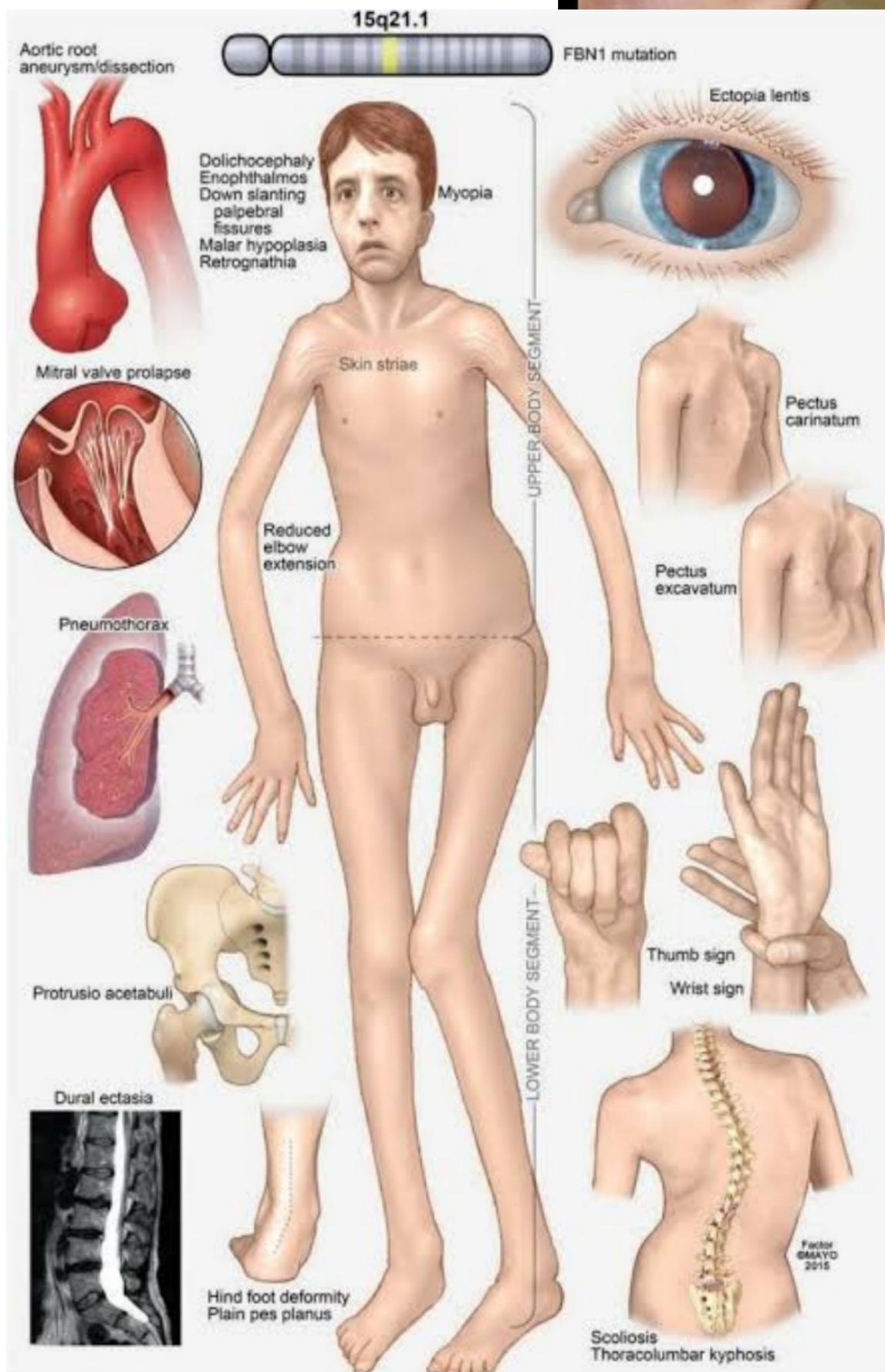
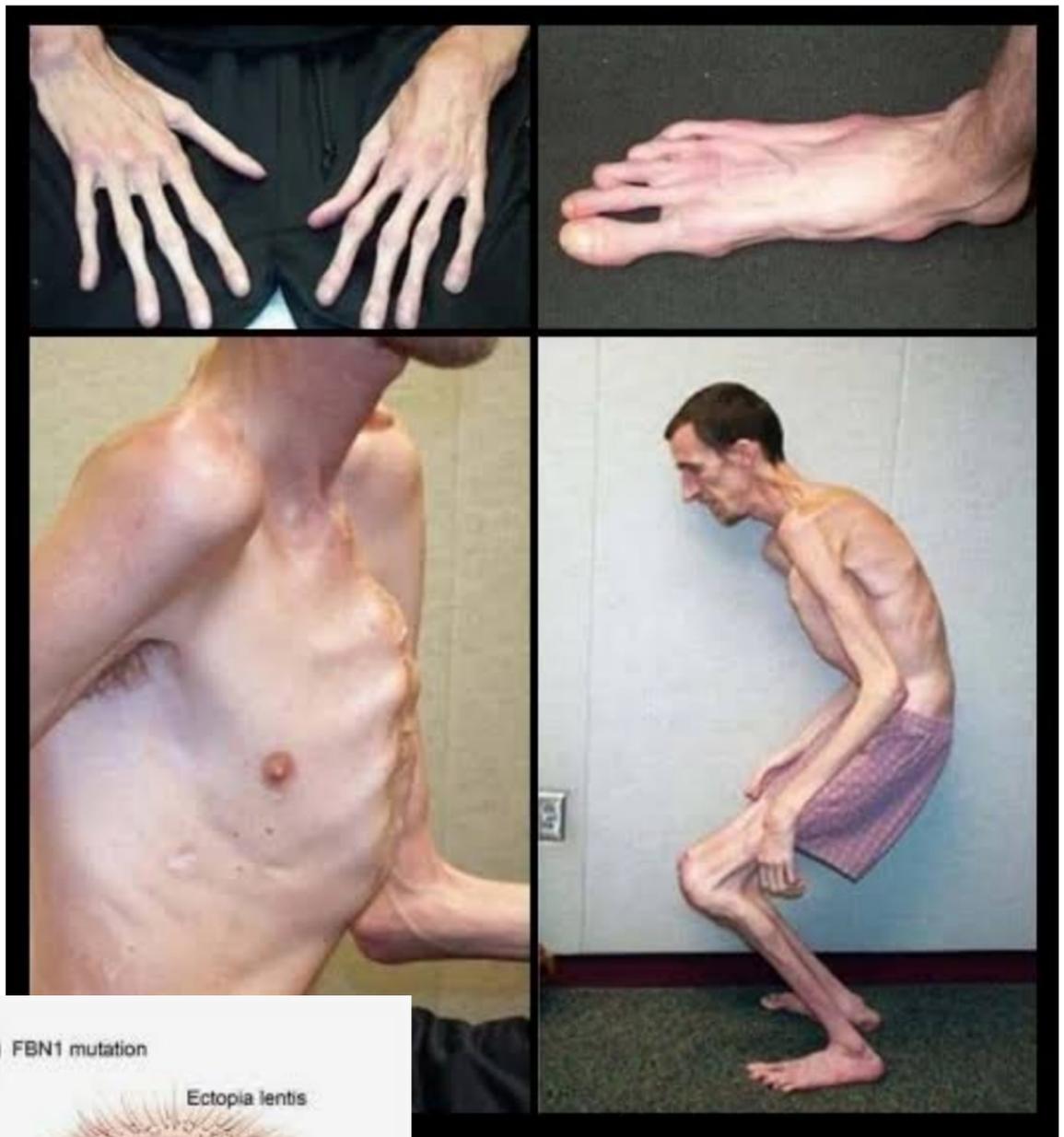
