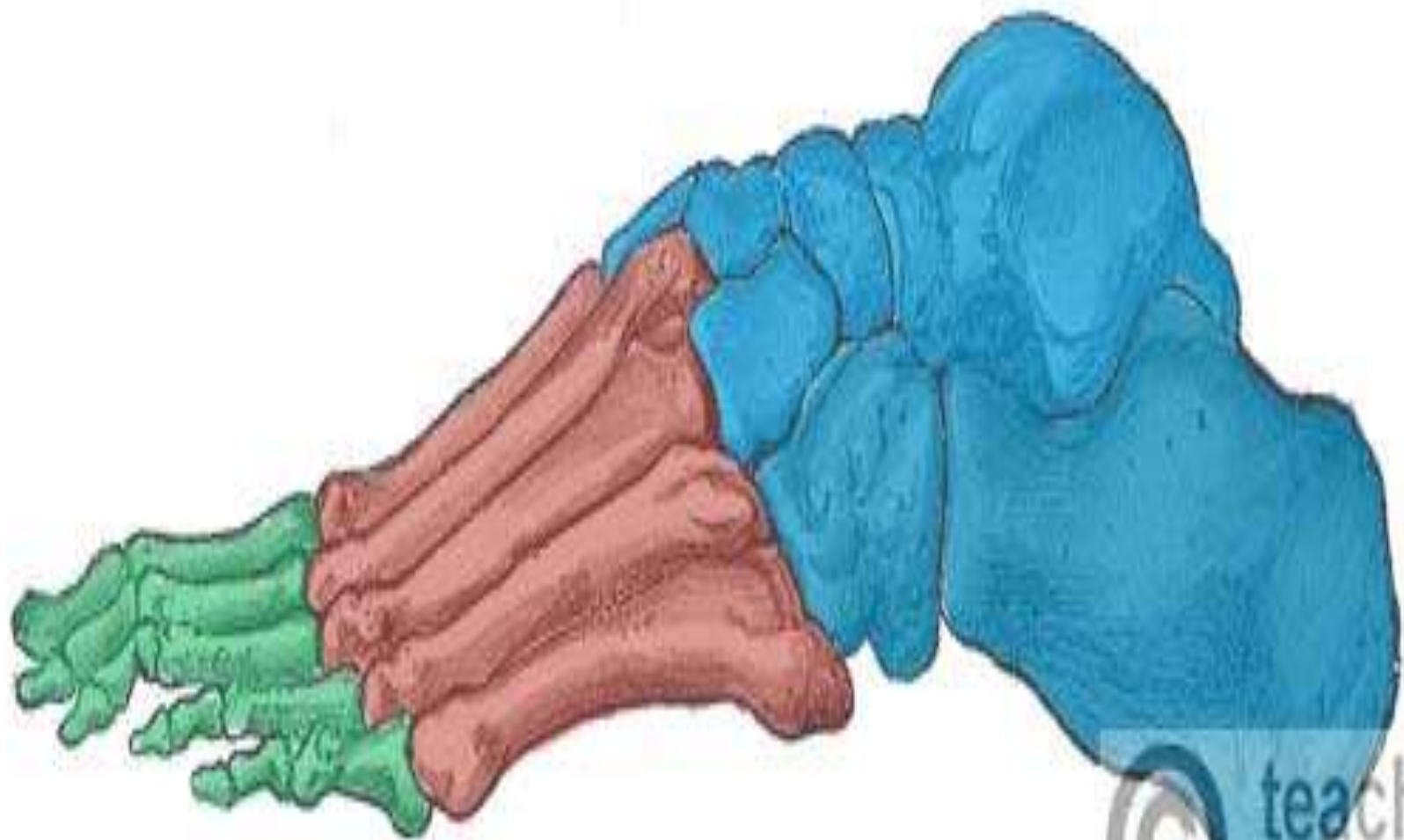
(and a variable number of sesamoid bones)

They may be broadly
classified into

- Tarsal bones
- Metatarsal bones
- Phalanges

Anterior View





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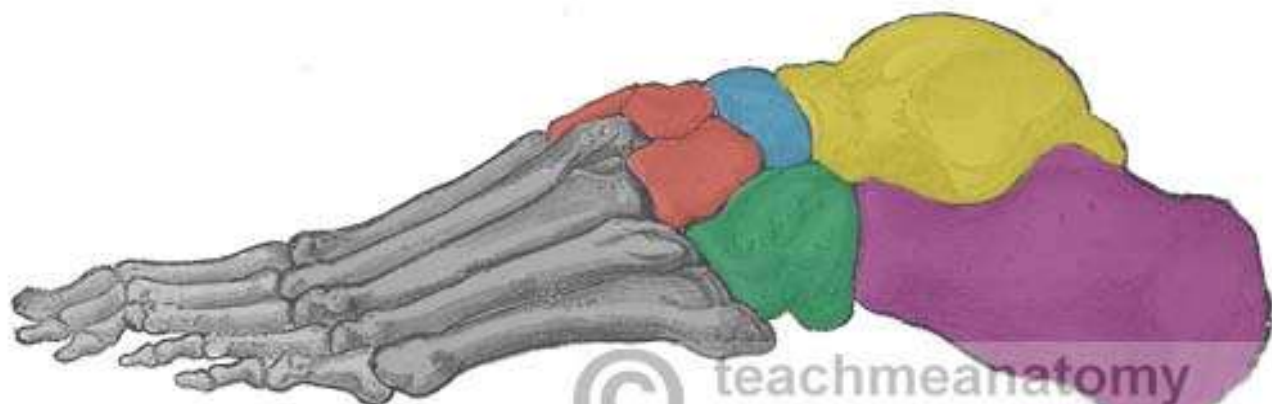
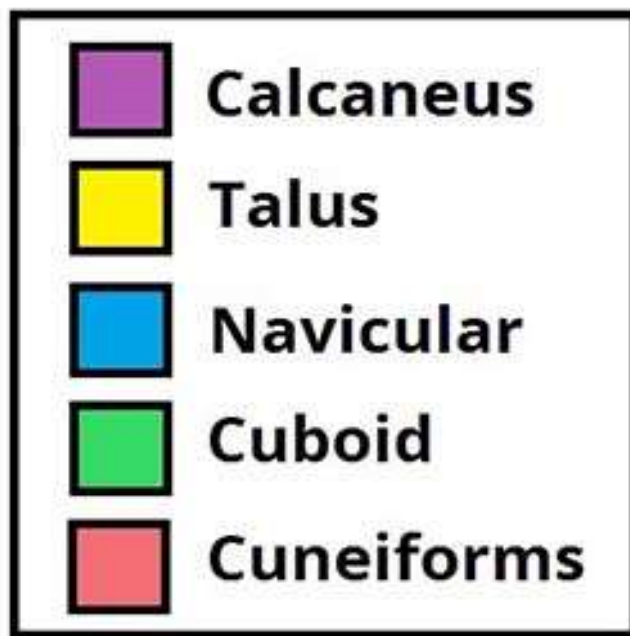
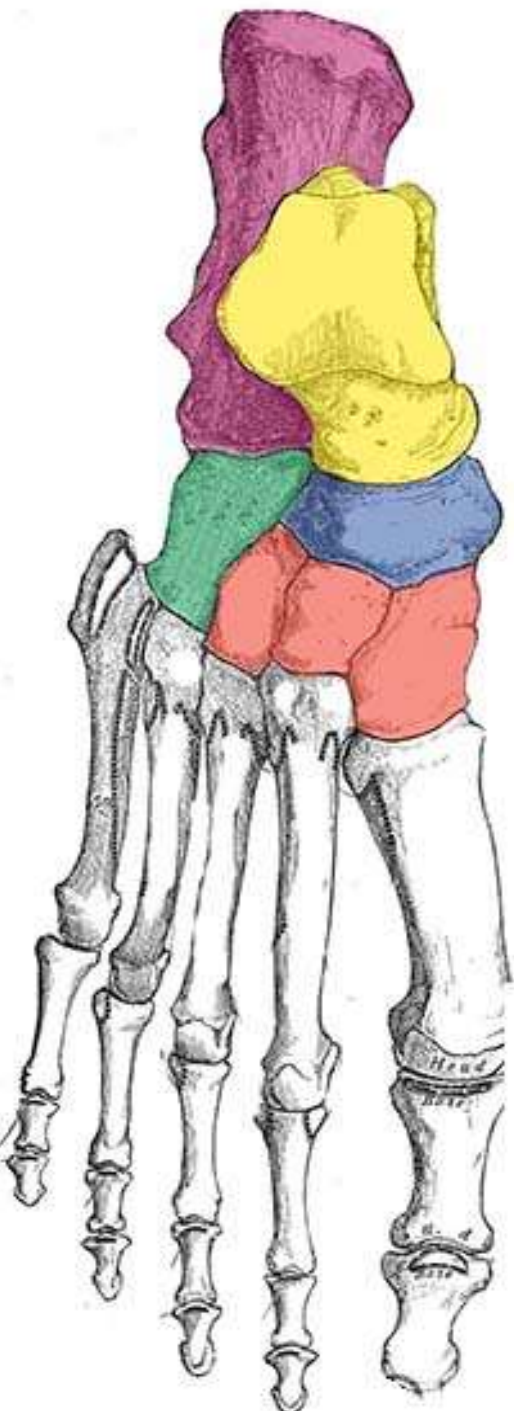


