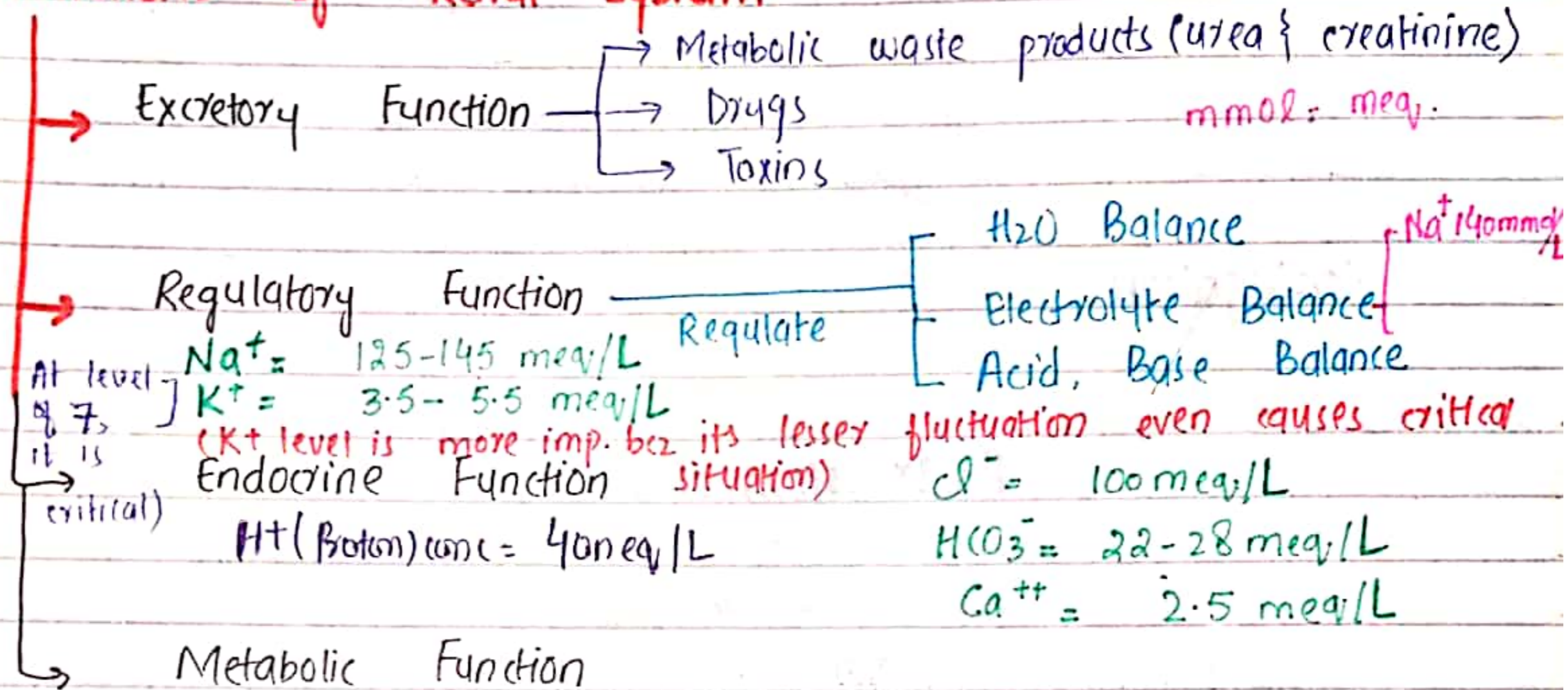


\* Gold Standard (Test) for Renal Function is Creatinine Test

## RENAL SYSTEM- RENAL PHYSIOLOGY

### Functions of Renal System:



\* When renal failure occurs, urea & creatinine both level high, but urea can also be increased in blood irrespective of kidney even if its function is ok. So, it means only creatinine test is standard for kidney function.

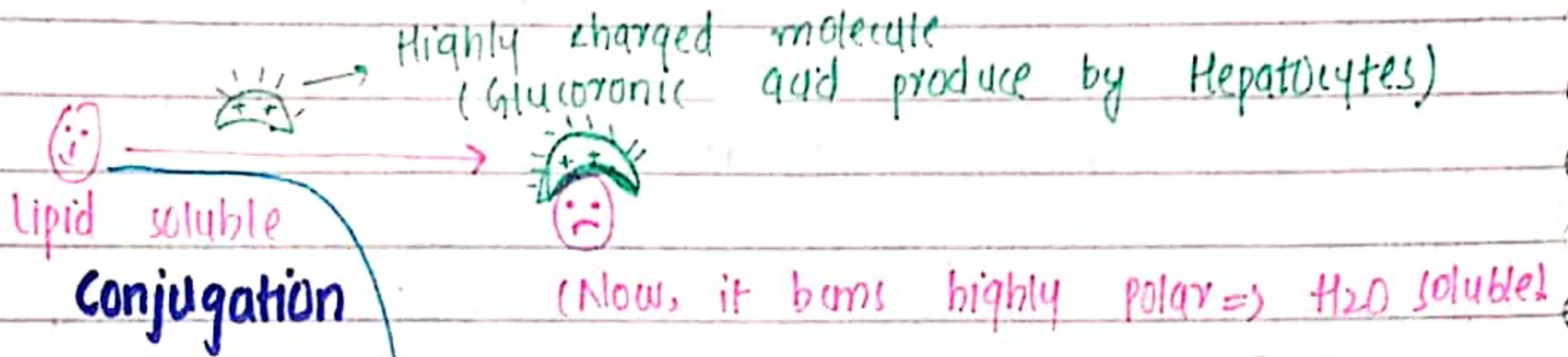
\* Any substances which passes through the kidney must be water soluble. Nephron is made of epithelial cells. Each kidney comprises 1 million Nephrons in both kidneys ⇒ 2 millions + Nephrons.

\* Lipid soluble substances can pass through the biological membrane (mucosal membrane of GIT, blood brain barrier, & placental membrane)

\* Drugs, hormones (lipid soluble substances) do not pass through the Hepatobiliary & renal system bec they get absorbed by its membrane. That's why,



we should need to convert lipid soluble substances into the H<sub>2</sub>O soluble. so, that they can pass through urine.



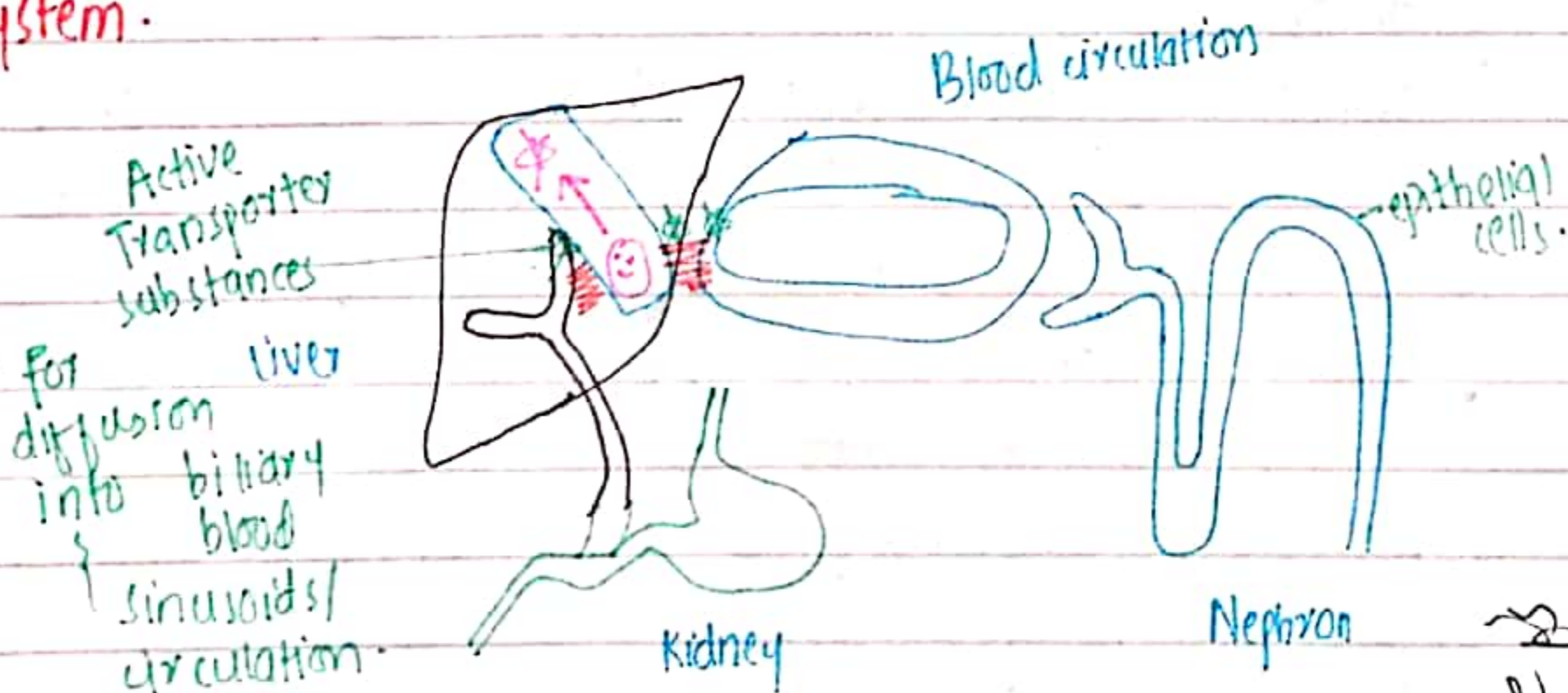
**BioTransformation** (conversion of molecule in biological membrane into another molecular structure)

(when drug passes through the Hepatocytes, its charge component moves out & it becom polar)

Bio Transformation I: Molecule expose their charged part

Bio Transformation II: charged molecule attached with it.

\* When the lipid soluble substance convert into the H<sub>2</sub>O soluble in Hepatocytes, cannot diffuse easily needs active transporter for diffusion into biliary system & circulatory system.



# My change is



\* Iron is absorbed at entry point (GIT) while the other extra moved through fecal matter.

### Endocrine function of Kidney:

(group of cells which produces the substance entering the blood and altering the biological function of another group of cells)

→ Erythropoietin

→ Renin  
convert Angiotensin I → II

→ Prostaglandins  
(Vasodilator)

\* Juxtaglomerular apparatus produces Renin.

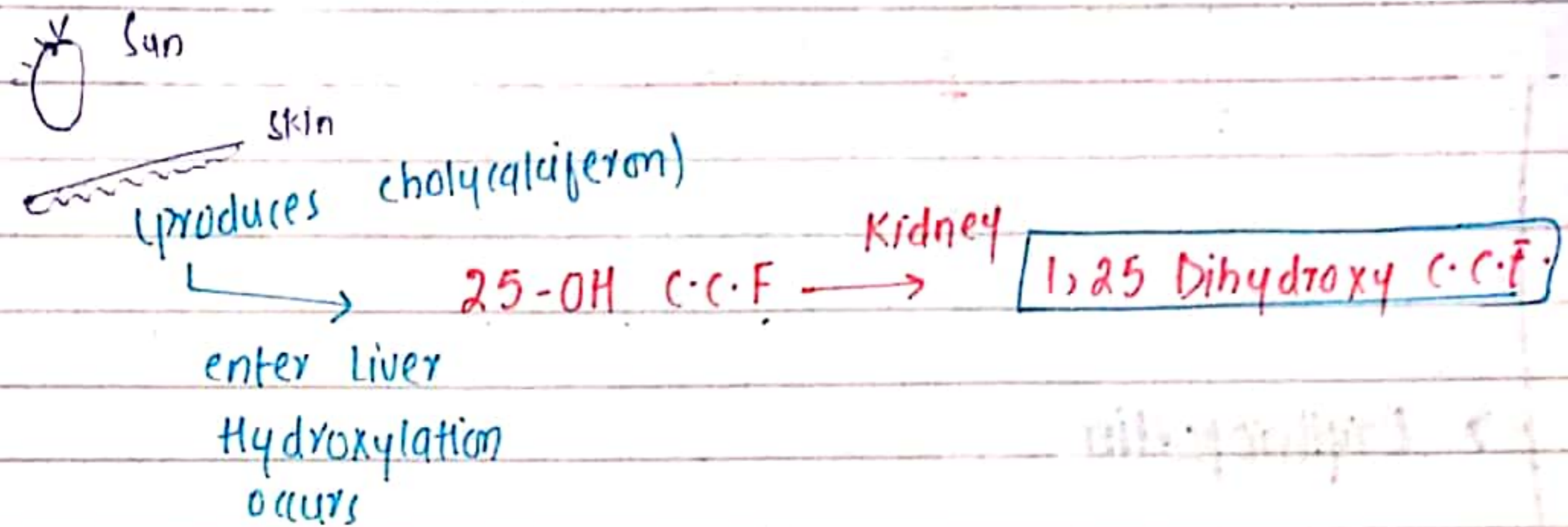
\* Capillaries around P.C.T & D.C.T are Peritubular capillaries containing Endothelial cells which produces Erythropoietin.

→ form by the modified Renal cells (macula densa) and modified vascular cells (Palkisin) (of afferent vessels) collectively called Juxtaglomerular apparatus.



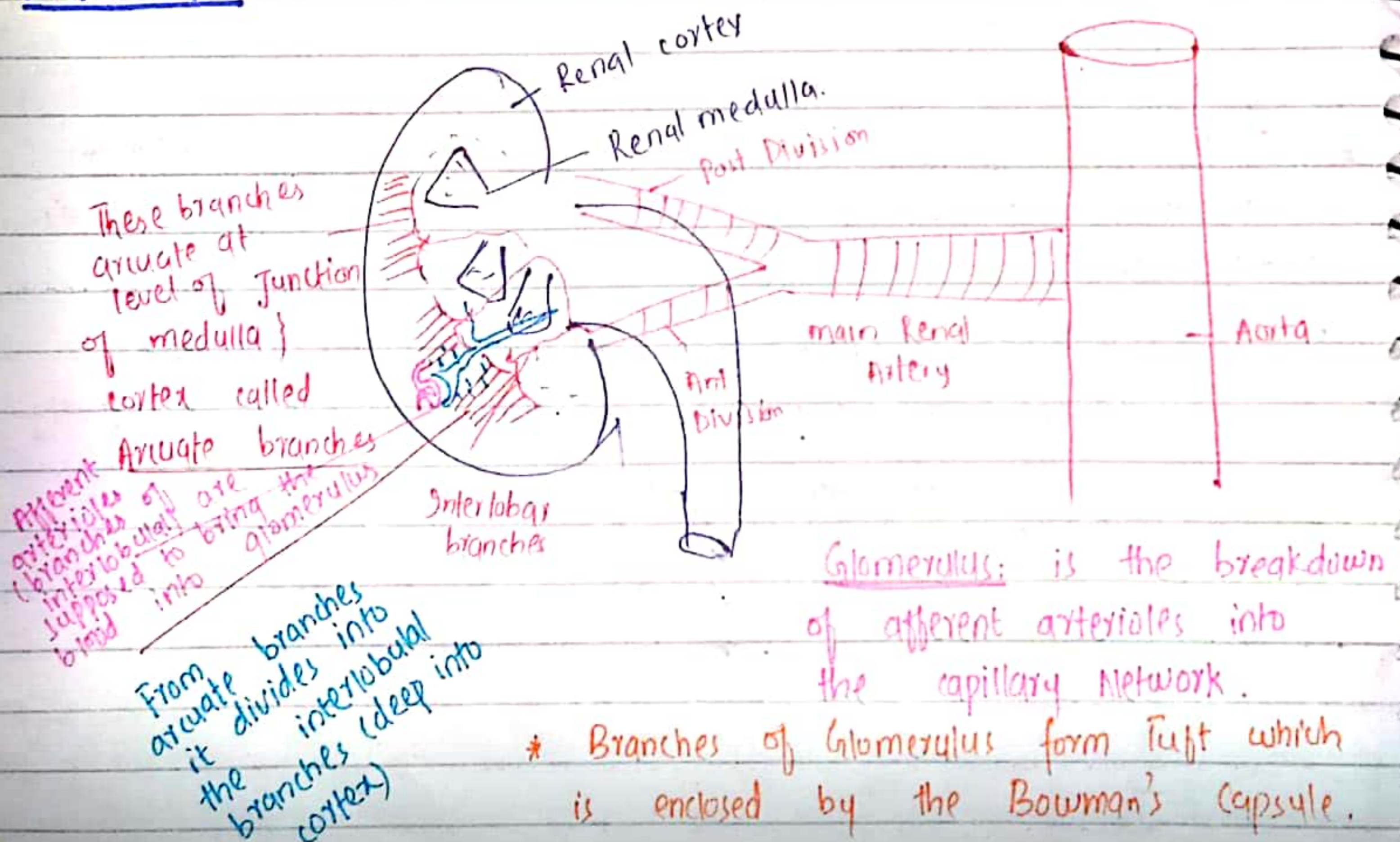
## Metabolic Function of Kidney:

convert Inactive Vit. D  $\rightarrow$  Active Vit. D.



\* Proximal convoluted Tubular cells have  $\alpha$ -hydroxylase enzymes which convert 25-OH C.C.F. into 1,25 Dihydroxy C.C.F. Parathyroid Hormone act on these cells to produce  $\alpha$ -Hydroxylase enzymes.

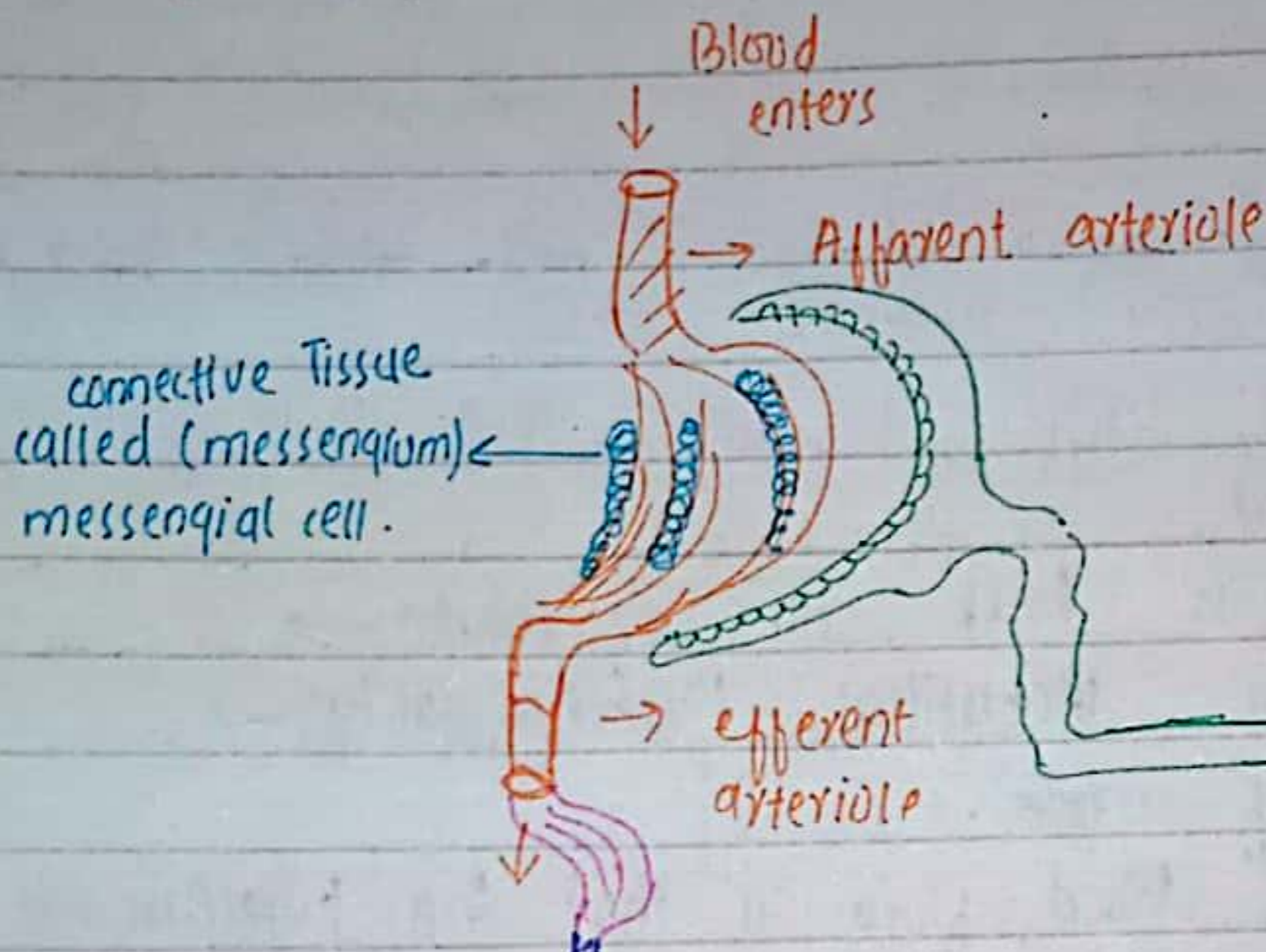
## Lecture #2





\* Glomeruli which forms near the junction of cortex & medulla are **Juxtamedullary Glomeruli**. which are only **10-15%**.

\* Glomeruli which form away from the junction are **cortical Glomeruli** which are **80-90%**.



Efferent arteriole will break down into the **capillary network** but here it drain into the **True veins** called **peritubular network** surrounded by **P.C.T** as well as **D.C.T**.

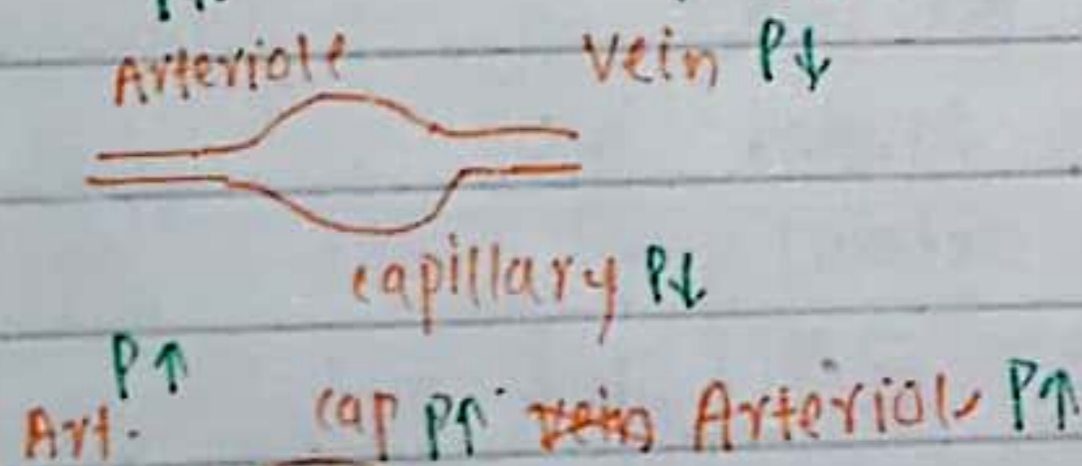
\* Substances which are filtered from glomerular capillary network are reabsorbed into peritubular capillary network like glucose

→ **1** Affluent arteriole makes 10-15 loops of capillaries forming **glomerulus**.

\* Usually In capillary network, one side having arteriole & the other side having vein but here is unique at **both sides** of the capillary network is the **arteriole**.

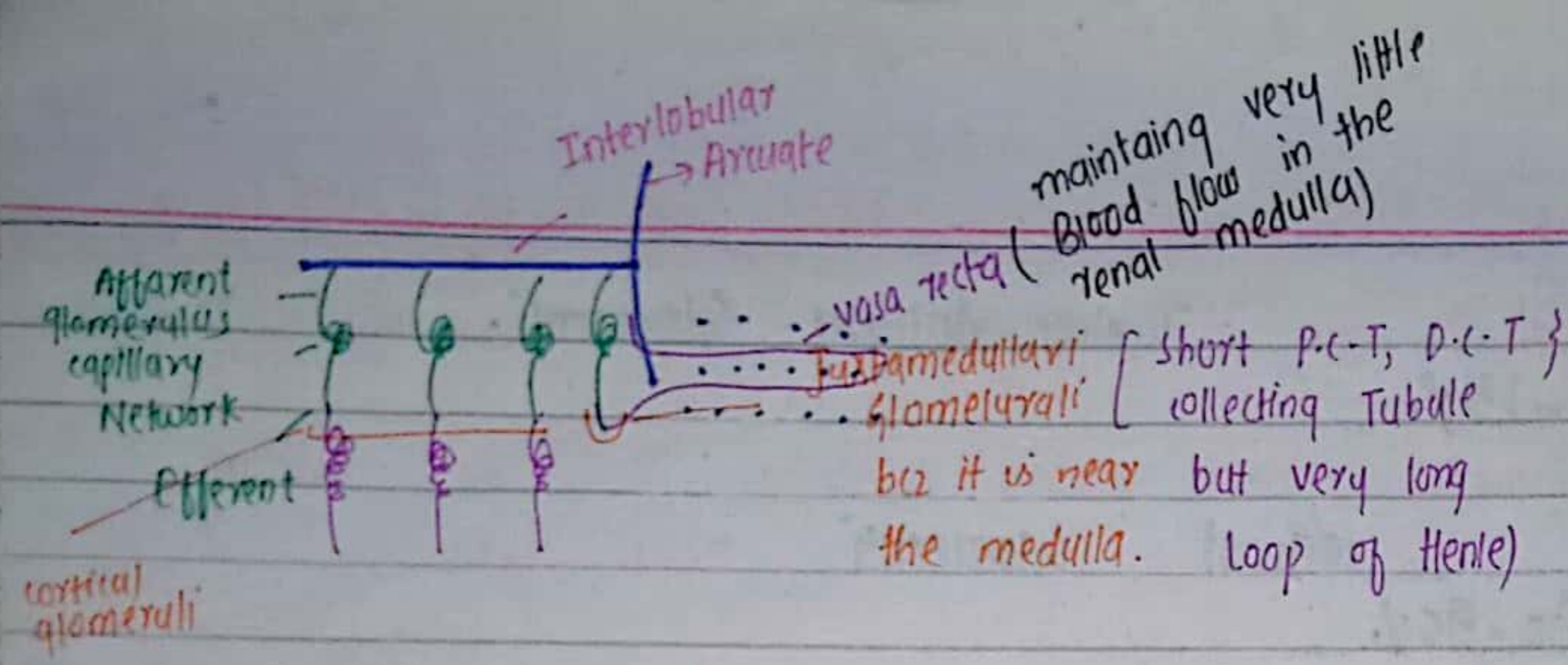
\* Glomerulus capillary is high pressure system bcz of arteriole having also high filtration system.

Venules are low-pressure system while arterioles are high-P system bcz arterioles are high constricted



→ Cortical structure of Nephron is provided by the **2 capillary networks**. **Glomerulus** & **Peritubular Network**.





\* Efferent arterioles from the cortical glomeruli breakdown into peritubular capillary network while in juxtamedullary it does not break & form long loop of capillaries called vasa recta.

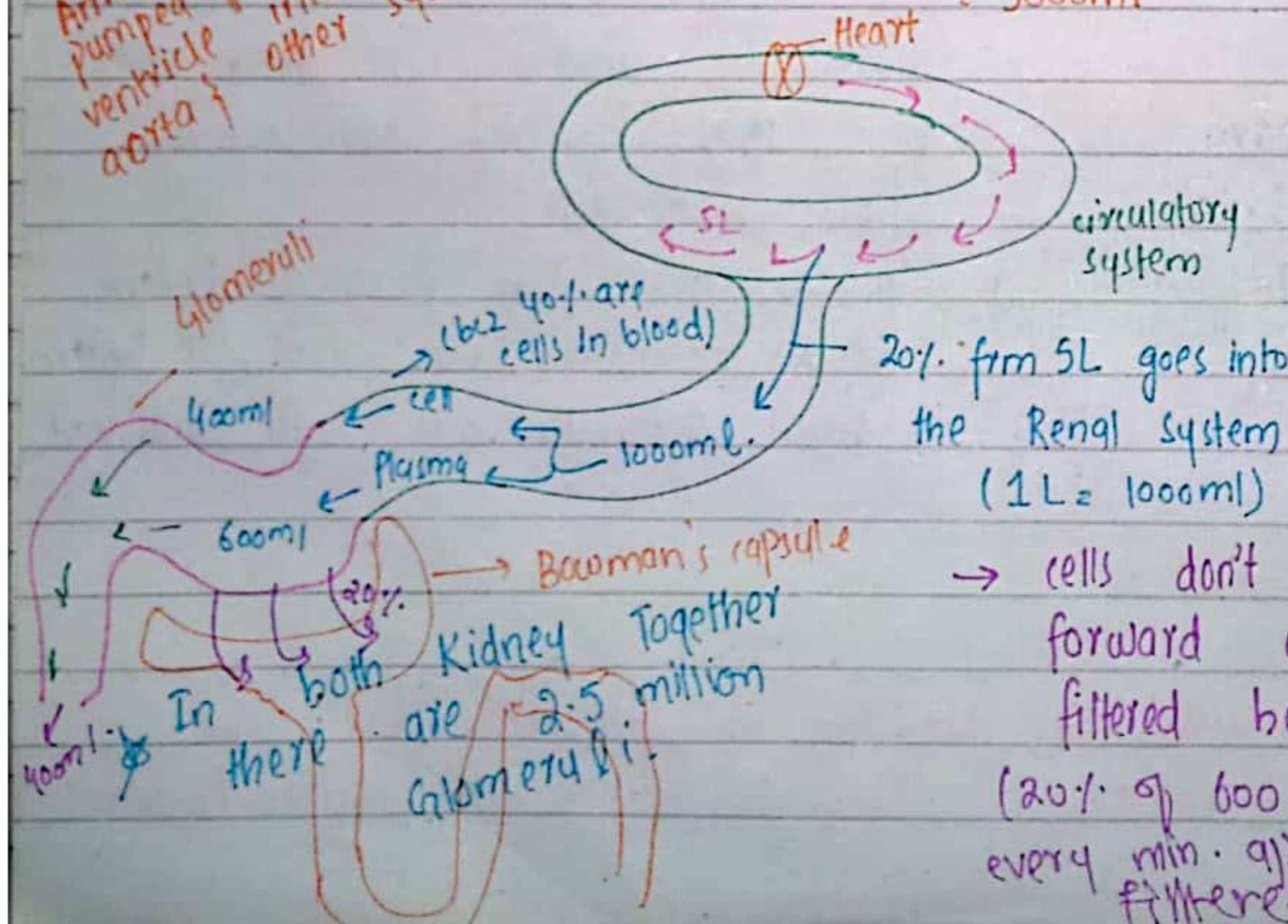
\* In medulla, there is high conc. of solute → Hyperosmolality (Medullary interstitial Hyperosmolality) → Help in concentration of urine.

\* Vasa recta has low blood flow so that the hyperosmolar solute conc. is not washed away from medulla.

C.O = Heart rate x Stroke volume. (ejected by the left vent. during resting conditions)

$$72 \times 70 = 5000 \text{ ml}$$

Amount of blood pumped from left ventricle into other system.



→ cells don't filter pass forward while plasma filtered here except proteins (20% of 600 filtered) so every min. app. 120ml fluid is filtered in Bowman's capsule.