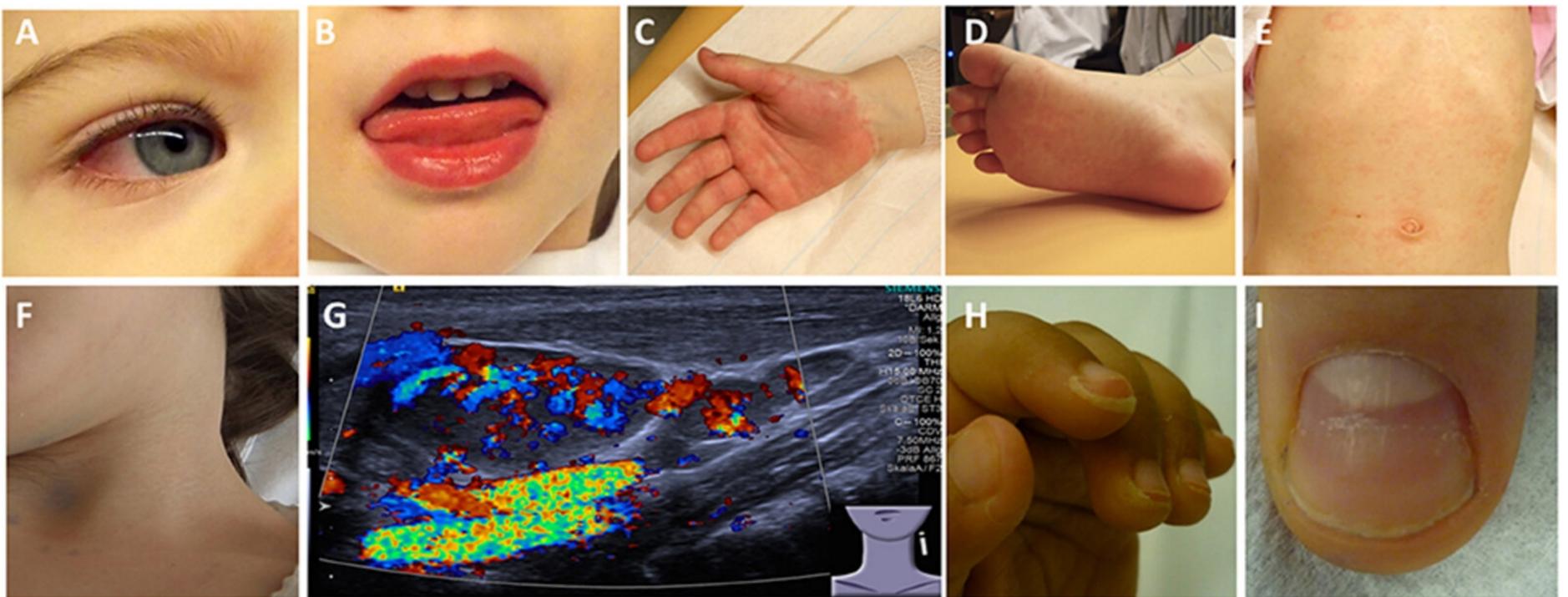
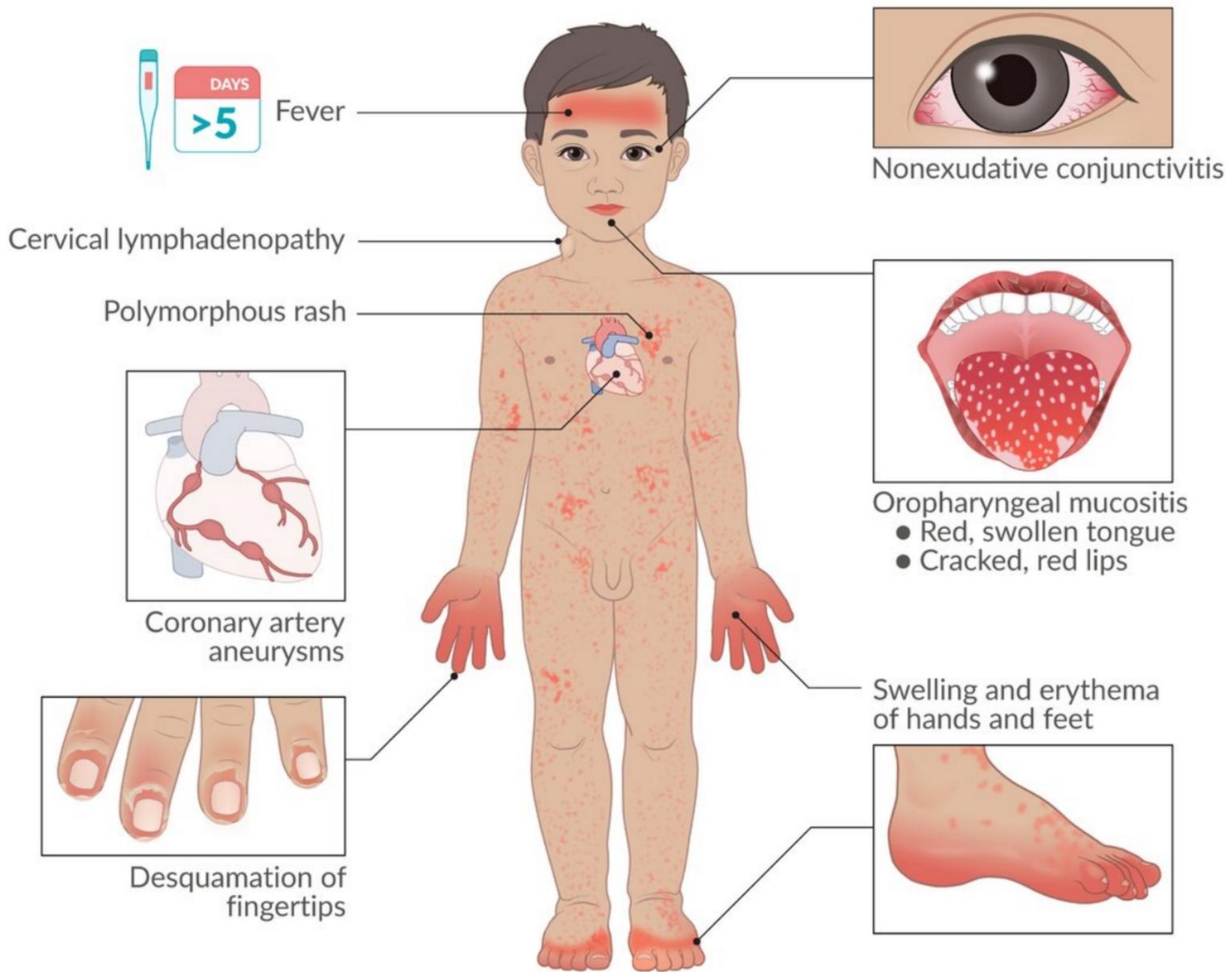