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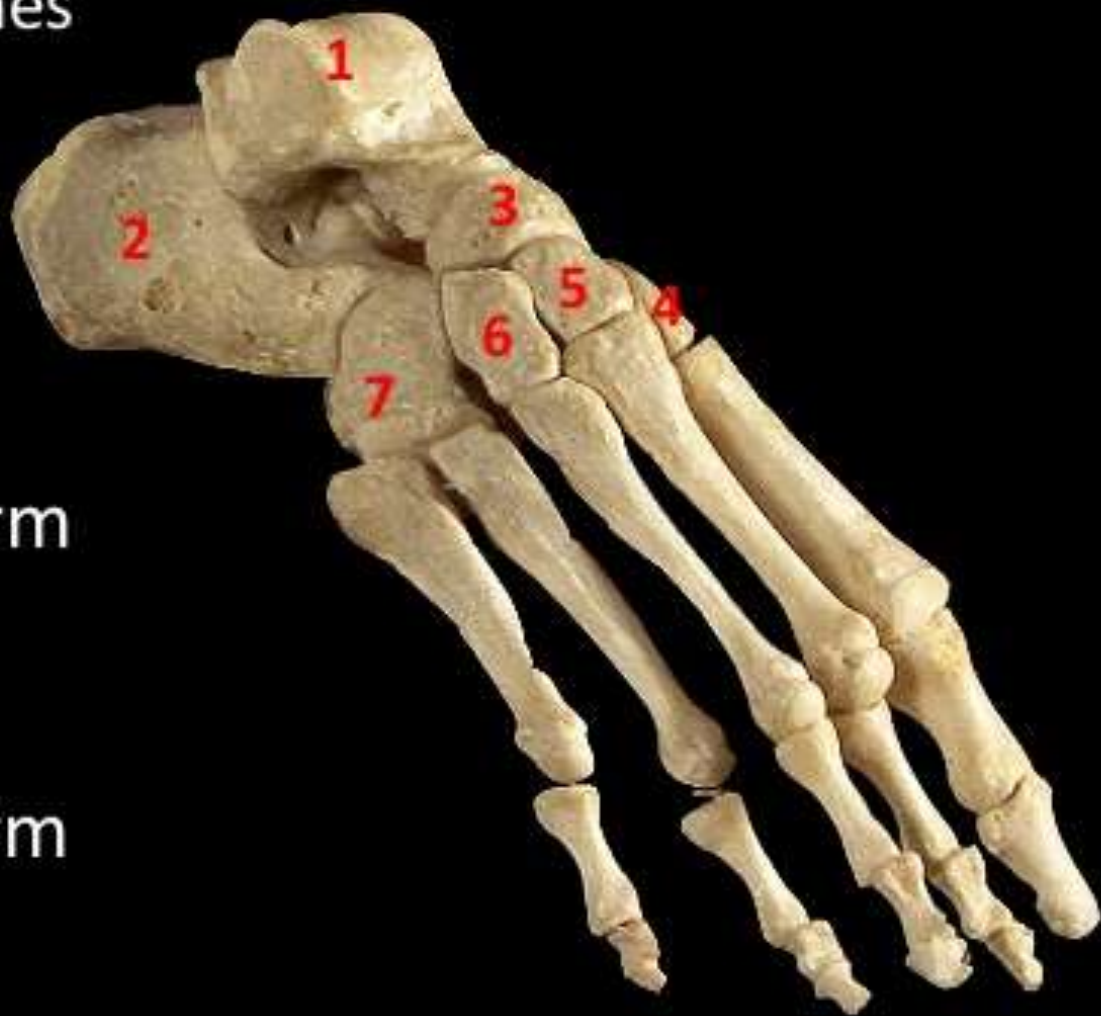
The #1 Applied Human Anato



