

PSYCHIATRY

1. Which one of the following indicates lithium toxicity?

- a. Coarse tremor
- b. Polyuria
- c. Vomiting
- d. T-wave inversion on the EGG
- e. Hypothyroidism

2. A 19-year-old boy presents to the psychiatrist for the 1st time with a firm and unshakable belief that he is being followed by terrorists who are plotting against him. What is the single best term for this man's condition?

- a. Delusion of persecution
- b. Delusion of grandeur
- c. Delusion of control
- d. Delusion of reference
- e. Delusion of nihilism

3. A 65 years old woman says she died 3 months ago and is very distressed that nobody has buried her. When she outdoors, she hears people say that she is evil and needs to be punished. What is the most likely explanation for her symptoms?

- a. Schizophrenia
- b. mania
- c. Psychotic depression
- d. Hysteria
- e. Toxic confusional state

4. A 32 years old man has obsessive compulsive disorder. What is the best treatment option for him?

- a. CBT b. SSRI c. TCA
- d. MAO inhibitors
- e. Reassurance

5. You are asked to see a 48-years-old obese lady in the outpatient department. She has a recent diagnosis of type 2 diabetes as well a long standing diagnosis of schizoaffective disorder. Which one of the following medications is most likely to be significantly contribution to her weight gain?

- a. Haloperidol
- b. Olanzapine
- c. Fluoxetine
- d. Zopiclone
- e. Carbamazepine

6. Which of the following is more likely to indicate depression in older people compared with a younger age group?

- a. Suicidal thoughts
- b. Hypochondriasis
- c. Loss of Interest or pleasure in things
- d. Poor self-care
- e. Insomnia

7. The drug of choice for obsessive compulsive disorder is:

- a. Benzodiazepine
- b. Tricyclic ANITI depressants
- c. Selective reuptake inhibitors (SSRI)
- d. Quinolones
- e. Penicillin

8. Drug of choice for biolpolar disorder is:

- a. Lithium
- b. Amiodarone
- c. Tri cyclic anti depressive
- d. Ant convulsants
- e. Benzodiazepines

9. A young student is seen by dermatologist with severe dermatitis of his hands. He has been frequently washing his hands with strong antiseptic solutions 10 times a day. He believes they are not clean. This is compatible with diagnosis of:

- a. Depression
- b. Bipolar disorder
- c. Mania
- d. Obsessive compulsive behavior
- e. Schizophrenia

10. The following conditions can mimic anxiety disorder:

- a. Hyperthyroidism
- b. Pheochromocytoma
- c. Paroxysmal arrhythmia
- d. Hypoglycemia
- e. All of them

11. A patient is brought with a history of disorganized behavior, running away from home, burning things and trying to undress herself. On examination, you find that her limbs can be moved in awkward position very easily and that position is maintained. This sign is called:

- a. Negativism
- b. Automatic obedience
- c. Echolalia
- d. Echopraxia
- e. Waxy flexibility

12. In clinical practice it is often difficult to differentiate between obsession and delusion. Which of the following indicates that the patient suffers from obsessive-compulsive disorder rather than delusional disorder?

- a. Better occupational functioning
- b. The thought content is less bizarre
- c. No other psychotic phenomenon as hallucinations
- d. The patient believes that the origin of thoughts is from outside his/her own mind
- e. The patient tries to resist his thoughts

13. Which of the following electrolyte abnormalities is associated with bulimic patients?

- a. Metabolic acidosis
- b. Metabolic alkalosis
- c. Respiratory acidosis
- d. Respiratory alkalosis
- e. Normal electrolytes

14. A 33-years-old female returned to work after having second child. She is having difficult in concentrating because she keeps wondering if her child is okay and whether or not he is adjusting well to her night, she has difficult time falling asleep and constantly worries about everything. What is the condition she suffering from?

- a. Acute stress disorder
- b. adjustment disorder with anxiety
- c. Post traumatic stress disorder
- d. Generalized anxiety disorder
- e. Obsessive compulsive disorder

15. A 45-years-old man with a 20-year history of drinking about 15 unite of alcohol every day decides to stop drinking. It makes a clean break and stops suddenly. Three days later his wife brings him to the emergency department because he agitated and disoriented, he says that he can see small animals or insects coming menacingly towards him. He has marked tremors, sweating, tachycardia and pyrexia. What is the diagnosis?

- a. Meningitis
- b. Catatonic schizophrenia
- c. Delirium tremens
- d. Drug abuse in addition to alcohol
- e. Derealization

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18. A thin 18years-old girl has bilateral parotid swelling with thickened calluses on the dorsum. What is the single most likely diagnosis?

- a. Bulimia nervosa
- b. Cl esterase deficiency
- c. Crohn's disease
- d. Mumps
- e. Sarcoidosis

1.A	2.A	3.C	4.B	5.B	6.B
7.C	8.A	9.D	10.E	11.E	12.E
13.B	14.B	15.C	16.B	17.B	18.A