So among 120ml, (60 ml by each kidney is filtered)

Among 120ml (suppose 100ml) 65% of H<sub>2</sub>O is reabsorbed by the **P.C.T** and 15% by the **loop of Henle** while in ascending limb (Thick limb) Here no reabsorption occurs while in **D.C.T** 15% reabsorb. Now 5% are left - in collecting which by the the act of Aldosterone which acts on Na<sup>+</sup> ions etc - ADH which acts on H<sub>2</sub>O. only **1 ml urine is produce from both the kidneys per minute.**

If 1ml urine is present per minute. then how much urine per day?

$$1 \text{ hr} = 60 \text{ min.}$$

$$= 24 \text{ hr} \times 60 \text{ min}$$

$$= 1440 \text{ min per day.}$$

So, **1440 ml urine produces average person per day.**

Normal urine Output/Day

**500ml → 3500ml**

Oligouria → If ↓ 500 ml

Polyuria → If ↑ 3500 ml (bcz of capacity of urinary bladder)

Norm Human met. waste production

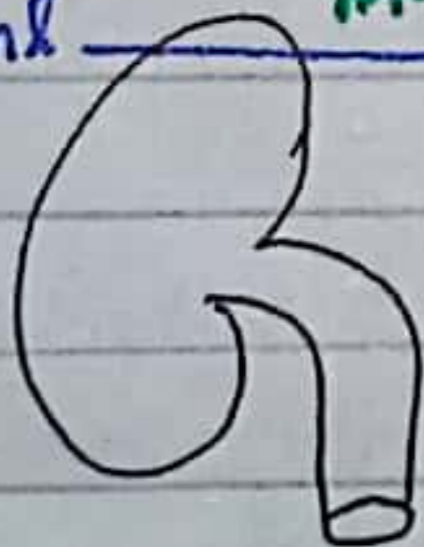
600ml M.W

→ 500ml of H<sub>2</sub>O

1200ml M.W

→ 1000 ml of H<sub>2</sub>O

Metabolic waste produce by body

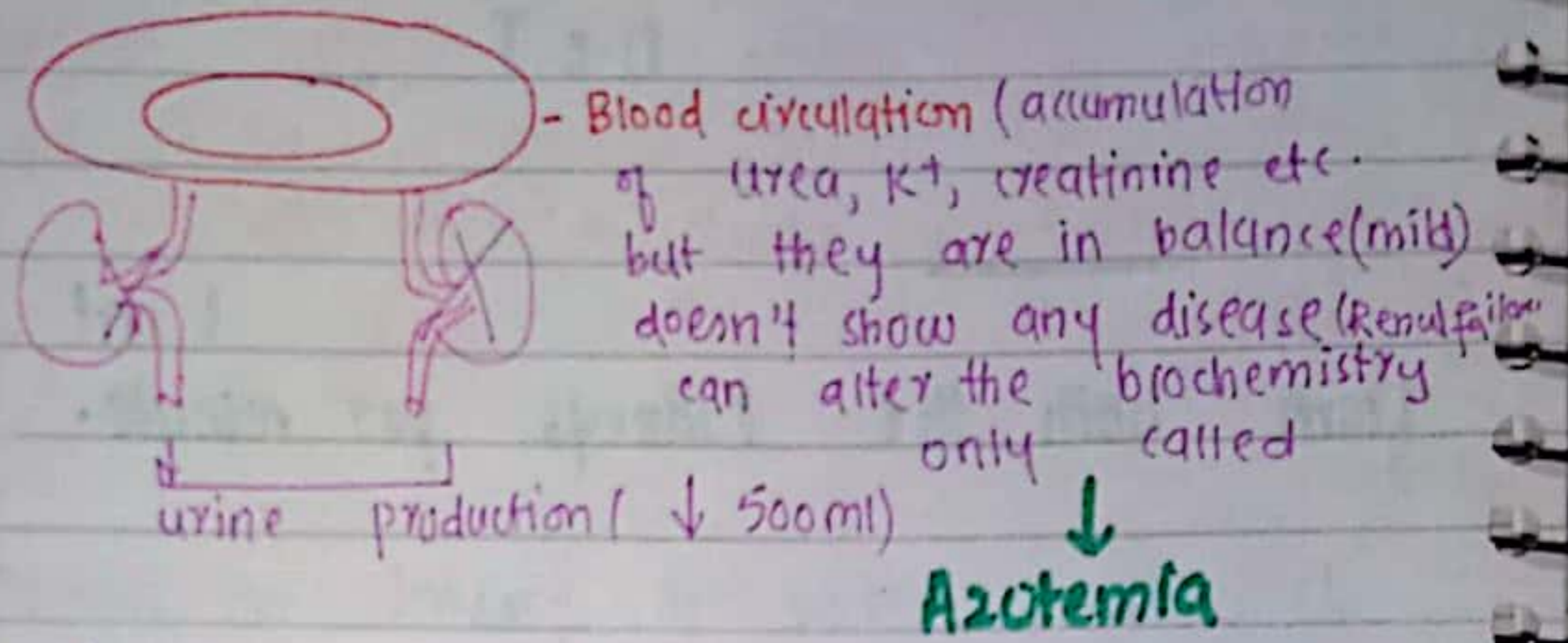


↓  
Kidney has the capacity to concentrate it into H<sub>2</sub>O soluble



In the average adult Human, the Glomerular Filtration Rate is about **125ml/min or 180L/day.**

Hypercatabolic state → More metabolic waste ⇒ more production of urea & creatinine.

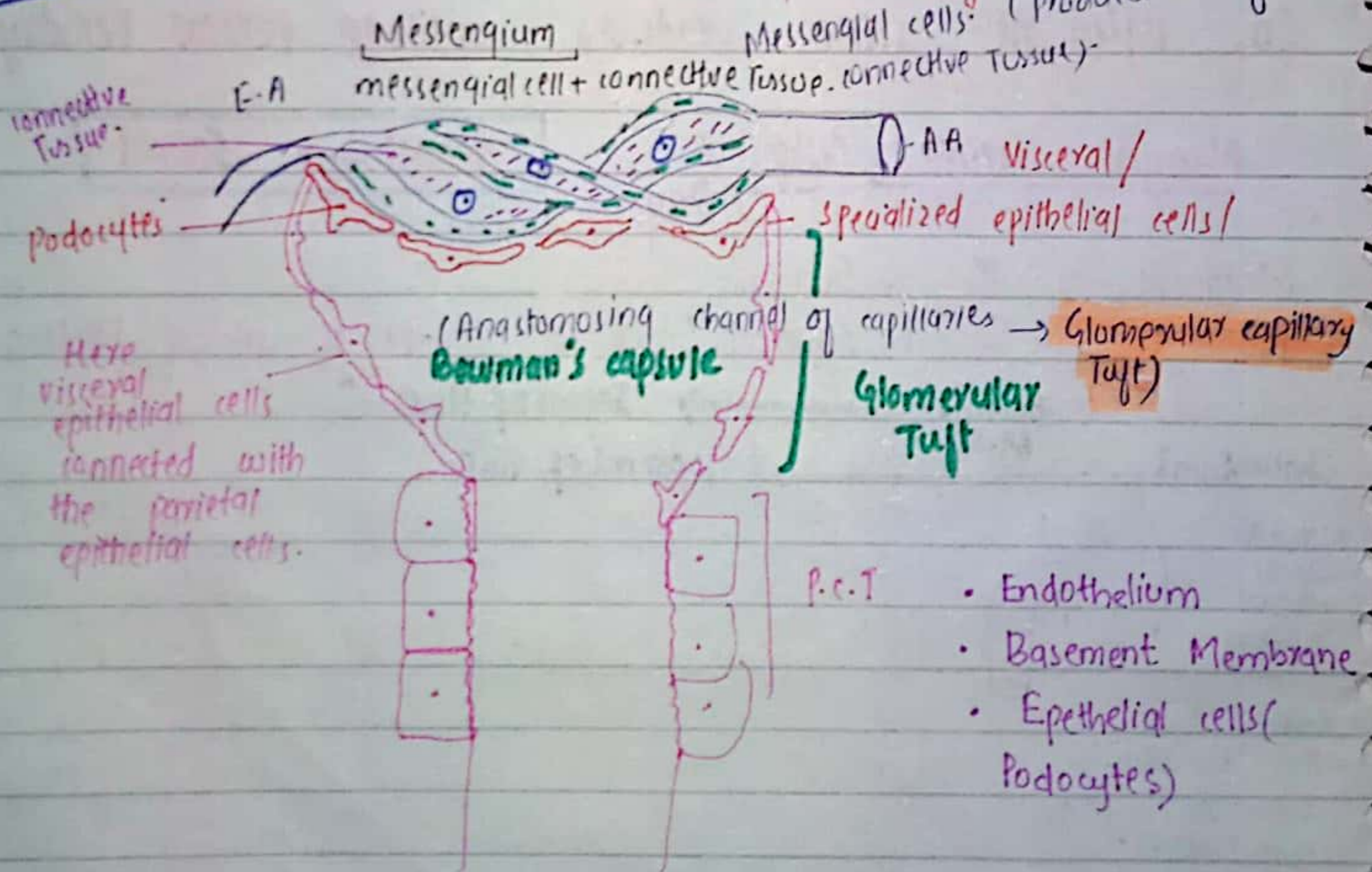


Azotemia + Sign & Symptom of Renal failure (vomiting etc), acid base alt's skin chnges.

**Uremia**

Lect #3

Glomerulus ⇒ Filtration unit for kidney



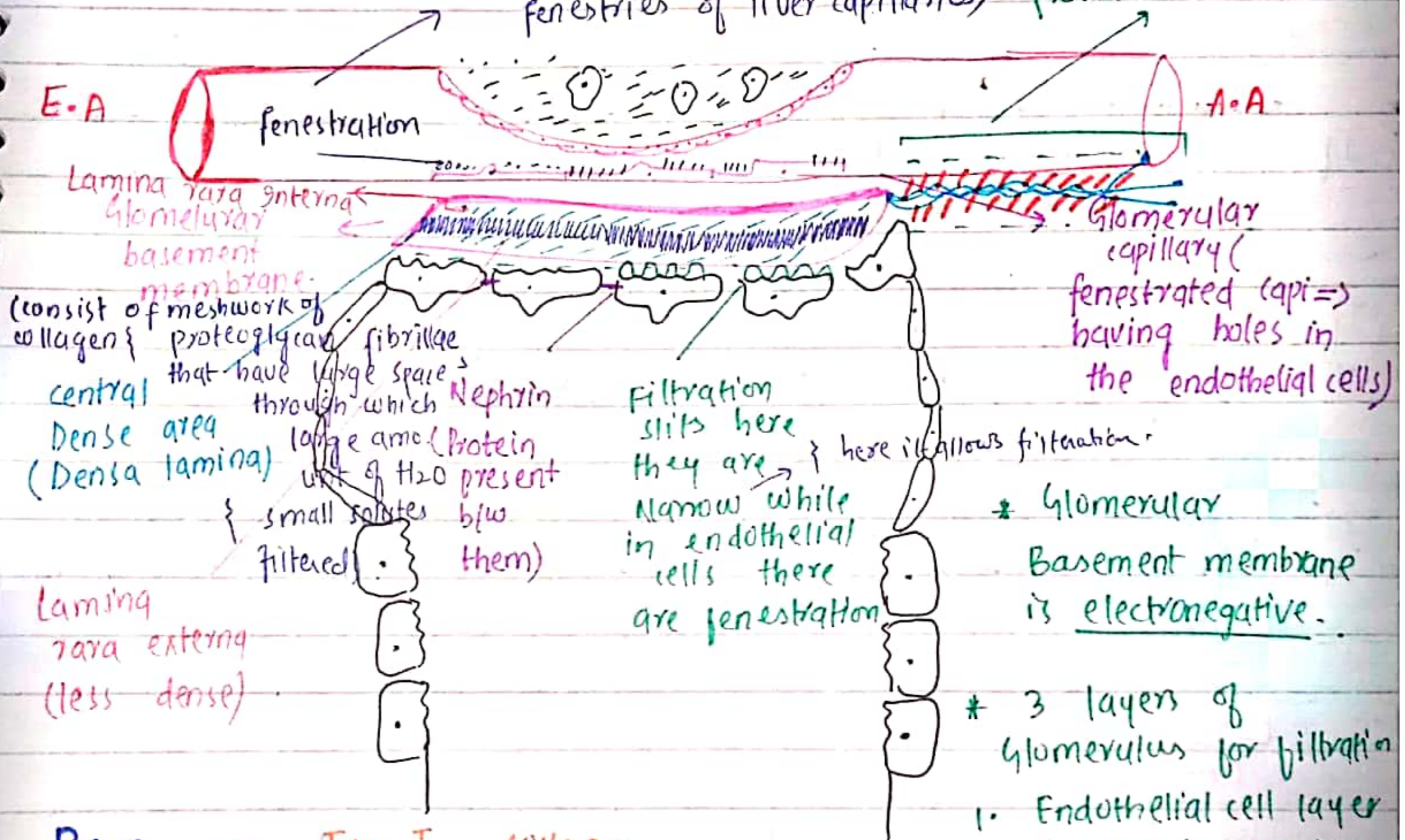


# Glomerulus:

Grp of anastomosing capillaries present in the kidney

invested by the double layer of the epithelial cells making Bowman's capsule & capillaries are embedded within mesangium => Glomerulus functionally -> Filtration unit of Nephron where filtration occur.

(Endothelium having fenestries but are smaller than fenestries of liver capillaries) **polyanionic proteoglycan.**

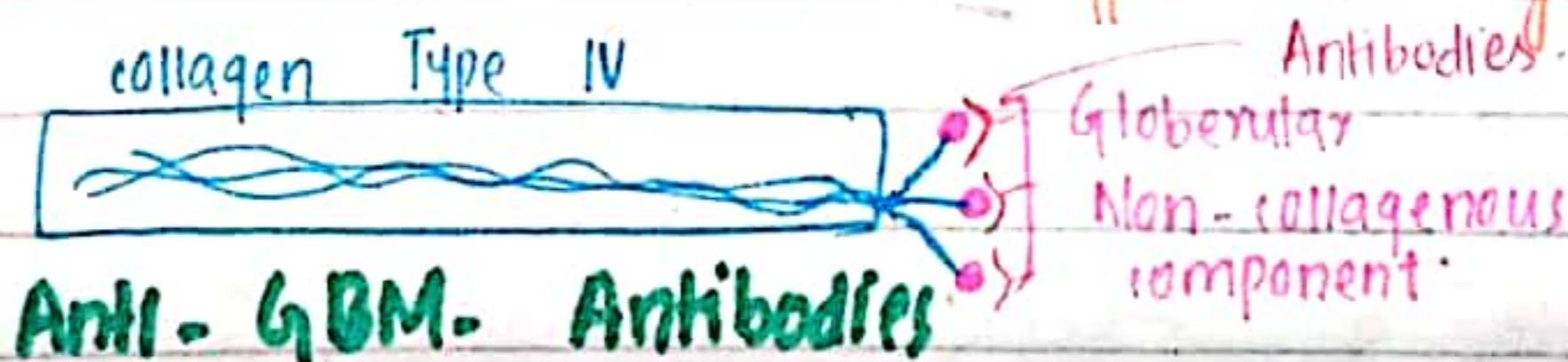


Bone => Type I collagen

Cartilage => Type II collagen

Four under the Floor: => Type IV collagen.

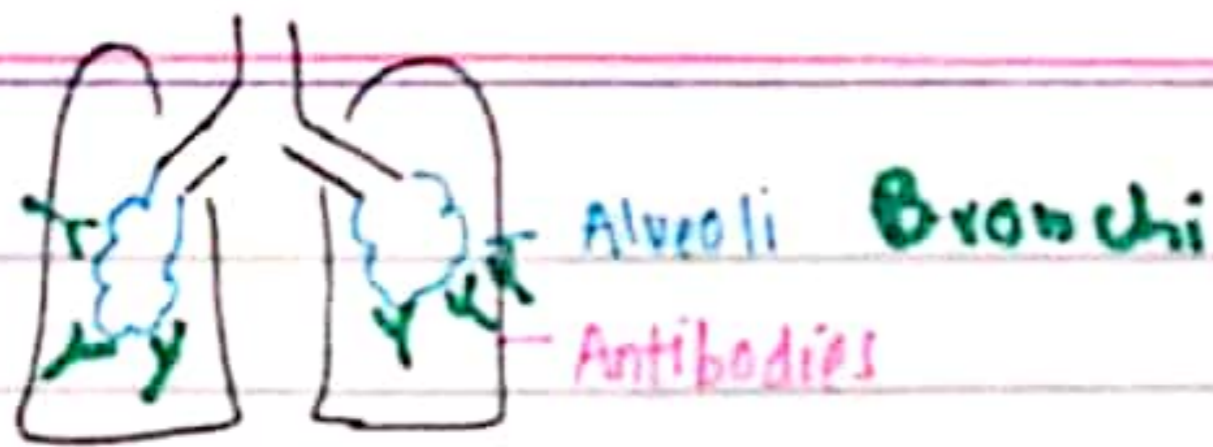
(Basement membrane has Type IV collagen)



**Anti-GBM Antibodies**

\* Negative basement membrane repels the inside plasma protein (having neg. charge) that's why provide additional restriction to plasma protein & permit rapid filtration of H<sub>2</sub>O & solutes.





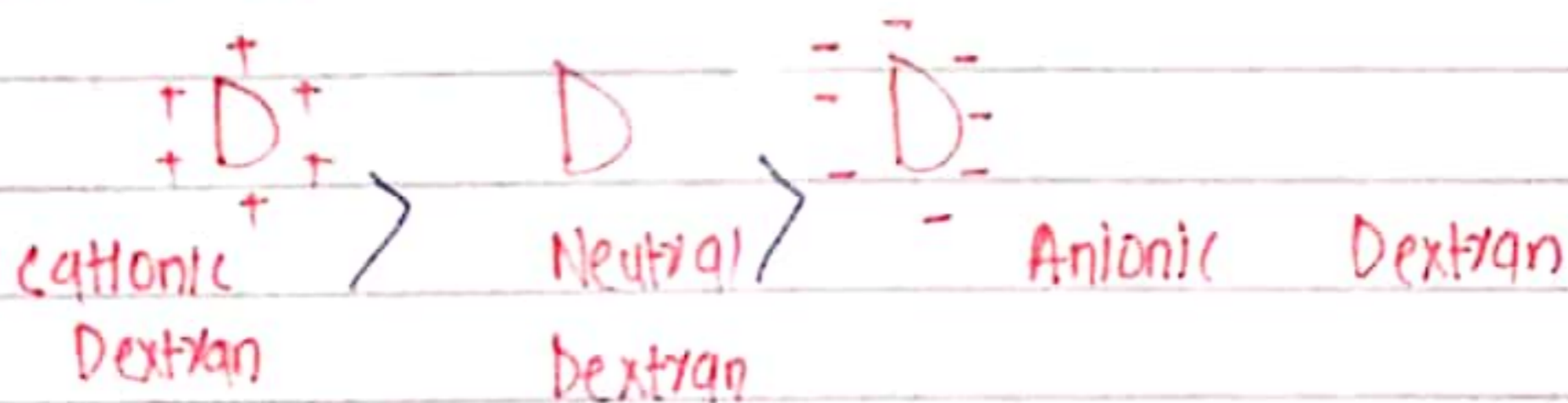
## Anti- ABM. Antibodies.

Antibodies coming attack the kidney and alveoli. on kidney, it produces Hematuria while on alveoli produces Hemoptysis called good Posture Syndrome.

If it damages the kidney wall called Glomerulus Nephritis

If there is mutation in the  $\alpha$ -Helix of the Type IV collagen called Hereditary Nephritis

Glomerular filtration membrane is a size barrier  
 Membrane. \* Dextran are polysaccharide.



Cationic Dextran will be more easily filterable but Glom. membrane is (-ve) so it will attract it. while Anionic Dextran is worst filterable.

Filteration depends on  $\left\{ \begin{matrix} \text{Size} \\ \text{charge} \end{matrix} \right.$   
 Small size } cationic are more filterable.



RBC  $\rightarrow$  7-8 $\mu$ m

WBC (12-14 $\mu$ m)

Platelets (1-2 $\mu$ m)

$\rightarrow$  All these cannot pass through the glomerular membrane bcz of their large size.

In plasma, Globulin, Fibrinogen doesn't pass through Glom. memb<sup>(8nm)</sup> bcz of its large size while (just right to the fenestration point) Albumin (6nm) having small size but are negatively charge. This why, cannot pass through it.

( $\hookrightarrow$  of basement membrane { podocytes})  
**Minimal Change Glomeruli pathy / Nephropathy :**

In this, immunological part of the body produces cytokins which neutralizes the electroneg. Glomeruli. So, albumin can pass through fenestration Now.

This why, **high albumin urea is produced** condition called proteinuria or albuminuria due to immunological

**Messenger cells** : response and abnormal T-cell secretion of cytokins that injures the Podocytes.

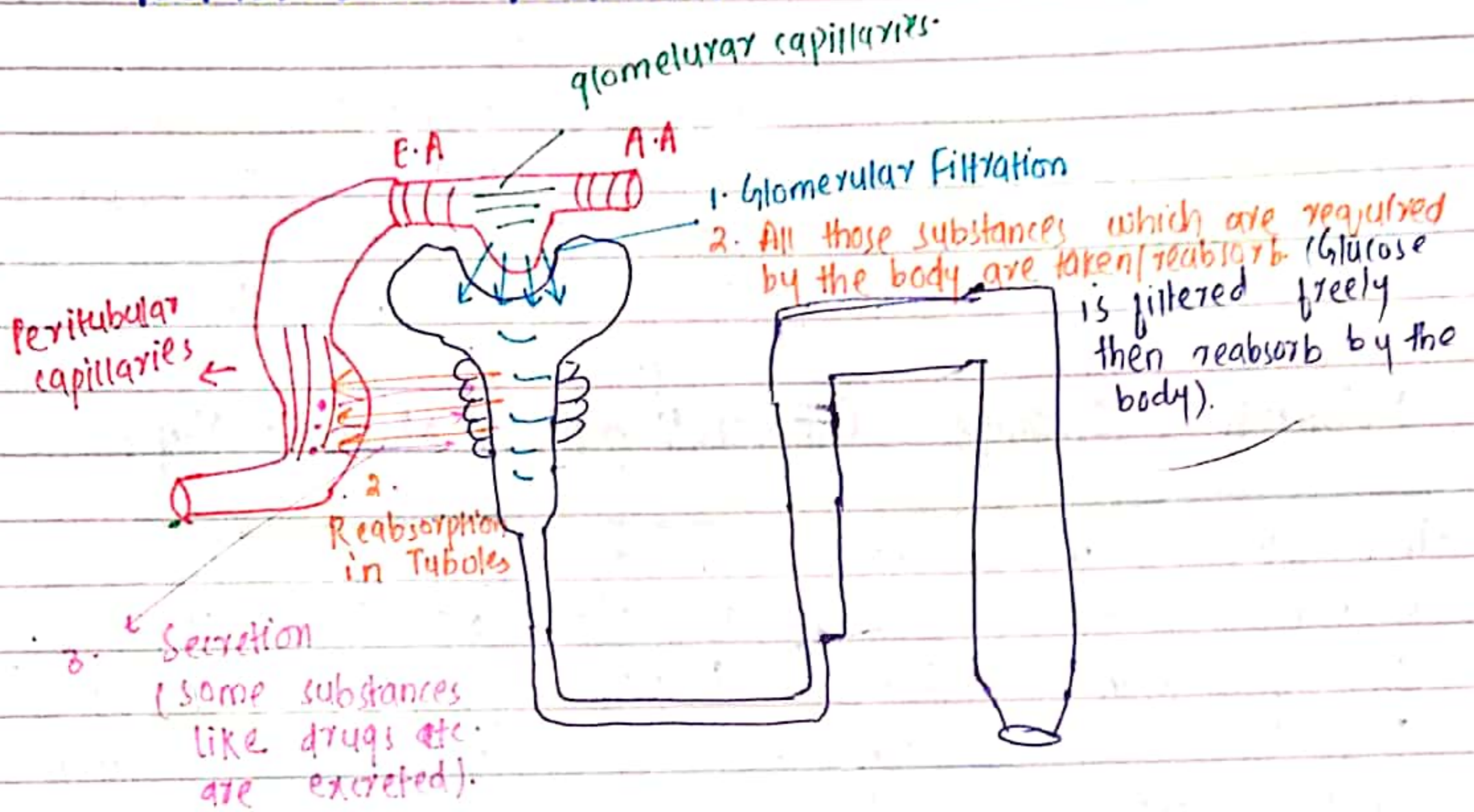
- \* contractile cells
- \* Have receptor for Angiotensin II.
- \* Have phagocytic cell
- \* can proliferate
- \* If irritated, can also enhance the inflammation in the Glomeruli.

\* Minimal change Nephropathy is more common in children but can also occurs in adults especially in those - who have autoimmune disorder.



# Lecture # 4

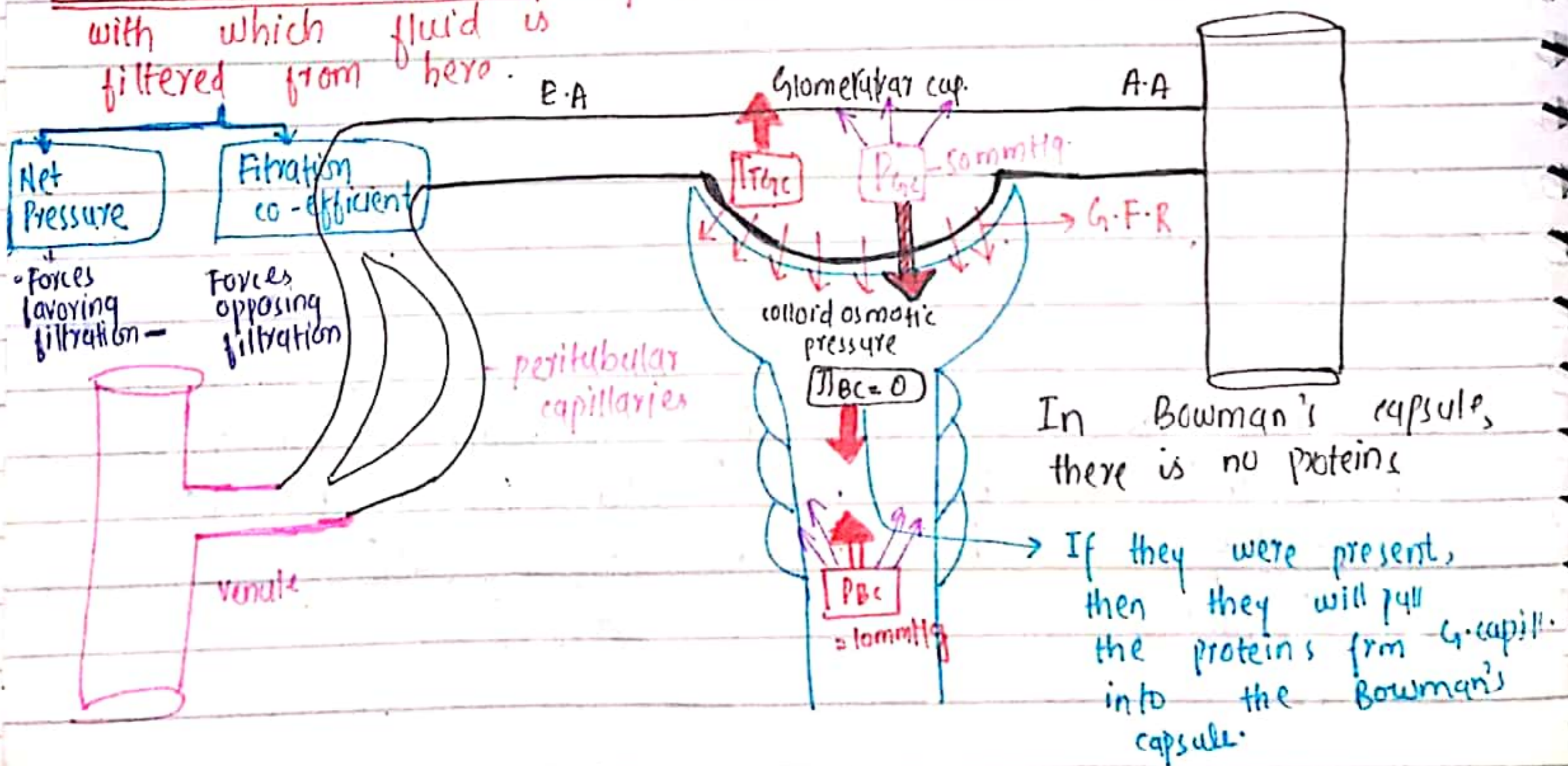
## GLOMERULAR FUNCTION



**Urinary Excretion =** Glomerular Filtration - Tubular Reabsorption + Tubular Secretion

Glomerular Filtration Rate: Speed

with which fluid is filtered from here.





Glomerular cap. are present b/w 2 Arterioles. So, the pressure

in these capillaries are high comparable to other.

→ Other capillaries in the body have Hyd. Pressure of about 20-30 mmHg while in Glomerular it is 50 mmHg

Forces favoring Filtration

→ Hydrostatic P of Glomerular capillaries ( $P_g$ ) = 50 (60 mmHg) which promote Filtration

→ colloid Osmotic P of Bowman's capsule ( $\pi_{bc}$ ) = 0 (bcz here (glomerular filtrate) protein conce. is so low)

Forces opposing Filtration

→ colloid osmotic p of G. capillaries = 30 mmHg (32 mmHg).

→ Hyd. P of Bowman's capsule = 10 mmHg (18 mmHg)

Sum = 40 mmHg

which oppose Filtration.

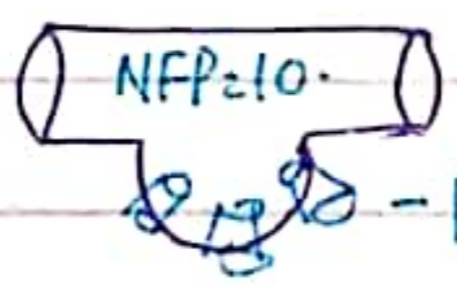
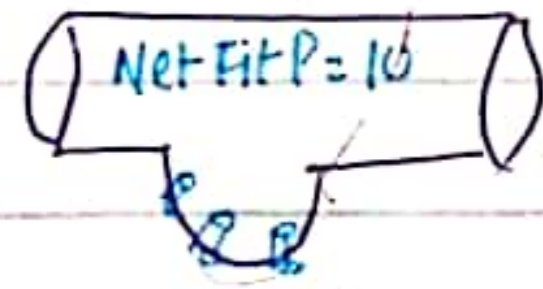
Net Filtration Pressure =  $50 \text{ mmHg} - 40 \text{ mmHg} = 10 \text{ mmHg}$

2. Filtration co-efficient  $K_f$  ( $60 - 18 - 32 = +10 \text{ mmHg}$ )

Permeability of filtering membrane (Hydraulic conductivity)

Total surface area of filtration membrane.

→ even the permeability is same.

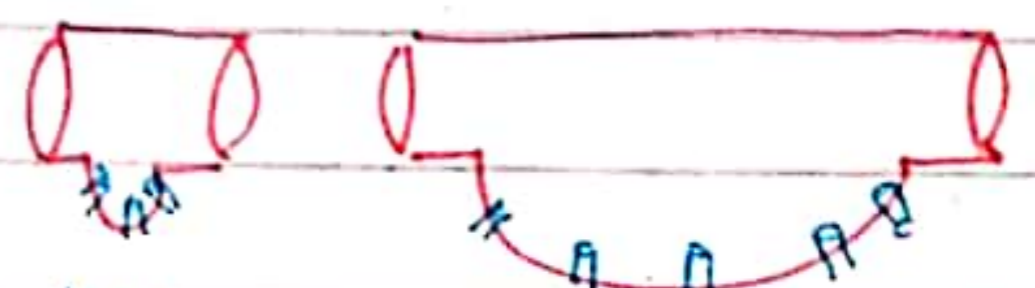


- permeability area.

less H.C

More H.C

(Degree of conductivity by the membrane)



less area { perme same.

More per/more area



# GFR & Net Pressure Filtration

$GFR \propto K_f$

$GFR = \frac{\text{Net filtration Pressure} \times K_f}{K_f}$

$K_f = \frac{GFR}{\text{Net F. Pressure}} = \frac{125 \text{ ml/min}}{10} = 12.5 \text{ ml/min}$

C.O = 5L (Out of which 20% / 1000ml/min enters Kidney } 80% (4L) to the rest of the body).

Among 20% (1L) (1000ml) — 400ml (by cells) — 600ml (Plasma).  
 (Among 600ml →

20% filtered by the Bowman's capsule i.e. 120ml)

{ remaining passes through the glomerular capillaries}

Two kidneys constitute only about 0.4% of the total body weight & they can receive extremely high blood flow as compared to other organs.

## Filtration Fraction =

Fraction of plasma flow which has been filtered.

