

## Gas Exchange in the Lungs



## ATMOSPHERIC AIR:COMPOSITION

TOTAL PRESSURE (AT SEA
LEVEL)=760MM HG
$\mathrm{N}_{2}=78.6 \%$
$\mathrm{P}_{\mathrm{N} 2}=596 \mathrm{~mm} \mathrm{Hg}$
$\mathrm{O}_{2}=20.8 \%$
$\mathrm{PO}_{2}=160 \mathrm{~mm} \mathrm{Hg}$
$\mathrm{CO}_{2}=0.04 \%$
$P_{\mathrm{Co} 2}=0.3 \mathrm{~mm} \mathrm{Hg}$
$\mathrm{H}_{2} \mathrm{O}=0.5 \%$
$\mathrm{P}_{\mathrm{H} 2 \mathrm{O}}=3.7 \mathrm{~mm} \mathrm{Hg}$

## DIFFUSION OF GASES

Alveolo capillary Membrane
Along partial pressure gradient,
Until equilibrium is reached
Oxygen diffuses from the alveolus into the blood
Carbon dioxide from the blood into the alveolus



## CONTD...

Carbon dioxide : very soluble in blood, allowing many molecules to diffuse along small pressure gradient

Oxygen : less soluble, requires a larger concentration gradient

## EFFECT OF WATER VAPOR

Fresh air enters respiratory passage Immediately mixes with water vapor (Humidification) Water vapor lowers the partial pressure of gases (total pressure remains constant)
$\mathrm{P}_{\mathrm{O} 2}$ is lowered to about 149 mmHg Constant $\mathrm{P}_{\text {H2О }}=47 \mathrm{mmHg}$

## Oxygen transport in the blood

$\mathrm{O}_{2}$ from the alveoli diffuse into the blood

Then $\mathrm{O}_{2}$ enters the RBC and binds to hemoglobin
$3 \%$ of $\mathrm{O}_{2}$ is dissolved in plasma while $97 \%$ is bound to $\mathrm{Hb} \rightarrow$ oxyHb

The binding is reversible $\mathrm{Hb}+\mathrm{O}_{2} \Leftrightarrow \mathrm{HbO}_{2}$


## OXYGEN TRANSPORT

Method

- Dissolved in Plasma
$3 \%$
-Combined with Hemoglobin $97 \%$


## $\mathrm{O}_{2}$ DISSOLVED IN PLASMA

$0.3 \mathrm{ml} \mathrm{O}_{2}$ per 100 ml of blood(arterial $\mathrm{P}_{\mathrm{O} 2}$ Of 100 mm Hg )
Normal $\mathrm{P}_{\mathrm{O} 2}$ of $95 \mathrm{mmHg}: 0.29 \mathrm{ml}$ of $\mathrm{O}_{2}$ is dissolved per 100 ml of water in blood
$\mathrm{P}_{\mathrm{O} 2} 40 \mathrm{mmHg}$ in tissue capillaries-0nly 0.12 ml of $\mathrm{O}_{2}$ remains dissolved
0.17 ml of $\mathrm{O}_{2}$ is normally transported in dissolved state to the tissues by each 100 ml of arterial blood flow

## HEMOGLOBIN STRUCTURE

Protein made up of 4 subunits
Every subunit contains a heme moiety attached to a polypeptide chain.


## HAEMOGLOBIN

Haemoglobin molecules can transport up to four $\mathrm{O}_{2}$ 's When $4 \mathrm{O}_{2}$ 's are bound to haemoglobin, it is $100 \%$ saturated, with fewer $\mathrm{O}_{2}$ 's it is partially saturated Haemoglobin's affinity for $\mathrm{O}_{2}$ increases as its saturation increases

Oxygen binding occurs in response to the high $\mathrm{P}_{\mathrm{O} 2}$ in the lungs

## OXYHEMOGLOBIN FORMATION

- Oxygen molecule reversibly attaches to the heme portion of hemoglobin
- Heme unit contains iron ( $\mathrm{Fe}^{+2}$ ) which provides the attractive force
$\mathrm{O}_{2}+\mathrm{Hb} \rightleftarrows \mathrm{HbO}_{2}$


## Oxyhemoglobin



## TERMS

Oxygen Capacity: Maximum quantity of oxygen that will combine chemically with the hemoglobin in a unit volume of blood

Oxygen Content: how much oxygen is in the blood

## CONTD...

Oxygen Saturation: Percentage of all the available heme binding sites saturated with oxygen