# MARFAN SYNDROME

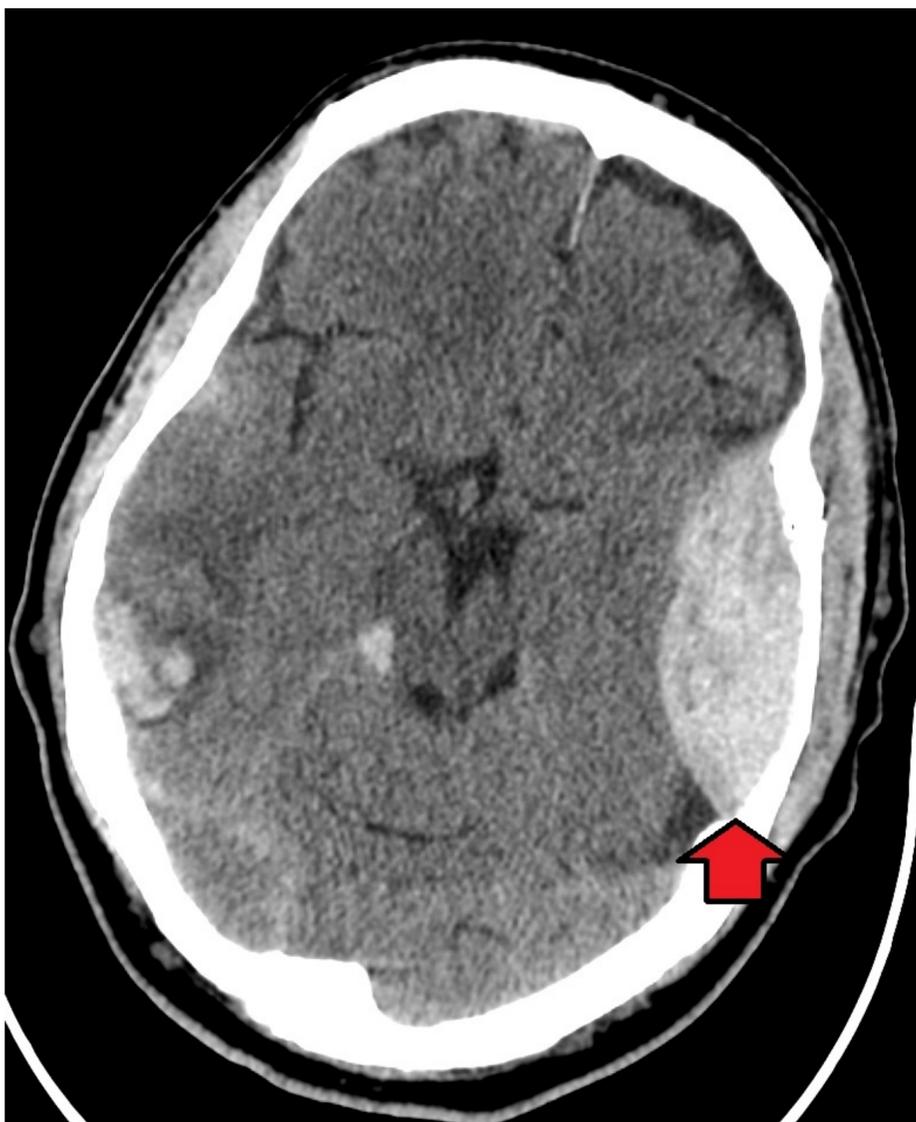
