## CLASSIFICATION OF KIDNEY DISORDERS

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## **LEARNING OBJECTIVES**

- Introduction
- Classification of kidney disorders according to etiology, site of dysfunction and type of dysfunction.
- Acute / Chronic renal disorders.
- Infectious disorders
- Immunological disorders.
- Neoplastic disorders
- Vascular / interstitial / parenchymal disorders
- Primary / Systemic disorders

#### The kidneys: An Excretory organ or a Regulatory organ?!!!



#### INTRODUCTION

- The kidneys are a pair of bean-shaped organs present in all vertebrates.
- They remove waste products from the body, maintain balanced electrolyte levels, and regulate blood pressure.
- The kidneys are some of the most important organs in the body.
- Each kidney is attached to a <u>ureter</u>, a tube that carries excreted <u>urine</u> to the <u>bladder</u>.

#### INTRODUCTION

- Each kidney has about 1 million **nephrons**, the functional units of the kidney.
- Each nephron is composed of a tubule that begins in the outer layer of the

kidney and eventually joins other tubules to empty into the **ureter**.

• The tubule has a number of functional segments: Bowman's capsule, the

proximal tubule, loop of Henle, the distal tubule, the collecting duct

### INTRODUCTION

- Surrounding each tubule is a complex system of blood vessels that exchange water and solutes with the tubule.
- This system is special in that blood must pass through two capillary beds.
- 1. An afferent arteriole..... takes blood to the renal corpuscle, where the blood passes through the first capillary bed, a ball-shape tuft known as the glomerulus.
- > 2. An efferent arteriole..... takes blood away from the glomerulus.
- 3. From there the blood passes into a set of peri-tubular capillaries, which follow the remainder of the tubule and are the site of further exchange of water and solutes between plasma and tubular fluid.

The Urinary (Excretory) System filters blood and produces urine



http://kvhs.nbed.nb.ca/gallant/biology/excretory\_system\_anatomy.html

The Kidney is the blood's filtration and balancing system



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#### The Nephron is the functional unit of the kidney

There are around one million in each kidney



http://www.biologymad.com/resources/kidney.swf

#### **INTRODUCTION..... KIDNEY DISEASES**

• KIDNEY DISEASES......can affect your body's ability to clean your blood,

filter extra water out of your blood, and help control your blood pressure.

• It can also affect red blood cell production and vitamin D metabolism

needed for <u>bone</u> health.

## **INTRODUCTION..... KIDNEY DISEASES**

- Kidney disease is defined as a heterogeneous group of disorders affecting kidney structure and function.
- Even mild abnormalities in measures of kidney structure and function are associated with increased risk for developing complications in other organ systems as well as mortality.
- Diseases can be defined and classified according to many domains:
  structure, function, cause, duration, and outcomes.

#### **RENAL DISEASES**

- Renal disease can be divided into four categories based on the morphologic components involved
- Diseases of Glomeruli
- Diseases of Tubules
- Diseases of Interstitium
- Diseases of Blood vessels
- Most glomerular diseases are immunologically mediated, whereas tubular and interstitial disorders are frequently caused by toxic or infectious agents.

#### **RENAL DISEASES..... others**

- CYSTIC DISEASES
- CONGENITAL AND DEVELOPMENTAL ANOMALIES
- URINARY TRACT OBSTRUCTION (OBSTRUCTIVE UROPATHY)
- NEOPLASMS OF THE KIDNEY

#### **GLOMERULAR DISEASES**

• PRIMARY GLOMERULOPATHIES

• SYSTEMIC DISEASES WITH GLOMERULAR INVOLVEMENT

• HEREDITARY DISORDERS

#### PRIMARY GLOMERULAR DISEASES

□Acute proliferative GN

post infectious

others

Rapidly progressive (crescentic) GN

Membranous nephropathy

□ Minimal-change disease

□ Focal segmental glomerulosclerosis

Membranoproliferative GN

Dense deposit disease

□IgA nephropathy

Chronic GN

# SYSTEMIC DISEASES WITH GLOMERULAR INVOLVEMENT

- Systemic lupus erythematosus (lupus nephritis)
- Diabetes mellitus
- Amyloidosis
- Good pasture syndrome
- Microscopic polyarthritis/ polyangitis
- Wegener granulomatosis
- Henoch-Schönlein purpura
- Bacterial endocarditis
- GN secondary to MM

#### HEREDITARY DISORDERS

- Alport syndrome
- Thin basement membrane disease
- Fabry disease

#### **COMMON DISEASES**

- ACUTE RENAL FAILURE.....sudden loss of renal function....< 3 months
- CHRONIC KIDNEY DISEASE......declining renal function progressively, over a period of > 3 months, with high rise in creatinine.
- HEMATURIA......blood loss in urine.
- **PROTEINURIA**.....loss of protein especially albumin in urine.
- MICROALBUMINURIA.....slight increase in urinary albumin excretion.