Volume percent (vol\%) refers to the milliliters of oxygen extracted from a 100 ml sample of whole blood

## MAXIMUM AMOUNT OF O2 THAT CAN COMBINE WITH HB OF BLOOD

Normal Hb-15 gms/100 ml of blood Each gm of Hb can bind 1.34 ml of $\mathrm{O}_{2}$
(In chemically pure $\mathrm{Hb}-1.39 \mathrm{ml} \mathrm{O} \mathrm{O}_{2}$ )
Total $\mathrm{O}_{2}$ bound with Hb :
$15 \times 1.34=20 \mathrm{ml}$ (if $\mathrm{Hb} 100 \%$ saturated)

## $\mathrm{O}_{2}$ RELEASED FROM HB IN TISSUES

In normal systemic arterial blood -Total $\mathrm{O}_{2}$ bound with $\mathrm{Hb} 19.4 \mathrm{ml} / 100 \mathrm{ml}$ of blood(97\% saturated)
Tissue capillaries: $\mathrm{O}_{2}-14.4 \mathrm{ml} / 100 \mathrm{ml}$ of blood $\left(\mathrm{P}_{\mathrm{O} 2}\right.$ $40 \mathrm{mmHg}, 75 \%$ saturated Hb )
Under normal conditions about 5 ml of $\mathrm{O}_{2}$ is transported from the lungs to the tissues by each 100 ml of blood flow

## THE PO2 IS PRIMARY FACTOR IN DETERMINING THE PERCENT HB SATURATION

Acc to law of mass action when concentration of one substance in a reversible reaction increases, the reaction is driven towards the opppsite side

## In Pulmonary Capillaries

PO 2 increases so $\mathrm{Hb}+\mathrm{O} 2=\mathrm{HbO} 2$
Loading of O 2 on HB
In systemic capillaries
PO 2 decreases so $\mathrm{HbO} 2=\mathrm{Hb}+\mathrm{O} 2$
oxygen is released (unloading)

## $\mathrm{O}_{2}-\mathrm{HB}$ DISSOCIATION CURVE

Illustrates the \%saturation of Hb with oxygen at various $\mathrm{P}_{\mathrm{O} 2}$ values
Sigmoid shaped curve
Progressive increase in the \% of Hb bound with $\mathrm{O}_{2}$ as blood $\mathrm{P}_{\mathrm{O} 2}$ increases
$P_{50}$ :point at which Hb is $50 \%$ saturated

## CONTD...

Plateau: Provides a margin of safety in the oxygen carrying capacity of the blood

Steep portion: Small changes in Oxygen levels can cause significant changes in binding. This promotes release of $\mathrm{O}_{2}$ to the tissues


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## OXYGEN-HB DISSOCIATION CURVE



# ROLE OF HB IN MAINTAINING NEARLY CONSTANT $\mathrm{PO}_{2}$ IN TISSUES 

Function as Tissue $\mathrm{O}_{2}$ buffer system Stabilize the $\mathrm{O}_{2}$ pressure in the tissues
Tissue $\mathrm{P}_{\mathrm{O} 2}$ can not rise above 40 mmHg

# FACTORS THAT SHIFT THE OXYGEN-HEMOGLOBIN DISSOCIATION CURVE 

pH and $\mathrm{P}_{\mathrm{CO} 2}$
Temperature 2,3-diphosphoglycerate(2,3-DPG)

## PH AND P $\mathrm{CO}_{\mathrm{Co}}$ : BOHR EFFECT

Increase CO2 and acidity will decrease affinity of HB for O 2
$\mathrm{CO}_{2} \& \mathrm{H}+$ ions shift the $\mathrm{O}_{2}-\mathrm{Hb}$ Dissociation curve to the right
Increased delivery of $\mathrm{O}_{2}$ to the tissues


## TEMPERATURE

A rise in Temperature shifts O2HB curve to the Right
Increase unloading of O 2 to tissues
During exercise the local rise in temp enhances release of O2 from HB for use by the active tissues


## 2,3-DIPHOSPHOGLYCERATE

Byproduct of anaerobic glycolysis
Present in high concentration in red blood cells
Diminishes the affinity of hemoglobin for $\mathrm{O}_{2}$
(Right Shift) by binding reversibly with HB

## CONTD...

## Importance:

Normal DPG in blood keeps the curve slightly to the right all the time
In Hypoxic condition, DPG increases
Disadvantage:
Excess DPG : Difficulty for the hemoglobin to combines with $\mathrm{O}_{2}$ in the lungs

## TRANSPORT OF OXYGEN IN THE ARTERIAL BLOOD

About 98 percent of the blood that enters the left atrium from the lungs has just passed through the alveolar capillaries and has become oxygenated up to a $\mathrm{PO}_{2}$ of about 104 mm Hg .