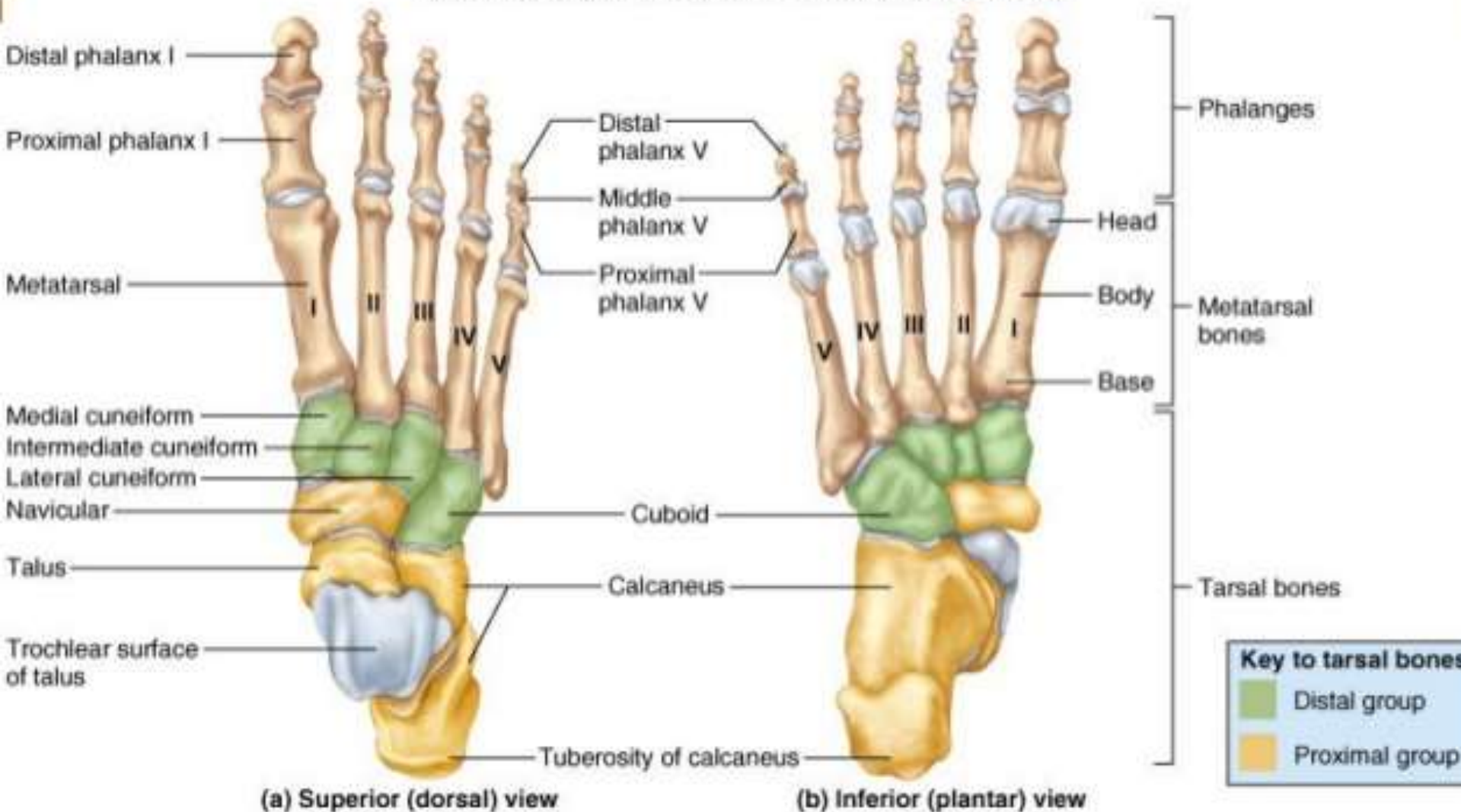
Foot Bones

There are 7 Tarsal Bones

1. Talus
2. Calcaneus
3. Navicular
4. Medial Cuneiform
5. Intermediate Cuneiform
6. Lateral Cuneiform
7. Cuboid



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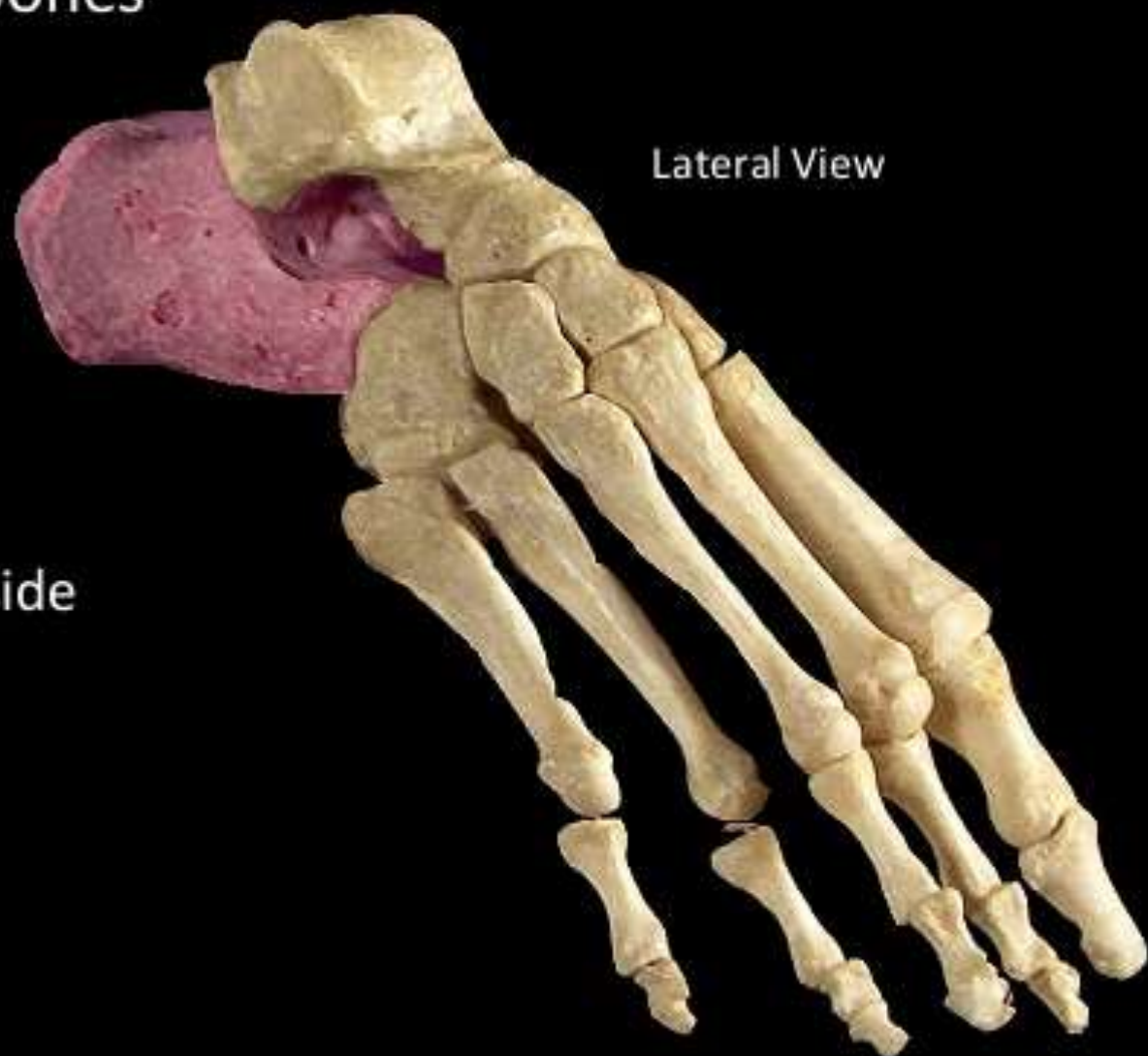