$FF = \frac{GFR}{\text{Renal Plasma Flow}} = \frac{120}{600} = 0.2$

$K_f = \frac{120}{10} = 12 \text{ ml of the fluid is filtered per mmHg/minute / Total glomeruli in Total renal substance of both kidneys}$

(For 10mmHg Pressure they make 120ml of filtrate } for 1mmHg • 12ml of Pressure) per min.



weight of one Healthy Kidney = 150 gram

Both Kidney = 300 gm

If 300 gm of Kidney filtered 12 ml of Glomerular Substances, then from 100 gm of Kidney substance

$$\frac{300}{100} = \frac{12}{x}$$

$$3 = \frac{12}{x}$$

$$3x = 12$$

$$x = 4$$

**4 = x**

(a value about 400 times as high as the K<sub>f</sub> of most other capillary system of the body)

? (  $K_f = \frac{12}{3} = 4 \text{ ml}$  )

diseases which reduces permeability ↓ K<sub>f</sub> (Filtration co-efficient)

Hydrolic conductivity or permeability of G membrane

Total area of Gl. capillaries

Glomerular capillaries is thickened membrane } K<sub>f</sub> ↓

→ Diabetes Mellitus (protenaceous material is deposited)

→ Hypertension (they destroy capillary Glomeruli → also ↓ surfac. area) function.

→ chronic polynephritis (chronic inflammation of kidney in which many glomeruli destroy)

→ chronic Glomerulus Nephritis

Hydrostatic P in Bowman's capsule & Glomerular Filtration rate.

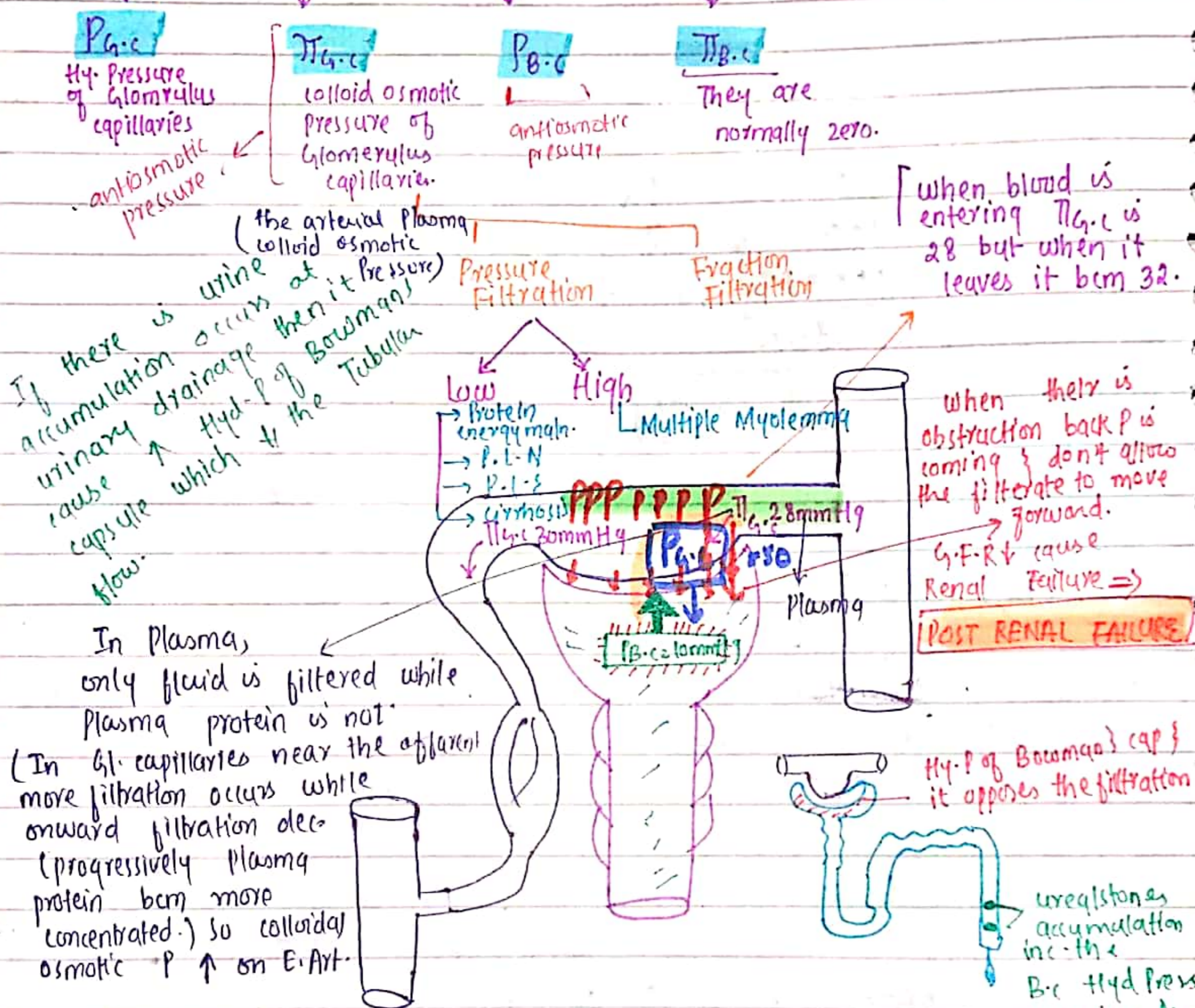
**Hydronephrosis:**

Due to pathological condition, the Hydrostatic P of Bowman's capsule inc. causes reduction of G.F.R. due to obstruction of Ca<sup>2+</sup> or uric acid that lead to formation of stone in urinary tract or ureter (Distention & Dilatation of renal pelvis & calyces) can even damage or destroy the kidney unless obstruction is relieved.



(Renal Blood Flow  $\propto$  G.F.R  $\propto$  N.F.P  
 G.F.R)

**GFR = N.F.P x Kf** (almost remains constt)



**Renal failure (3 cause)**

⇒ **PreRenal Failure**: (If due to some circulatory shock, Blood doesn't reaches the kidney, then this is Prerenal failure bec kidney is Normal)

⇒ If Nephron is ok, Glomeruli is okay, but urinary drainage subs system doesn't work then it is **Post-Renal causes**.

⇒ May be due to Renal causes or prblm due to Renal Substances.



## How colloid osmotic pressure of glomerulus capillaries can alter the glomerulus filtration rate?

Normal  $\pi_{G.C} = 30 \text{ mmHg}$  (opposing P)

\*  $\pi_{G.C} \uparrow$  then G.F.R will be dec.

Depends on Total Plasma Protein Level.

→ If P.P.L  $\uparrow$  the G.F.R also  $\uparrow$ .

In **Hypoproteinemia** which causes Cirrhosis  $\Rightarrow$  liver is not able to synthesize enough **Plasma Protein**. { grp of diseases called **Protein losing Enteropathy**. (diseases in which proteins are too much lost from GIT) } this condition patient will develop hypoproteinemic { liver born cirrhotic (**Protein losing Nephropathies**) when G.M is too much permeable.

\* If T.P.P  $\uparrow$  (condition called **Multiple Myeloma**) malignancy of the plasma cells they produce abnormal protein. Too much abnormal proteins { Normal protein in blood causes Myeloma (so Total Plasma Protein will be high. Blood may be viscous. In this condition,  $\pi_{G.C}$  may be high that will oppose G.F.R.

→ If filtration fraction is more, it means out of plasma big amount is filtered, now plasma protein is highly concentrated, more colloid osmotic pressure in G.C that opposes further filtration, if plasma (in which less amount is filtered) less filtration fraction, less  $\pi_{G.C}$ .



# $P_{G.C}$ (Hydrostatic Pressure)

Systemic Blood Pressure / Arterial Pressure

Resistance offered by Afferent arteriole

Resistance offered by Efferent arteriole.

\* Whenever S.B.P ↑, the  $P_{G.C}$  increases, which ↑ Glomerular (G.F.R) capillaries P. & by decreasing it ↓.

→ Due to constrictions less blood will coming through it causes:

- ↓ G.B. Flow
- ↓ G.P. Flow
- ↓  $P_{G.C}$  (Hydrostatic Glomerular P)
- ↓ N.F.P
- ↓ G.F.R

(bcz less blood comes in arterioles & capillaries)

$\alpha_1$  (Androgenic Receptor) present (rich) in Afferent arteriole which can be stimulated by Epinephrine & Norepinephrine.

Sympathetic (peptide from) release from by damaged vascular endothelial cells of kidney

- \* Epinep + N.Epinep
- \* Endothelin (also stimulates androgenic receptors).

Endothelin level in Plasma is also high in.

- Acute Renal Failure
- chronic Renal Failure / uremia
- Pregnancy Induced Hypertension / Toxemia of pregnancy.

If Afferent Arteriole Dilatation occurs causes:  
 ↑ G.B. Flow, ↑ G.P.F, ↑  $P_{G.C.F}$ , ↑ N.F.R, ↑ G.F.R.

- Dilators are:
- Bradykinin
  - Prostaglandin
  - NO.



During Stress, In severe Sympathetic Stimulation there is

release of Epineph & Nor-epin. which constrict the afferent arteriole. so powerfully that G.F.R drops (To protect kidney, it releases prostaglandins which causes some aff. arteriole to dilated so, that G.F.R will not drop & protect kidney failure. In such patients if we give **NSAIDs** (Non-steroidal Anti-inflammatory drugs) then such patients not able to produce prostaglandins, there will be intense constriction, G.F.R ↓ & kidney failure occur.

Hydrostatic Pressure ( $P_{G.C}$ ) in Glomerulus capillaries is opposed by colloid osmotic pressure ( $\pi_{G.C}$ ) of the Plasma Protein. Powerful Efferent Art. constrictor is **(Angiotensin II)**

**Dilation**

- ↓  $P_{G.C}$  (bcz blood moved towards E.A)
- ↓ G.F.R

+ See Graph on pg (335) Guyton

**Constriction**

→ Moderately constriction

- ↑  $P_{G.C}$
- ↑ G.F.R.

→ Severe condition (constriction more than 3 fold).

- ↑↑  $P_{G.C}$
- ↑ Filtration Fraction.

• ↑↑↑  $\pi_{G.C}$ . (Glomerular Blood flow ↓)

- ↓ N.F.P (due to ↑  $\pi_{G.C}$ ) (causing a reduction in G.F.R)

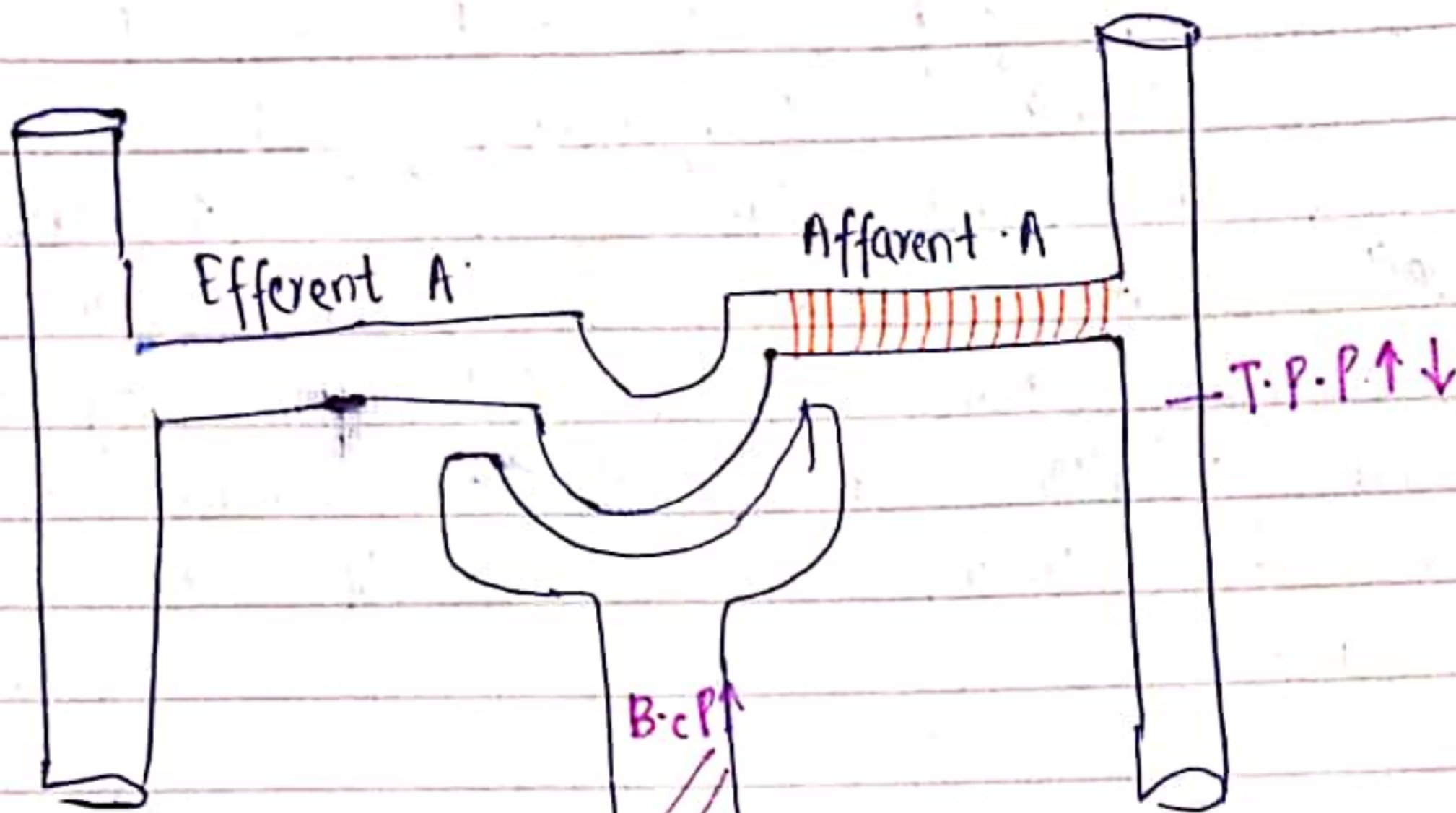
Filtration Fraction: From total Plasma, how many percentage of solutes are filtered.

Glomerular Filtration rate = filtered substances (Plasma).

\* On a per gram weight basis, Kidney normally absorb oxygen at Twice the rate of brain but have almost seven times the blood flow of brain. (If G.F.R ceases, Renal  $Na^+$  reabsorption also ceases &  $O_2$  consumption ↓ to about one fourth of Normal). (Graph 27.8 pg 336).



# Lecture #6



Normally:  
 $GFR = 120 \text{ ml/min}$   
 $RFR = 600 \text{ ml/min}$   
 $FF = \frac{120}{600} = 0.2$

If by constriction it drops, then proportionally dropping in both occurs that doesn't change Filtration Fraction.

$\frac{60}{300} = 0.2$

Parameter	Renal Flow	GFR	Filtration Fraction
Aff. Art. constrictor (EpiN / Nor. epine)	↓	↓	No change
Aff. Art. Dilation Eff. Art. (const/moderate)	↑	↑ (Power P in G. capillary)	No change
Eff. Art. const (Severe)	↓	↓↓↓ (Bcz plasma is already filtered & due to too much $\pi_{G.C}$ it not occurs a gain)	↓
Total Plasma Protein ↑	No change	↓ (Bcz ↑ colloid osmotic P in G.C which opposes filtration)	↓



→ caffeine ↑

- a) R.P.F ↑, G.F.R ↑, F.F (No chnge)
- b) R.P.F ↓, G.F.R ↓, F.F ( " )
- c) R.P.F ↑, G.F.R ↓, F.F (chnq occur).

→ If  $G.F.R = 600,$   
 $R.P.F = 600$   
 $F.F = \frac{60}{600} = 0.1$

↑ F. Fraction =  $\frac{\uparrow G.F.R}{\downarrow R.P.F}$  [ It means more filtrate, frm plasma occurs ].

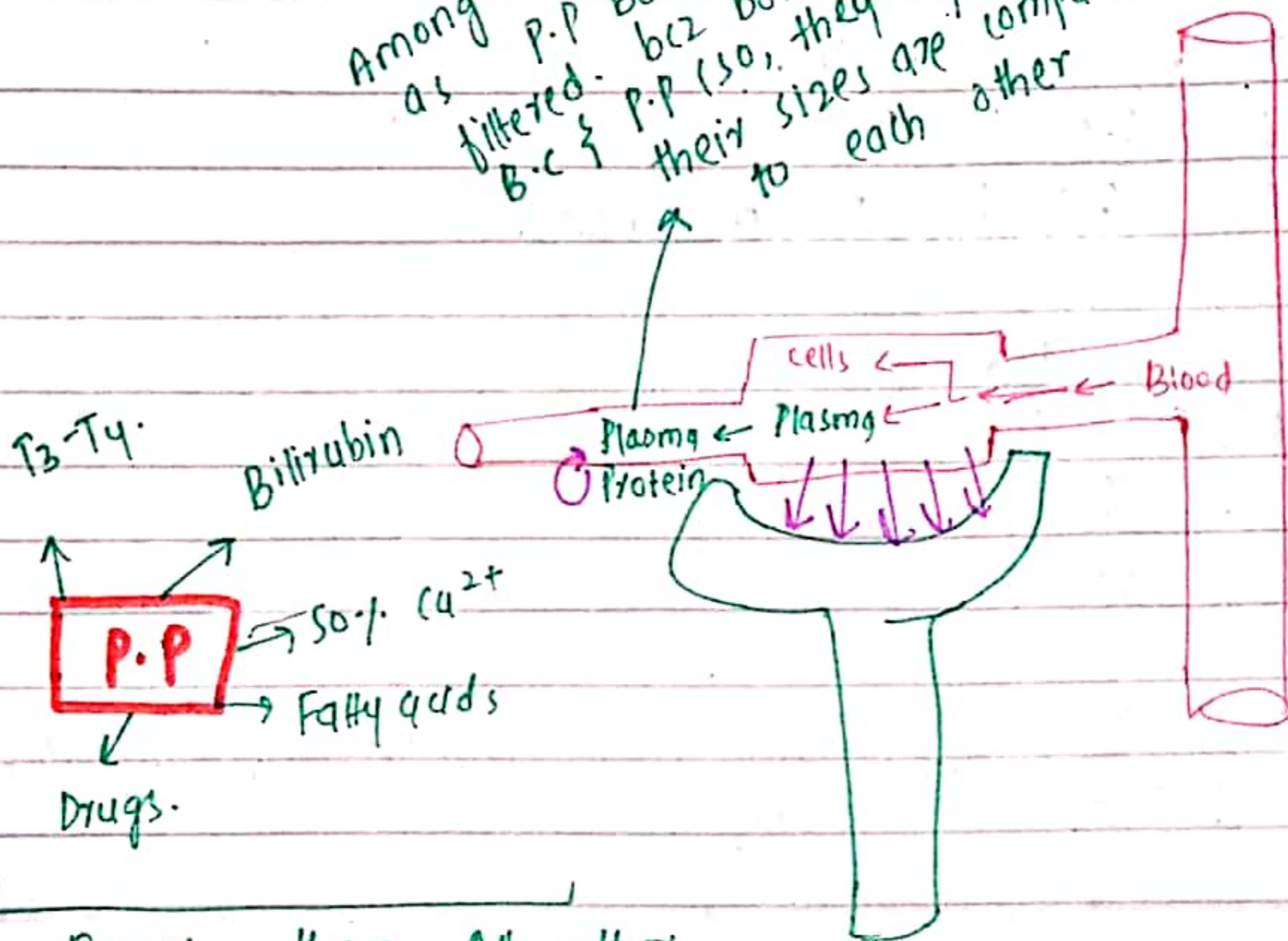
Total Plasma Protein ↓	No. chng	↑	↑
Ureteric constriction (more P in Bowman's capsule occurs)	No chng	↓ (P in B.c ↑ which is the opposing F for filtration)	↓

### Substances Filtered:

(Amount of substances which are filtered from vascular component (G.C) to the Bowman's capsule)



Among plasma, Plasma Protein as well as filtered. bcz both the substances are not filtered. P.P (so, they repel) although B.C & their sizes are comparable to each other



Except those All other substances are filtered.

→ H<sub>2</sub>O  
 → Major Electrolytes → cations { Na<sup>+</sup>, K<sup>+</sup>, Ionized Mg<sup>2+</sup> }  
 → Anions

→ Metabolic wastes → urea, creatinine  
 → Metabolites → Glucose, Amino acids, Organic comp. Ketone Bodies

→ Low Molecular weigh Protein → Insulin, Haemoglobin  
 It moves into the P.C.T from B.C & here it get breakdown use in formation of glucose (Gluconeogenesis) → Gluc. formation from Non-carbohydrate (fatty acid etc) compound



Hb is not present in free form, if RBCs rupture occurs then it freely moves as Diamey { entered P.C.T causes some Renal damisease.

→ Non-Natural Substances → Inulin, Paramino Hippouric Acid (PAH)  
G.F.R use to find R.B.F. for

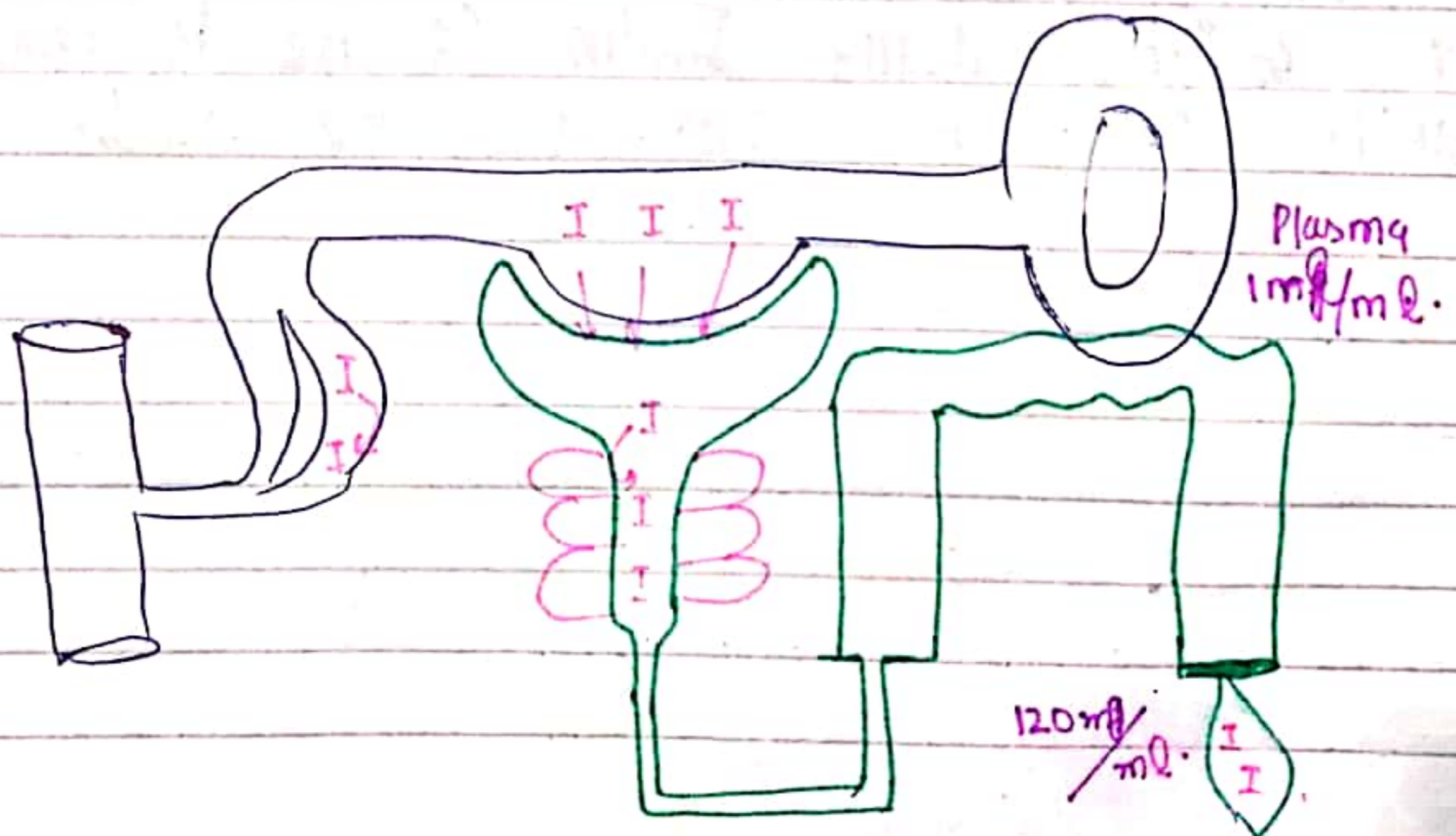
## Lect #7

### Measurement of G.F.R

#### By Inulin

- Non-Toxic substance
- No Protein Binding
- No charged molecule
- Small molecule.
- No reabsorption
- No secretion.

Freely  
Filterable.





Inulin conc. in Plasma Protein.

## Filtered load of urine = Urinary Excretory load of Inulin

$$P_{\text{Inulin}} \times G.F.R = [U]_{\text{Inulin}} \times V$$

(Urine, Inulin concentration)      volume of urine in which Inulin present.

→ Inulin is neither absorbed, nor secreted. Therefore must be equal to each other.

1 ml of Blood containing 1 ml of Inulin.

$$G.F.R \leq \frac{[U]_{\text{Inulin}} \times V}{[P]_{\text{Inulin}}}$$

$$= \frac{120 \text{ mg/ml} \times 1}{[1 \text{ ml}]}$$

$$= 120 \text{ ml/min.}$$

But if, amount of Inulin is 2 ml per ml of blood  
the G.F.R is 60 ml/min.

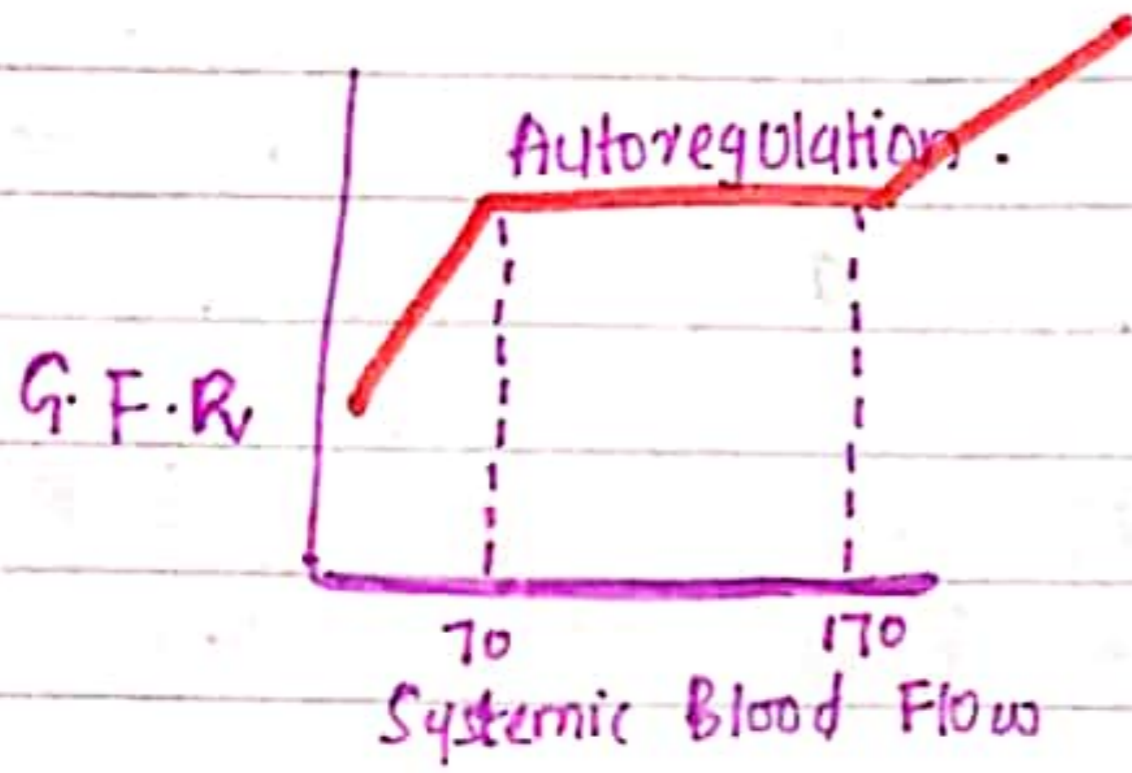
$$= \frac{120 \times 1}{2} = 60 \text{ ml/min.}$$

For G.F.R, ideally Inulin is used to measure, while creatinine can also be used.

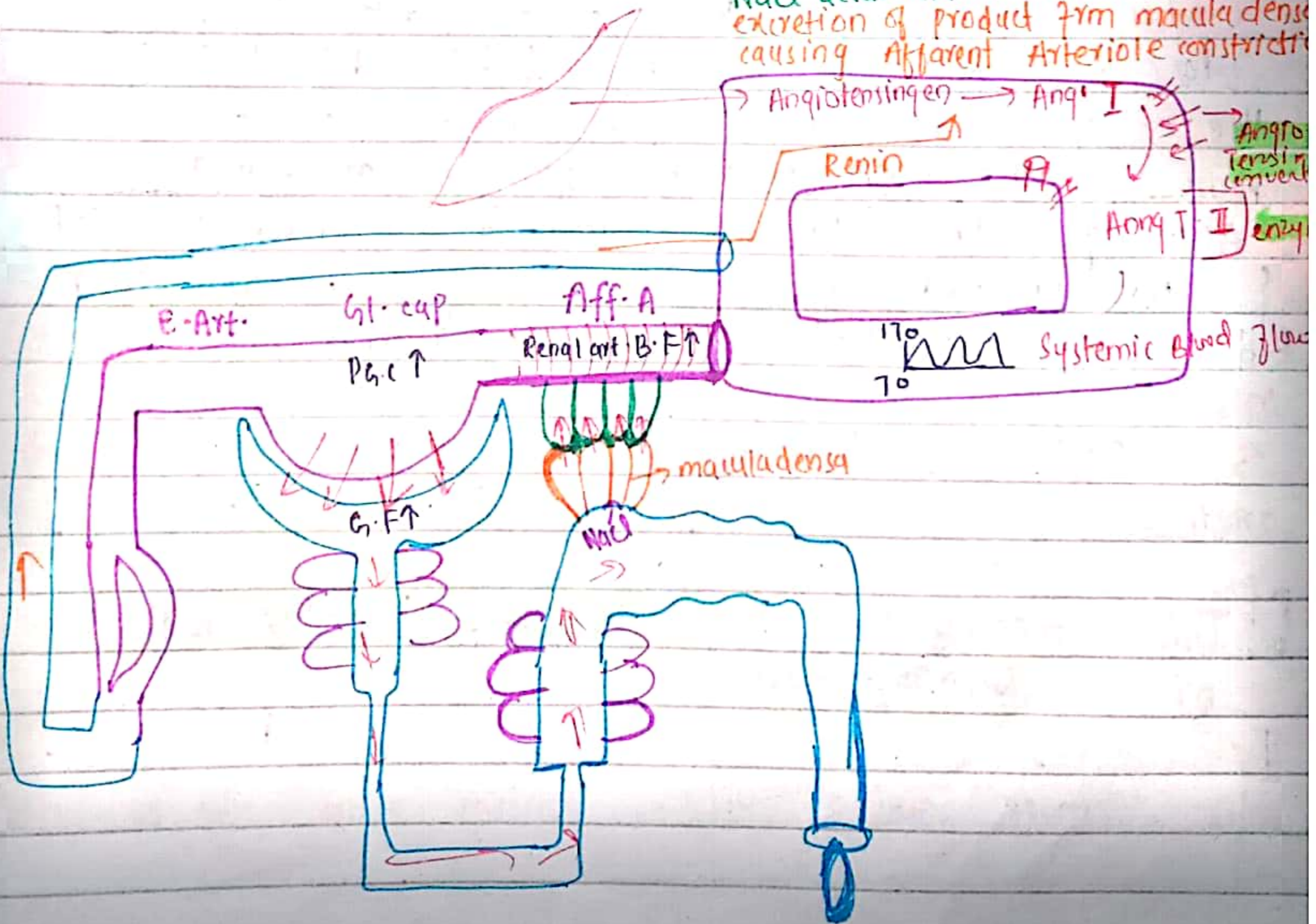


# Autoregulation of GFR & Renal Blood Flow

Acc. to us, when Systemic B.P.  $\uparrow$  the R.A.B. Flow  $\uparrow$  & Glomerular Filtration  $\uparrow$  same in case of dec. but actually when Systemic Blood P  $\uparrow$  from 70-170 then G.F.R. constant while below 70 it dec. above 170 it increases.