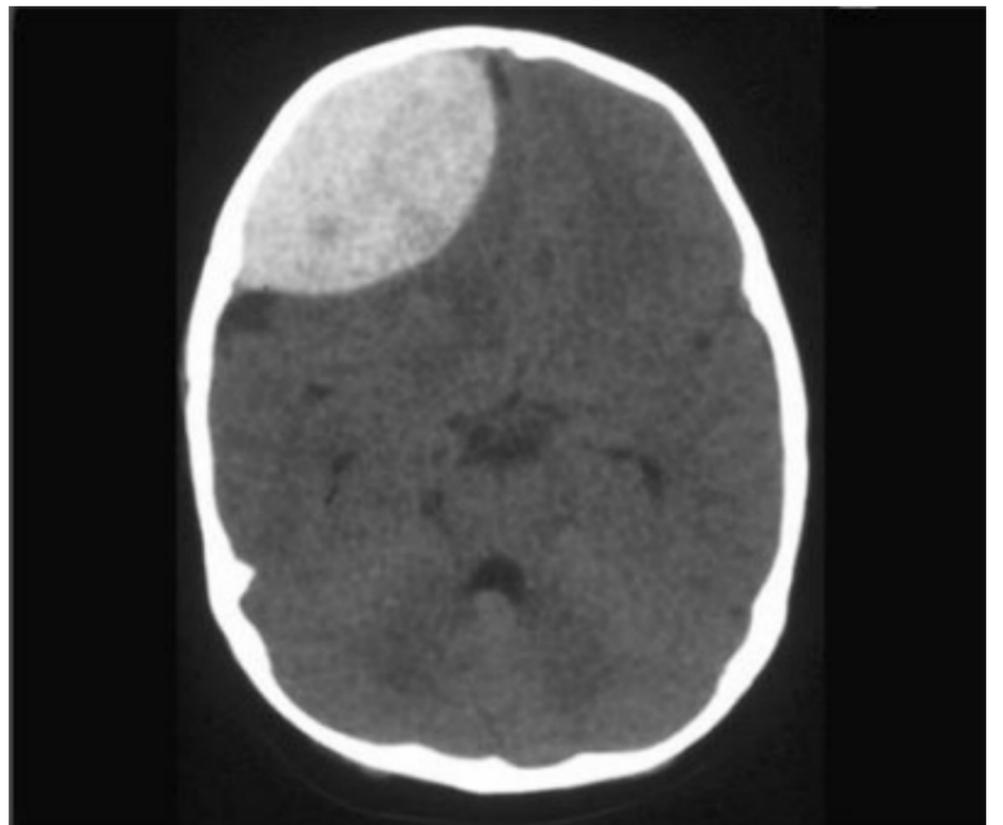
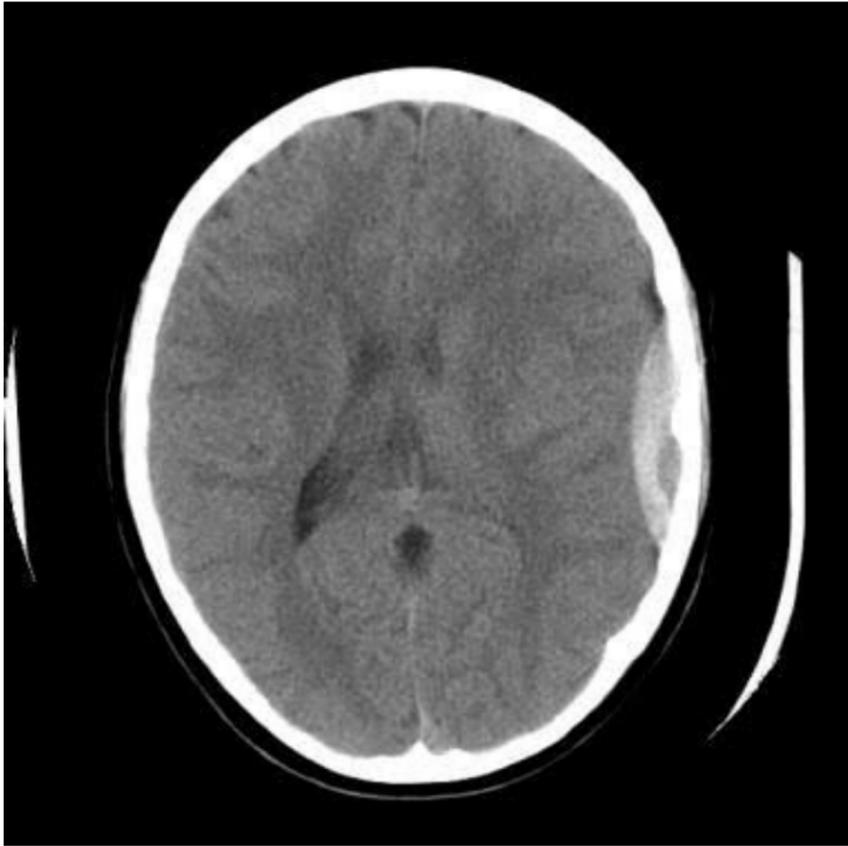


