

GROWTH HORMONE ANTAGONISTS



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Objectives



- Enlist GH antagonists
- Describe clinical role of Octreotide in acromegaly
- Describe the
 - route of administration
 - dosage
 - adverse effects of Octreotide in acromegaly and gigantism
- Describe the mechanism of action, clinical uses, and adverse effects of Bromocriptine

GH antagonists

- Somatostatin analogs
 - ▣ Octreotide
 - ▣ lanreotide
- Dopamine receptor agonists
 - ▣ Bromocriptine
 - ▣ cabergoline
- GH receptor antagonist
 - ▣ pegvisomant



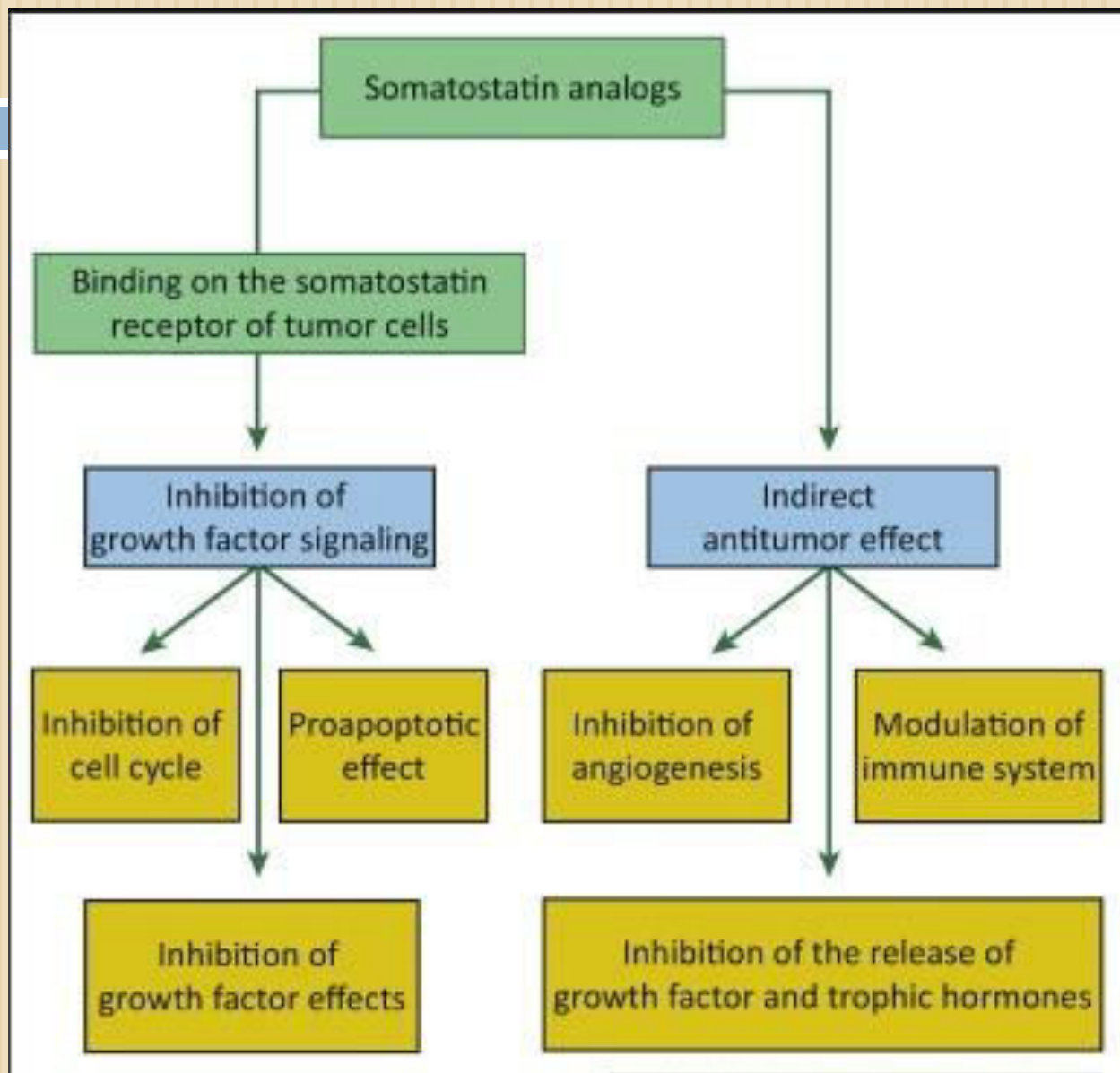
Somatostatin

- Somatostatin 14 amino acid peptide
- Found in hypothalamus, in GIT, pancreas
- Inhibit release of GH, Glucagon, Insulin, gastrin
- Somatostatin Rapidly cleared from circulation
- Half life 1-3min
- Metabolized and excreted via kidney