Another 2 percent of the blood has passed from the aorta through the bronchial circulation, which supplies mainly the deep tissues of the lungs and is not exposed to lung air.

This blood flow is called "shunt flow," meaning that blood is shunted past the gas exchange areas.

On leaving the lungs, the $\mathrm{PO}_{2}$ of the shunt blood is about that of normal systemic venous blood, about 40 mm Hg .

When this blood combines in the pulmonary veins with the oxygenated blood from the alveolar capillaries, this so-called venous admixture of blood causes the $\mathrm{PO}_{2}$ of the blood entering the left heart and pumped into the aorta to fall to about 95 mm Hg .

- Diffusion of Oxygen from the Peripheral Capillaries into the Tissue Fluid


Fig. 40.3 Diffusion of oxygen from a peripheral tissue capillary to the cells

## Alveolus $\mathrm{PO}_{2}=104 \mathrm{~mm} \mathrm{Hg}$



Changes in $\mathrm{PO}_{2}$ in the pulmonary capillary blood, systemic arterial blood, and systemic capillary blood, demonstrating the effect of "venous admixture."

## DIFFUSION OF OXYGEN FROM THE PERIPHERAL CAPILLARIES INTO THE TISSUE FLUID

When the arterial blood reaches the peripheral tissues, its PO2 in the capillaries is 95 mm Hg .
the PO2 in the interstitial fluid that surrounds the tissue cells averages only 40 mm Hg .
there is a tremendous initial pressure difference that causes oxygen to diffuse rapidly from the capillary blood into the tissues-
so rapidly that the capillary PO 2 falls almost to equal the 40 mm Hg pressure in the interstitium.
the PO2 of the blood leaving the tissue capillaries and entering the systemic veins is also about 40 mm Hg .

## DIFFUSION OF OXYGEN FROM THE PERIPHERAL CAPILLARIES TO THE TISSUE CELLS

Oxygen is always being used by the cells. Therefore, the intracellular PO2 in the peripheral tissue cells remains lower than the PO2 in the peripheral capillaries.

Therefore, the normal intracellular PO2 ranges from as low as 5 mm Hg to as high as 40 mm Hg , averaging (by direct measurement in lower animals) 23 mm Hg .
only 1 to 3 mm Hg of oxygen pressure is normally required for full support of the chemical processes that use oxygen in the cell
this low intracellular PO2 of 23 mm Hg is more than adequate and provides a large safety factor.

- Diffusion of Oxygen from the Peripheral Capillaries into the Tissue Fluid


Fig. 40.3 Diffusion of oxygen from a peripheral tissue capillary to the cells

## QUESTION:1

At which of the following sites is the partial pressure of oxygen $\left(\mathrm{P}_{\mathrm{O} 2}\right)$ highest?
A. Exhaled gas
B. Anatomical dead space at the end of expiration
C. Anatomical dead space at the end of inspiration
D. Alveolar gas

## QUESTION:2

The exchange of gases between inhaled air and Pulmonary blood is referred as:
A) Cellular respiration
B) External respiration
C) Internal respiration
D) Circulatory respiration

## QUESTION:3

Most Oxygen in the blood is transported as:
A)De-oxyhemoglobin
B)Dissolved in plasma
C)Oxy-hemoglobin
D)Reduced hemoglobin

## QUESTION:4

Shift of $\mathrm{O}_{2}$-Haemoglobin dissociation curve to the right is caused by.... (in blood):
A) Decreased hydrogen ions
B) Increased $\mathrm{CO}_{2}$
C) Decreased temperature
D) Decreased BPG

## QUESTION:5

Oxyhaemoglobin dissociation curve is shifted to the left by: A) increase in arterial PCO2
B) acidosis
C) increase in $2,3 \mathrm{DPG}$
D) fall in temperature

## ANSWERS

1- C
2-B
3-C
4- B
5-D

## REFERENCES

Guyton \& Hall.Text book of Medical Physiology Ganong's Review of Medical Physiology Berne \& Levy Physiology

## Thank You!!!



Figure 40-13
Transport of carbon dioxide in the blood.