\* In the beginning, G.F.R. also  $\uparrow$  but for immediate effect due to which Tubular flow  $\uparrow$  but there is less extraction of solutes P.C.T. as well as Ascending limb due to which at the start of D.C.T. NaCl accumulates which causes excretion of product from macula densa causing Afferent Arteriole constriction.





By macula Densa product, Afferent arteriole constriction occurs as well as the efferent art. Dilation occurs by reduce production of Renin due to less Angiotensin II. ~~less~~ dilation of efferent art. occurs. causes the G.C pressure as well as G.F.R to Normal.

\* In the beginning when A. arteriolar constriction occurs, then the smooth muscle surrounding the A. Arteriole also constrict by calcium moving inside through  $Ca^{2+}$  sensitive gates present in smooth muscles. called myogenic mechanism.

Similarly, all mechanism reverse in dropping B.P instead of A. arteriole constriction Now A. arteriole Dilation occurs.

→ When systemic B.P ↓, A. Renal artery B-flow ↓, P.G.C ↓ due to which ↓ G.F.R by ↓ G.F.R the speed of Tubular flow will be decreased } more solute (NaCl) extraction from P.C.T as well as Ascending limb so no accumulation of NaCl at P.C.T } No production of any substance from macula densa But more production of renin occurs. which flows into the systemic circulation cause more production of Angiotensin II which further constricted efferent arteriole } P.G.C become Normal ↑ } G.F.R also ↑ }

process revise again.  
[ This mechanism is Tubulo-Glomerular Balance or Autoregulation ]

Person Taking more meat, then it cause ↑ G.F.R ( b.c. more amino acids), amino acids can be



reabsorb with the  $\text{Na}^+$ , co-transport occur. Due to which no accumulation of  $\text{NaCl}$  occur. The glucose also excreted by co-transport with  $\text{Na}^+$ .

## Lec # 8

### Processing of Glomerular Filtrate

First step in urine formation is

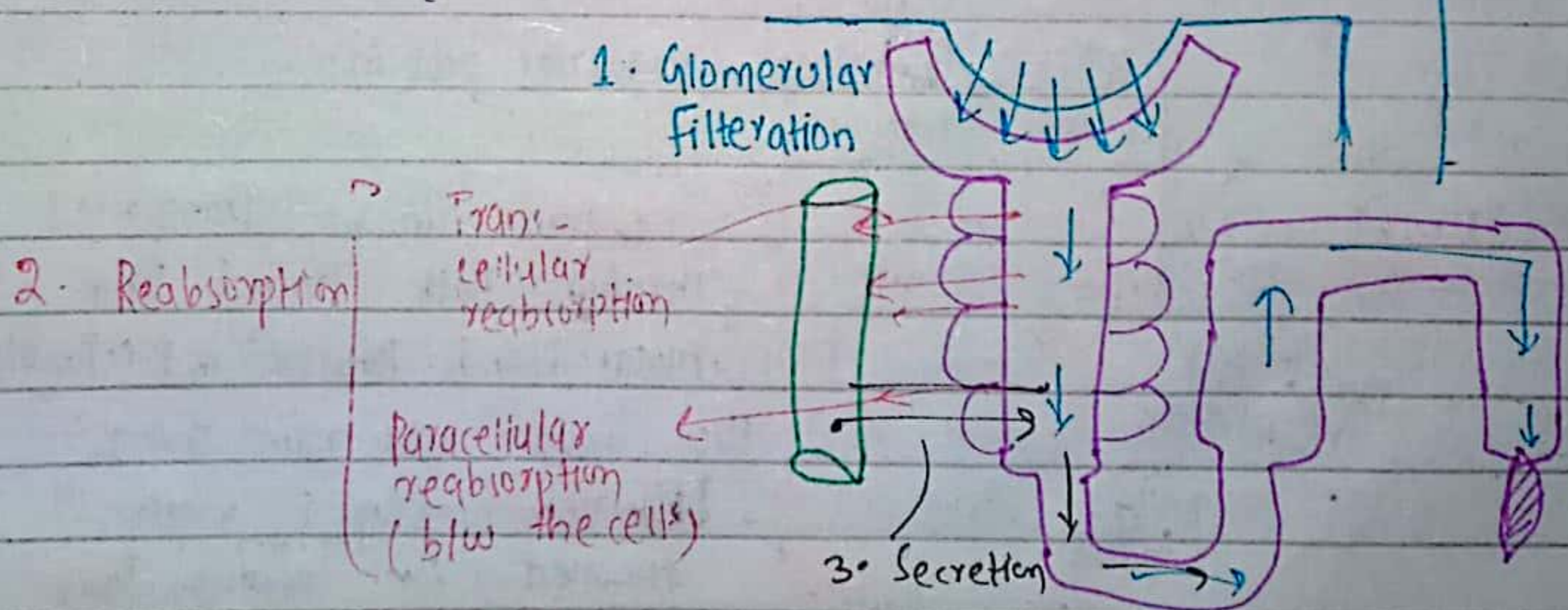
- 1) Glomerular Filtration
- 2) Tubular reabsorption
- 3) Tubular secretion

**Urine Excretion = Glomerular Filtration - Tubular reabsorption + Tubular secretion**

\* Tubular reabsorption plays an important role than secretion, However, for some ions such as  $\text{H}^+$ ,  $\text{K}^+$  secretion more imp.

$$\text{Filtration} = \frac{\text{Glomerular Filtration Rate} \times \text{Plasma concentration}}{\text{Rate}}$$

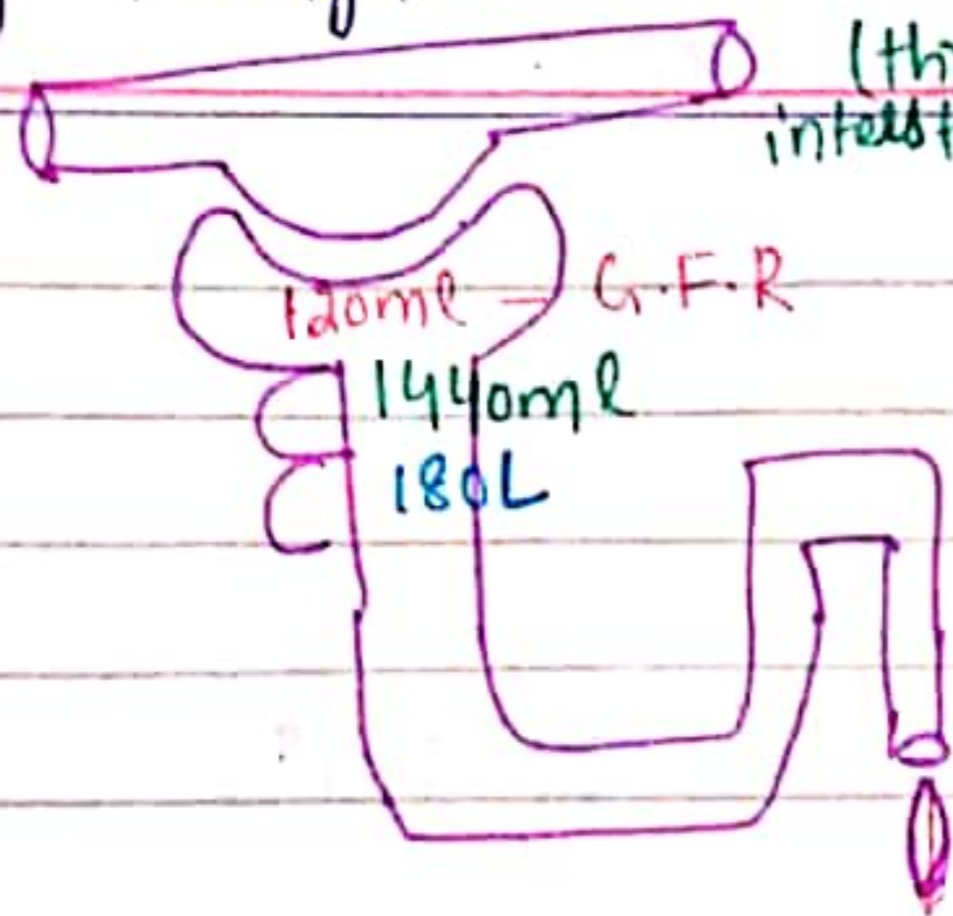
$$\text{Glucose} = \frac{180 \text{ L/day} \times 1 \text{ g/L}}{2}$$





# Reabsorption

- 1) from Tubular epithelial membrane into the renal interstitium
- 2) through Peritubular capillary membrane back into



(through A Trans/Para cellular membrane. Transport into interstitium & then through Bulk flow into the blood.  $G.F.R = 120 \text{ ml/min}$  (ultrafiltration))

Q: How much in ONE Day?

1 Day = 24 hrs facilitated by Hydrostatic & colloid osmotic pressure.  
1 hr = 60 min

Day =  $24 \times 60 = 1440$

$G.F.R = 120 \times 24 \times 60$

=  $1440 \times 120$

$172800 \text{ ml/Day}$

=  $172 \text{ L/Day}$

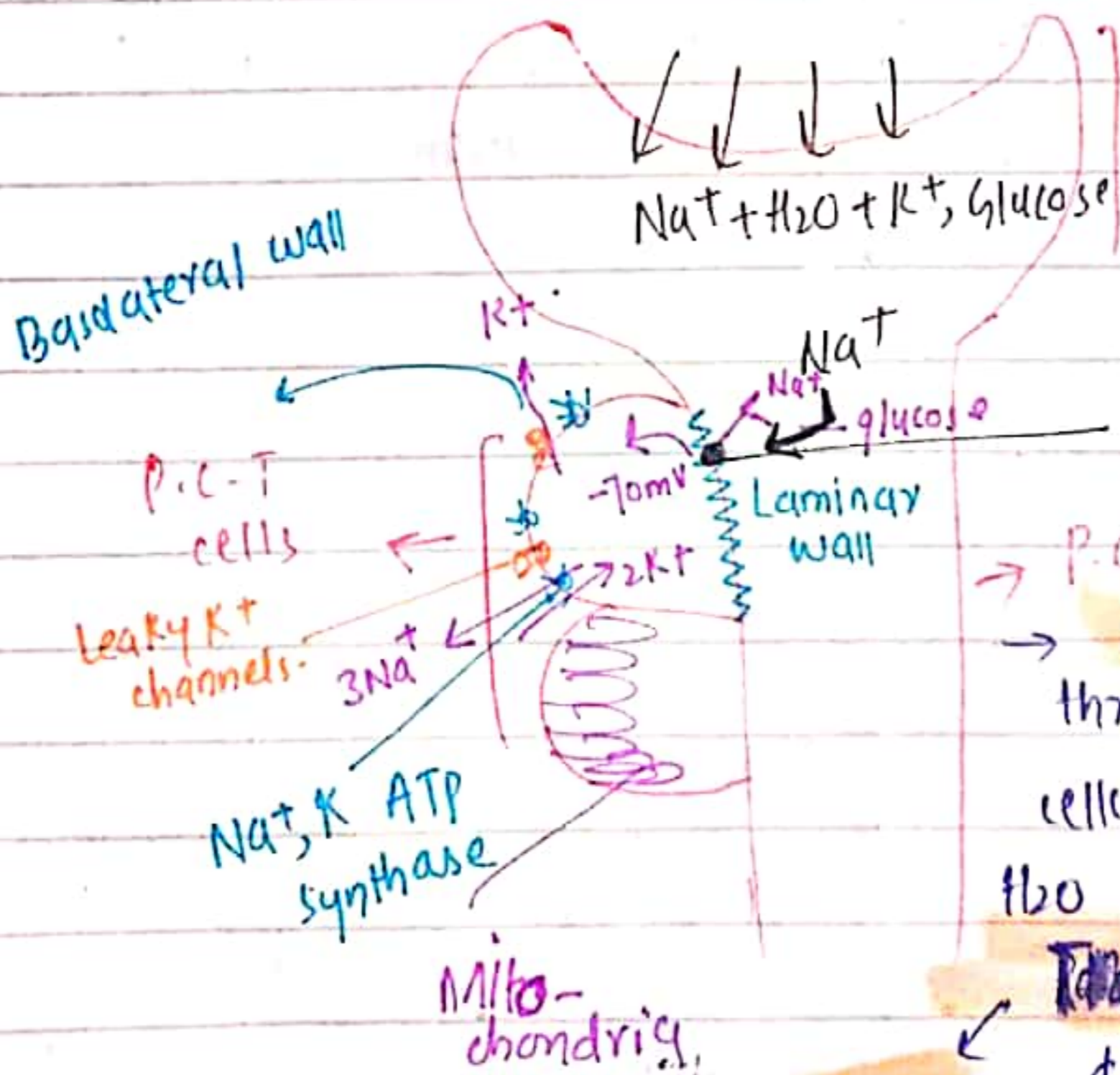
Average G.F.R =  $125 - 180 \text{ L/Day}$   
 $1 \text{ ml/min} = 1440 \text{ ml/Day} = 1.5 \text{ L}$

For 180L = 1.5 L

Less than 1.5L → oligouria

More than 1.5L → Polyuria.

It means 99% of Glomerular filtrates are reabsorb while only 1% are excreted through urine.



Bowman's capsule

carrier protein.

→ P.C.T  
→ Sodium can be Transported through both Trans & Para-cellular memb. However, in P.C. Tubule the reabsor max. occurs through Trans-cellular membrane & water dissolved ions through Para-cellular memb.



→ 65% of the Gl-Filtrate is reabsorb in P.C.T.

\* If 100ml G.F then 65ml reabsorb here.

\* Here 100% reabsorption of ~~Na<sup>+</sup>~~ & aminoacids {  
Glucose occur. while 65% of ~~Na<sup>+</sup>~~ Na<sup>+</sup> along  
with chlorine and H<sub>2</sub>O occurs.

→ P.C.T cells have luminal wall containing Brush  
like ~~rod~~ bodies for more absorption { also  
have Basolateral wall containing **Na<sup>+</sup>, K<sup>+</sup> ATPase.**  
(having capability of binding Na<sup>+</sup>, K<sup>+</sup> { breakdown  
of ATP)

( **Primary A. ) ATP** — **Primary A-Transp**  
**Transport** (By direct use of ATP)

**Sec. A-Transport**  
(indirect use).

→ By Na<sup>+</sup>, K<sup>+</sup> ATPase. Na<sup>+</sup> moves outside from  
the intracellular area against the concentration  
gradient. while K<sup>+</sup> move inside. more electroneg.  
take place leading to constipation, while there  
is also K<sup>+</sup> leaky channels in Basolateral  
wall through which few K<sup>+</sup> also moves out.

→ However, in the P.C.T the Na<sup>+</sup> conc. is more  
which can be Transported through the luminal wall  
into the P.C.T cells. bcz it is along the  
conc. gradient { andly it is (+ve) charge which  
can be attracted by the negative intracellular cell.  
But luminal wall doesnot allow it directly with  
the help of carrier protein it will move inside  
through **facilitated Diffusion.** with the co Transp.  
ort of Glucose.



65% Na<sup>+</sup>,  
65% H<sub>2</sub>O  
100% Glucose

100% A.A  
Cl<sup>-</sup> almost 60-65%

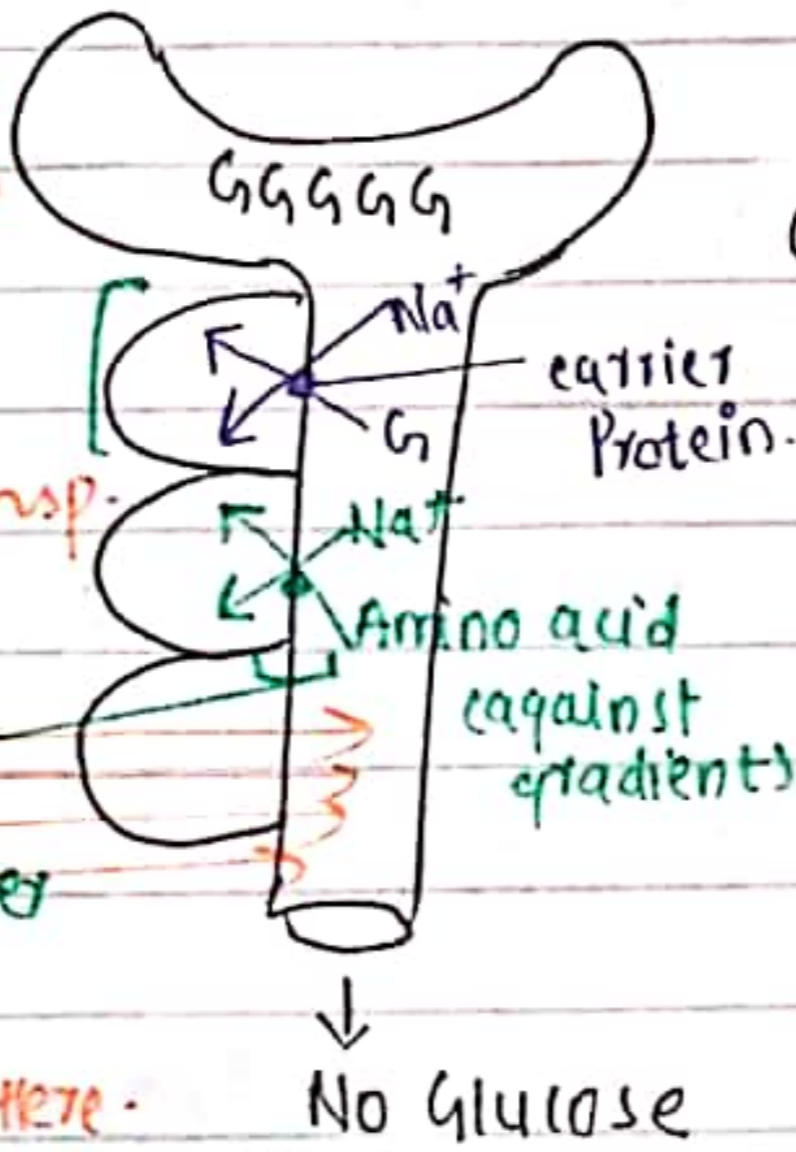
Reabsorb  
by  
Proximal con. Tubule

Na<sup>+</sup> carrier protein → Passive Transport → No ATP.

Na<sup>+</sup>, K<sup>+</sup> ATP Synthase → Active Transport → ATP ✓

Probenecid (Drug)  
block the cellular  
Transporter due to

which Na<sup>+</sup>, Glucose  
no Transporter  
Penicillin is Transp.  
in the Lumen.



oxalate Na<sup>+</sup>  
urate amino acid  
catecholamine Transporter

PAH  
are excreted from here.

Glucose reabsorb by the P.C-T cells, so, many of them are present in P.C-T cells and less conc. in Tubular area so, it needs energy for its Transport along with Na<sup>+</sup>, coTransport (But the energy for this is coming from the Na<sup>+</sup>, when moving inside release energy

by **sec. active Transport**.

→ Mitochondria present in Basolateral wall has ~~which~~ which provides energy for the Na<sup>+</sup>, K<sup>+</sup> ATPase.

→ For Glucose } Amino acids Transportation from the P.C-T cells, channels are present that allow it to move in any direction. but due to higher conc. inside so it will moving outward. called **facilitated Diffusion**.

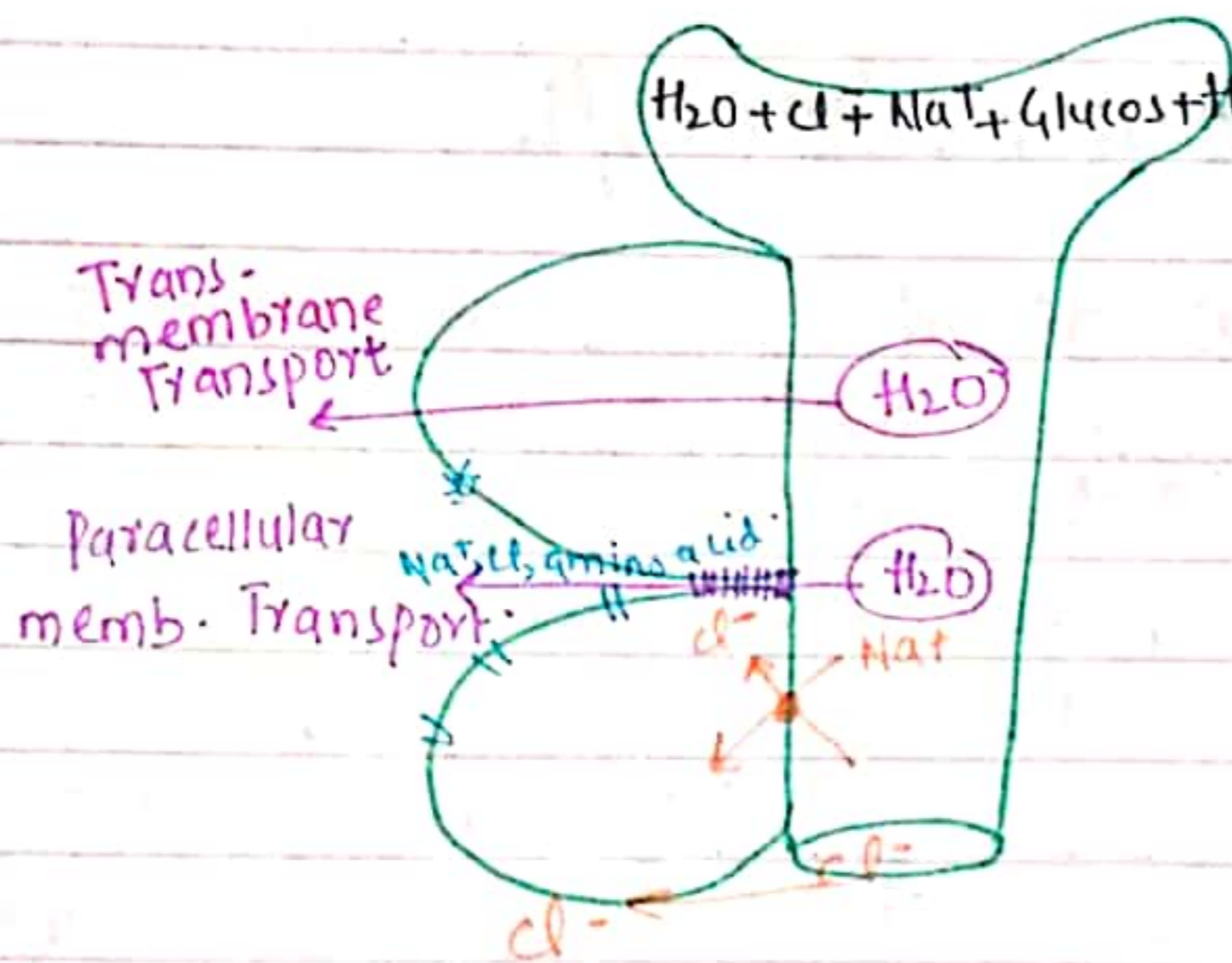
Na<sup>+</sup> → from Tubule into P.C-T cells by carrier Protein (facil-Dif)  
from P.C-T-C into interstitial cells (extracellular fluid)  
Primary Active Transport (Na<sup>+</sup>, K<sup>+</sup> ATPase)



Phosphate reabsorption is stop by hormone (Parathyroid hormone) & calcium.

Glucose/Amino acids  $\rightarrow$  from Tubule into P.C.T (by Sec. Active Transport) from P.C.T. cells  $\rightarrow$  Int. Fluid by (Facilitated diffusion/channels)

The first part of the P.C.T is busy in taking  $\text{Na}^+$  with Glucose while the latter part can take  $\text{Na}^+$  with  $\text{Cl}^-$  & till last part the Tubular process become concentrated. Now  $\text{Cl}^-$  moved through passive Transp.



\* Along with  $\text{H}_2\text{O}$ , moving inside the cell, some of the solute present in tubular cells moved in interstitial cells along with  $\text{H}_2\text{O}$  called **Brag solvent Mechanism**

$\text{Cl}^-$   $\rightarrow$  Secondary Active Transport (co-Transport with  $\text{Na}^+$ )

$\text{Na}^+$   $\rightarrow$  Primary Active Transport (from P.C.T  $\rightarrow$  Int. cell)

$\text{K}^+$   $\rightarrow$  Passive Transport (In the End part) (from Int. cell  $\rightarrow$  P.C.T)



# Lecture 79

HCO<sub>3</sub><sup>-</sup> (alkali) is use to maintain the normal

pH = 7.4

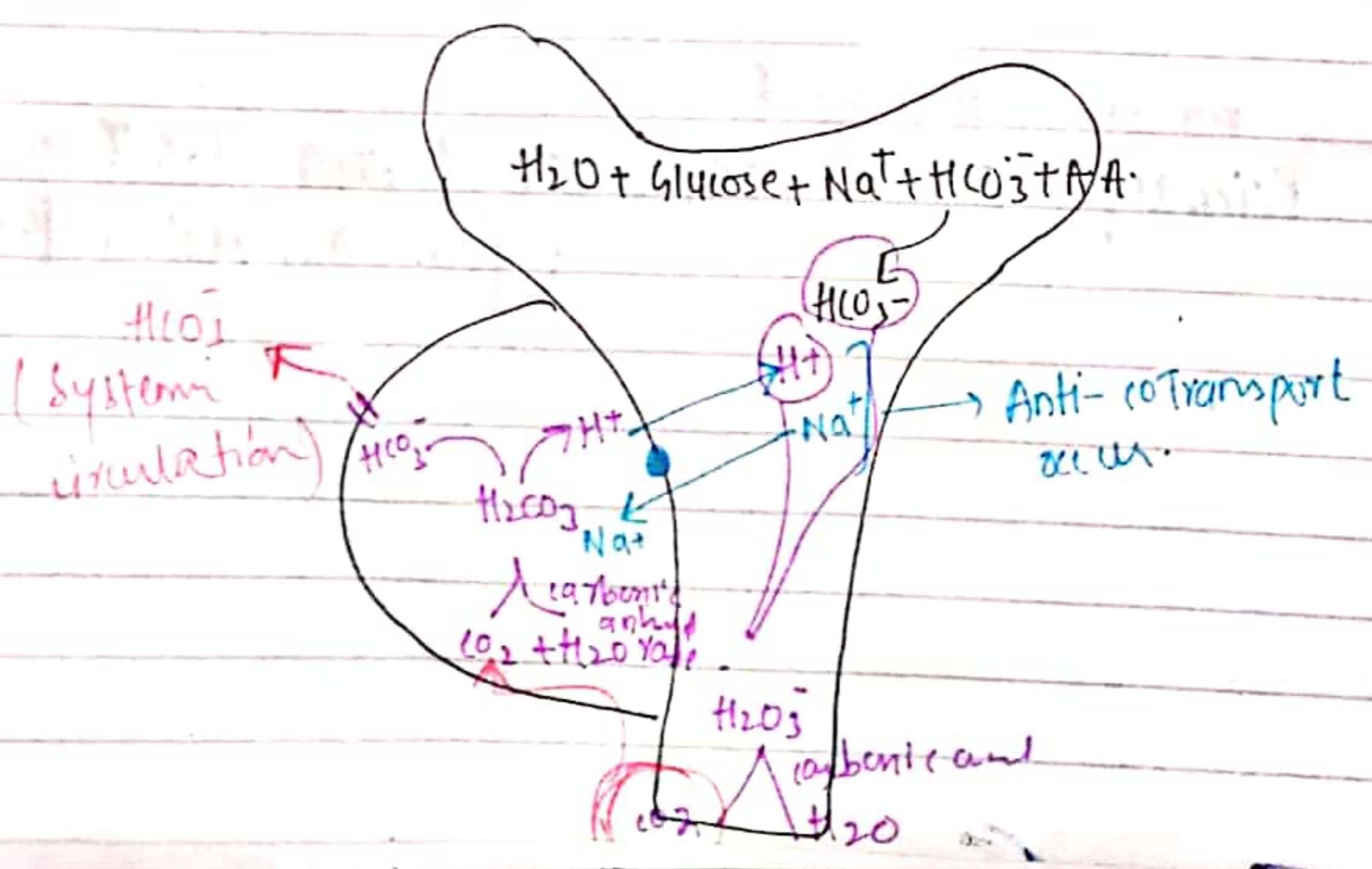
Why it is necessary to maintain pH?

pH is use to maintain the protein structure.  $\text{CO}_2$ .  
 $\uparrow \text{H}^+$  conc. destroy the protein foldings while  
 $\downarrow \text{H}^+$  conc. }  $\uparrow \text{-OH}^-$  causes abnormal folding.  
Due, to which we can't get normal enzyme  
for functioning.

Normal H<sup>+</sup> (proton) conc. = 40 neq/L

Kidney is the master gland for production of Bicarbonate (HCO<sub>3</sub><sup>-</sup>) as well as its conservation also take place here.

→ HCO<sub>3</sub><sup>-</sup> present in Blood are always in threat of destruction bcoz CO<sub>2</sub> removed from our cells in body form carbonic acid (H<sub>2</sub>O<sub>3</sub>) with H<sub>2</sub>O which is split by carbonic anhydrase } its (H<sup>+</sup>) then again combine with bicarbonate.





$\text{Na}^+$  → from P.C.T cell → Tubular cells ] Passive Transport  
Facilitated Diffusion

$\text{H}^+$  → from P.C.T cell → Tubular cells ] Sec. Active Transport

$\text{Na}^+$   
 $\text{H}^+$  ] Anti. Co-Transporter

$\text{HCO}_3^-$  → moves out from P.C.T cells to interstitial cells ]  
Passive Transport

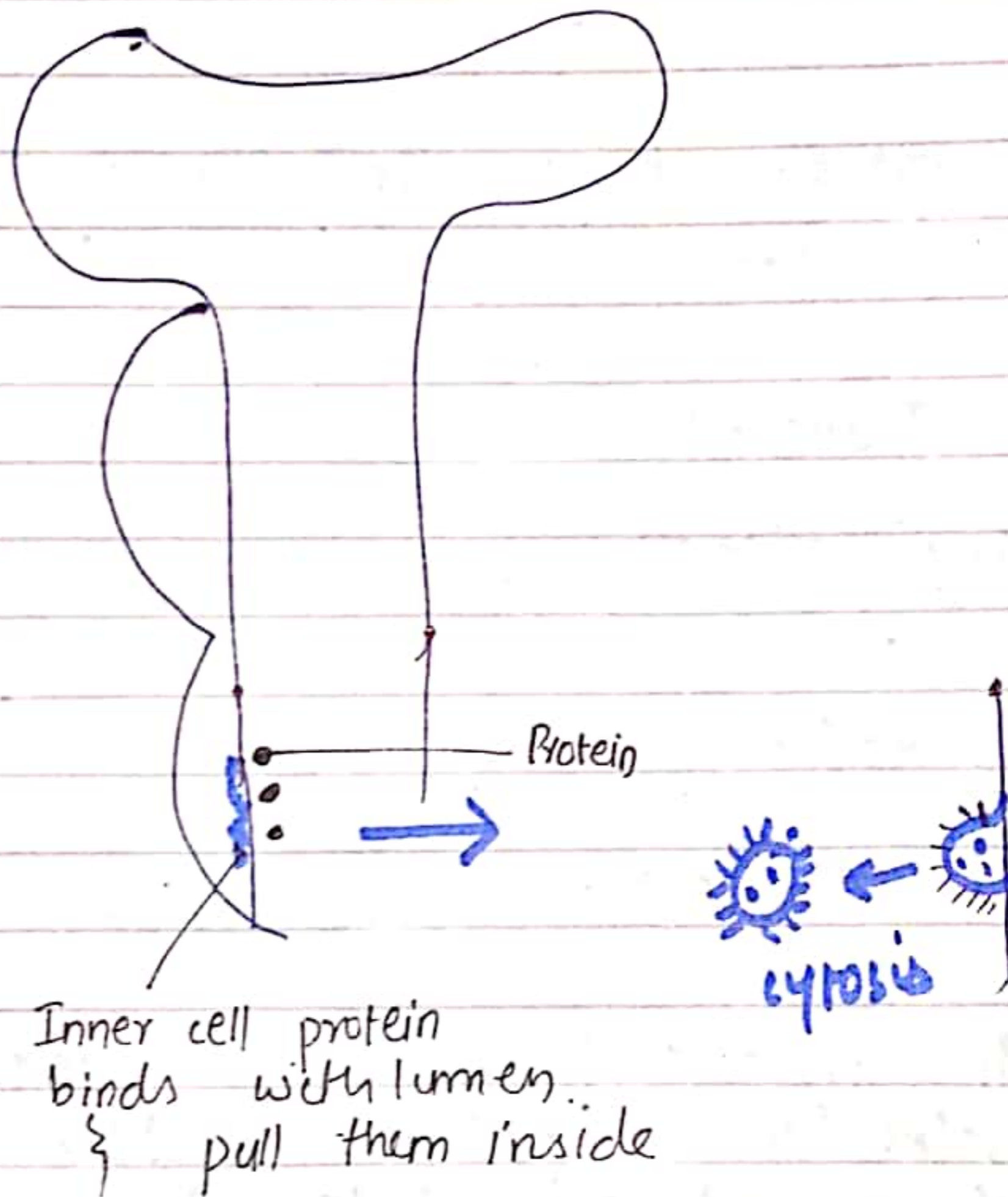
- Active Transport
  - Primary active Transport
  - 2ndry Active Transport
    - Cytosis (Endocytosis) (Pinocytosis)

Kidney has major function in catabolism of low molecular weight protein (like Insulin etc.) which catabolise to glucose moves into the body.