Octreotide



- Somatostatin analog
- Longer acting
- 45times more potent than somatostatin for inhibiting GH
- Only 2times potent than somatostatin in inhibiting insulin release so reduced chances of hyperglycemia during Octreotide treatment
- **Octreotide dosage;**
 - 50-200mcg subcutaneously 8 hourly
- **Other indication of Octreotide are**
 - Hormone secreting tumors carcinoid ,glucaganoma, gastrinoma etc
 - Diabetic diarrhea
 - Variceal bleed

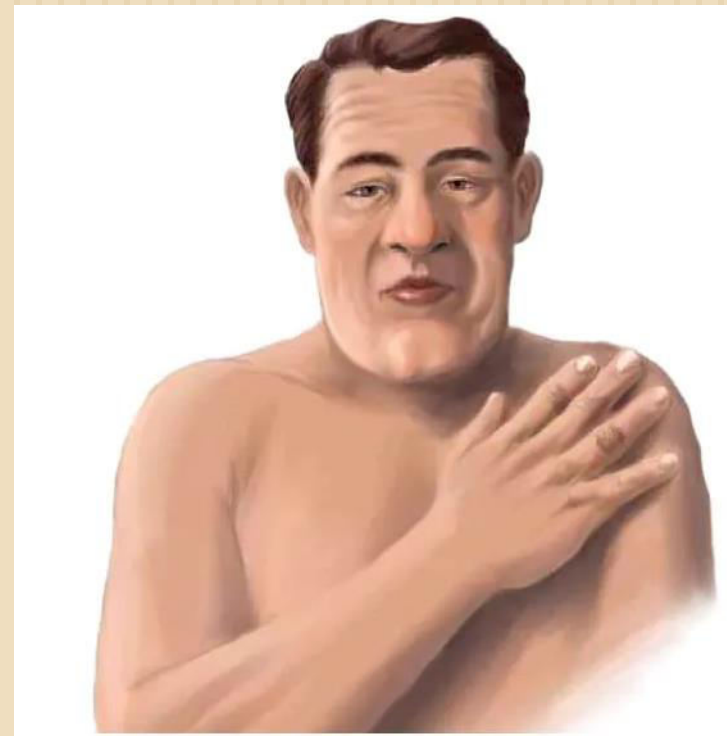


Octreotide acetate

- Octreotide acetate
- slow release microsphere formulation
- Alternate gluteus muscle at 4week interval
- Doses of 20-40mg
- Given only when efficacy of Octreotide is proven by short acting formulation beforehand

Lanreotide

- Octapeptide somatostatin analog
- Long acting formulation
- FDA approved
- Once every 4 week
- Subcutaneous route