Foot Bones

There are 7 Tarsal Bones

1. Calcaneus

Largest tarsal bone
Best viewed from the side

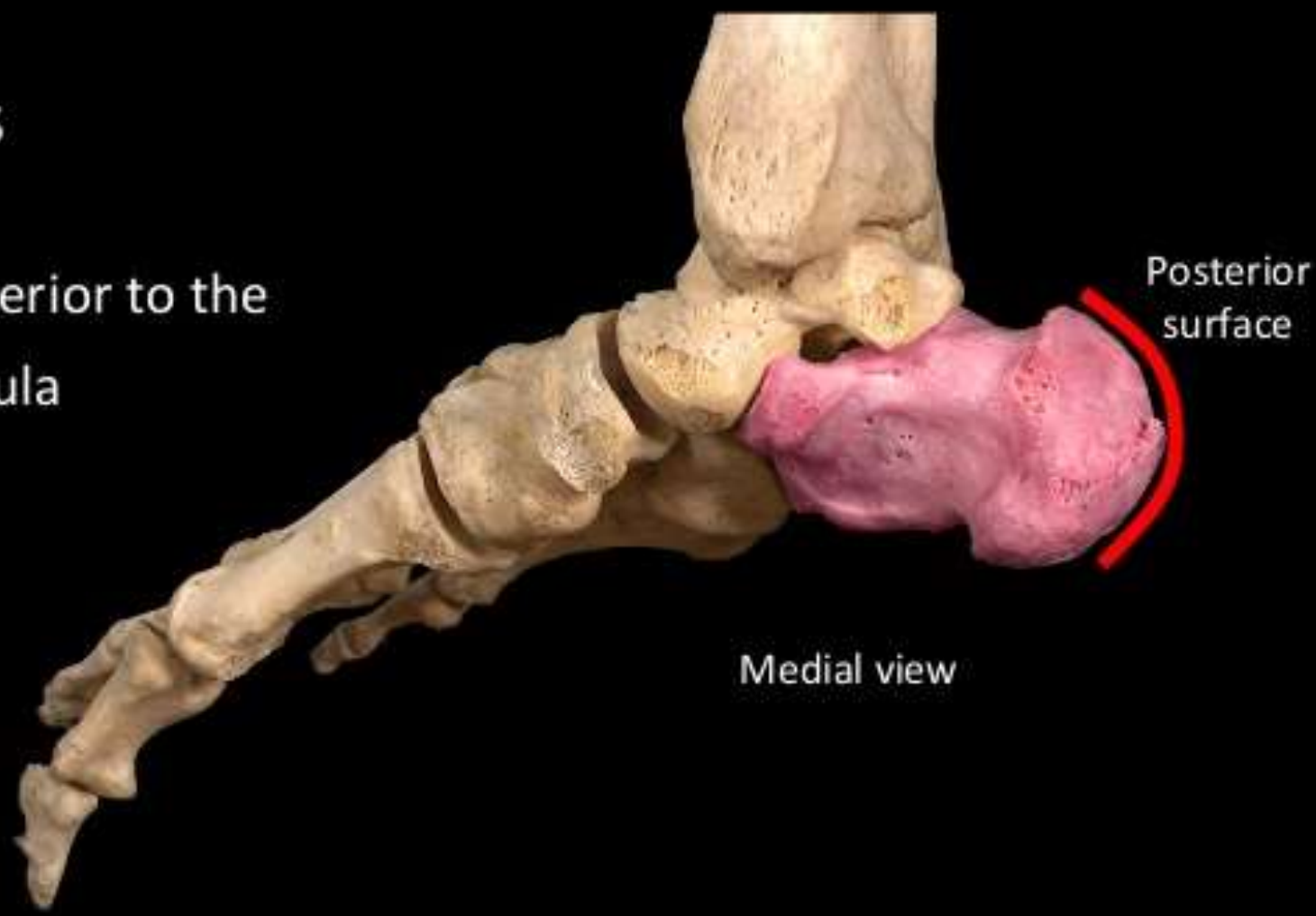


Foot Bones

There are 7 Tarsal Bones

Calcaneus

Projects posterior to the
Tibia and Fibula



Medial view

Foot Bones

There are 7 Tarsal Bones

Calcaneus

The medial aspect of the calcaneus has a projection

Sustentaculum Tali



Posterior view

Foot Bones

There are 7 Tarsal Bones

Calcaneus

The Sustentaculum Tali

Articulates with the Talus superiorly

Has a prominent groove inferiorly for the tendon of Flexor Hallucis Longus



Posterior view

Foot Bones

There are 7 Tarsal Bones

Talus

Connects the foot to the leg

Articulates with the
Tibia and Fibula
superiorly



Medial view

Foot Bones

There are 7 Tarsal Bones

Talus

Anterior view



Foot Bones

There are 7 Tarsal Bones

Talus

Connects the foot to the leg