→ In Normal human urine, almost negligible protein is present. When protein enters proximal cells, it is totally reabsorb by cells. In abnormal state it is not.



In case of Hb, (rupture of RBC) then Hb also filters through Bowman's capsule, when it passes through the P.C.T it passes into the P.C.T cells. The Fet of Hb destroy mitochondria causes destruction of P.C.T cells.



\* Some substances which are reabsorb from lumen to the cellular side of P.C.T attain the condition of **Transport maximum** (at which further capability of lumen to transport extra solutes/substances vanishes. In case of Diabetes mellitus, further glucose is not reabsorb by P.C.T (above its limit) then some glucose



passes through the urine.

$\text{Na}^+$  does not have only one way to reabsorb like Glucose which can reabsorb only through the co-transport with the  $\text{Na}^+$  while  $\text{Na}^+$  can reabsorb through multiple way by:

$\text{Na}^+$ , Glucose

$\text{Na}^+$ , Aminoacids

Solvent Drag etc.

It doesn't depend on  $T_{\text{max}}$  like Glucose. If at one point it is unable to reabsorb it can then reabsorb by another.

$\text{Na}^+$  absorption depends on

→ Gradient  $\leftarrow$  <sup>conc</sup> electrochemical

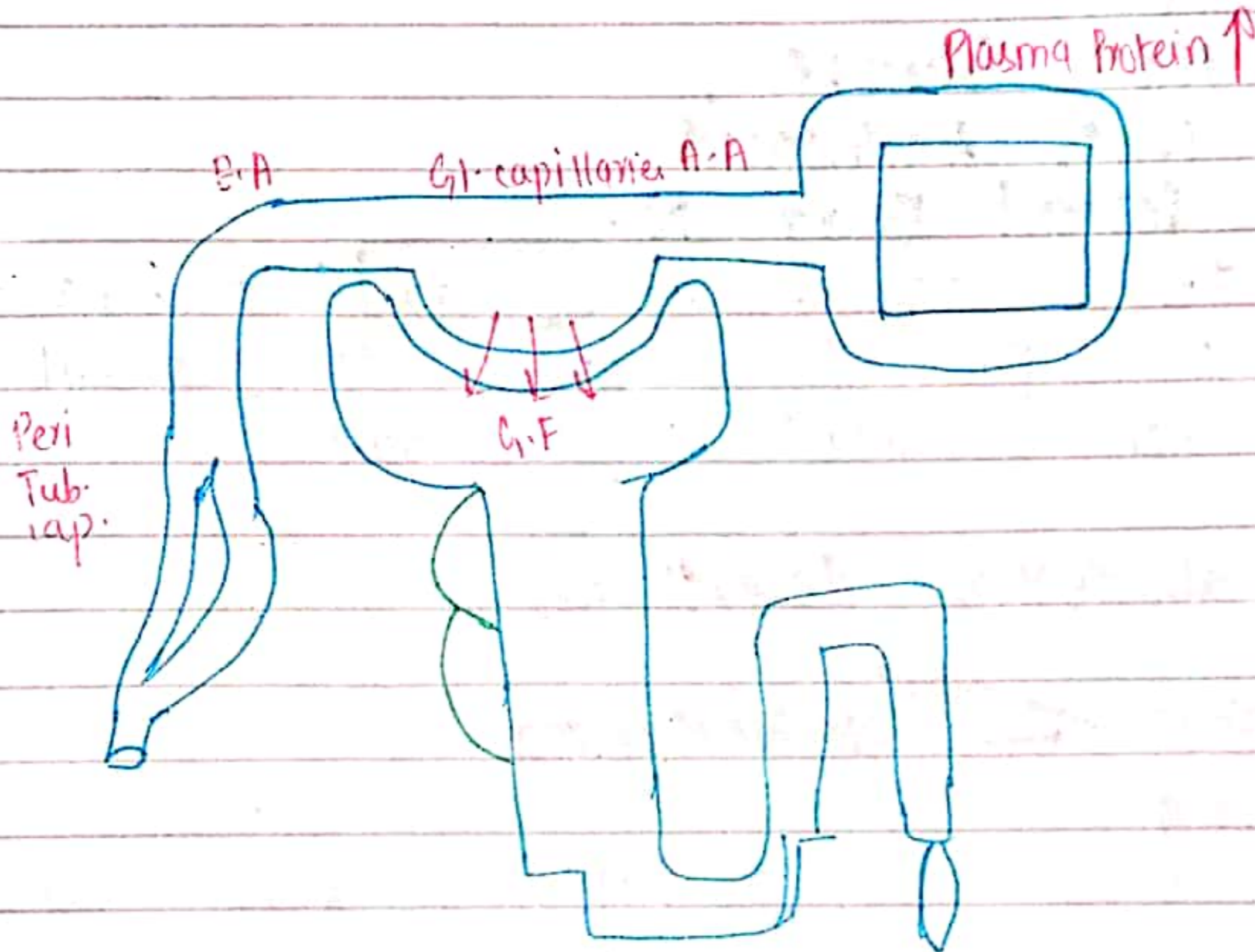
→ Timing

(Bcz when Glomerular Filtration flows rapidly when it is in more conc. then it is less extracted by P.C.T cells) while when its conc. ↓ then more  $\text{Na}^+$  are extracted while in Glucose rather the Timing/conc. is more or less they will be totally extracted into P.C.T. cells from lumen to paracellular cells.



## Lect #10

Glucose Titration Curve & Transport maximum ( $T_{max}$ )  
(Relationship b/w Plasma glucose conc. with Filtered glucose, reabsorbed & excreted glucose)



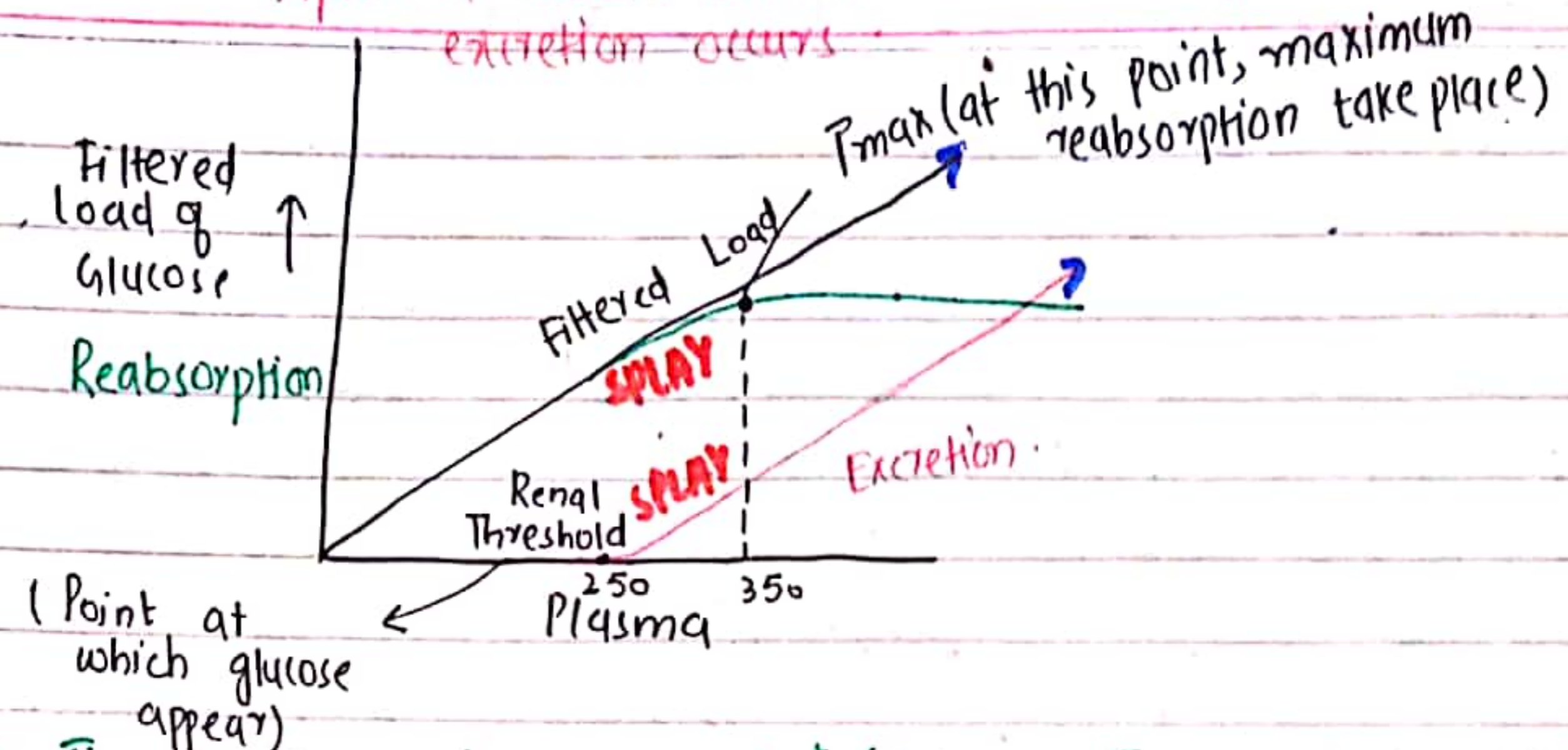
- \* In Normal person, all the glucose present in systemic circulation are reabsorb by proximal convoluted Tubular cell through  $\text{Na}^+$ ,  $\text{K}^+$  <sup>glucose</sup> co-Transporter.
- \* But in abnormal situation, when glucose conc. is too much high, a point reaches when further glucose from glomerular filtrate is not reabsorb bcz of  $\text{Na}^+$ , Glucose co-Transporters are saturated (booked). So in this case these extra glucose will pass through the excretion.



Plasma Glucose conc. & Glomerular Filtration.

At certain point, Reabsorption not occur.

After a certain limit, when reabsorption stops then excretion occurs.



\* The amount of  $Na^+$  Glucose Transporter varies in each Nephron. Each one has different capability for Reabsorption..

→ Due to diff. capability of Nephron, the Renal Threshold is less than  $T_{max}$ .

Reason of Splay

- Heterogeneity of Nephron
- affinity of  $Na^+$  Glucose Transporter (Due to less affinity some of the glucose detaches from  $Na^+G$  Transp) } then attach to another one →

Filtered load =  $[G] \times G.F.R$

↑ Filtered load =  $[G] \times G.F.R$   
Diabetes Mellitus const.

↑ F-load =  $[G] \times G.F.R$   
Pregnancy Normal

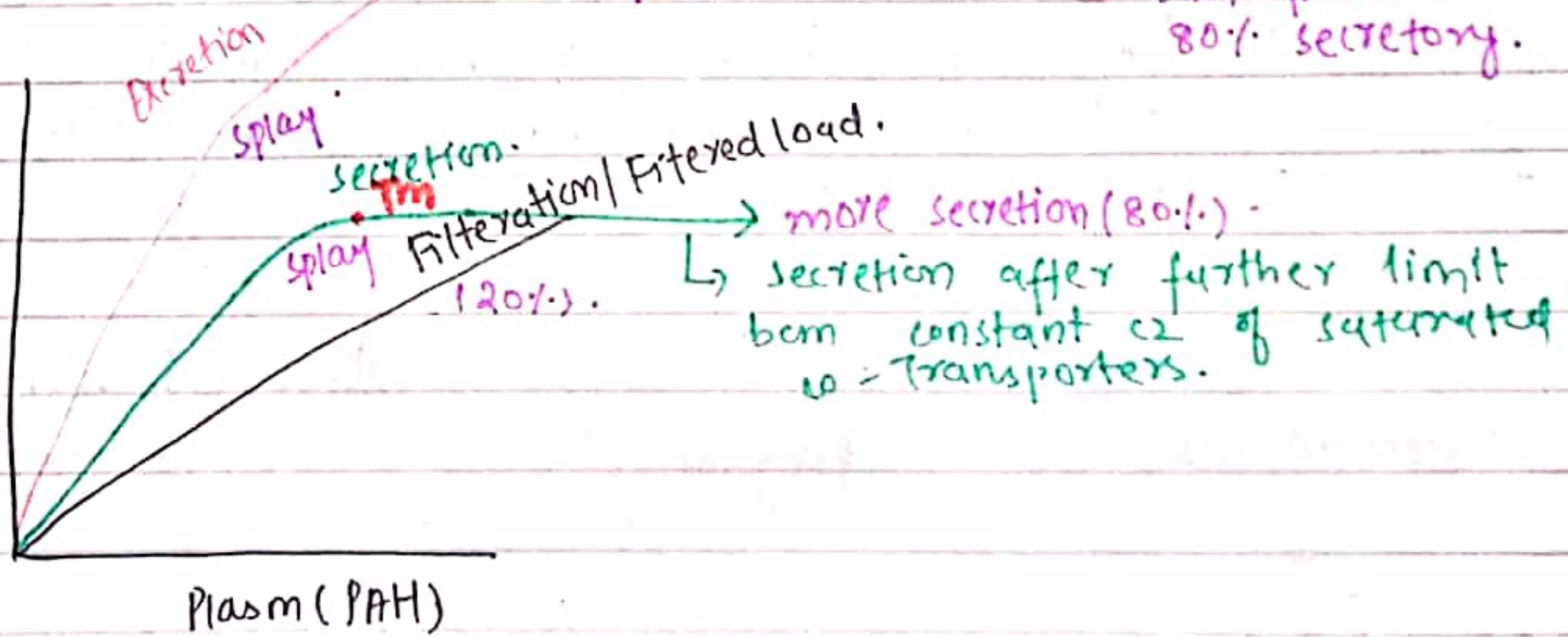
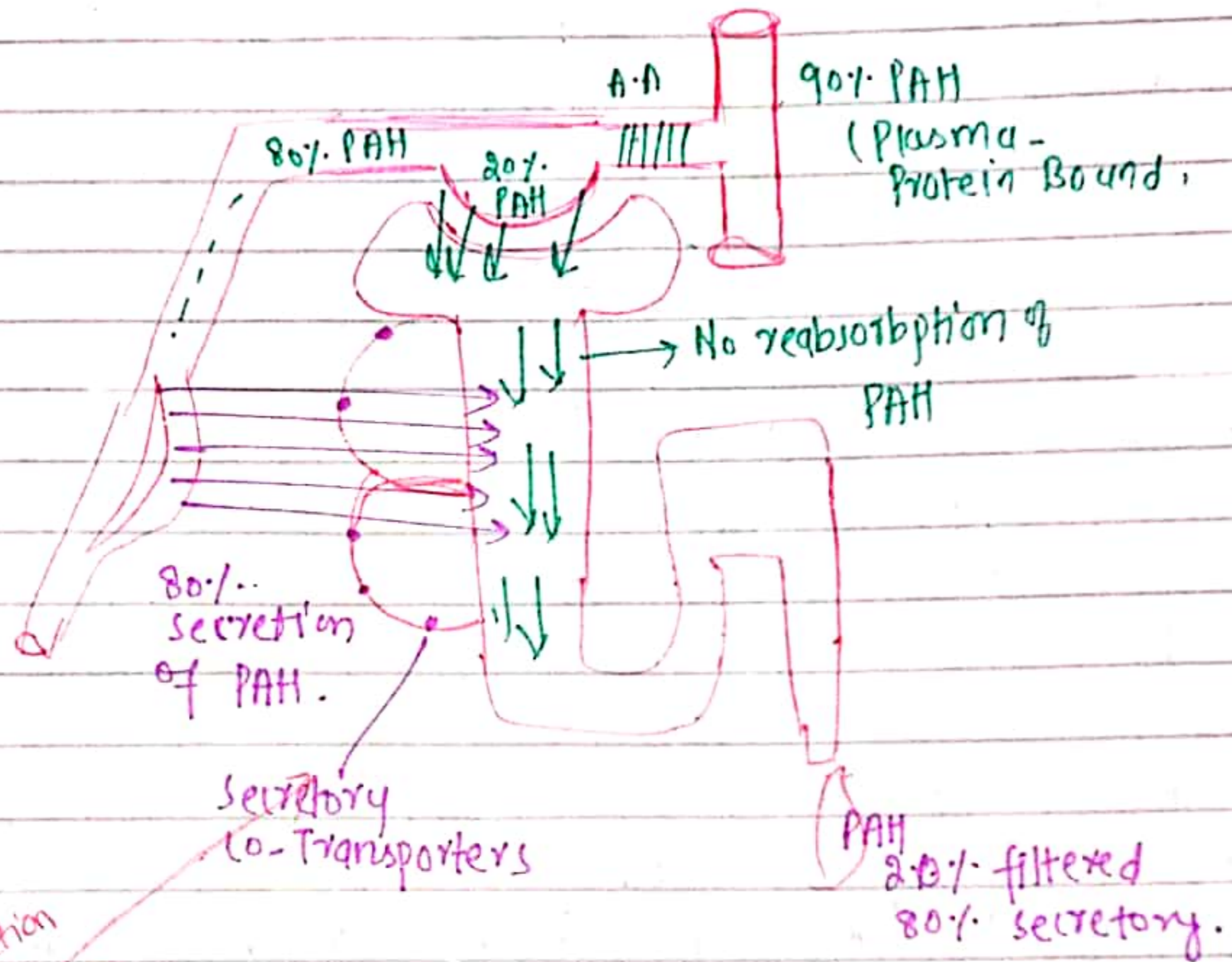
↑ Filtered Load =  $[G] \times G.F.R$   
(Normal) Norm Norm



\* Here also glucose excreted in urine of diff. capability of Nephron here Renal Threshold is less than 250, as  $Na^+$  Glucose transporter



Para Amino Hippuric acid → An example of excretory substances (PAH)



\* If there is too much conc. of PAH in plasma protein then some of it will also pass into Renal vein. & it is most imp. point to measure the Renal Blood Flow.



# Net effects of reabsorption & secretion.

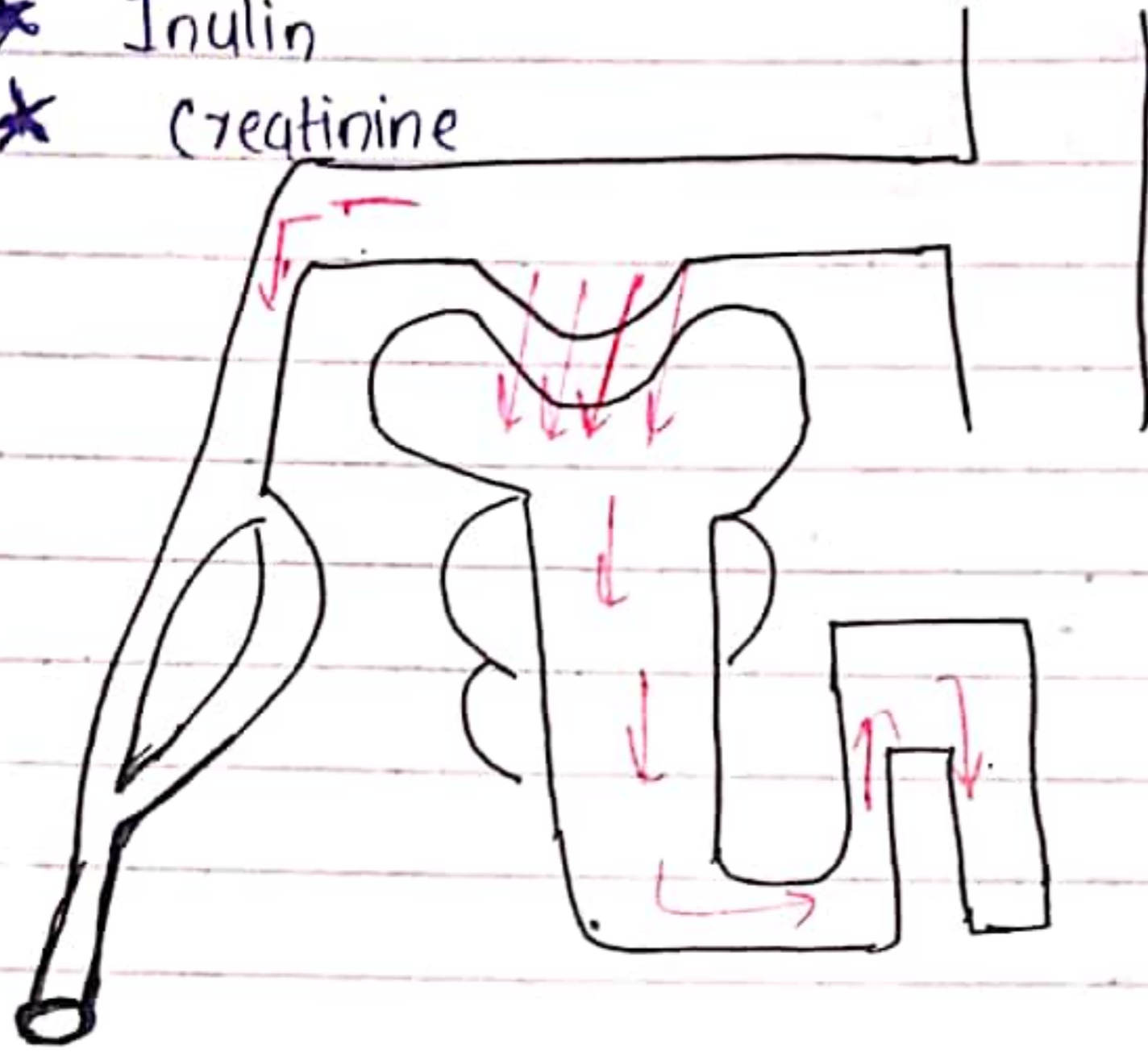
1. **Filteration** (No reabsorption & No secretion)  
Filtered Load =  $\frac{\text{Secretory Load}}{\text{Excretory Load}}$

## Example:

Inert compounds like

\* Inulin

\* Creatinine



## 2. Reabsorption:

(As well as filtration, Reabsorption also occurs).

Filtered Load > Excretory Load

## Example:

\* Glucose

\* Amino Acids

\* Na<sup>+</sup>

\* Cl<sup>-</sup>

## 3. Secretion

(Not reabsorption, only filtration & <sup>secretion</sup> excretion occur)  
Excretory Load > Filtered Load

\* All organic Acids

\* PAH



\* Para Thyroid Hormone reabsorb calcium from Distal

convoluted Tube. It is (P.T.H) phosphate Releasing Hormone, it stops reabsorption of phosphate in P.C.T.

\* **Angiotensin - II** also works on P.C.T due to which it  $\uparrow$   $\text{Na}^+$  reabsorption, it is vasoconstrictor, produces/secrete Aldosterone & too many other functions.

\* **Activation of Vitamin D**

Inactive vit. D from skin then activate in P.C.T & then moved Towards Blood.

Sunlight  $\rightarrow$  Fall on skin (Production

of cholecalciferol)  $\rightarrow$  goes to general circulation (

Taken by liver)

Blood

$\alpha$ -1-Hydroxylase.

In Hepatocyte

$\uparrow$   $1,25\text{-OH}$  cholecalciferol  $\leftarrow$  kidney P.C.T

there is enzyme it add -OH to the 25-

Position of cholecalciferol

it is inactive

## Lecture:

Normal Osmolarity = 280 milliosmol/litre.

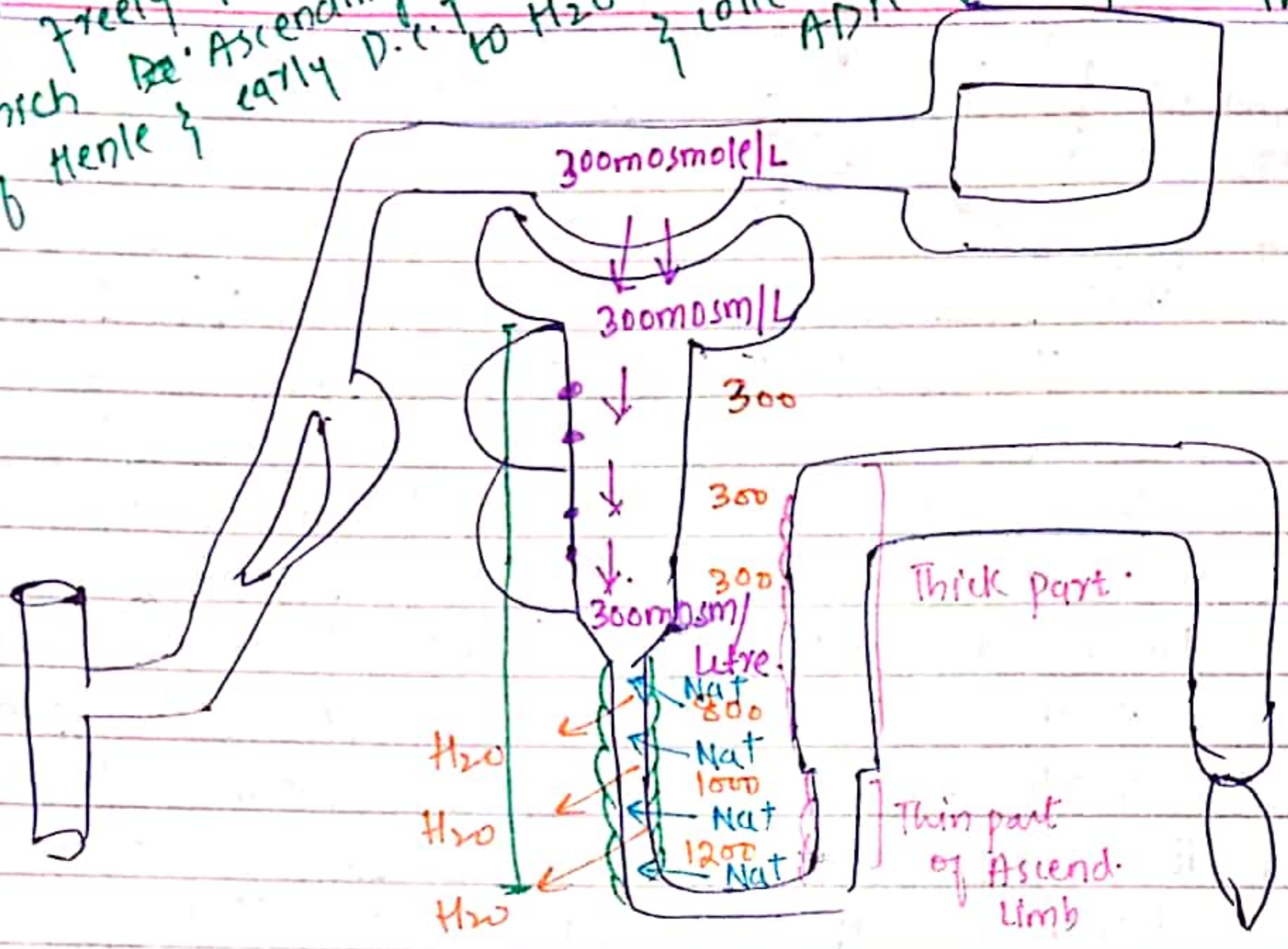
But for our convenience we consider it as 300 milliosmol/litre.

The Osmolarity of the Plasma in the G.C is 300 mOsm/litre when it filtered the G.I. filtrate also have 300 mOsm/litre in the proximal part of P.C.T as well as the distal part of P.C.T. Bcz, the amount of solute which reab. the  $\text{H}_2\text{O}$  also reabsorb with solute. Therefore,



**Imp. Note :-**

- P.C.T is freely permeable to H<sub>2</sub>O
- Descending part of Loop of Henle is freely permeable to H<sub>2</sub>O
- Ascending part of Loop of Henle is not permeable to H<sub>2</sub>O
- D.C.T are not permeable to H<sub>2</sub>O
- Collectables are regulated by ADH if it is present then it is permeable if not then not permeable.