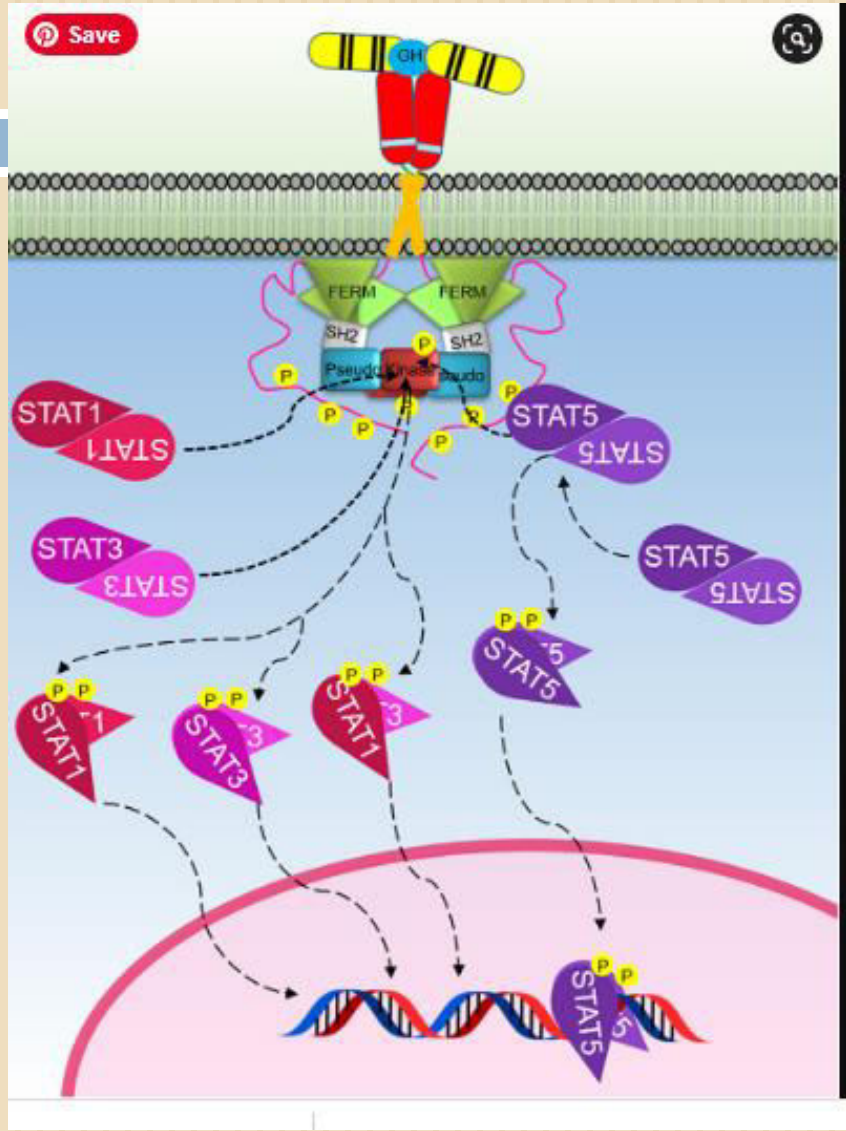


Adverse effects somatostatin analog

- Nausea vomiting, abdominal cramps, flatulence, steatorrhea, bulky bowel moments
- Biliary sludge, gallstone, gall bladder stasis
- Sinus bradycardia, and conduction disturbances
- Pain at site of injection
- Vitamin B 12 deficiency fat soluble vitamin

Pegvisomant

- GH receptor antagonist
- Used to treat acromegaly
- It is polyethylene glycol (PEG) derivative of a mutant GH, B2036
- which has increase affinity for one site of GH receptor but reduced affinity for second binding site
- Allows dimerization of receptor but blocks conformational changes required for signal transduction.
- Less potent than GH B2036 but reduced clearance due to pegylation increases its overall effectiveness
- Given subcutaneously



Bromocriptine



- Dopamine receptor agonists
- Ergot derivatives
- High affinity for D2 receptor
- Suppress prolactin release very effectively
- Although GH release is reduced in acromegaly but not as effectively
- Oral preparation
- Pessary form available

Bromocriptine Clinical Uses

- Prolactinoma
- Parkinson's disease
- To suppress lactation (now discouraged)
- Acromegaly
 - 20-30mg per day
 - Seldom response adequately
 - Used alone or in combination with other modality of treatment
 - Pituitary surgery
 - Radiation therapy
 - Octreotide



Toxicity adverse effects Bromocriptine

- Nausea, headache, lightheadedness
- Orthostatic hypotension, fatigue
- Psychiatric manifestation even with small doses takes longer to resolve
- Ergot derivative at high dose may cause cold induced peripheral vasospasm
- Vaginal prep causes local irritation
- Postpartum ladies may cause stroke or coronary thrombosis for suppressing lactation

Thanks

Any query ?