- AKI/ AKF / ARF.... is defined as a subgroup of acute kidney diseases and disorders (AKD) in which changes in kidney function evolve within one week.
- **AKI**... is the temporary loss of kidney function lasting less than three months.
- It has a **sudden fast onset**, in response to an injury/trauma or illness affecting the kidneys, drugs, blockages of the kidney or many other factors.
- There is a complex relationship between AKI and CKD; AKI can lead to CKD, and CKD increases the risk of AKI.

- Some people will need a short course of dialysis to help their kidneys recover.
- Many people fully recover from an <u>acute kidney injury</u> and go on to live a normal life.
- However, if significant damage has been caused, there is a higher risk of developing chronic (or ongoing) kidney disease later on.

- Chronic kidney disease (CKD)/CRF ..... occurs when your kidneys have been damaged in a way that cannot be reversed.
- **CKD.....** the condition will need to have been present for at least three months.
- You can live a normal life for many years with chronic kidney disease.
- However, many people will experience a continued decline in their kidney's ability to filter their blood and will eventually need kidney replacement therapy.
- This may be in the form of dialysis or a kidney transplant.

• Criteria..... Include measures of kidney damage (albuminuria,

abnormalities in the urine sediment, imaging, or biopsy) and

- Function .....(decreased glomerular filtration rate [GFR], rising serum creatinine level, or decreased urine output;
- Both CKD and AKI are classified into stages based in part on the severity in

abnormalities in these measures,

#### CRITERIA FOR THE DEFINITIONS OF KIDNEY DISEASES AND DISORDERS

ΑΚΙ	Increase in SCr by 50% within 7 d <i>, or</i> increase in SCr by 0.3 mg/dL within 2 d <i>, or</i> oliguria	No criteria
CKD	GFR <60 mL/min for >3 mo Kidney damage for >3 mor	
AKD	AKI, <i>or</i> GFR <60 mL/min/1.73 m <sup>2</sup> for <3 mo, <i>or</i> decrease in GFR by ≥35% or increase in SCr by >50% for <3 mo	Kidney damage for <3 months
NKD	GFR ≥60 mL/min/1.73 m <sup>2</sup> , stable SCr	No damage

#### Classification of Chronic Kidney Disease

Stage	Classification	GFR (mL/min/1.73 m²)
1		> 90
2	Mild	60-89
3a	Moderate	45-59
3b	Moderate	30-44
4	Severe	15-29
5	End-stage	< 15

#### **CAUSES AND RISK FACTORS**

#### **Common causes of AKF include**:

- low blood flow to the kidneys
- inflammation
- sudden high blood pressure
- blockages, sometimes due to kidney stones, mass, pregnancy etc

#### **CAUSES AND RISK FACTORS**

#### **Common causes of CKD include**:

- elevated blood sugar....diabetes
- high blood pressure
- kidney infections
- polycystic kidney disease



### **INFECTIOUS DISEASE AFFECTING KIDNEYS**

- A kidney infection...... called pyelonephritis .... when bacteria or viruses cause problems in one or both of your kidneys.
- It's a type of urinary tract infection (UTI).
- Kidney infections usually start with a <u>bladder infection</u> that spreads to your kidney.
- Bacteria called E. coli are most often the cause.
- Other bacteria or viruses can also cause kidney infections.
- It's rare, make its way into your **blood**, and travel to your kidney....**Hematogenous route**

#### **INFECTIOUS DISEASE AFFECTING KIDNEYS**

• IN THE NEONATAL PERIOD ..... group B streptococci,

coliforms, *Staphylococcus aureus*, and *Listeria monocytogenes* are the organisms usually responsible.