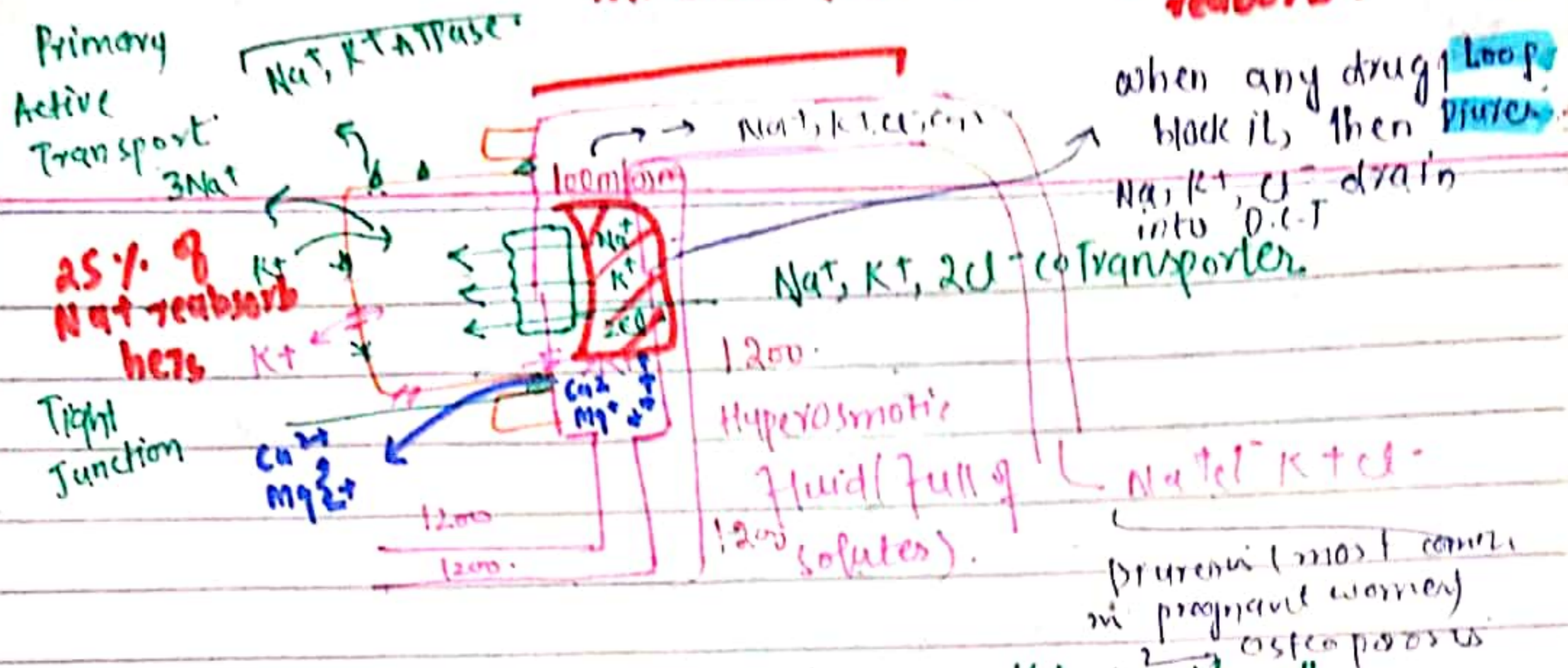
the conc. of solution & solvent will be same but its amount will be decrease. Like, in start if 10ml of solute present in 20ml solv. then now 5ml solute will be present in 10ml solvent. The Osmolarity will be less than 300 when it is diluted & on concent. the osmolarity will be more than 300. **(Isosmotic absorption)**

**Occurs in P.C. Tubule.**

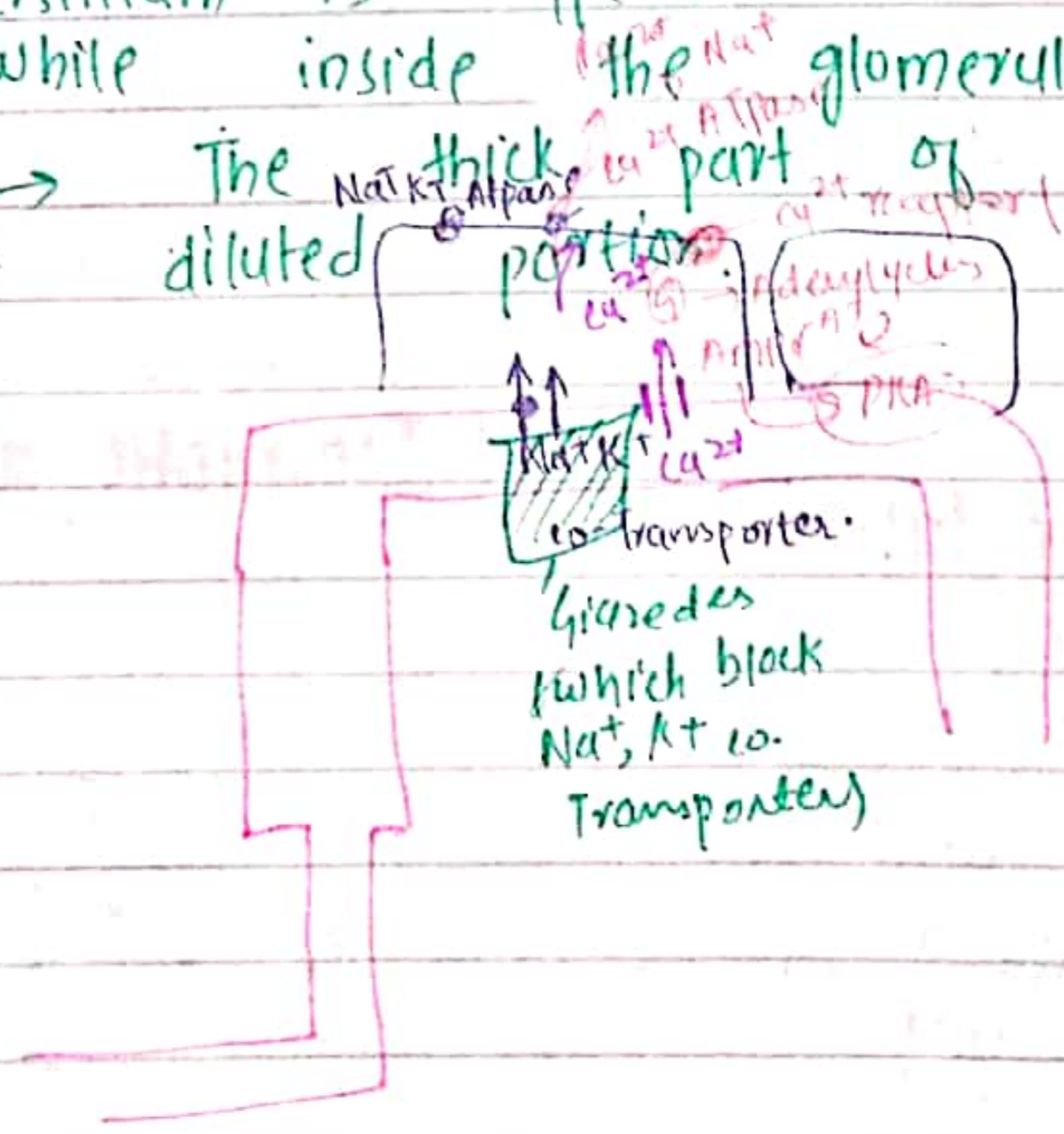
- \* 65% H<sub>2</sub>O reabsorption occurs at P.C.T while
- 20% at Descending loop of Henle when Nephron moving down into the medullary part it becomes concentrated & osmolarity ↑ from 300 - 1200. The thick Desc. loop of Henle is permeable to H<sub>2</sub>O but partially permeable for Na<sup>+</sup>. So when H<sub>2</sub>O reabsorption occurs, Na<sup>+</sup> also moves inward & osmol. ↑.



Till distal part almost 90%  $\text{Na}^+$  is reabsorb.



\* Due to too much accumulation of  $\text{K}^+$  inside the P.C.T cells, there are some leaky channels in the lumen as well as in the basolateral membrane through which  $\text{K}^+$  moves out } prevent it from its accumulation. when it moves inside the lumen, it causes its potential to be electropositive } the divalent cations present here ( $\text{Ca}^{2+}$ ,  $\text{Mg}^{2+}$ ) attaches through it } by **Paracellular Transp** membrane it rushes outside. Due to which, the interstitium is hyperosmotic too much solutes here, while inside the glomerulus fluid is hypsomatic  $\rightarrow$  The most diluted portion of loop of Henle is





Here,  $Ca^{2+}$  is reabsorb by Transcellular membrane having

PTH receptor here. The PTH receptor attach with intracellular G-protein which stimulates Adenyl cyclase } convert ATP  $\rightarrow$  cAMP which produces Protein Kinase Adeny (PKA). The PKA will do phosphorylation of  $Ca^{2+}$  synthase }  $Ca^{+}$  Na cotransporter, through which more reabsorption of  $Ca^{2+}$  occurs from D.C.T cells into the interstitium. Due to less amount of  $Ca^{2+}$  here, the inside the Tubular cells due to  $Ca^{2+}$  leaky channels the  $Ca^{2+}$  will also move from here to outside for reabsorption.

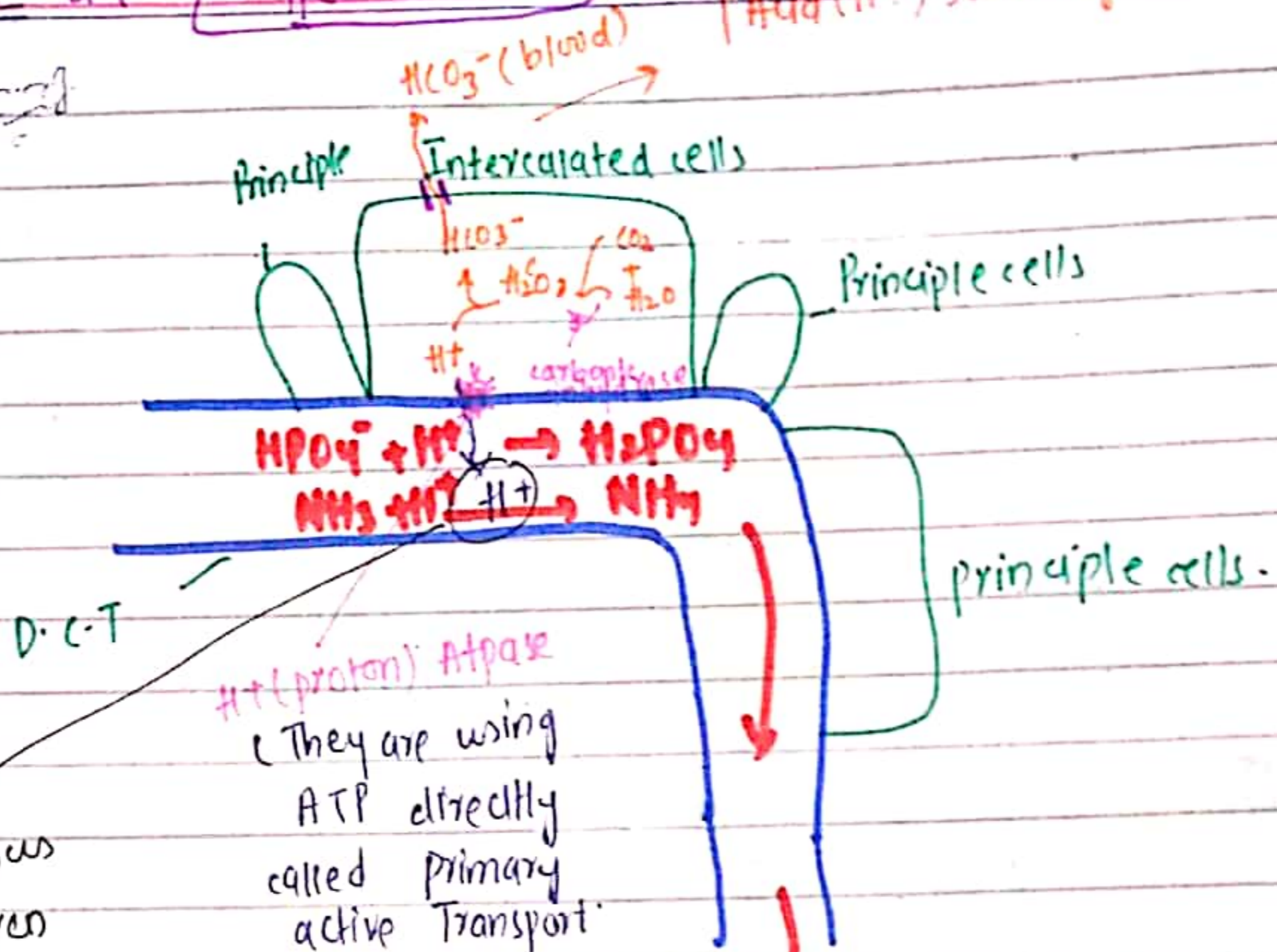
\* Thiazides will block the Na, Cl- reabsorption then these will excrete, they not only produce Natriuresis as well as Diuresis.  $\rightarrow$  also approximate osteoporosis

\* Loop diuresis loop excrete out  $Ca^{2+}/Mg^{2+}$  also  $\rightarrow$  no  $K^{+}$  enters through leaky channels no electropositive potential inside the Tubule so no  $Ca^{2+}, Mg^{2+}$  reabsorption occur. while, in case of the D.C.T the  $Ca^{2+}$  reabsorption take place in a different way it dec. the  $Ca^{2+}$  losses through urine.

$\rightarrow$  Caizalides are hypocalcemic drug  $\rightarrow$  it inc. the  $Ca^{2+}$  reabsorption due to Caizalides it blocks Na,  $K^{+}$  cotransporters, so, there will be no transp. inside the D.C.T cell so, there will be shortage of Na here which can be fulfilled by using  $Ca^{+}$ , Na transporter through which max. transp. of Na occurs from interstitium inside the cell. } max.  $Ca^{2+}$  reabsorption occurs in interstitium



Loop diuretics are Hypercalciuretic ~~Acid (H<sup>+</sup>) secreting cell.~~



$\text{H}^+$  (proton) ATPase  
 (They are using ATP directly called primary active transport.)  
 → They are very powerful that they can pass  $\text{H}^+$  through the 100 folds towards lumen.

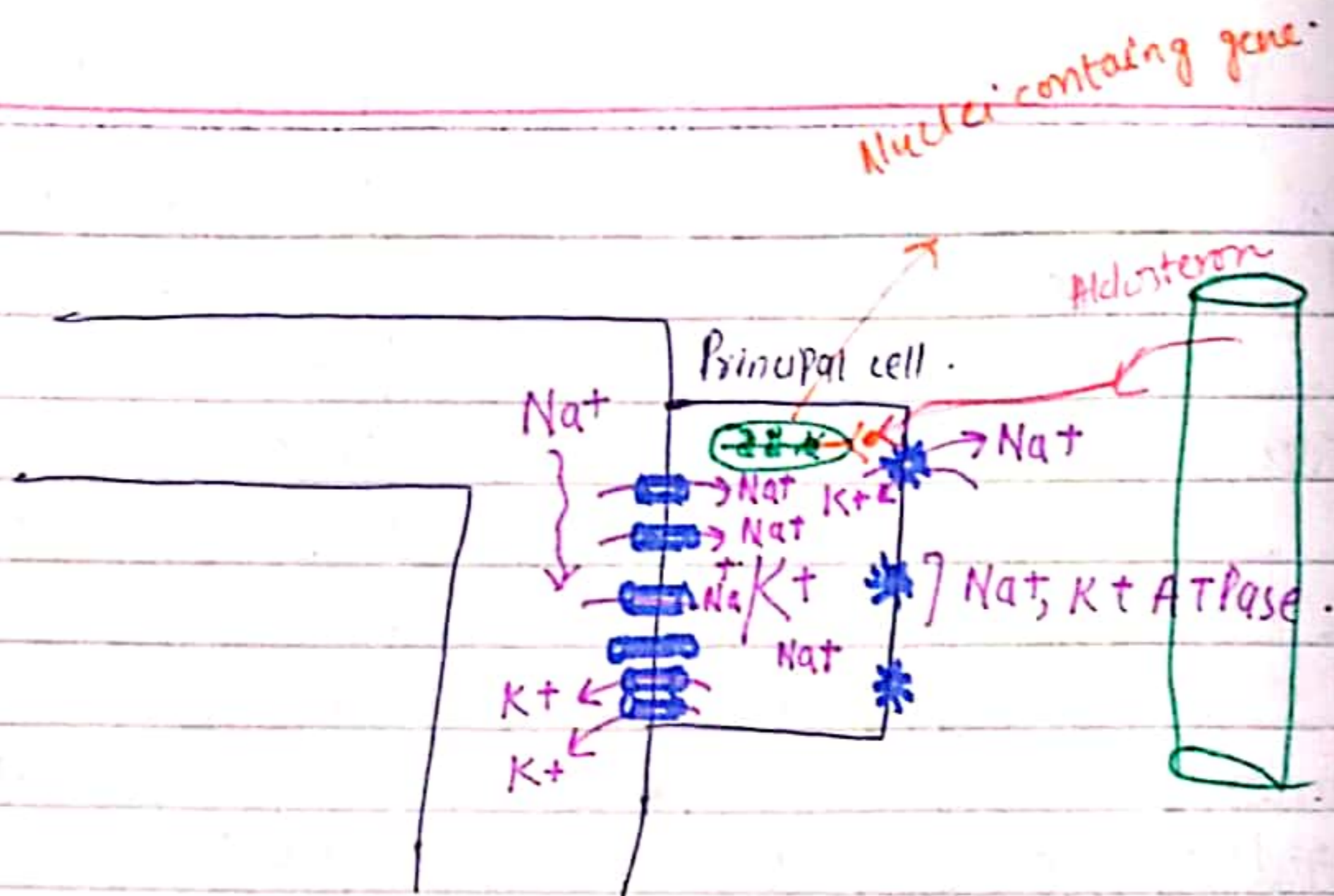
$\text{HPO}_4^- \downarrow, \text{H}_2\text{PO}_4^- \uparrow$   
 $\text{NH}_3 \downarrow, \text{NH}_4^+ \uparrow$

This proton is dangerous which can even destroy the other substances. This area will go back. So, we will put it into a basket which will come from G.F.R.

\* Monobasic } Dibasic phosphate ( $\text{HPO}_4^-$ ,  $\text{H}_2\text{PO}_4^-$ ) from G.F.R. passes into the D.C.T } here the  $\text{H}^+$  of intercalated disc combine with it, also this  $\text{H}^+$  combine with the  $\text{NH}_3$  to form the  $\text{NH}_4^+$ . In case of acidosis (more  $\text{H}^+$ ) outside in interstitium more  $\text{HCO}_3^-$  bind with  $\text{H}^+$  } Bicarbonat carbonic acids form which can be again through carbonic anhydrase split } again  $\text{H}^+$  provide



## Lecture :



\*  $\text{Na}^+$  due to  $\text{Na}^+$ ,  $\text{K}^+$  ATPase moves into the interstitium while  $\text{K}^+$  inside the cell. Due to which inside  $\text{K}^+$  conc. is more while  $\text{Na}^+$  conc. is less. }  
by  $\text{K}^+$  leaky channels  $\text{K}^+$  moves inside the lumen while  $\text{Na}^+$  moves into the cellular body by Facilitated diffusion } through primary Active Transport into the interstitium.

\* The activity of the principal cells can be enhanced by Aldosterone. Aldosterone secreted by the glomerular adrenal cortex it is lipid soluble easily pass through the principal cell } here it binds with the receptor forming Aldosterone Receptor complex. which convert these gene containing inside Nucleus into mRNA  $\rightarrow$  Protein } then  $\text{Na}^+$ ,  $\text{K}^+$  ATPase. So, more  $\text{Na}^+$ ,  $\text{K}^+$  ATP will form on basolateral layer. } more  $\text{Na}^+$  reabsorbed along with  $\text{H}_2\text{O}$  } more  $\text{K}^+$  secretion take place.



under influence of aldosterone, principal cells retain

Na<sup>+</sup>/salt & water } maintains the blood volume.

→ Those diseases in which aldosterone level is high in the blood then salt & H<sub>2</sub>O retain which K<sup>+</sup> (more) excreted in urine.

In cardiac failure, shock, hypoketemic patient ⇒ Aldosterone level is high.

In Conn's Syndrome; Tumour present at glomerulosa, too much production of aldosterone occurs, causing Na<sup>+</sup>/H<sub>2</sub>O reabsorption & K<sup>+</sup> is excreted in urine.

65%. Na<sup>+</sup> absorb by → P.C.T

25%. Na<sup>+</sup> by Thick loop of Henle

7-3%. → Early part of D.C.T

3-7%. → by Principle cells (last part of Nephron)

\* Due to Diuretic's loop Diuretics intake more K<sup>+</sup> are excreted in urine (Hypoketemia)

→ Acetazolamide can block the enzyme carbonic anhydrase in the proximal convoluted Tubule. then cell will not secrete proton H<sup>+</sup> (from carbonic acid) & these ~~are~~ bicarbonate from G.F.R move through the distal convoluted Tube (late) & here it accumulates.

\* The Diuretics present in P.C.T, Thick part of loop of Henle, early D.C.T causes accumulation of the



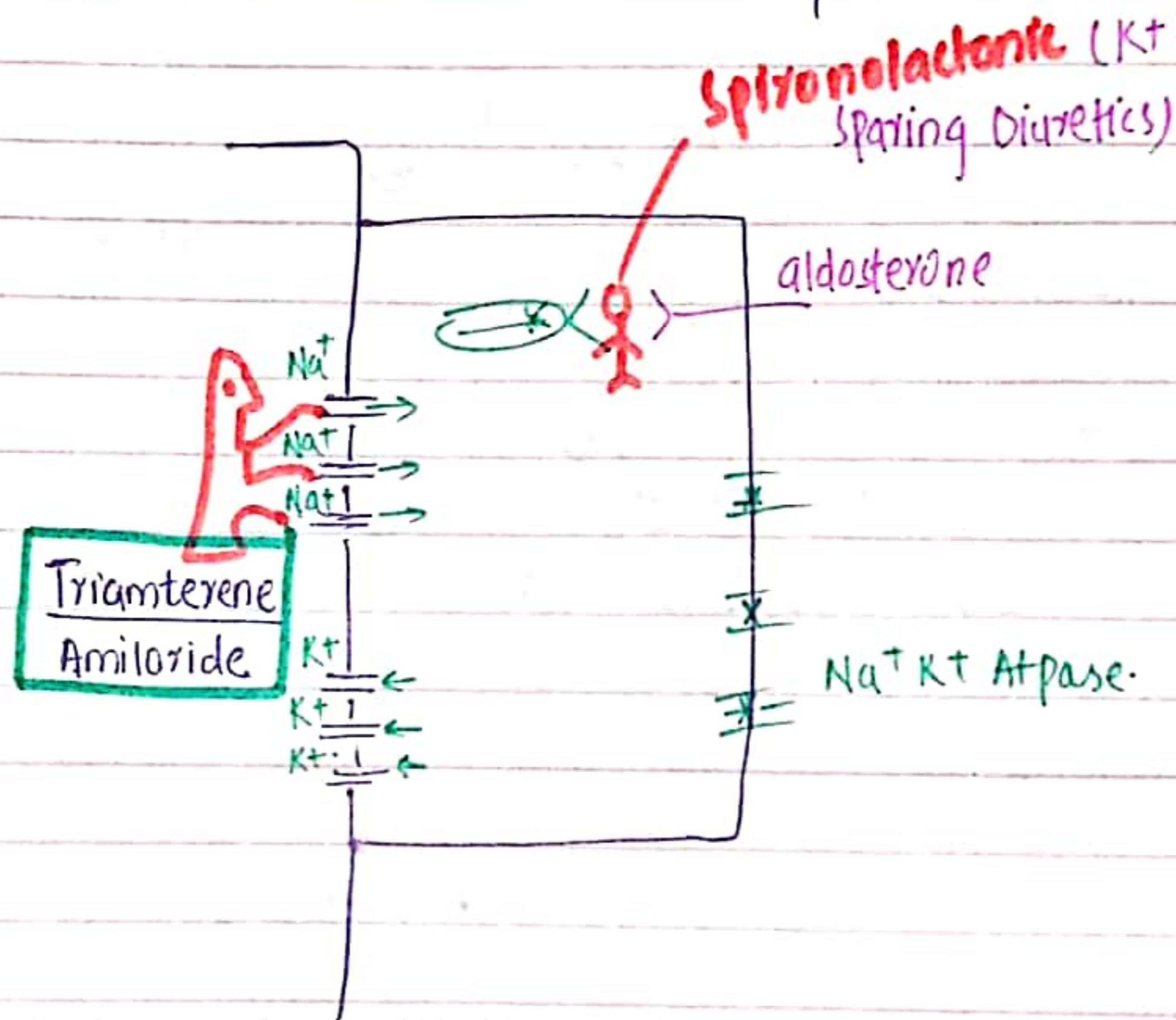
Positive ions ( $\text{Na}^+$ ), neg. ions ( $\text{Cl}^-$ ,  $\text{K}^+$ ) }  $\text{HCO}_3^-$  & ( $\text{H}_2\text{O}$ )

principal cells

→ All diuretics which work proximal to the principal cells are the  $\text{K}^+$  wasting diuretics. This why, person taking diuretics having more chances of Hypokalemia (more  $\text{K}^+$  wastage in urine).

⇒  $\text{K}^+$  accumulation causes its more loss as well as  $\text{K}^+$  present in lumen from interstitial cells also wasted.

→  $\text{HCO}_3^-$  attracts  $\text{K}^+$  into lumen } more  $\text{K}^+$  moves out.



\* Spironolactone will block aldosterone receptors due to which aldosterone (which causes  $\text{Na}^+$ ,  $\text{H}_2\text{O}$ ) retention will not occur } less  $\text{Na}^+$ ,  $\text{K}^+$  ATPase less  $\text{K}^+$  will be in the lumen, so less  $\text{K}^+$  will move out. This why it is  $\text{K}^+$  sparing diuretics.

\* Triamterene } Amiloride are also ( $\text{K}^+$  Sparing Diuretics) it blocks  $\text{Na}^+$  channels due to which no  $\text{Na}^+$

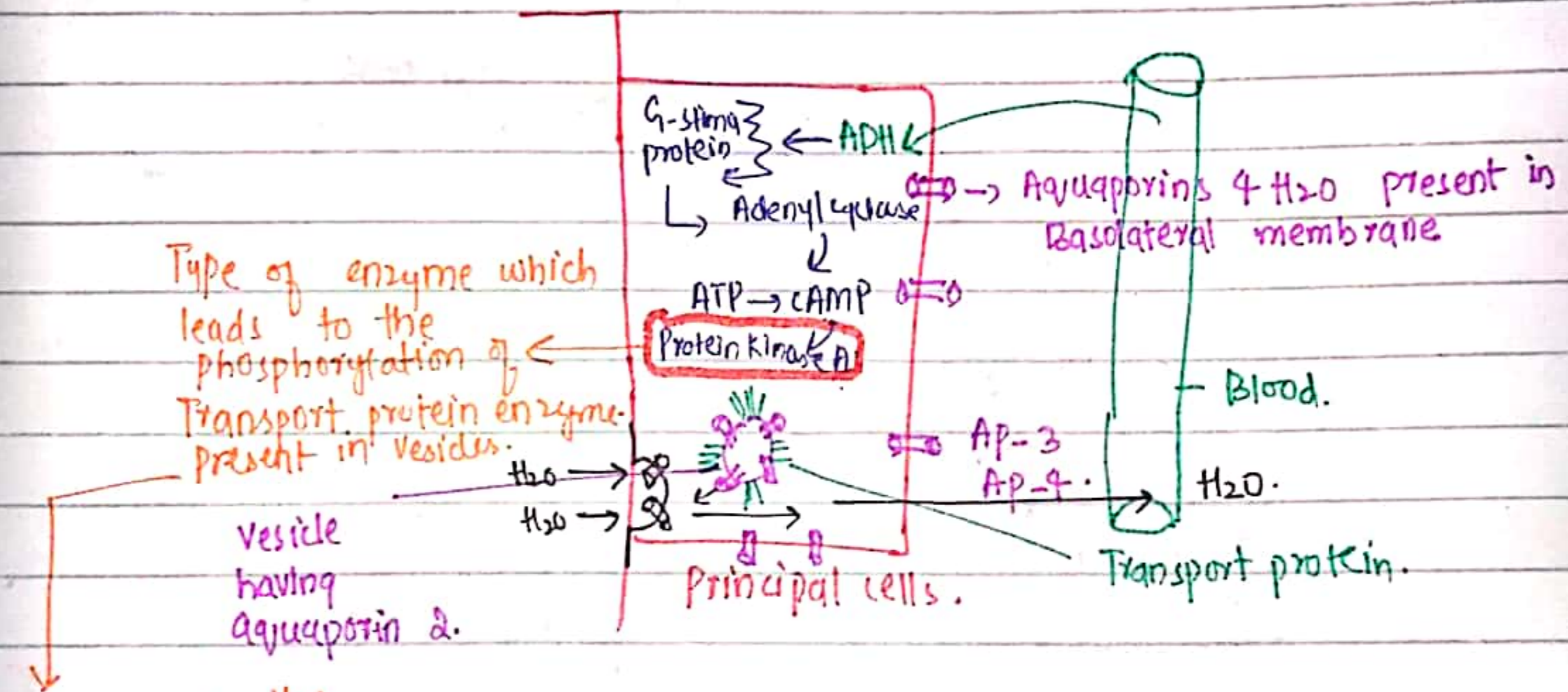


enters & less  $\text{Na}^+\text{K}^+$  activity due to this reason less

$\text{K}^+$  enters the lumen & less  $\text{K}^+$  wasted.

How ADH works on principal cell?

→ Due to presence of ADH, last part of Nephron is permeable to  $\text{H}_2\text{O}$  & due to its absence it will not be permeable to  $\text{H}_2\text{O}$ .

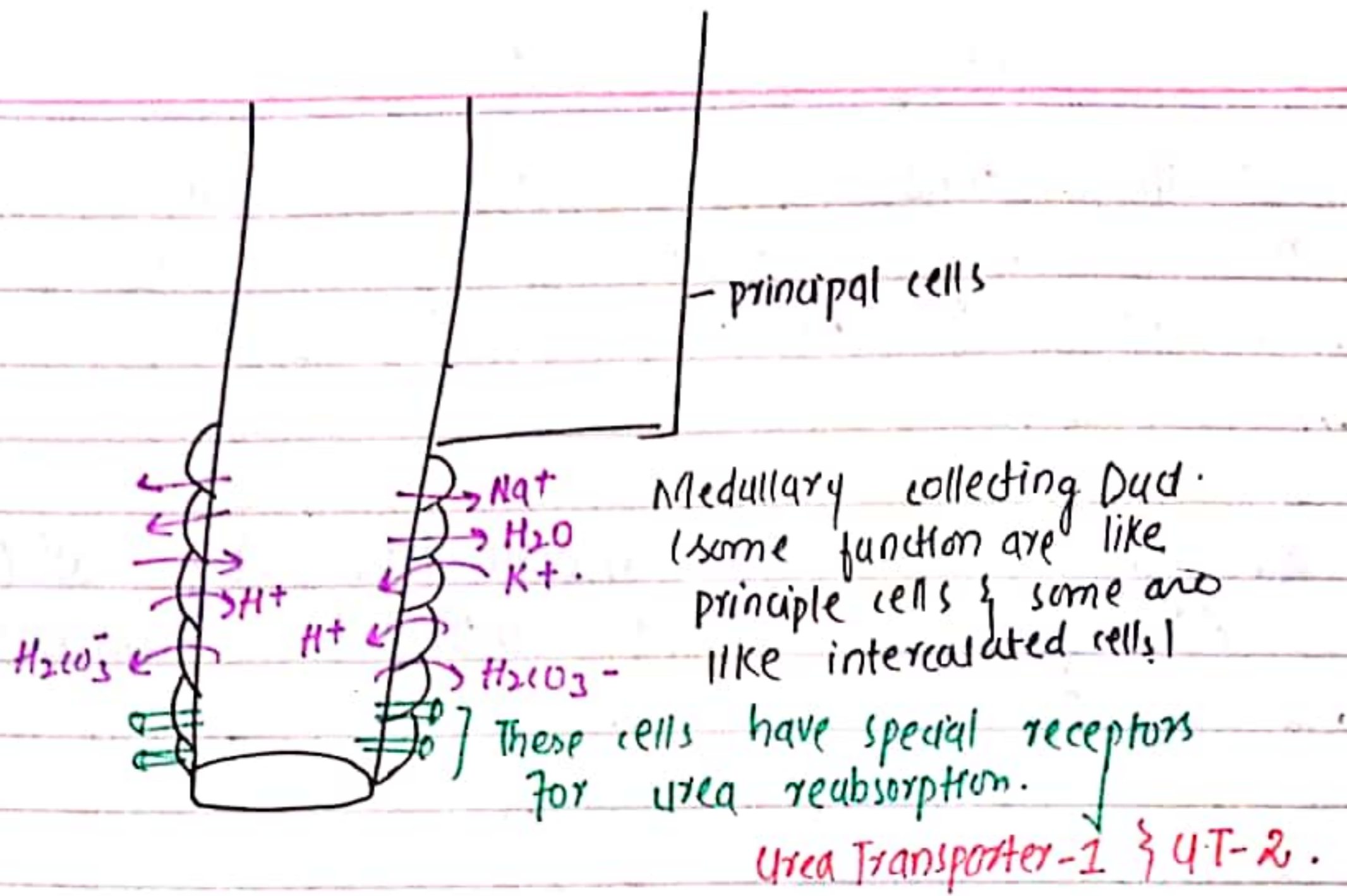


They move the vesicles towards the membrane when it moves the vesicles it/aquaporins will be part of lumen membrane

Due to which then  $\text{H}_2\text{O}$  moves into the blood from lumen.

→ Now, the urine will be in less volume & concentrated.



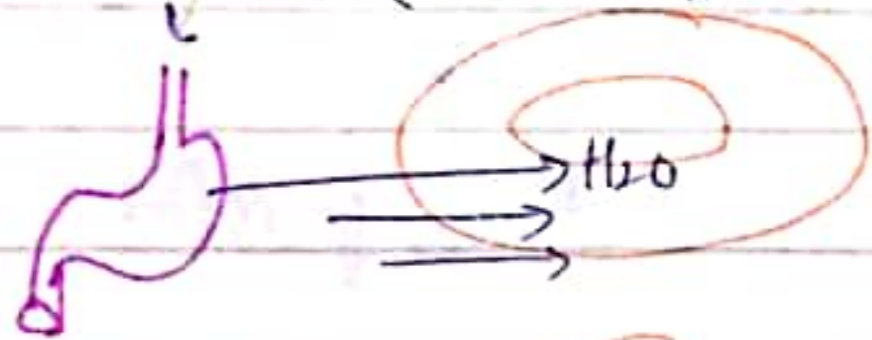


Only medullary collecting duct are highly permeable to urea which there is no reabsorption of urea in other parts of Nephron. bcz here it bcn concentrated

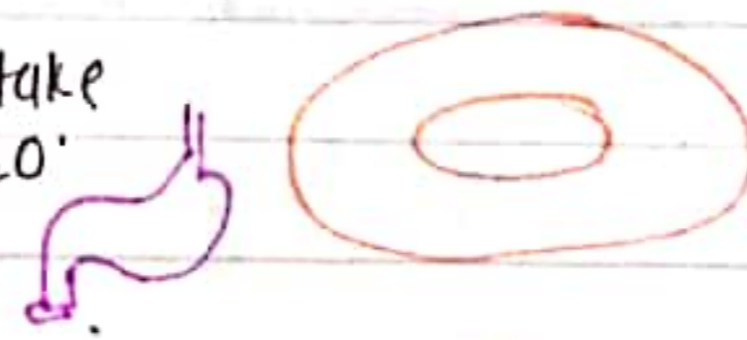
### Lecture 15

Why kidney should produce sometimes dilute urine & sometimes concentrated urine?