Articulates with the
Calcaneus inferiorly

Talus

Posterior view



Foot Bones

There are 7 Tarsal Bones

Talus

Has a body



Lateral view



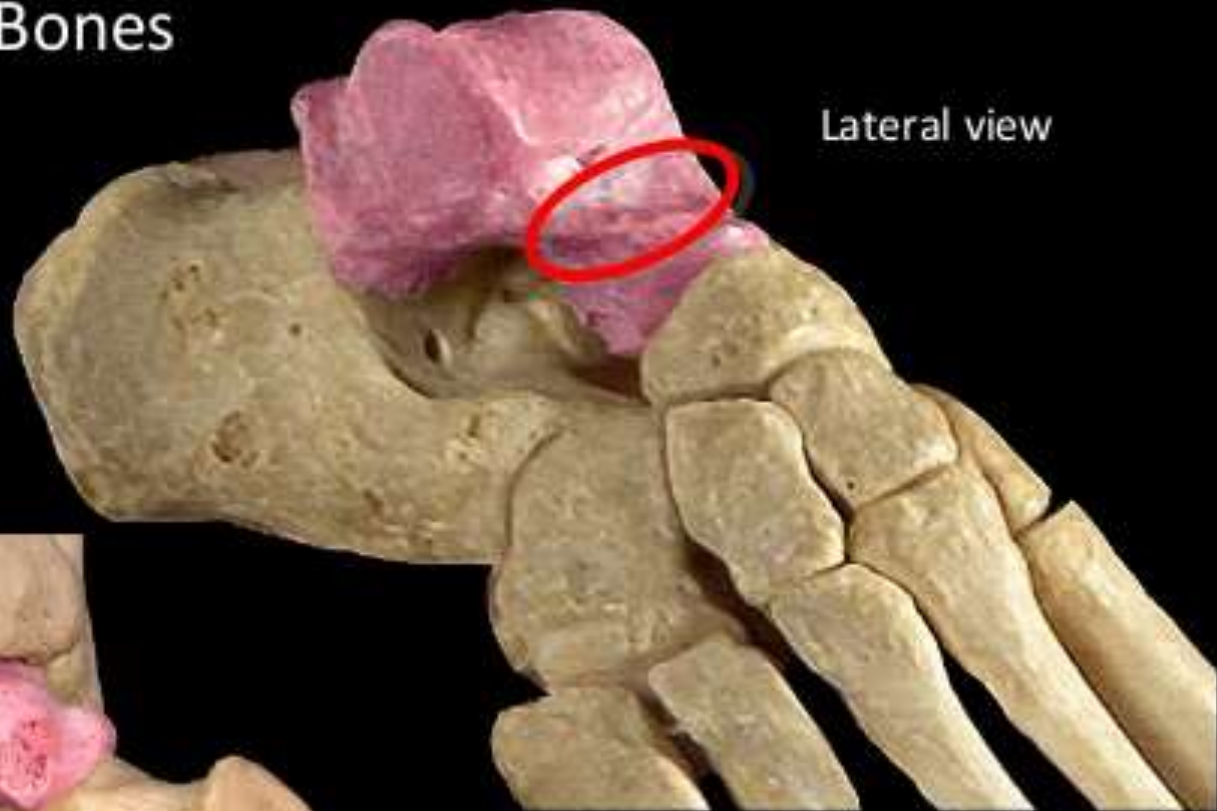
Medial view

Foot Bones

There are 7 Tarsal Bones

Talus

Has a neck

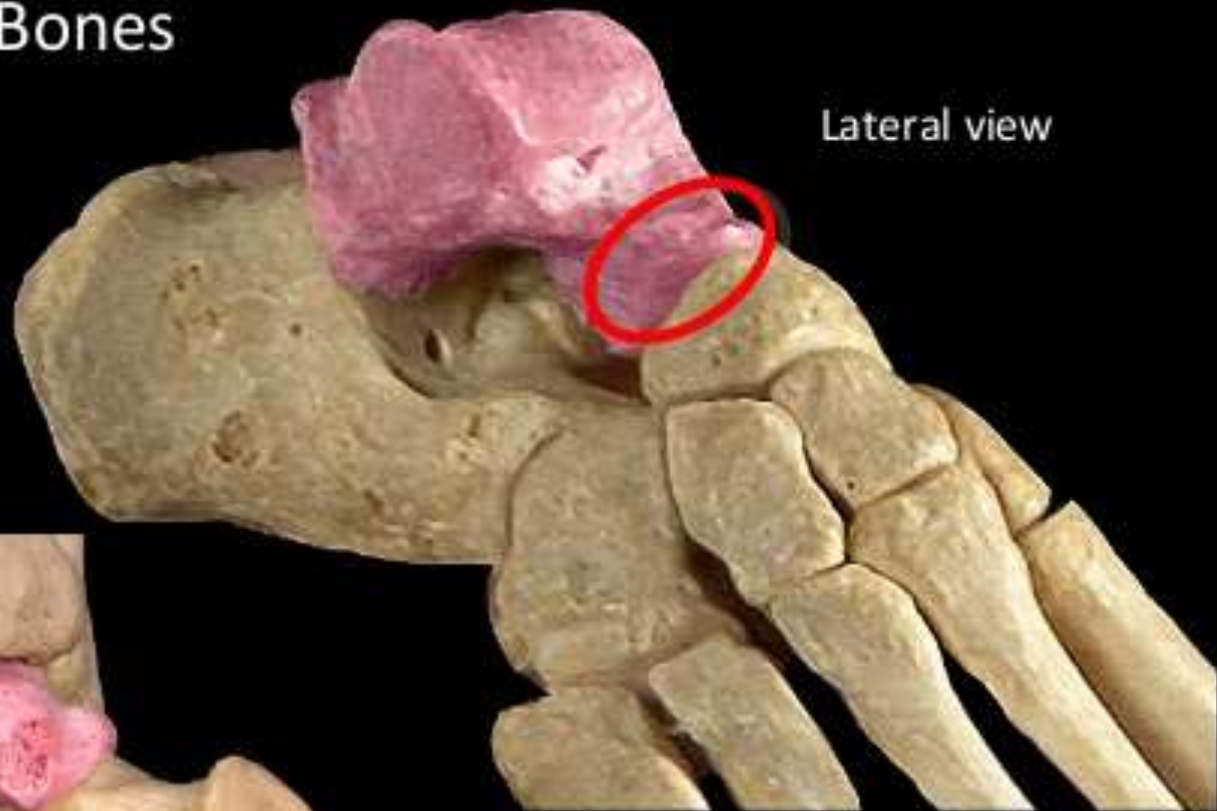


Foot Bones

There are 7 Tarsal Bones

Talus

Has a head



Foot Bones

There are 7 Tarsal Bones

Talus

No muscular attachments



Lateral view



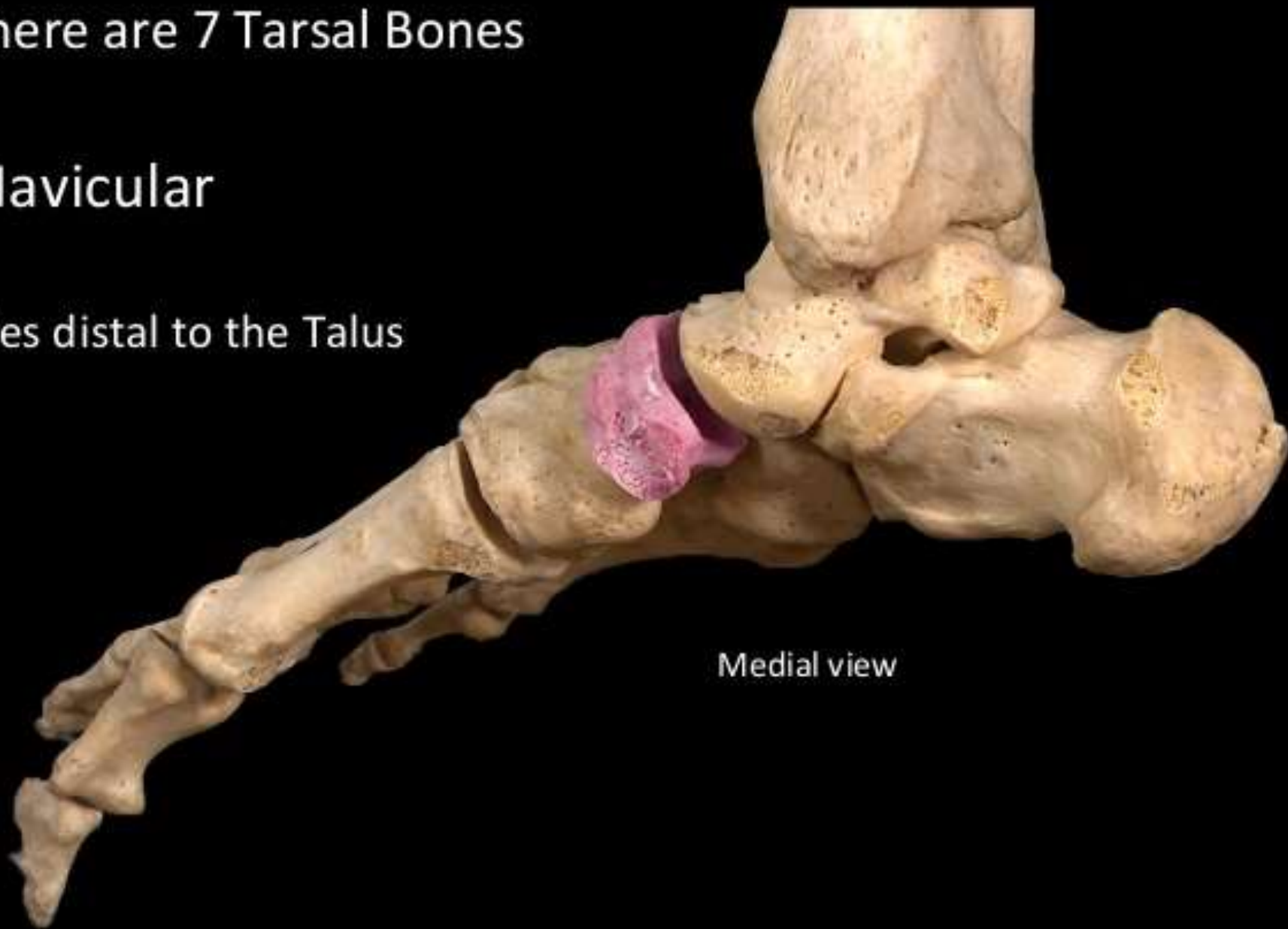
Medial view

Foot Bones

There are 7 Tarsal Bones

Navicular

Lies distal to the Talus



Medial view

Foot Bones

There are 7 Tarsal Bones

Navicular

Articulates distally with the
3 cuneiform bones



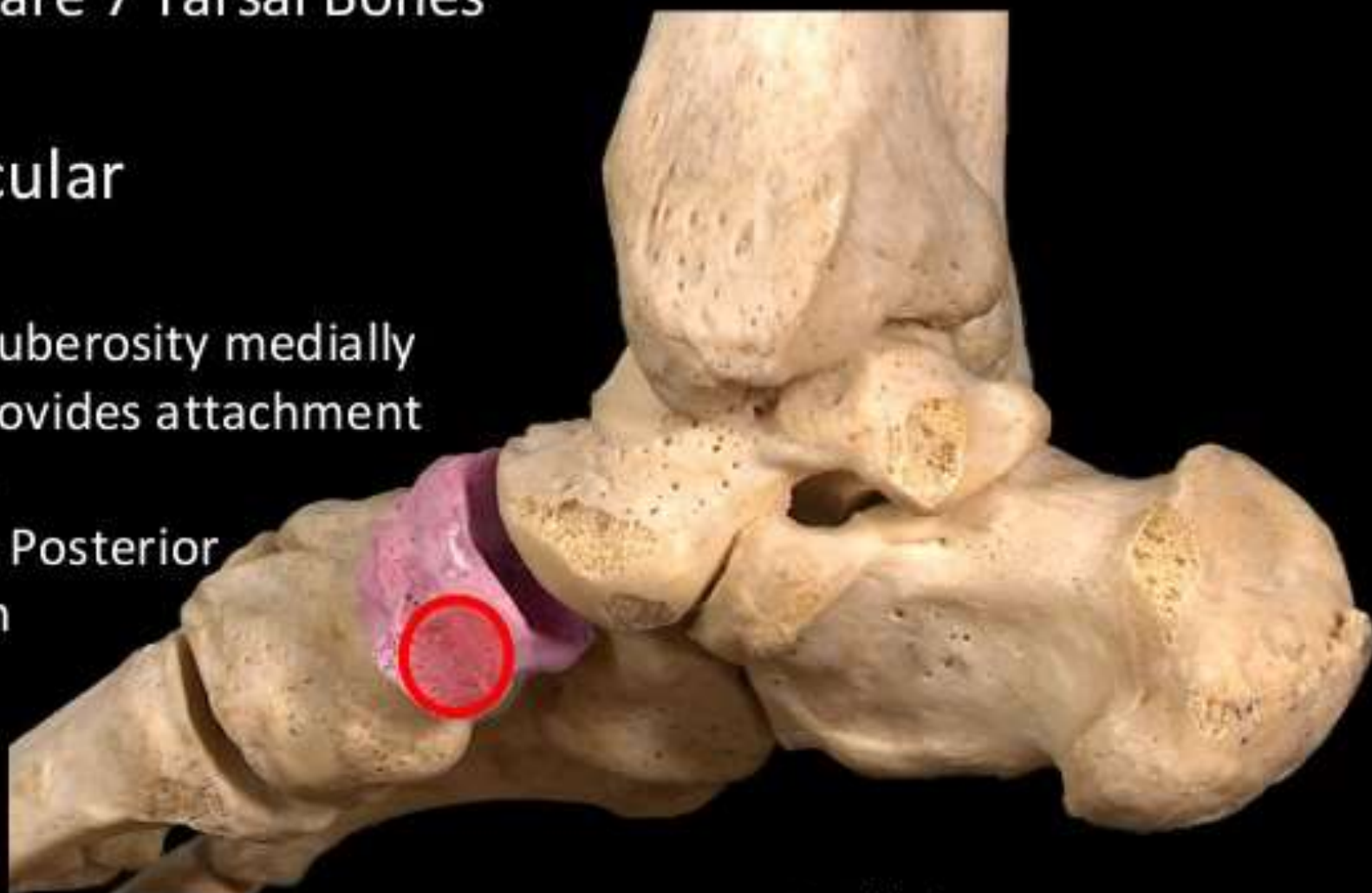
Anterior view

Foot Bones

There are 7 Tarsal Bones

Navicular

Has a tuberosity medially that provides attachment for the Tibialis Posterior Tendon