# Kawasaki Disease



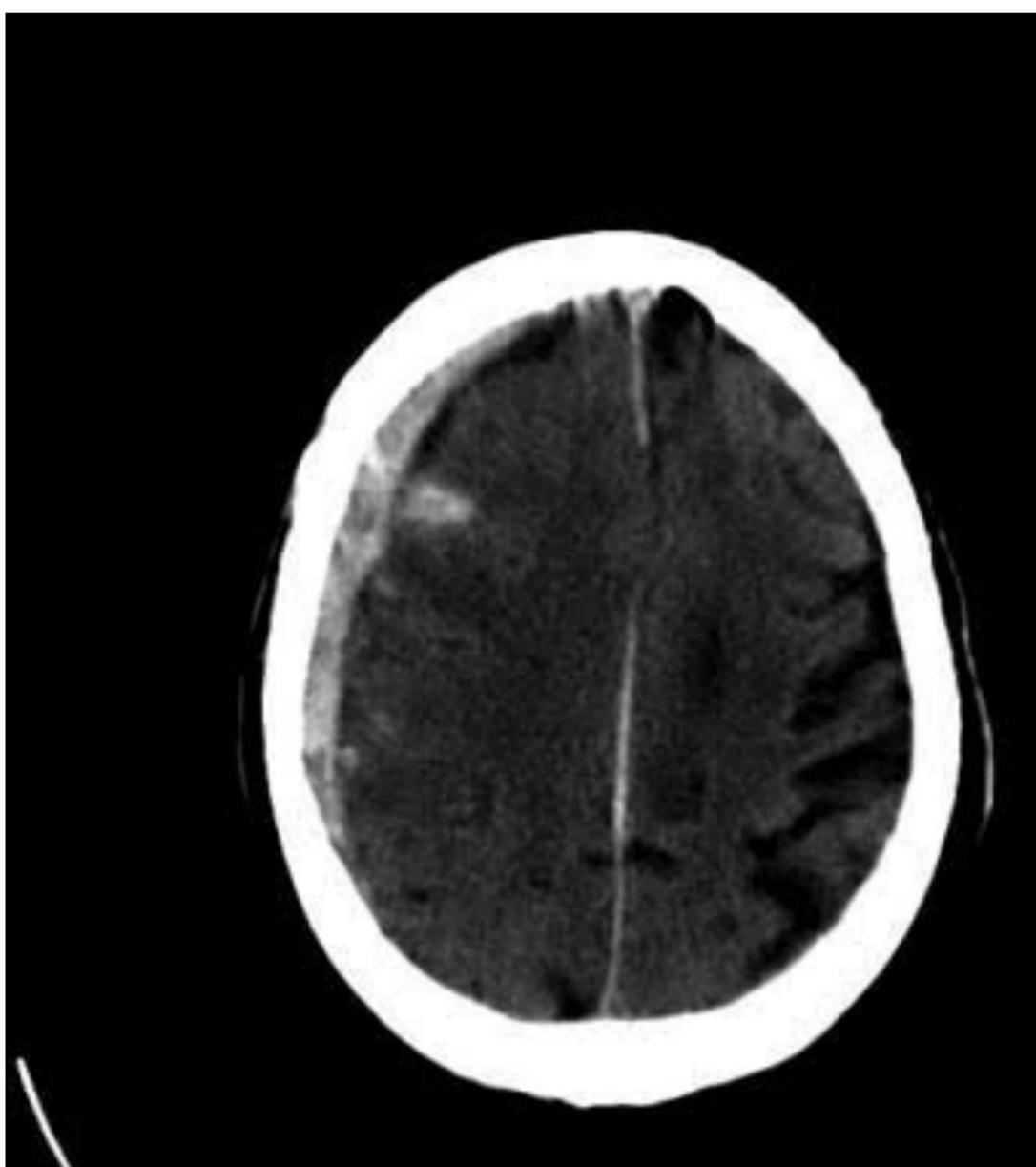
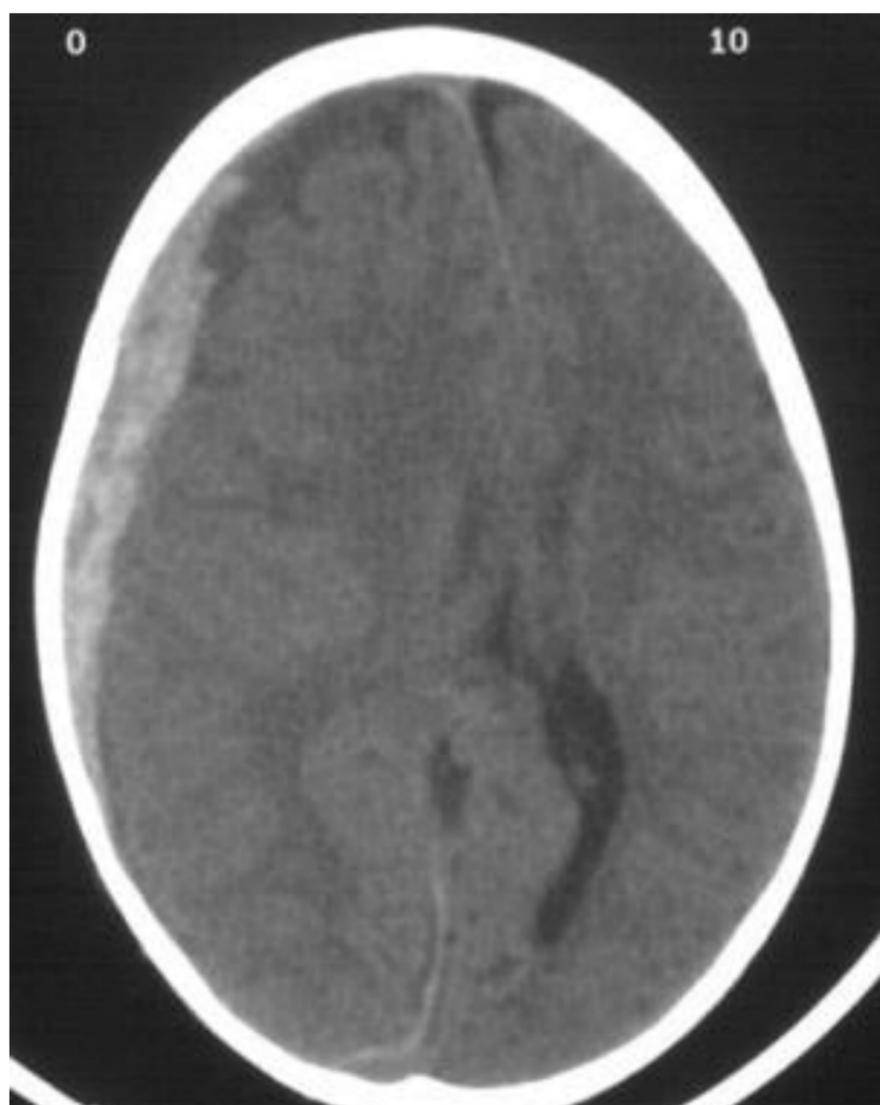