Normal Osmolarity is 290 mOsm/Litre  
 By drinking more H<sub>2</sub>O → Hypoosmolarity ≈ 300 mOsm/Litre



No intake of H<sub>2</sub>O



By sweating & by respiration some metabolic waste removal & some thru urine!

Normal metabolic waste osmolarity is 600 mOsm/L

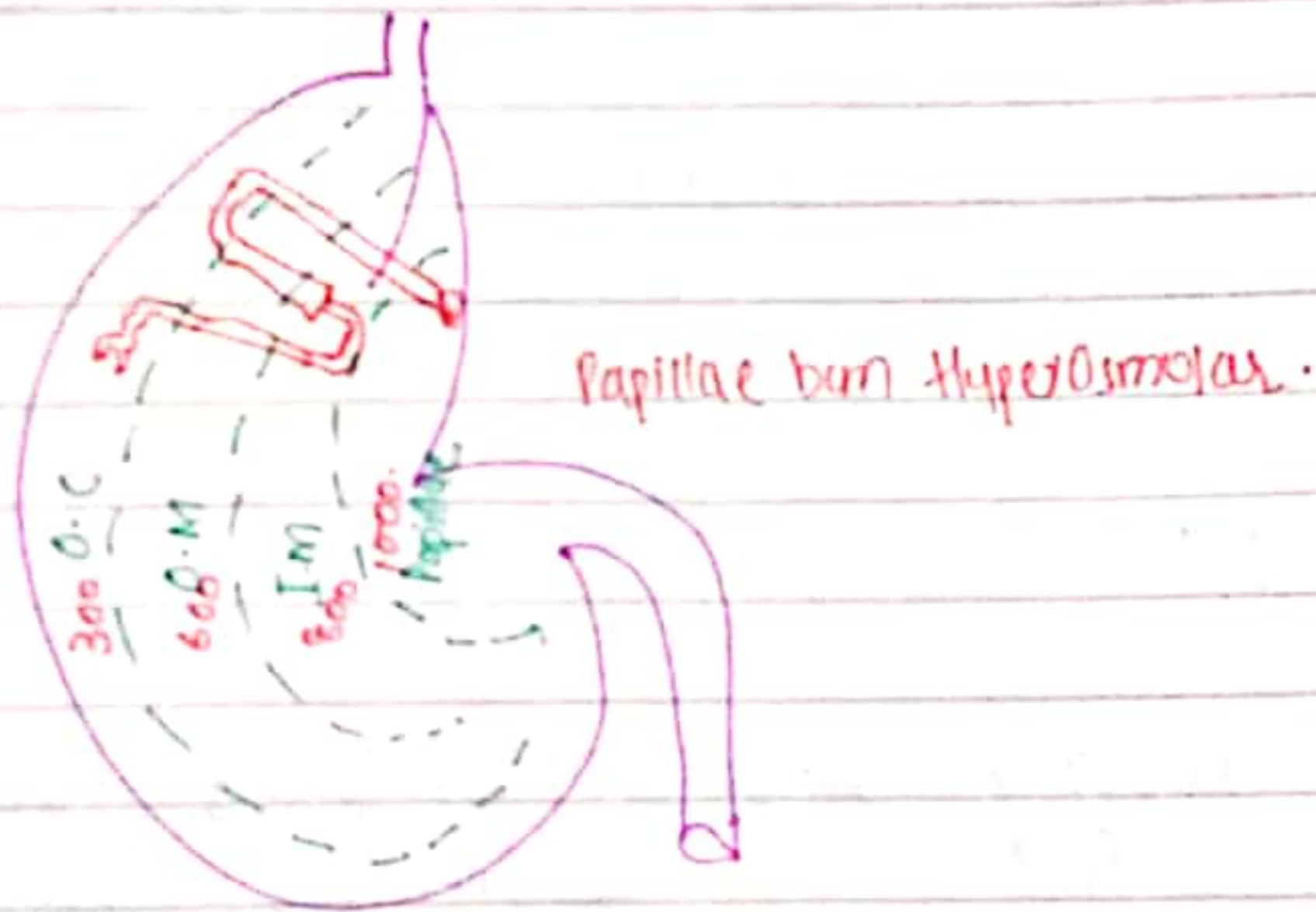
Hypoosmolar urine (dilute urine)

→ Here urine production is less & solute conc. is concentrated but same in both



→ By drinking more water, to become osmolarity of the urine. Kidney normal, kidney produces more urine. Kidney deprived of  $H_2O$ , kidney produces less urine. Kidney conserve more  $H_2O$  to become osmolarity to normal. less urine is produce.

Q. what are the mechanism by which kidney can dilute urine & concentrate urine?



### Mechanism of urine concentration

Hyperosmolar Renal medullary Interstitium

(cortico papillary osmotic Gradient)

Role of ADH

→ How M.I.H is produced?

Counter current multiplier

(Loop of Henle)



→ Urea Recycling in Renal

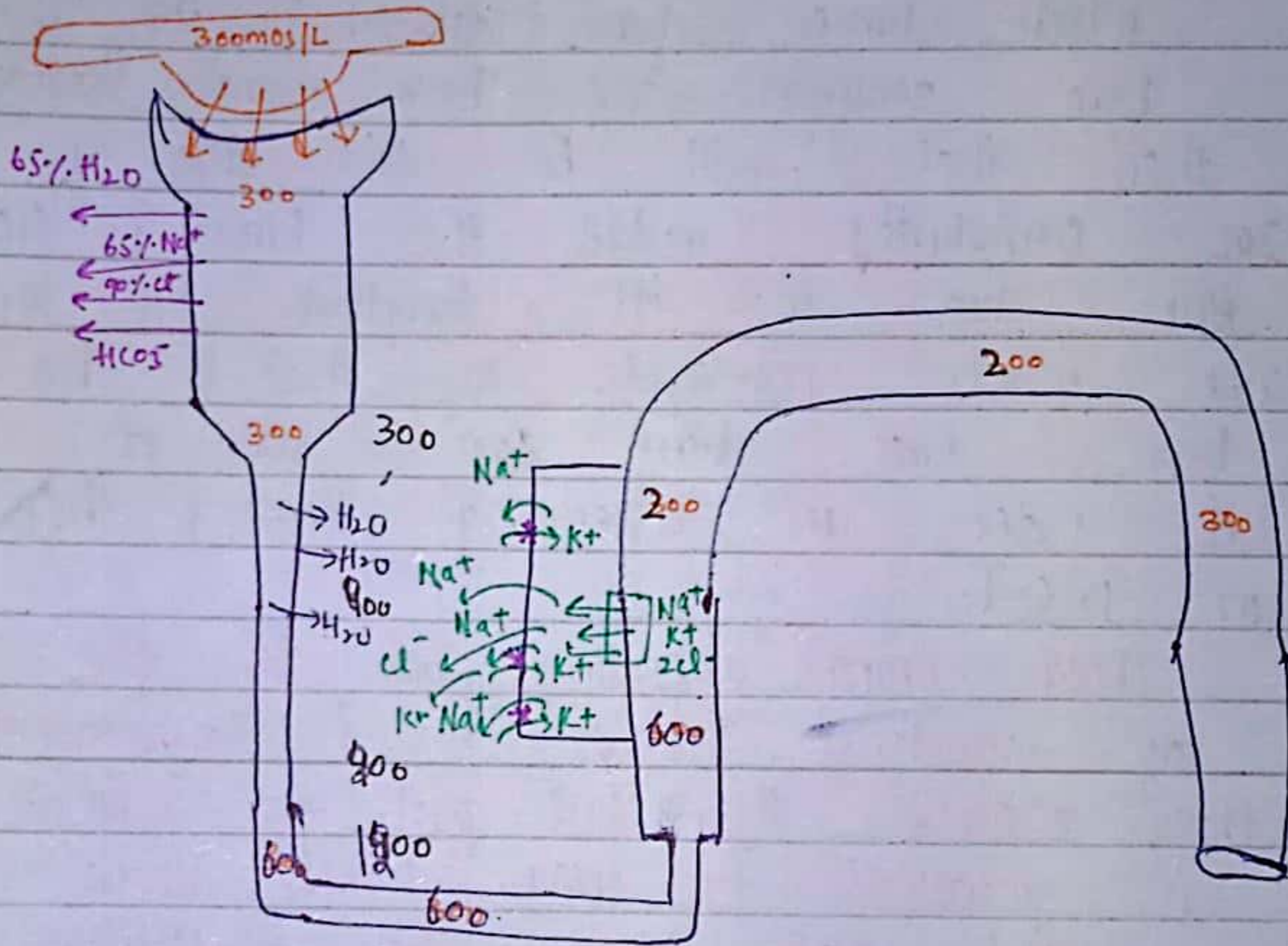
medullary cortex.

→ How M.I.H is maintained?

Vasa Recta.

as counter current exchangers.

[ Fig 29.4 pg 369 ch 29 ]



P.C.T is Isoosmotic bcz osmolarity remains same amount of solute & H<sub>2</sub>O reabsorption occurs.

→ If nephron is straight then there will be only diff. of 200 b/w the Tubular flow & interstitium.



## Lecture # 16

### URINE CONC. & DILUTION

The osmolarity of the P.C.T remains same as 300 because equal amount of solute & H<sub>2</sub>O reabsorption occurs. While in case of Ascending limb of loop of Henle which is impermeable to H<sub>2</sub>O the solutes moves into the interstitium by the Na<sup>+</sup>, K<sup>+</sup> ATPase & Na<sup>+</sup>, K<sup>+</sup>, 2Cl<sup>-</sup> Transporter. Due to which lumen becomes diluted & its osmolarity becomes changes. If there were straight Nephron then there will be the diff. of only 200 osmolarity inside the lumen & 400 outside. But due to its bending, the loop of Henle which permeable to H<sub>2</sub>O & the lumen becomes conc. becomes 600 → 800 etc. while it dec. in ascending limb & then further in D.C.T.

\* For urea from ascending limb to the 2/3rd of collecting Tubule, it is impermeable to urea. While the last part of collecting Tubule is permeable for urea. Which allow urea reabsorption and also causes the interstitium Hyperosmolar. & some reabsorption also occurs in loop of Henle. In this way, recycling of urea occurs.



\* ADH also increases/amplify the activities of counter current multiplier & urea recycling.

→ Counter Current Multiplier.

⇒ occurs in loop of Henle

⇒ It is active Transport System

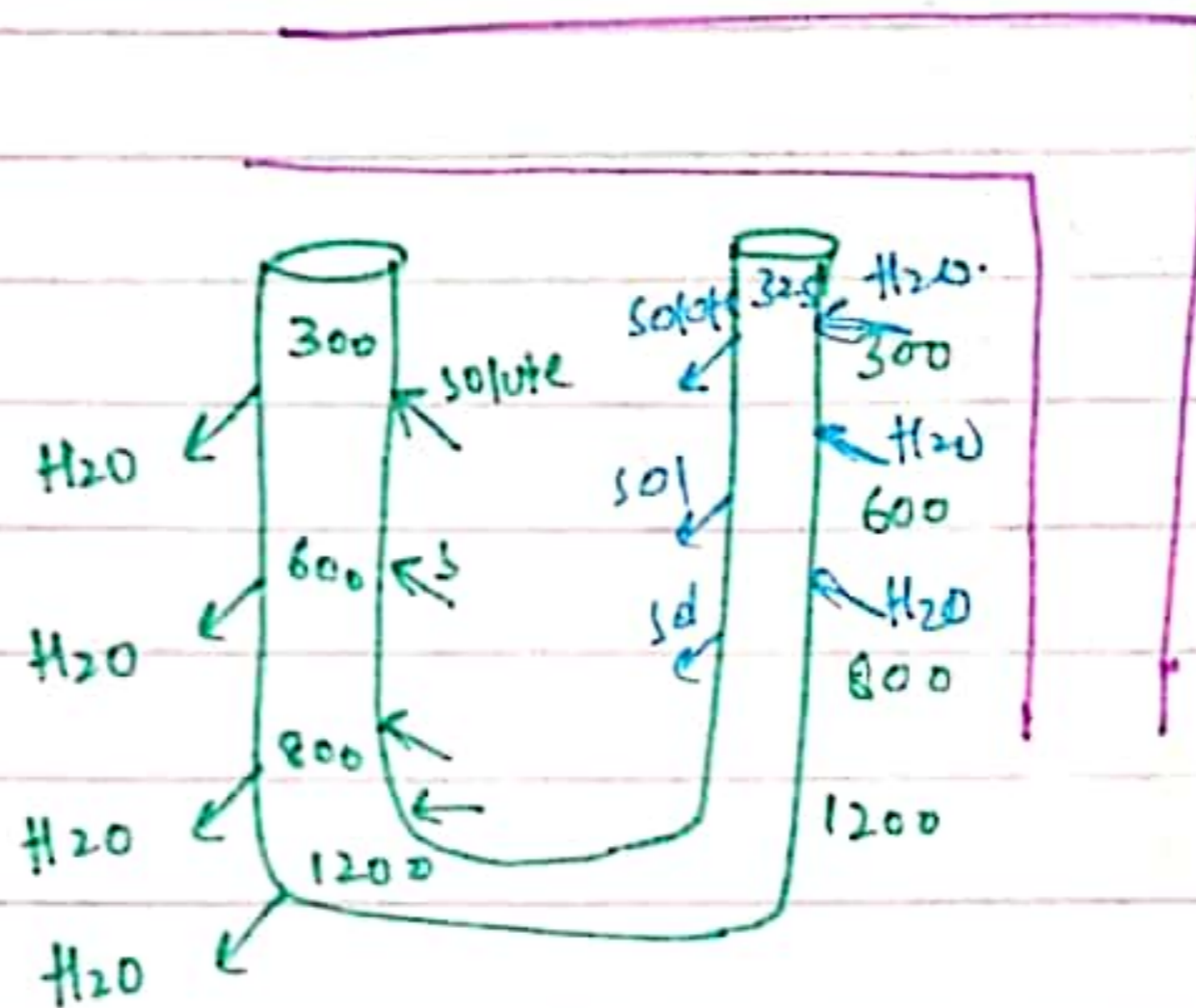
⇒ It make Hyperosmolarity.

Counter Current Exchanger:

→ Take place in Vasa recta.

→ Passive Transport System

→ maintains Hyperosmolarity

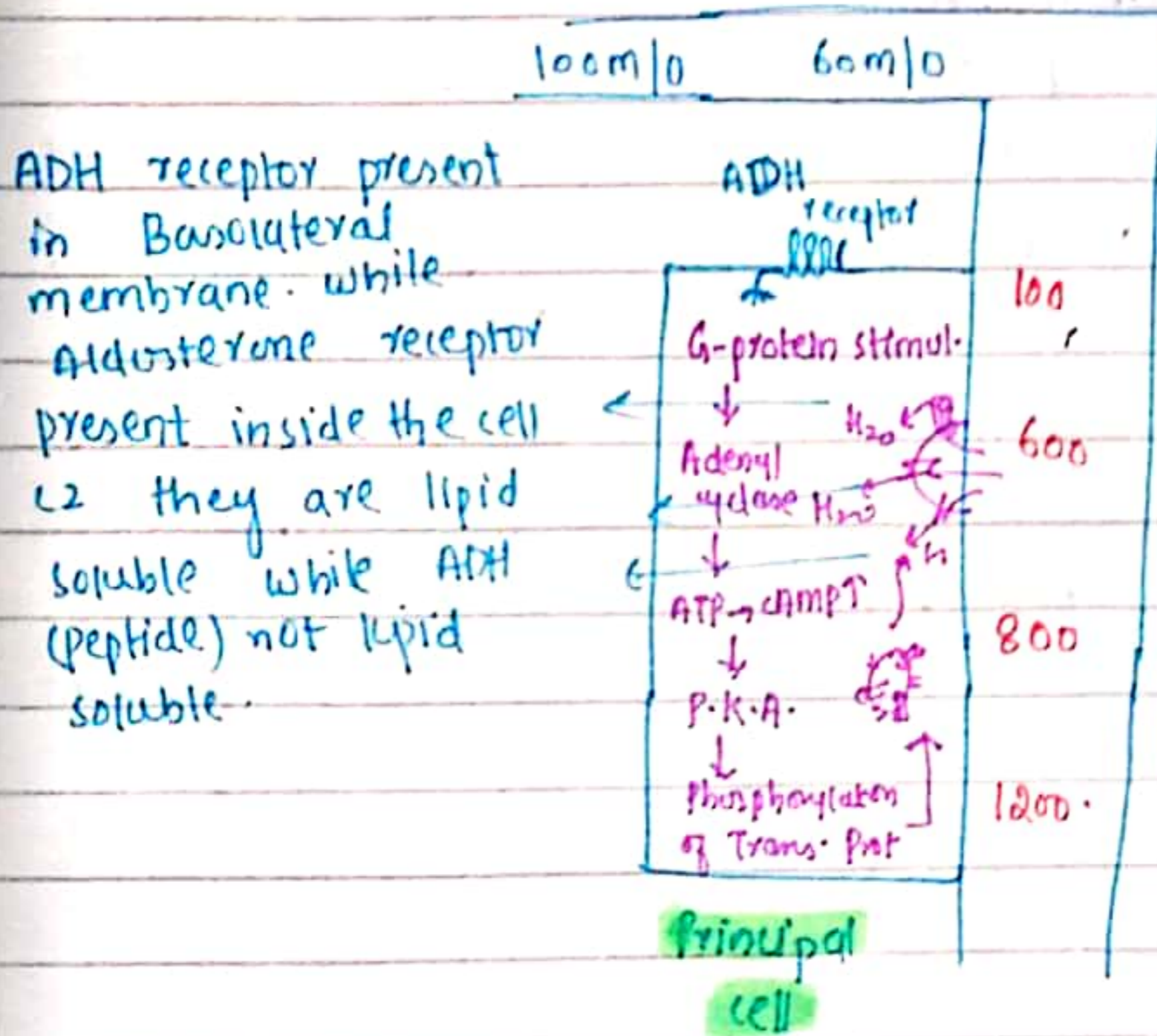


→ Rate of Blood flow in cortex is more than the medullary, as it deepens down less solute washes out with Blood.



Principle cells present in cortical collecting tubule as well as medullary c.t. → controlled by ADH as well as Aldosterone.  $\{ Na^+ \}$   $\{ H_2O \}$  reabsorption occur while

$K^+$  moves inside the lumen by influence of Aldosterone. But for influence of ADH, only  $H_2O$  reabsorption occur. → If there is no ADH, then no  $H_2O$  reabsorption in late distal part as well as cortical & medullary collecting part.



→ If ADH absent the Hyposmolar (Diluted urine) produces, but due to its presence reabsorption occur & concentrated urine produces. (Hyperosmolar)

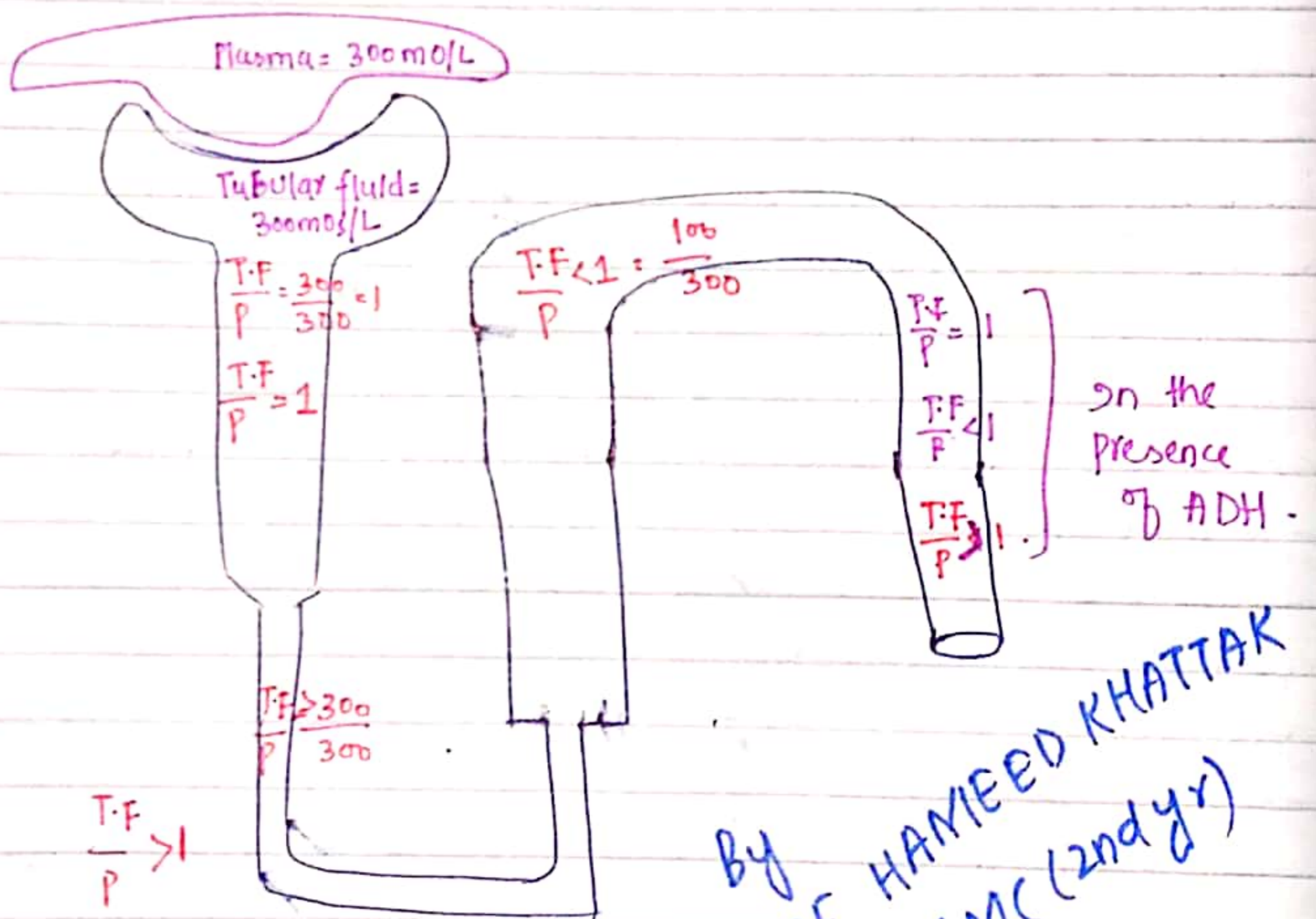
ADH also increases the kidney interstitium Hyperosmolality by counter current multiplier (↑  $Na^+$  Transport into the interstitium) & urea recycling.

Q: when someone lost in desert?

Due to deprived  $H_2O$ , the Osmolarity of blood increases which activates the Osmoreceptor & the optic nucleus present in hypothalamus produces ADH it is moved towards post-pituitary.



where it stores & secretes by activating osmoreceptors then ADH acts on principle cells allow aquaporin in luminal membrane due to which  $H_2O$  reabsorption occur & concentrated (less volume) urine produces. ADH also acts on the ascending loop of Henle more solutes reabsorption takes place solutes & the interstitium become hyperosmolar.



By KASHAF HAMEED KHATTAK  
K GMC (2nd yr)

← THE END →



DETERMINANTS OF RENAL BLOOD FLOW

Renal Blood Flow is determined by the pressure gradient across the renal vasculature (the difference between renal artery and renal vein hydrostatic pressure) divided by the total renal vascular resistance.

$$RBF = \frac{(\text{Renal artery Pressure} - \text{Renal vein Pressure})}{\text{Total renal vascular resistance}}$$

- \* Renal artery pressure is about equal to the systemic arterial pressure and renal vein pressure averages about 3-4 mmHg.
- \* Most of renal vascular resistance, reside in three segments; interlobular arteries, afferent arterial and efferent arteriole.
- \* Resistance of these is controlled by sympathetic nervous system, various hormones.

→ Blood flow in renal medulla accounts for only 1-2% (due to vasa recta) or maximum blood flow occurs in renal cortex.

(See Table 27.2 & 27.4)

KASHAF KHATTAK  
KGMC



## Random Imp. Points

- \* The determinant of GFR is most variable & subject to physiological control is : Glomerular Hydrostatic Pressure. The variable in turn is influenced by Sympathetic Nervous system, Hormones, autocoids/ vasoactive substances that are released in the kidney & act locally) & other feedback control.

### Strong Sympathetic Nervous System Activation Decreases Glomerular Filtration Rate

- \* Afferent & Efferent arterioles richly innervated by Sympathetic Nervous fibers.
- \* Strong activation of Renal Sympathetic Nerves can constrict renal arterioles & decrease renal Blood Flow and GFR.
- \* Reflex activation of Sympathetic Nervous System resulting from moderate decrease in pressure at the carotid sinus or baroreceptor has little influence on renal blood flow or GFR.

**Angiotensin II**: powerful vasoconstrictor, considered to be a circulating hormone & locally produced autocoid or paracrine hormone. (it is formed in kidney & systemic circulation).

- Afferent arterioles are strongly protected from Angiotensin due to presence of vasodilators Nitric oxide & prostaglandins which counteract their function.
- Angiotensin-II induced efferent arteriole constriction increase tubular reabsorption of sodium & water. which helps restore blood volume & blood pressure.



## Endothelial Derived Nitric Oxide:

- An autocrine that decreases the renal vascular resistance and is released by vascular endothelium throughout the body is called. →
- Therefore, administration of drugs that inhibit Nitric oxide increases renal vascular resistance and decreases GFR and urinary sodium excretion causing High Blood Pressure.
- In Hypertensive patients, damage to endothelial cells occur cause vascular resistance no Nitric oxide production } elevated BP.

Prostaglandins and Bradykinins decrease Renal Vascular Resistance (Vasodilator) which inc. GFR } Renal Blood flow.

\* Normal GFR = 180L/Day  
Reabsorption = 178.5L/day  
Excretion => 1.5L/day.

\* In the absence of autoregulation, small increase in blood pressure (from 100-125mmHg) would cause similar 25% increase in GFR (from 180 - 225 L/day)

\* If Tubular reabsorption remains constant, urine flow would increase to 46.5L/day (a Total inc. of urine is more than 30-fold).



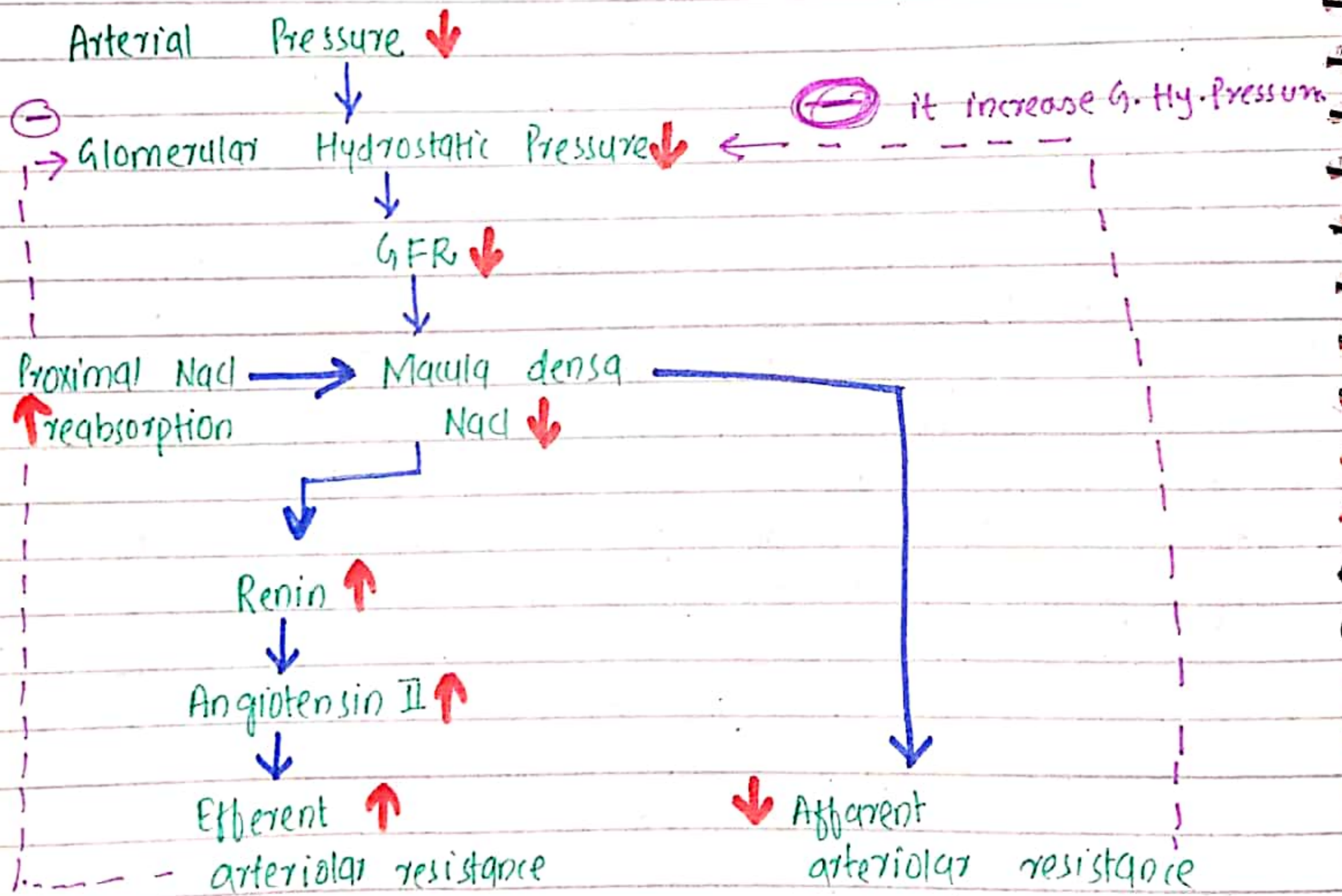
# Tubuloglomerular Feedback Mechanism;

Two components that act Together.