- IN OLDER CHILDREN.... Neisseria meningitidis, Streptococcus pneumoniae, and S. aureus account for most of the infections.
- IN IMMUNOCOMPROMISED..... *Haemophilus influenzae*, Salmonella species, and *Pseudomonas pseudomallei*, must be considered.

#### **IMMUNOLOGICAL DISORDERS AFFECTING KIDNEYS**

- The human **immune system.....** limits invasion of foreign organisms and eliminates foreign cells.
- Discrimination between **self and foreign structures** is essential in this process.
- Ability to recognize "self" and limit "auto"-immune responses against selfantigens is defined as **TOLERANCE.**
- In many situations, the mechanisms either inducing or maintaining tolerance are disrupted.

#### **KIDNEYS IN AUTOIMMUNE DISEASE**

- **Renal involvement** in autoimmunity has many facets.
- Glomerular, tubular and vascular structures are targeted and damaged as a consequence of autoimmune processes.
- Autoimmunity resulting in renal injury occurs as a systemic disturbance of immunity with the central feature being loss of tolerance to normal cellular and/or extracellular proteins.
- Some of the **target auto antigens** are now identified in autoimmune diseases where tissue injury includes the kidney.

#### **IMMUNOLOGICAL DISORDERS AFFECTING KIDNEYS**

- **Cystinosis**. Cystinosis is a rare disorder that allows a natural chemical called cystine to build up in your body and cause health problems. ...
- Glomerulonephritis. ...
- IgA Nephropathy. ...
- Lupus Nephritis. ...
- Polycystic Kidney Disease

#### **NEOPLASTIC DISORDERS AFFECTING KIDNEYS**

- **Kidney neoplasms** are common diseases with varying prognoses depending on the subtype of the tumor.
- The most common solid lesion of the kidney is **renal cell carcinoma**, and the treatment is typically surgical removal.
- Kidney cancer is caused when **DNA in cells in one or both kidneys mutate**, which may lead to uncontrolled cell division and growth.
- While the exact cause of a person's kidney cancer may not be known, certain risk factors are strongly linked to the disease, including **smoking tobacco and obesity**.

#### **NEOPLASTIC DISORDERS AFFECTING KIDNEYS**

- A **benign or malignant neoplasm** affecting the kidney.
- Examples of benign renal neoplasms include ......fibroma, lipoma, oncocytoma, and juxtaglomerular cell tumor.
- Examples of malignant renal neoplasms include .....renal cell carcinoma, renal pelvis carcinoma, Wilms tumor, rhabdoid tumor, sarcoma, and lymphoma.

# VASCULAR, INTERSTIAL AND PARENCHYMAL DISORDERS.

- Renal parenchymal disease, also termed medical renal disease, includes various disorders of the glomeruli, interstitium, tubules, and small blood vessels of the kidneys.
- It encompasses diseases **confined to the kidneys** and systemic disorders that secondarily affect the kidneys.
- Renal parenchymal diseases can be primary, secondary, congenital, hereditary, or acquired..

#### **VASCULAR DISORDERS**

- Renal vascular disease .. affects the blood flow into and out of the kidneys. It may cause kidney damage, kidney failure, and high blood pressure.
- affect the arteries and veins of the kidneys.

#### Vascular conditions include:

- Renal artery stenosis (RAS). ...
- Renal artery thrombosis. ...
- Renal vein thrombosis. ...

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- Renal artery aneurysm. ...
- Athero-embolic renal disease.
- Benign and malignant nephrosclerosis

#### **INTERSTITIAL DISORDERDS**

- Interstitial nephritis / Tubulointerstitial nephritis is a kidney disorder.
- Tubulointerstitial nephritis is inflammation that affects the tubules of the kidneys and the tissues that surround them (interstitial tissue).
- The kidneys filter waste and extra fluid from the body.
- When you have **interstitial nephritis**, the spaces between tubules (small tubes) inside the kidney become inflamed.
- This reduces the kidneys' ability to filter properly.
- The most common causes of interstitial nephritis are: **Drugs**, diabetes, hypertension.

#### **INTERSTITIAL DISORDERDS**

**1. PYELONEPHRITIS.....pelvis of kidney is commonly involved due to** 

**Bacterial infection**.... E.coli, B. proteus, and others

Obstruction....stones , pregnancy

➢ Vesico −ureteric reflux

Diabetes

➢Female sex

#### **Acute PN**



#### Yellow foci of pus





## Any Questions?

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