## EPIDURAL HEMATOMA

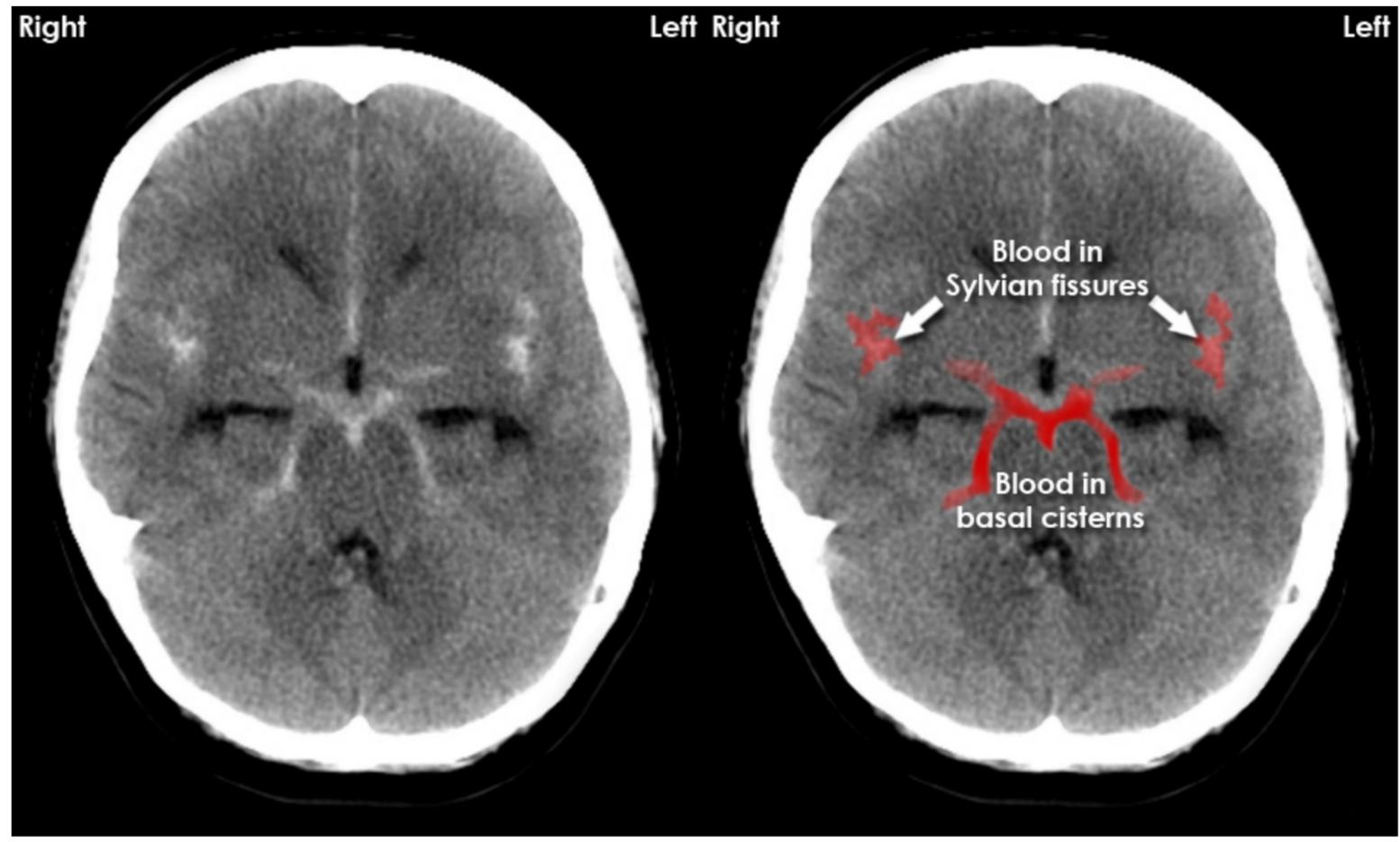
