# Ovulation Inducing Agents Mifepristone Danazol

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# **Aims And Objectives**

By end of this presentation you would be able to

Describe the mechanism of action, clinical use, and adverse effects of

- Clomiphene
- Mifepristone
- Danazol

# **Clomiphene Citrate**

Clomiphene citrate, a partial estrogen agonist

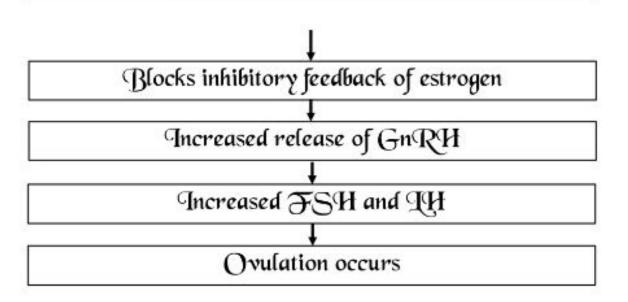
- Nonsteroidal, Synthetic Compound, Triphenylethylene Derivative
- Structural Similarity To Estrogen
- Antiestrogenic Effect
- ▶ This Compound Is Well Absorbed When Taken Orally.
- ▶ It Has A Half-life Of 5–7 Days
- Excreted Primarily In The Urine.
- It Exhibits Significant Protein Binding And Enterohepatic Circulation
- Distributed To Adipose Tissues.

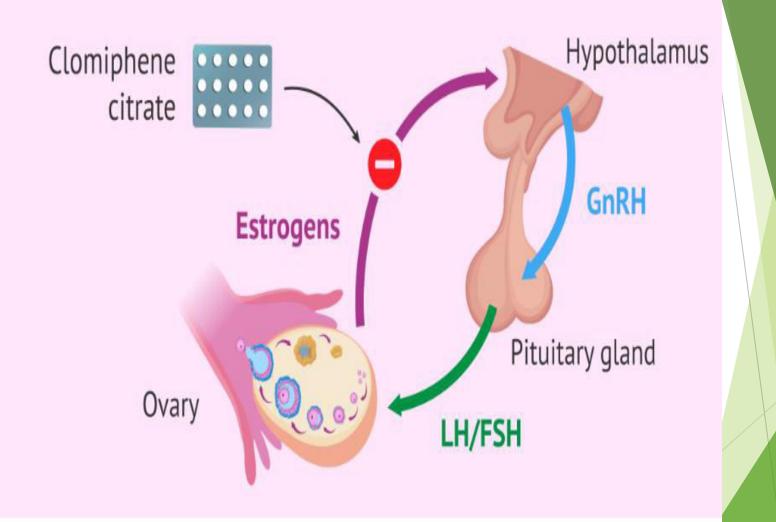
# **Mechanisms of Action**

- Binds To Er Alpha, Er Beta
- Act As Pure Estrogen Antagonist In All Human Tissues
- Action At The Hypothalamic Level
- The Amount Of LH/FSH Released In Each Secretary Phase Is Increased

Clomiphene - MoA

Binds to hypothalamic and pituitary estrogen receptors





# **Clinical uses**

- Infertility due to anovulation.
  - 50-100mg per day od for 5 days
  - Starts on 3rd day of cycle
  - Cyclical therapy is recommended but not more than 6 cycle as increase chances of ovarian cancer.
- Male infertility for
  - oligospermia promote Spermatogenisis
  - Testosterone Secretion
- Assisted reprodution therapy (ART) and (GIFT)gametes intrafallopian transfer technique.



# Clomiphene

#### DOSE

- 50mg/day starting from day 3-7 for 2 months
- then double the dose 50mg BD for 3 months
- maximum 200mg/day can be given
- Addition Of Hcg Injs On Day 13 Or 14 Improves Success Rate
- IN OLIGOSPERMIA DOSE IS
  - 25mg/day for 24 days in a month, 6 days rest up to 6 months

#### **Adverse Effects**

- Hot Flushes (Antagonism Of Peripheral Actions Of Estrogen)
- Gastric Upsets nausea vomiting
- Hyperstimulation syndrome. Polycystic Ovaries
- Multiple Pregnancy
- Ovarian cysts
- Allergic Dermatitis
- Risk Of Ovarion Tumours
- Weight gain breasts discomfort

# Mifepristone

- Mifepristone is a "19-norsteroid"
- Binds strongly to the progesterone receptor
- Inhibits the activity of progesterone.
- Compititive antagonist of progesterone
- Has anti glucocorticoid anti androgenic activity
- The drug has luteolytic properties in 80% of women when given in the midluteal period.

# Mifepristone

- Orally effective
- Long plasma half life
- Metabolized in liver
- Undergoes enterohepatic circulation

# **Mifepristone indications**

- Contraceptive ; postcoital contracetion cuases shedding of decidua. A single dose of 600 mg is an effective emergency postcoital contraceptive.
- Termination of pregnancy early pregnancy single oral dose of mifepristone followed 48hrs later by prostaglandin(PGE1) raises success rate by 95%.
- For induction of labour incase of intrauterine death of fetus

# Adverse effect Mifepristone

- Teratogenic
- Uterine bleeding
- Nausea vomiting

#### DANAZOL

- Weak progestational, androgenic, and glucocorticoid activities
- ► USED TO SUPPRESS OVARIAN FUNCTION
- Danazol inhibits the midcycle surge of LH and FSH



#### DANAZOL

- Danazol is slowly metabolized
- Half-life of over 15 hours.
- It is highly concentrated in the liver, adrenals, and kidneys
- Excreted in both feces and urine.



#### Danazol uses

- Danazol an inhibitor of gonadal function use in the treatment of ENDOMETRIOSIS.
  - ▶ Dose ; 600 mg/d.
  - Reduced to 400 mg/d after 1 month
  - Then to 200 mg/d in 2 months.
  - ▶ About 85% of patients show marked improvement in 3–12 months.
- Treatment of fibrocystic disease of the breast
- Hematologic Or Allergic Disorders, i.e
  - ▶ Hemophilia, Christmas Disease,
  - Idiopathic Thrombocytopenic Purpura,
  - Angioneurotic Edema.

# Adverse effects DANAZOL

- Major adverse effects
  - Weight gain, edema,
  - Decreased breast size,
  - Acne and oily skin,
  - Increased hair growth, deepening of the voice,
  - Headache, hot flushes,
  - Changes in libido, and muscle cramps.
- Mild adverse effects are very common
- May cause adrenal suppression.
- Great caution in hepatic dysfunction, produce mild to moderate hepatocellular damage
- Contraindicated during pregnancy & breast-feeding, (urogenital abnormalities)

# Thanks