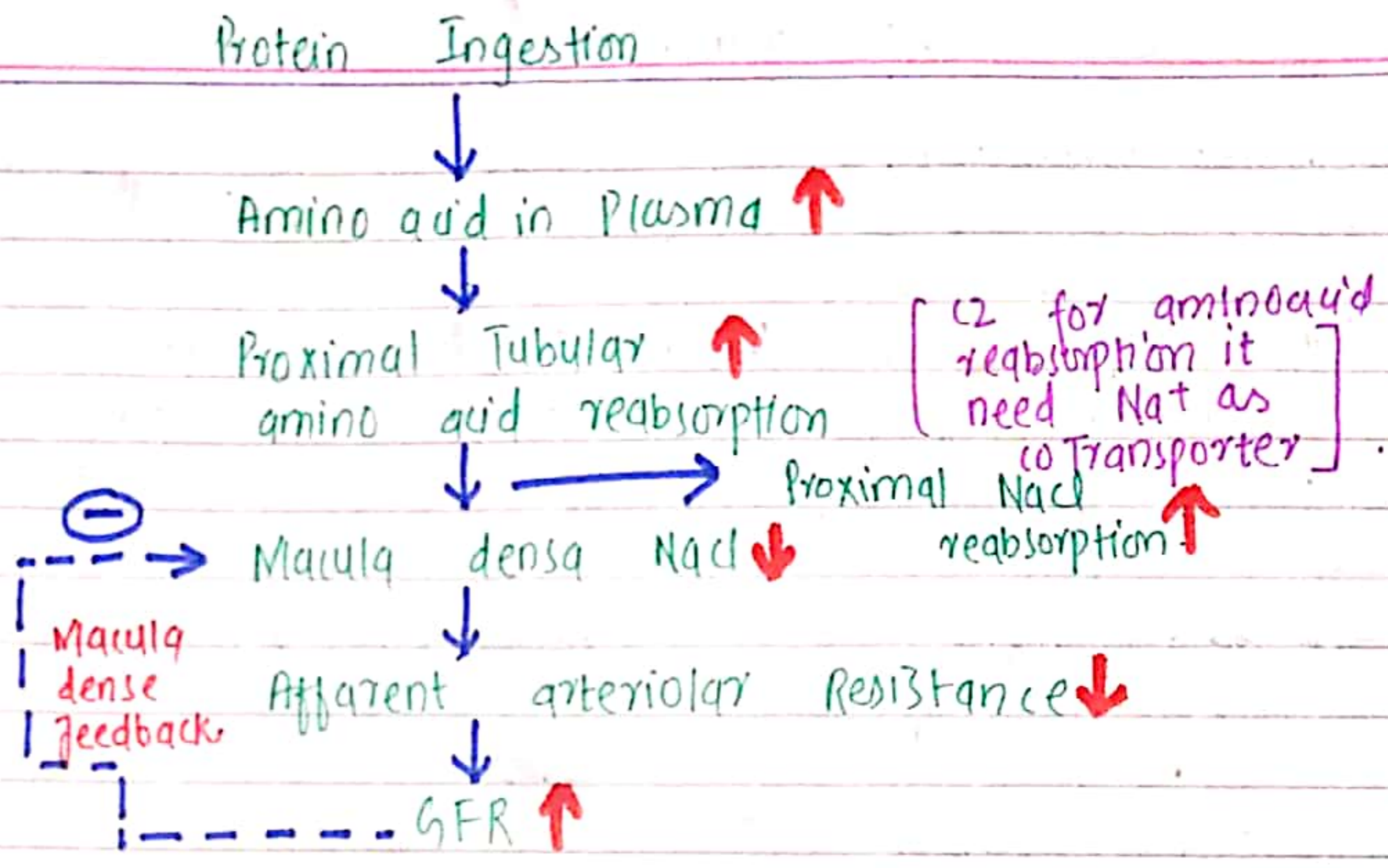
- Afferent arteriolar Feedback Mechanism
- Efferent

These feedback mechanism depends on special anatomical arrangement of **Juxtaglomerular complex.**

The Juxtaglomerular complex consist of macula densa cells in initial portion of distal Tubule }  
Juxtaglomerular cells in the wall of afferent }  
efferent arterioles.





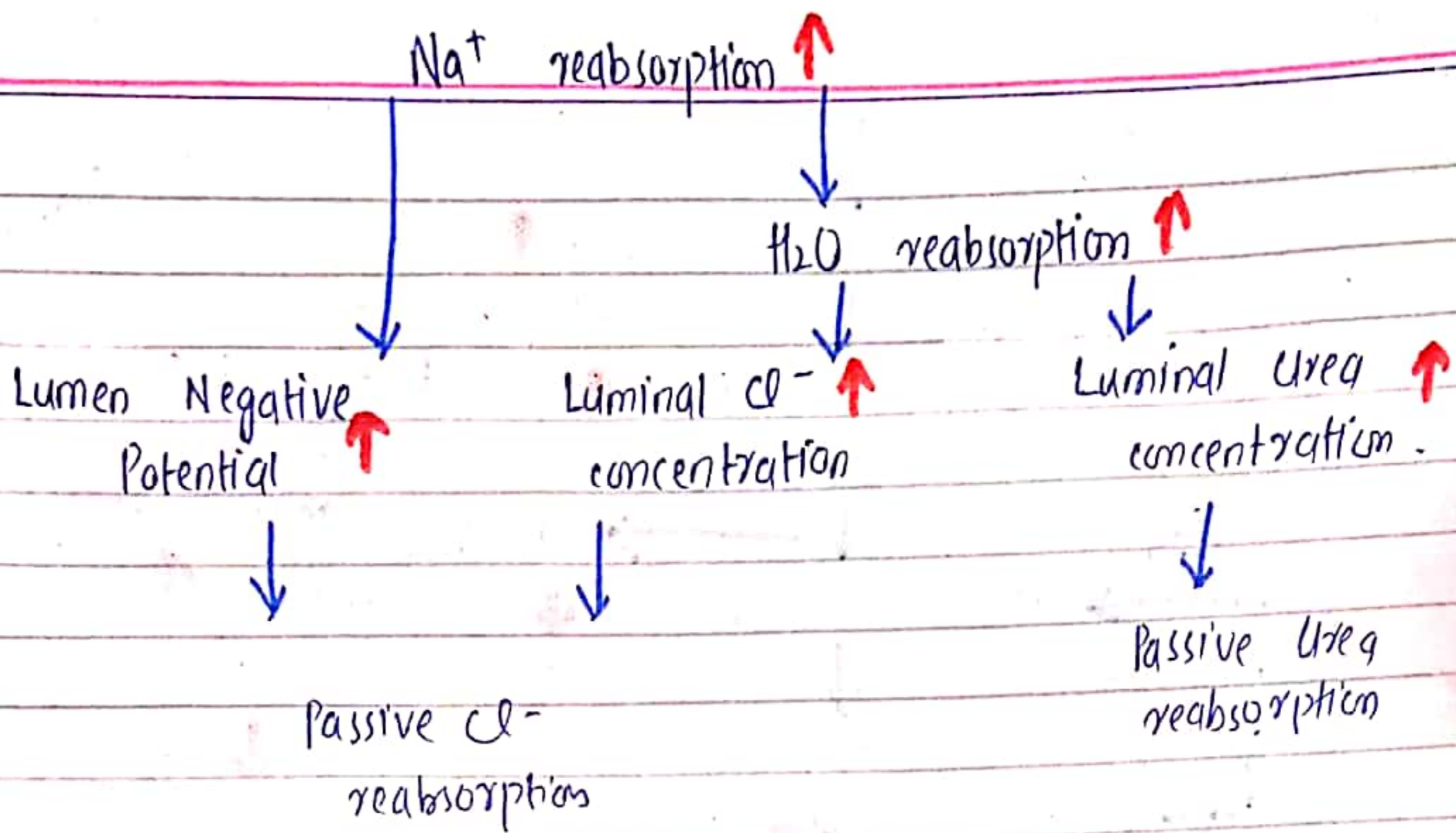


CHAPTER 28

Random Notes:

- \* Primary Active Transporters in Kidney: Na<sup>+</sup>-K<sup>+</sup> ATPase, Hydrogen ATPase, H-K<sup>+</sup>ATPase, Calcium ATPase
- \* Maximum Glucose reabsorb by body 375mg/min, Normally 125mg/min, However, when it exceeds maximum then Glucose excretion occurs in urine → Diabetes Mellitus
- \* Substances actively reabsorbed i.e. Glucose, Phosphate, Sulfate, Amino acids, Urate, Lactate, Plasma Protein.
- \* Transport maximum for actively Secreted Substances → Creatinine, Para-aminohippuric acid.
- \* In Proximal convoluted Tubule, Urea are passively reabsorb while Transporter for Urea are present in medullary collecting ducts.





\* In mammals, more than 90% of waste Nitrogen, mainly generated in liver as a product of protein metabolism, is normally excreted by kidneys as Urea.

\* Creatinine is even larger molecule than Urea; none of the creatinine is reabsorb, so all the creatinine filtered by ~~the~~ glomerulus is excreted in Urine.

→ Proximal Tube epithelial cells are highly metabolic, have large number of mitochondria, to support powerful active Transport Process.

→ P.C.T have an extensive brush border on the luminal (apical) side of membrane

→ In first half of P.C.T, Na<sup>+</sup> is reabsorb with Glucose & amino acids & other solutes. Second Half of Proximal Tubule has relatively high concentration of chloride (140 mEq/L) compared with the early Proximal convoluted Tubule (105 mEq/L)



→ The Proximal Tubule is imp for secretion of organic acids and bases such as bile salts, oxalate, urate and catecholamines (end product of metabolism). The secretion of these substances into the P.C.T & filtration by G.F.F. & total lack of reabsorption, all combined contribute to rapid excretion in urine.

→ Penicillin & Salicylates, rapid clearance by the kidney maintain therapeutically.

→ Paraminotepunic acid rapidly secreted by P.C.T.

\* The thin ascending & descending limb of loop of Henle, have thin epithelial membrane with no brush border, few mitochondria & minimum level of metabolic activity.

\* The descending part is highly permeable to H<sub>2</sub>O.

See Graph 28.7.

\* Loop Diuretics which block (Sodium Potassium 2 chloride Co-Transporter) are furosemide, ethacrynic acid and bumetanide.

\* Also significant paracellular reabsorption of cations such as Mg<sup>2+</sup>, Ca<sup>2+</sup>, Na<sup>+</sup> & K<sup>+</sup> in the thick loop of Henle (ascending limb). as a result of the slight positive charge of the tubular lumen relative to interstitial fluid.

\* The tubular fluid in the thick ascending limb is very dilute coz of no reabsorption of H<sub>2</sub>O here.

→ Thiazide Diuretics which are widely used to treat disorders such as hypertension, Heart failure, inhibit Sodium chloride Co-Transporters in Distal Tubule.



\* Intercalated cells reabsorb  $K^+$  ions & secrete  $H^+$  ions into the lumen.

\* Principle cell reabsorb sodium & water from the lumen & secrete Potassium ions into the lumen.

→ Potassium sparing Diuretics are Spironolactone, eplerenone, amiloride and Triamterene.

→ Spironolactone and eplerenone are mineralocorticoid receptor antagonist that compete with aldosterone for receptor sites in the principal cells & therefore inhibit stimulatory effect of aldosterone on  $Na^+$  reabsorption &  $K^+$  secretion.

→ Amiloride and Triamterene are sodium channel blocker that inhibit the entry of  $Na^+$  into the  $Na^+$  channels of luminal membrane & therefore reduce amount of  $Na^+$  that can be transported across basolateral membrane by  $Na^+$ ,  $K^+$  ATPase.

→ For this reason,  $Na^+$  channel blockers, as well as aldosterone antagonist, decreases urinary excretion of  $K^+$  & act as  $K^+$  sparing Diuretics.

Type A Intercalated cells: secrete hydrogen ions by  $H^+$ -ATPase Transporter into the tubular lumen & reabsorb bicarbonate ion. in acidosis.

Type B Intercalated cells:

secrete bicarbonate ion into tubule and reabsorb  $H^+$ .

\* chloride-bicarbonate Transporter present on apical (basolateral) membrane is called pendrin.

Acidosis inc. Type A cells while alkalosis inc. Type B cells.

ADH → Vasopressin.



→ Reabsorption increases in response to  $\uparrow$  Tubular flow increase

if GFR inc. from  $125 \text{ ml/min}$  to  $150 \text{ ml/min}$  instead of  $81 \text{ ml/min}$  (65%) the 97 ml/min (65%) reabsorption will take place.

→ Peritubular capillaries hydrostatic pressure is influenced by arterial pressure and resistance of afferent and efferent arterioles.

\*  $\uparrow$  in arterial pressure tend to raise peritubular capillaries hydrostatic pressure and decrease the reabsorption rate.

\*  $\uparrow$  in resistance of afferent or efferent arteriole  $\downarrow$  peritubular capillary hydrostatic pressure.  $\uparrow$  tend to increase reabsorption rate.

→ colloid osmotic pressure of peritubular capillaries is determined by;

- Systemic Plasma colloid osmotic pressure (more protein content)
- (the filtration fraction)

→ Some renal vasoconstrictors such as Angiotensin II, increase peritubular capillary reabsorption by decreasing RPF  $\uparrow$  filtration rate.

→ When peritubular capillary reabsorption is reduced, there is increased interstitial fluid hydrostatic pressure  $\uparrow$  tendency for greater amount of solute  $\uparrow$  water to leak back into the tubular lumen, thereby reducing the net reabsorption rate.

→ Forces that  $\uparrow$  the peritubular capillary reabsorption  $\uparrow$  reabsorption from renal tubule. Conversely, hemodynamic changes that inhibit peritubular reabsorption also inhibit reabsorption (Tubular) of solute  $\uparrow$   $\text{H}_2\text{O}$ .

Table 28.2



## Pressure Natriuresis and Diuresis

"Small  $\uparrow$  in arterial pressure can cause marked increase in urinary excretion of sodium and  $H_2O$  phenomena. Pressure Natriuresis or Pressure Diuresis?"

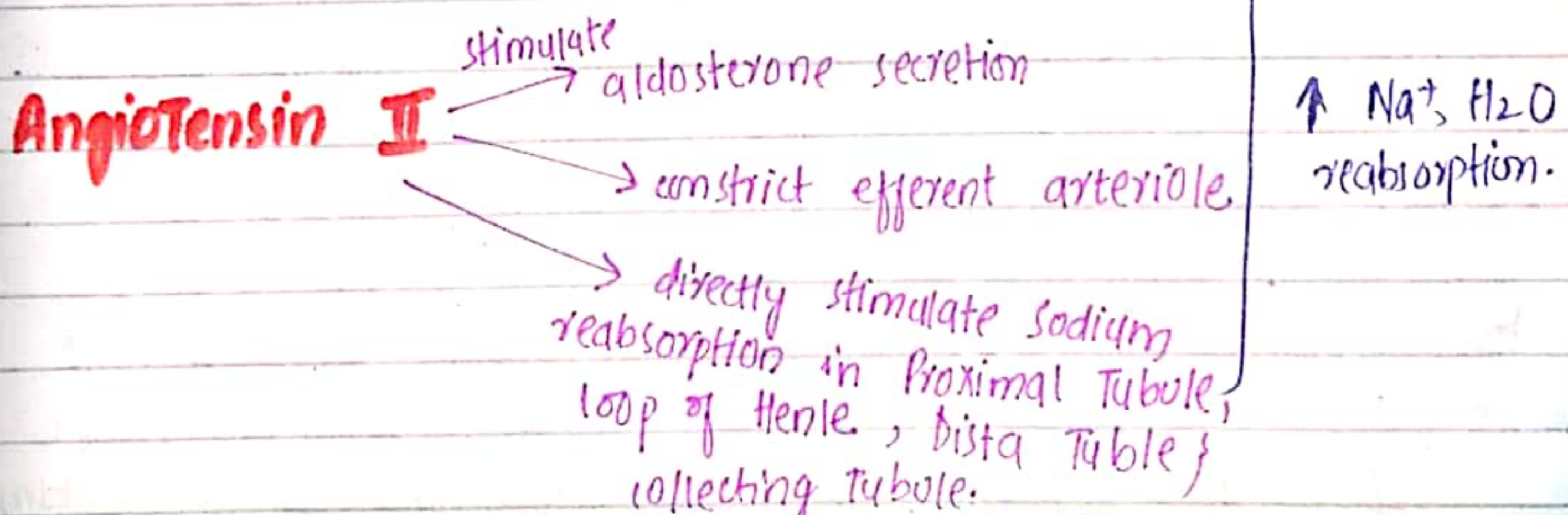
- $\uparrow$  arterial pressure causes increase in GFR
- $\uparrow$  in renal interstitial fluid hydrostatic P causes back leak of  $Na^+$  into the tubular lumen, thereby reducing the net reabsorption of  $Na^+$  &  $H_2O$   $\uparrow$  the rate of urine output.
- Reduced Angiotensin II formation (Angiotensin II itself  $\uparrow$  sodium reabsorption by tubules & stimulate aldosterone secretion which further  $\uparrow$   $Na^+$  reabsorption).
- Internalization of Sodium Transporter Proteins from apical membrane to tubular lumen.

See Table 28.3 pg 358.

**Addison's Disease:** Due to adrenal destruction, conc. of aldosterone decrease.

**Conn disease:**

Aldosterone concentration increases.



- $\rightarrow$  Directly stimulate  $Na^+$ ,  $K^+$ -ATPase Pump
- $\rightarrow$  Stimulate Sodium-Hydrogen Exchange
- $\rightarrow$  Sodium Bicarbonate co-transport in Basolateral membrane.



Diabetes Insipidus: In the absence of ADH, permeability

of Distal Tubule & collecting duct is low. causing Kidney to secrete large amount of dilute urine.

→ Sympathetic Nervous System stimulation increases Renin release and also increases Sodium reabsorption } decrease sodium urinary excretion.

Use of clearance method Pg-360. (ch # p 28)

By Kashaf Khattak  
THE TEAM MEDICO MENTOR



# ACID - BASE BALANCE (Lect #1)

Normal conc. of  $[H^+]$  in Normal Human Beings, extracellular fluid =  $4 \times 10^{-7}$  Eq/L

$$[H^+] = 4 \times 10^{-7} \text{ Eq/L}$$

Taking +ve log on both sides

$$+\log [H^+] = +\log [4 \times 10^{-7}]$$

$$= -7.4$$

Taking (-ve) log on both sides

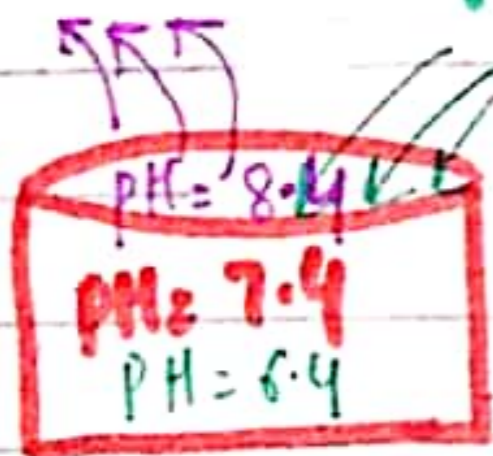
$$-\log [H^+] = -(-7.4)$$

Power of Hydrogen concentration

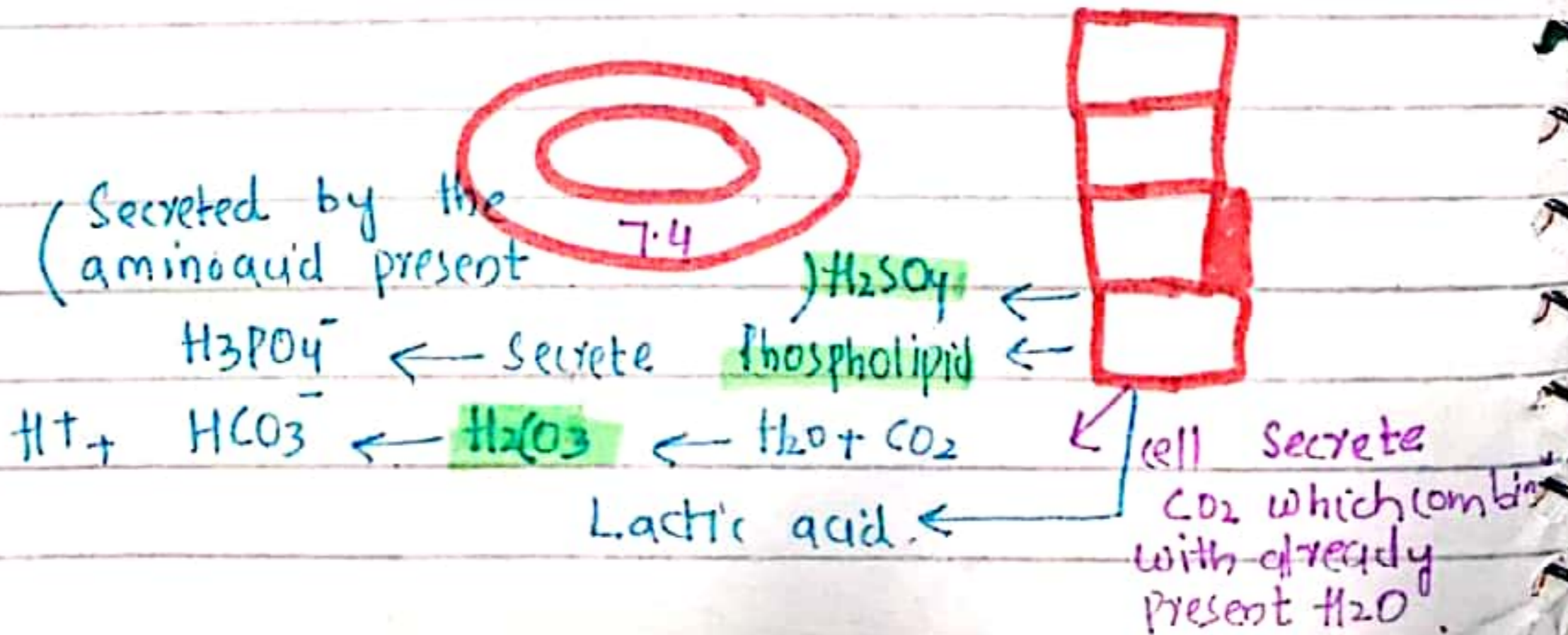
Power of Hydrogen = 7.4  
pH = 7.4

$$[H^+] = 0.00000004 \text{ Eq/L (} 4 \times 10^{-7} \text{ Eq/L)}$$

$$pH \propto \frac{1}{[H^+]}$$



If  $[H^+]$  conc. inc. 10 Times then pH becomes 6.4 instead of 7.4 } when  $[H^+]$  b/w  $\frac{1}{10}$ th then pH becomes 8.4.



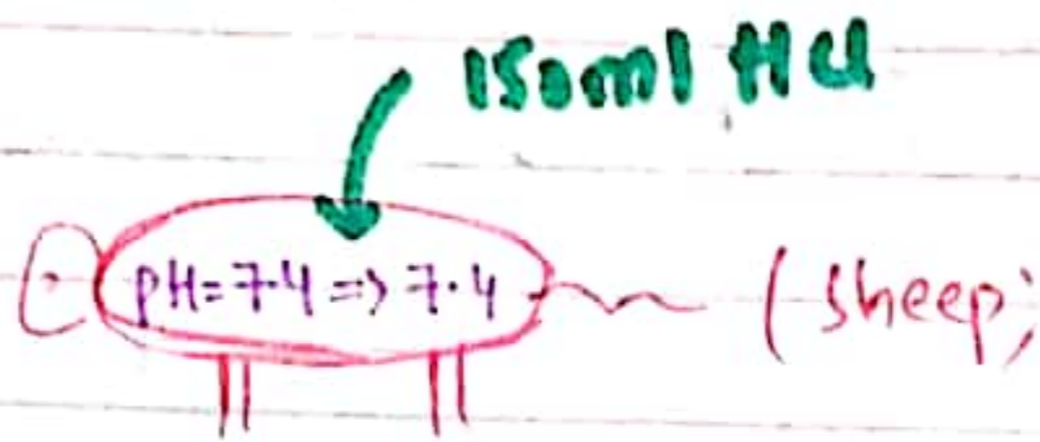
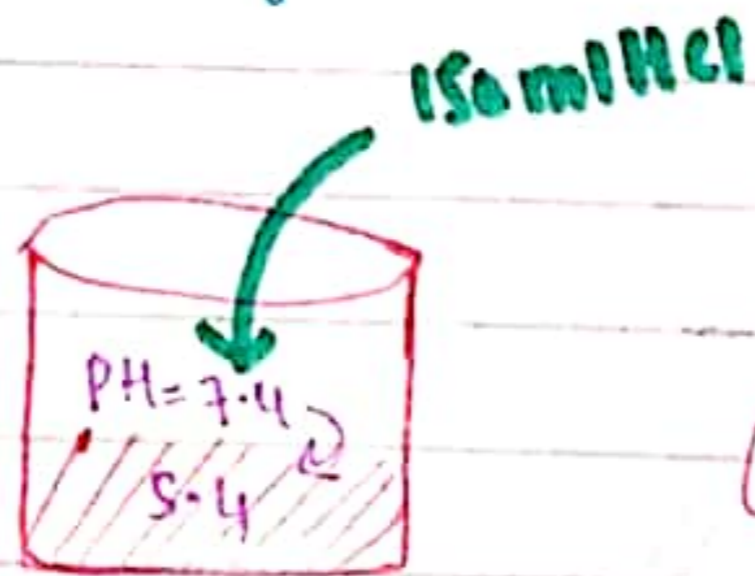


→ pH plays an important role in protein structure (

Peptide folding) Due to pH abnormality, folding of protein structure disturb).

**Buffer:** Resist change in pH.

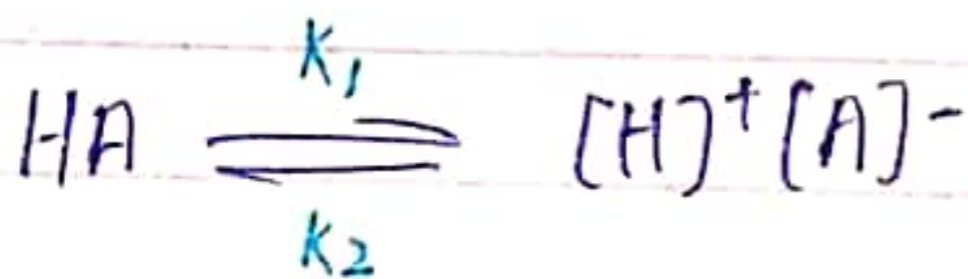
“Special system of molecules which has the capability of binding as well as releasing the proton”



→ Due to biological molecules which are already present here resist change in pH => Buffer.

Lecture #2

Hasselback equation

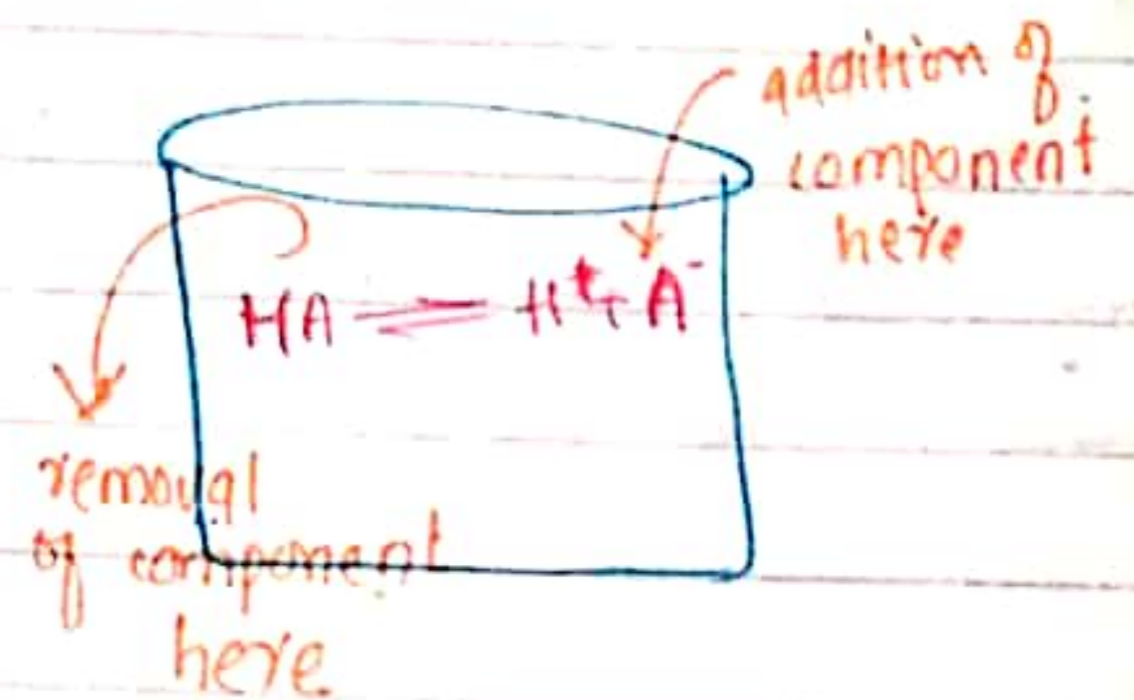


$$\frac{k_1 [HA]}{k_2} = \frac{[H^+][A^-]}{[HA]}$$

$$\frac{k_1}{k_2} = K$$

$$K = \frac{[H^+][A^-]}{[HA]}$$

$$K \frac{[HA]}{[A]} = [H^+]$$





$$-\log K - \log \frac{HA}{A} = -\log (H^+) \\ \downarrow \qquad \qquad \qquad \downarrow \\ pK \qquad \qquad \qquad pH$$

$$pK - \log \frac{[HA]}{[A]} = pH$$

$$pK + \log \frac{[A]}{[H^+][A]} = pH$$

Equation is applied to a solution having Buffer molecule

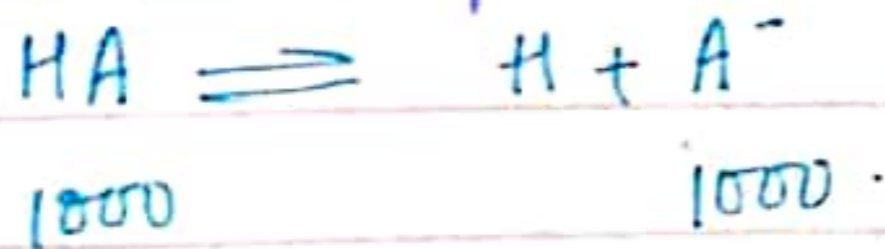
$$5 = 6 + \log \frac{A}{HA}$$

$$5 - 6 = \log \frac{A}{HA}$$

$$-1 = \log \frac{A}{HA}$$

$$\frac{1}{10} = \log \frac{A}{HA}$$

When Buffer system has equal number of associated & dissociated molecules, then pH of Buffer system = pK.



$$7.4 = pK + \log \frac{1000}{10000}$$

$$7.4 = pK$$

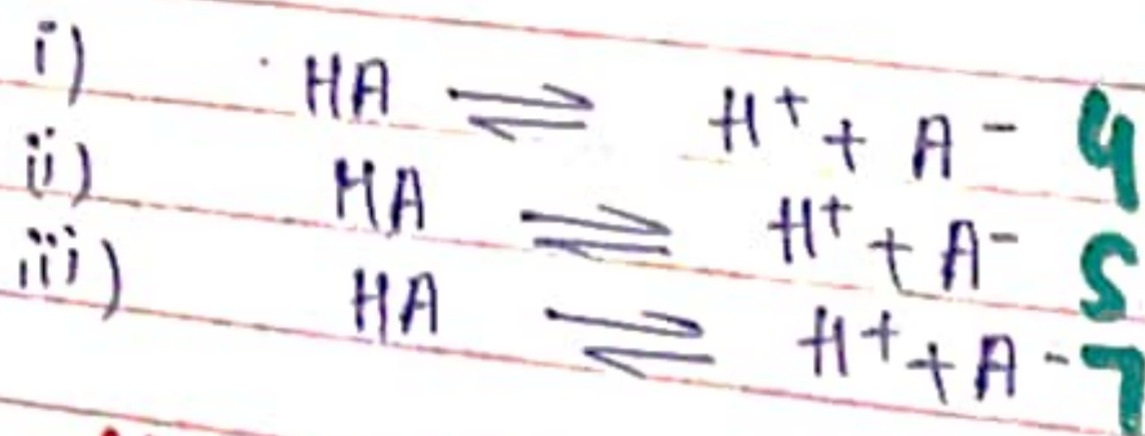


Buffer system ideally work when pH is near to pKa.  
it doesnot work when it is far away from pKa.

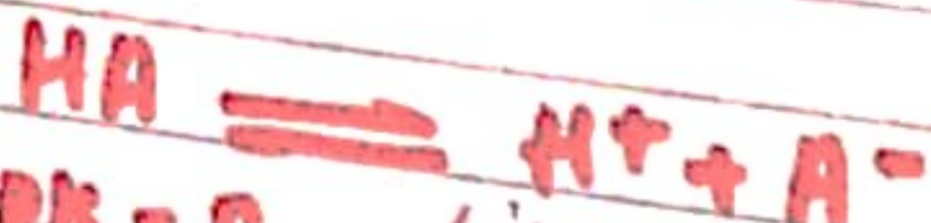
pH = ~~7~~ (7) Best Buffer on b/w 6-8

When pH = 5.

when pKa is



✓ This one is in best Buffer solution.



if  $pKa = 5$  (it means that at pH of 5, half of these buffer molecules are protonated and half of these are unprotonated.)

Kashaj Khattak (K6MC)  
THE TEAM MEDICO MENTOR