APPROACH TO MSK X-RAYS

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► First line in Imaging technology.

► Inexpensive



► Specific



SIGNIFICANCE

Detection of fractures.

- Detection of periosteal reaction secondary to tumors and infection.
- Essential modality for evaluation of bone tumors.
- Screening for degenerative diseases.
- Detection of soft tissue gases and calcifications.

Approaching the X-ray film

Patient and Image details

- Date of examination
- Correct image/view (AP and Lateral)

Exposure

- ► Side (R/L)
- Identify the bone

WHAT TO LOOK FOR?

Bone and joint alignment

- Joint spacing
- Cortical outline

Bone texture



BONE ANATOMY

- Long bones comprise diaphysis, metaphysis and epiphysis.
- The growth plate separates the metaphysis from the epiphysis until fusion in adult life.
- A sesamoid is a bone that ossifies within a tendon.
- An apophysis is a normal bony outgrowth of a bone.





CORTEX VS MEDULLA



JOINT ANATOMY





BONE AND JOINT ALIGNMENT





JOINT SPACING





CORTICAL OUTLINE





BONE TEXTURE





SOFT TISSUES





SUBCUTANEOUS EMPHYSEMA





ALWAYS COMPARE WITH NORMAL





COMPARE WITH OLD X RAYS





LOOK FOR UNEXPECTED





TWO VIEWS



ARTIFACTS



BONE DENSITY



FRACTURE DISCRIPTION

- Anatomic location
- Identify the bone
- Side of the bone (right/left)
- Exact location of the fracture (epiphyseal, diaphyseal, metaphyseal, proximal or distal)
- Fracture pattern
- Relationship of fracture fragments

► LOCATION

Proximal, Middle or Distal Shaft



OPEN/CLOSED

▶ With Respect to involvement of overlying skin.





► <u>COMPLETE/INCOMPLETE</u>

With Respect to Extension Across the width of the bone





FRACTURE PATTERN



RELATIONSHIP OF FRACTURE FRAGMENTS

- Abnormalities of position describe the relationship of the distal fragment relative to the proximal fragment.
- Displacement
- Angulation
- Shortening



DISPLACEMENT

Lateral displacement of the distal fracture fragment.



SHORTENING

Overlapping of the ends of fracture fragments







► <u>IMPACTION</u>

- A fracture in which the ends of bones are driven into one another (common in children)
- "Also known as buckle fracture."







► JOINT DISLOCATION

 Articular surfaces are completely separated



SUBLUXATION

 Partial Contact Between the articular surfaces



► <u>AVULSION</u>

 Separation of the bone fragment at the ligament or tendinous attachment



► TRANSVERSE/OBLIQUE/SPIRAL



COMMINUTED FRACTURE

More then 2 separate bone fragments



PATHOLOGICAL FRACTURE