Medial view

Foot Bones

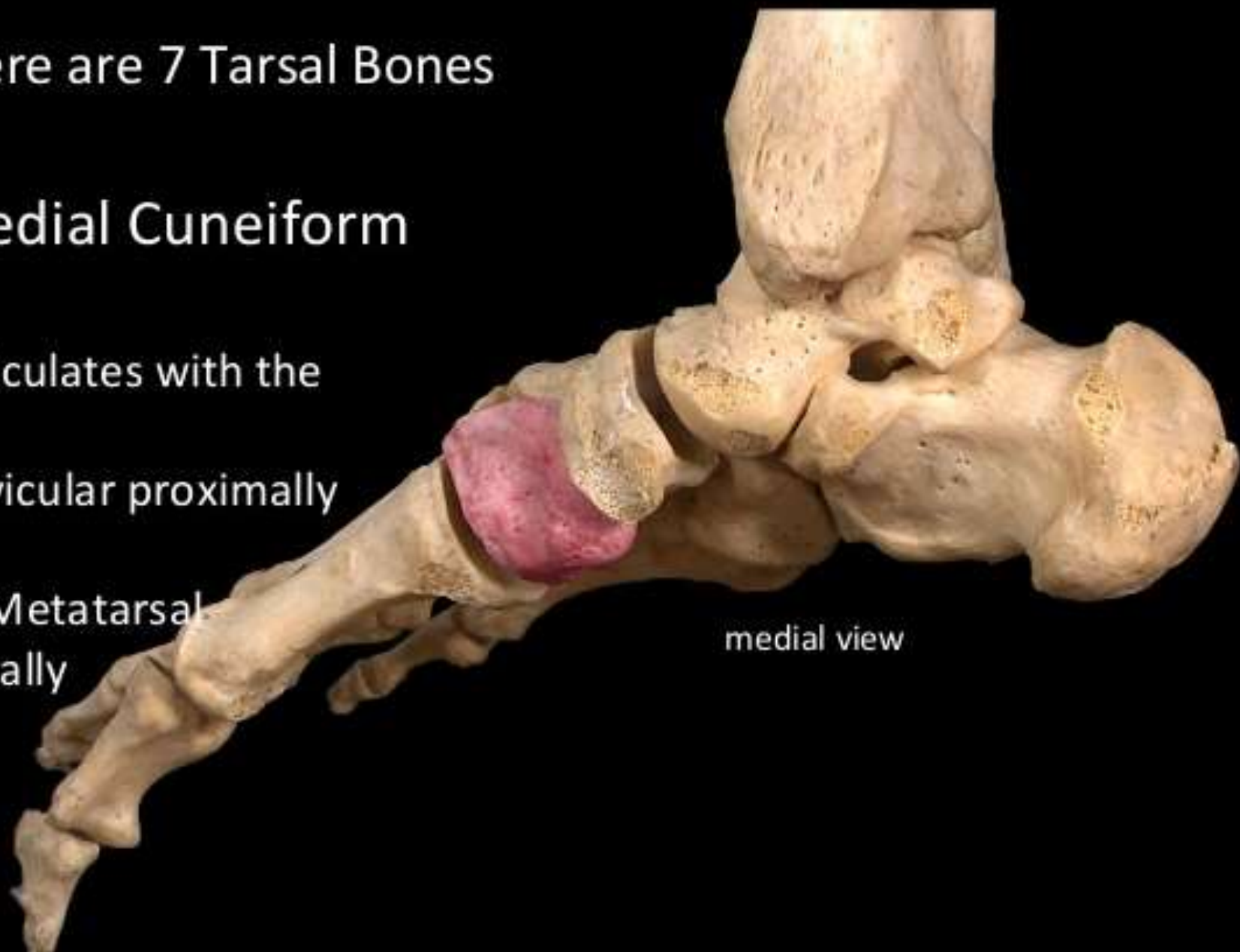
There are 7 Tarsal Bones

Medial Cuneiform

Articulates with the

Navicular proximally

1st Metatarsal
distally



medial view

Foot Bones

There are 7 Tarsal Bones

5. Middle or Intermediate
Cuneiform



Anterior view

Foot Bones

There are 7 Tarsal Bones

Middle or Intermediate
Cuneiform

Articulates with the

Navicular proximally

2nd Metatarsal distally



Lateral view

Foot Bones

There are 7 Tarsal Bones

6. Lateral Cuneiform

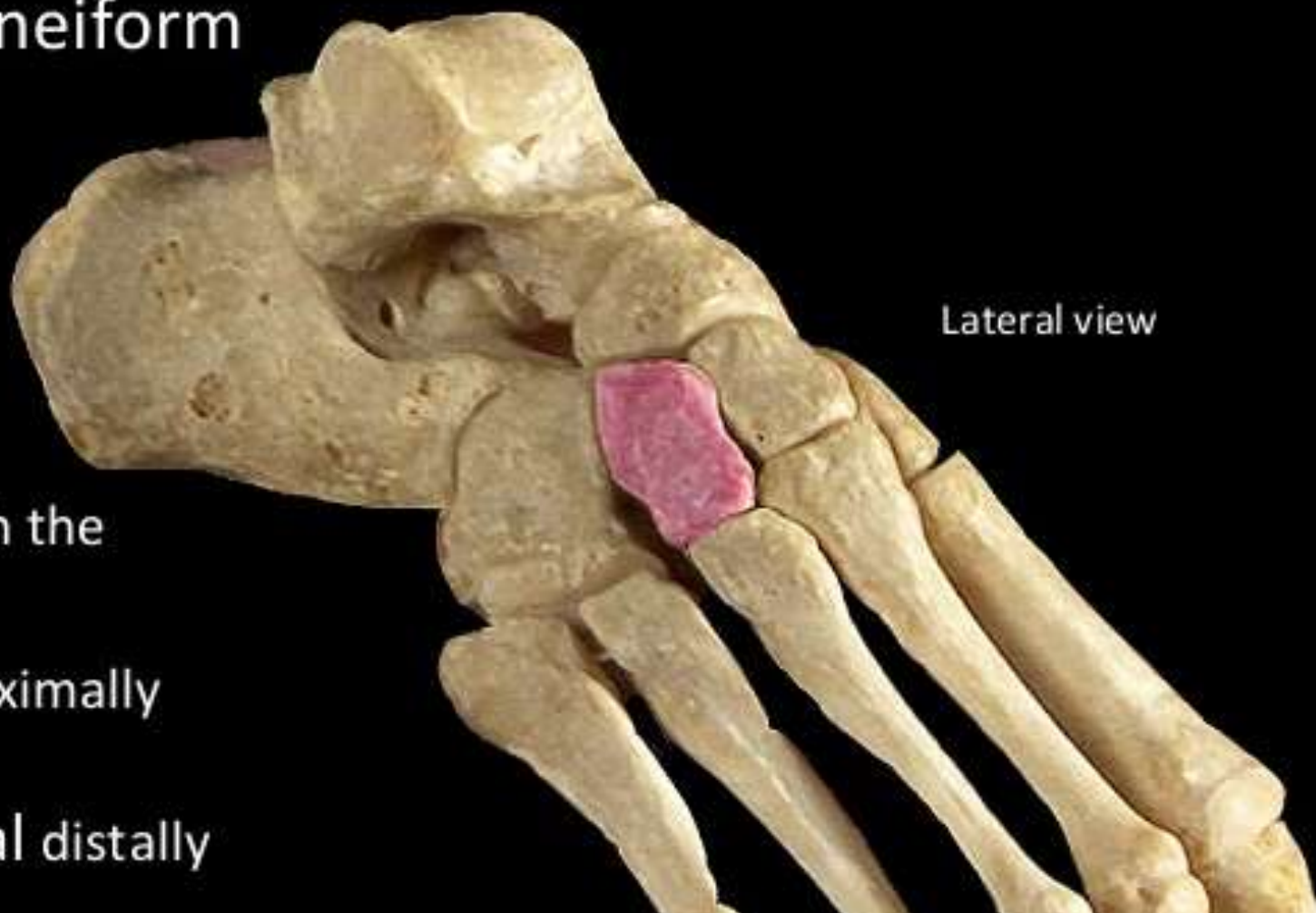


Anterior view

Foot Bones

There are 7 Tarsal Bones

Lateral Cuneiform



Lateral view

Articulates with the

Navicular proximally

3rd Metatarsal distally

oot Bones

There are 7 Tarsal Bones

7. Cuboid

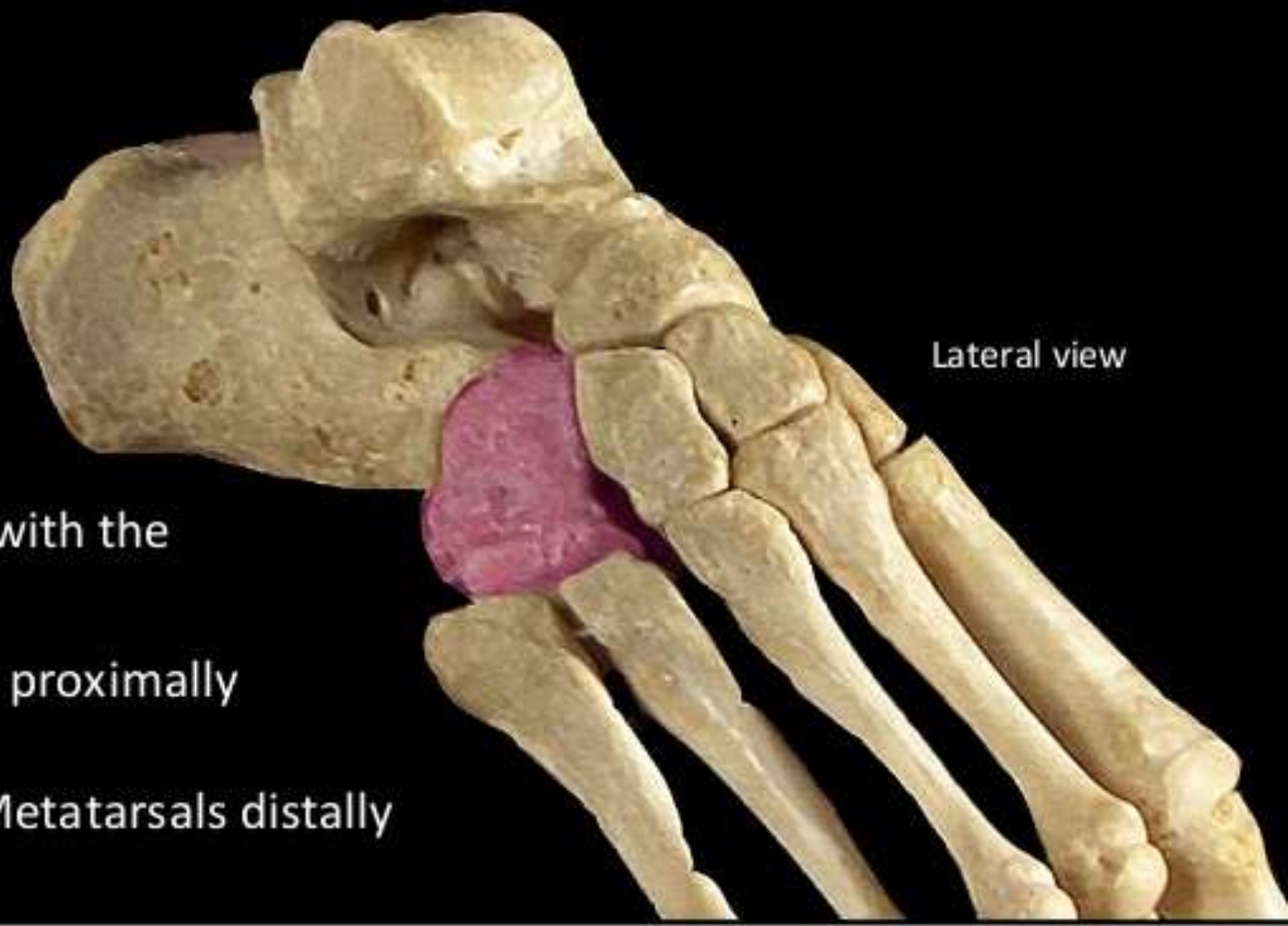


Anterior view

Foot Bones

There are 7 Tarsal Bones

Cuboid



Lateral view

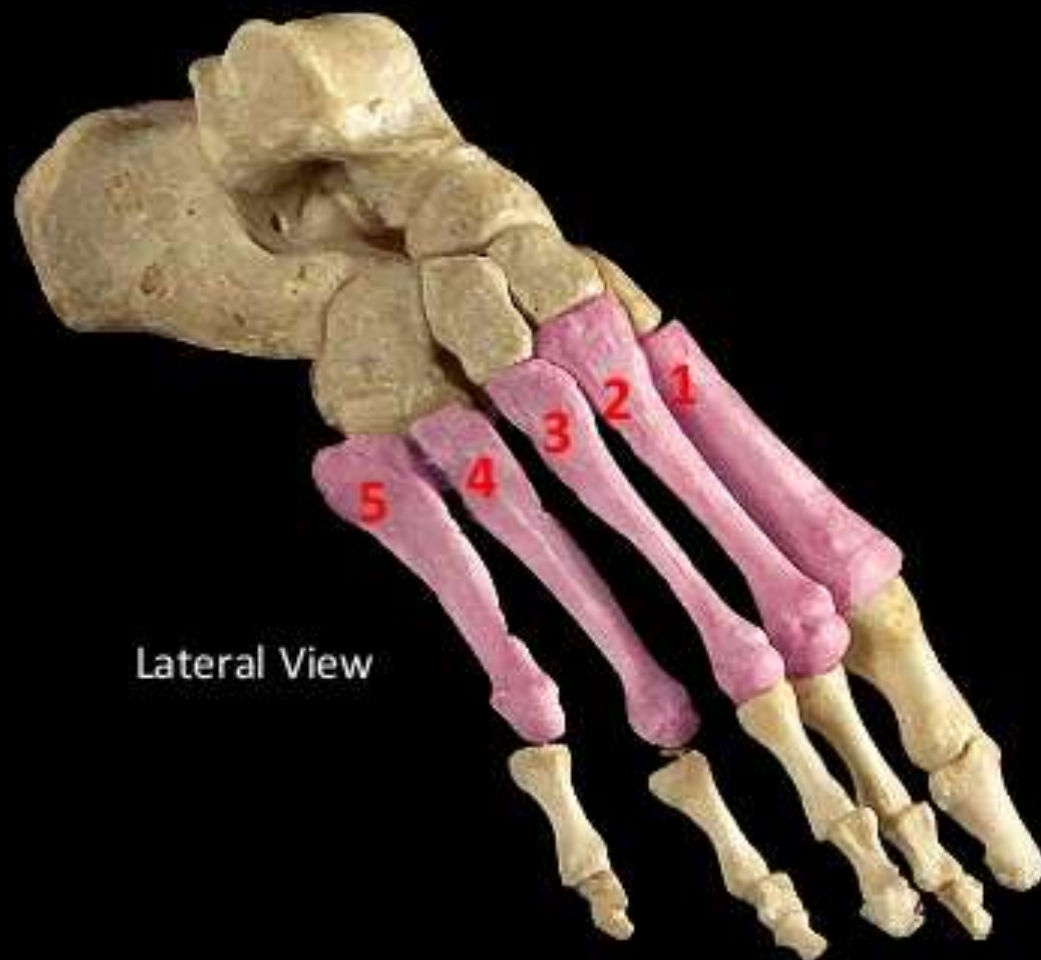
Articulates with the

Calcaneus proximally

4th and 5th Metatarsals distally

Metatarsals

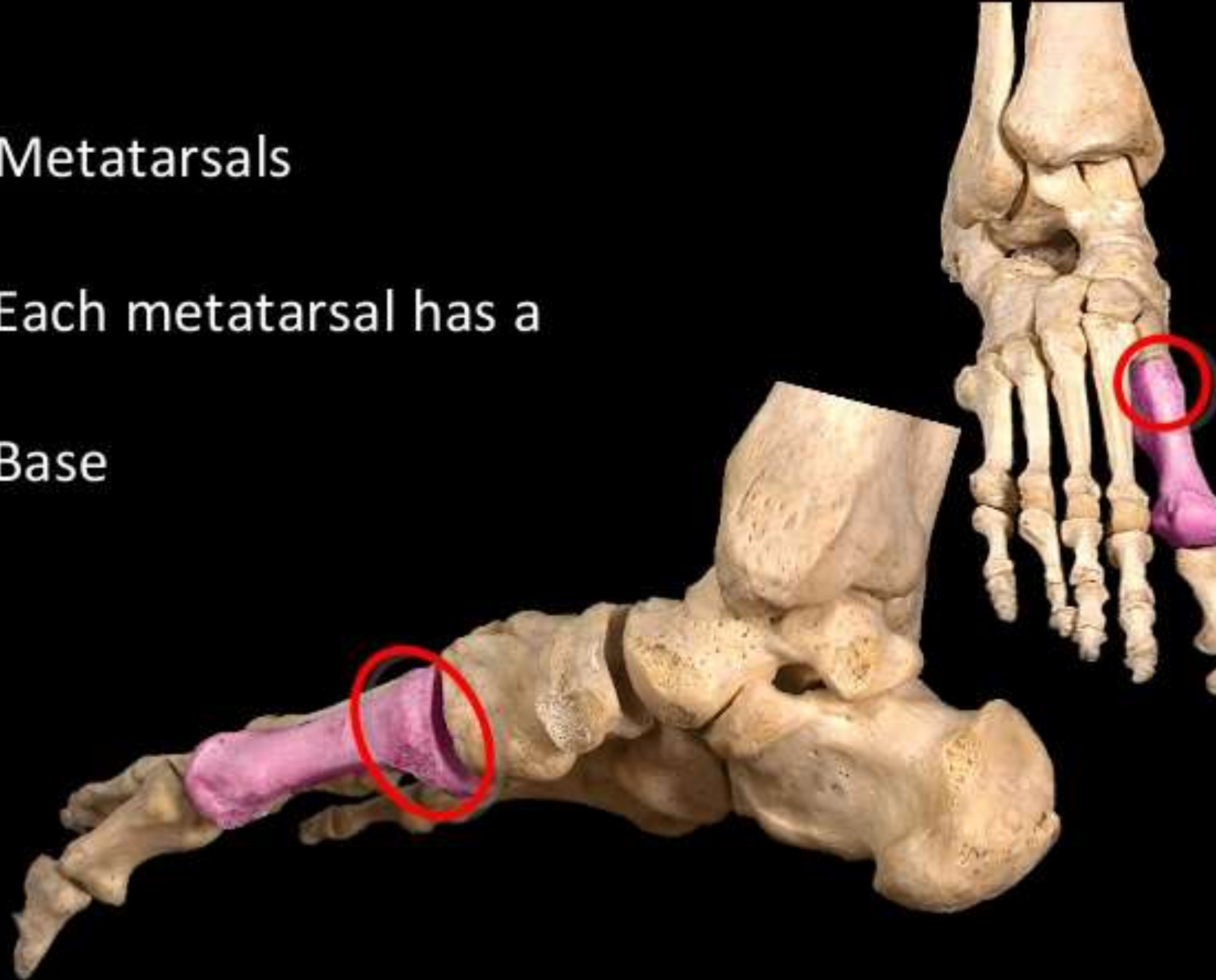
There are 5 metatarsals



Metatarsals

Each metatarsal has a

Base

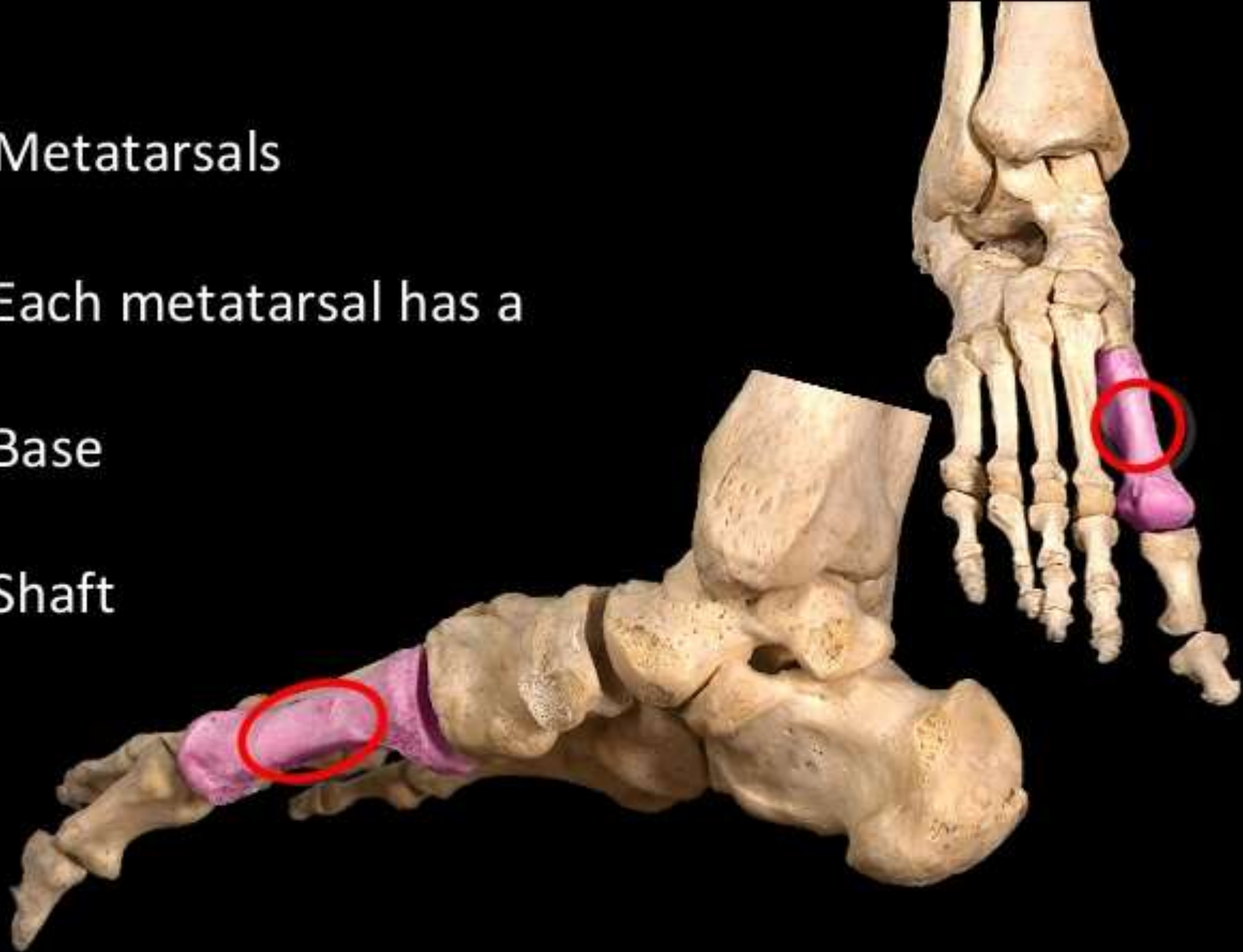


Metatarsals

Each metatarsal has a

Base

Shaft



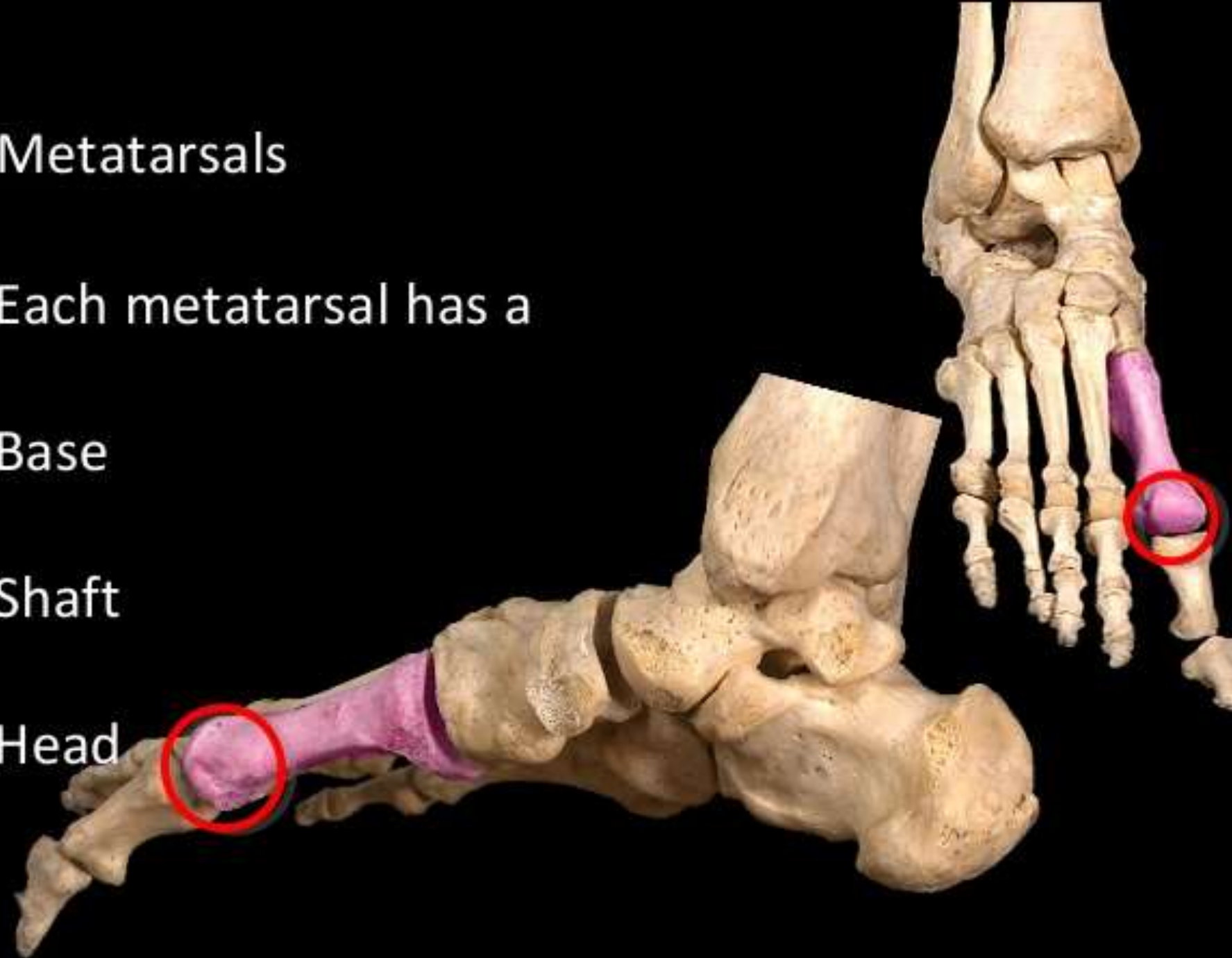
Metatarsals

Each metatarsal has a

Base

Shaft

Head



Phalanges

The Great Toe has two Phalanges

Proximal Phalanx



Phalanges

The Great Toe has two Phalanges

Distal Phalanx



Phalanges

The other toes have 3 phalanges each

Proximal Phalanges



Phalanges

The other toes have 3 phalanges each

Proximal Phalanges

Middle Phalanges



Phalanges

The other toes have 3 phalanges each

Proximal Phalanges

Middle Phalanges

Distal Phalanges



TALUS BONE FRACTURES

- Talar fractures most commonly occur in the neck of the talus (50%) but can occur in the talar body or lateral process, with those in the talar head being the least common.
- Neck fractures – typically high energy injuries, caused by excessive dorsiflexion of the foot. The neck of the talus is pushed against the tibia. In this type of fracture, the blood supply to the talus may be disturbed, leading to avascular necrosis of the bone.
- Body fractures – usually occur from jumping from a height.

CALCANEUS BONE FRACTURES

- The calcaneus is often fractured as a result of axial loading, typically from a fall from a height. These patients should be assessed for associated injuries such as fractures of the lumbar spine or lower limb.
- The bone can break into several pieces – known as a comminuted fracture. Upon x-ray, the calcaneus will appear shorter and

FRACTURES

- Even after treatment, a calcaneal fracture can cause further problems.
- The sub-talar joint is usually disrupted, causing the joint to become arthritic.
- The patient will experience pain upon inversion and eversion – which can make walking on uneven ground particularly painful.
- The calcaneo-cuboid joint can also be affected.