\* CT shows lentiform (biconvex), hyperdense collection bw skull and brain



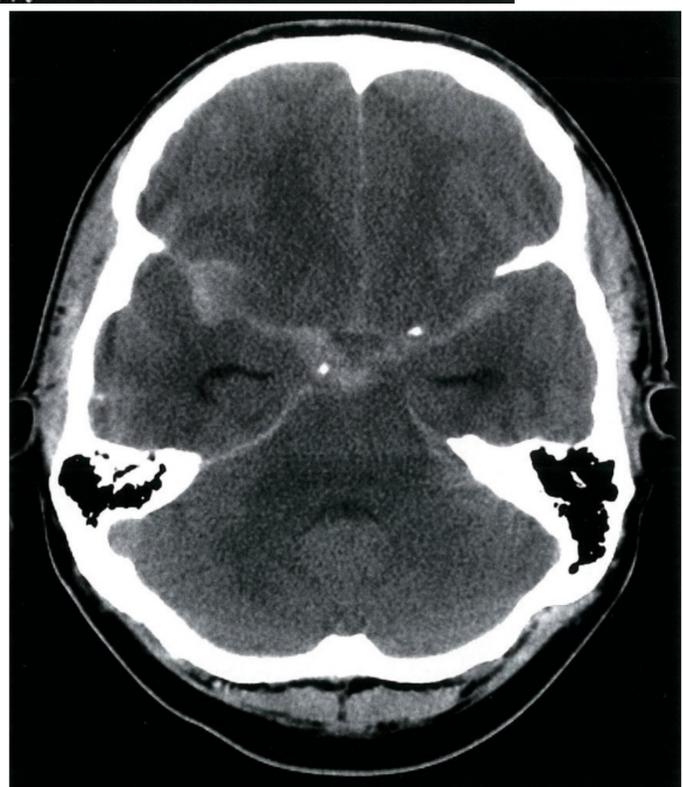
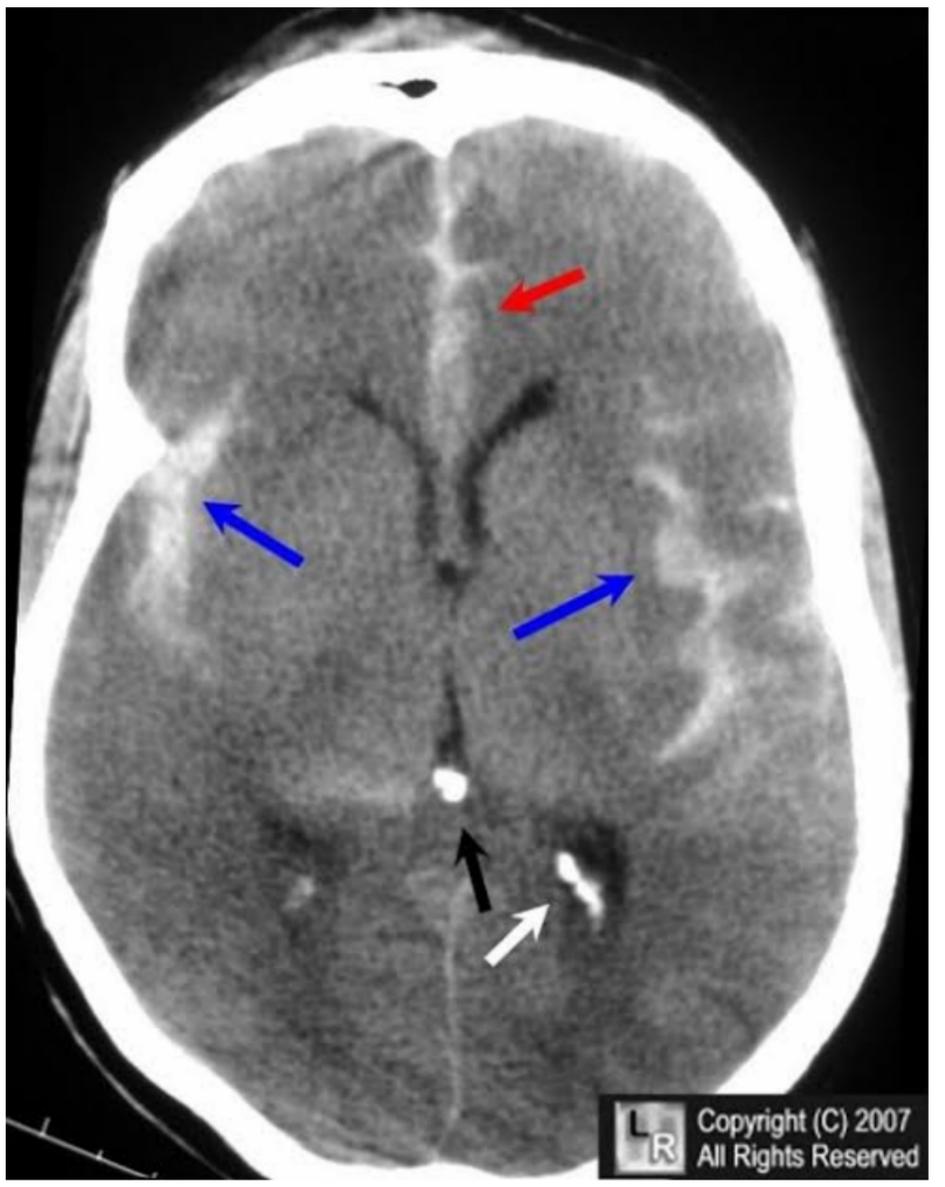
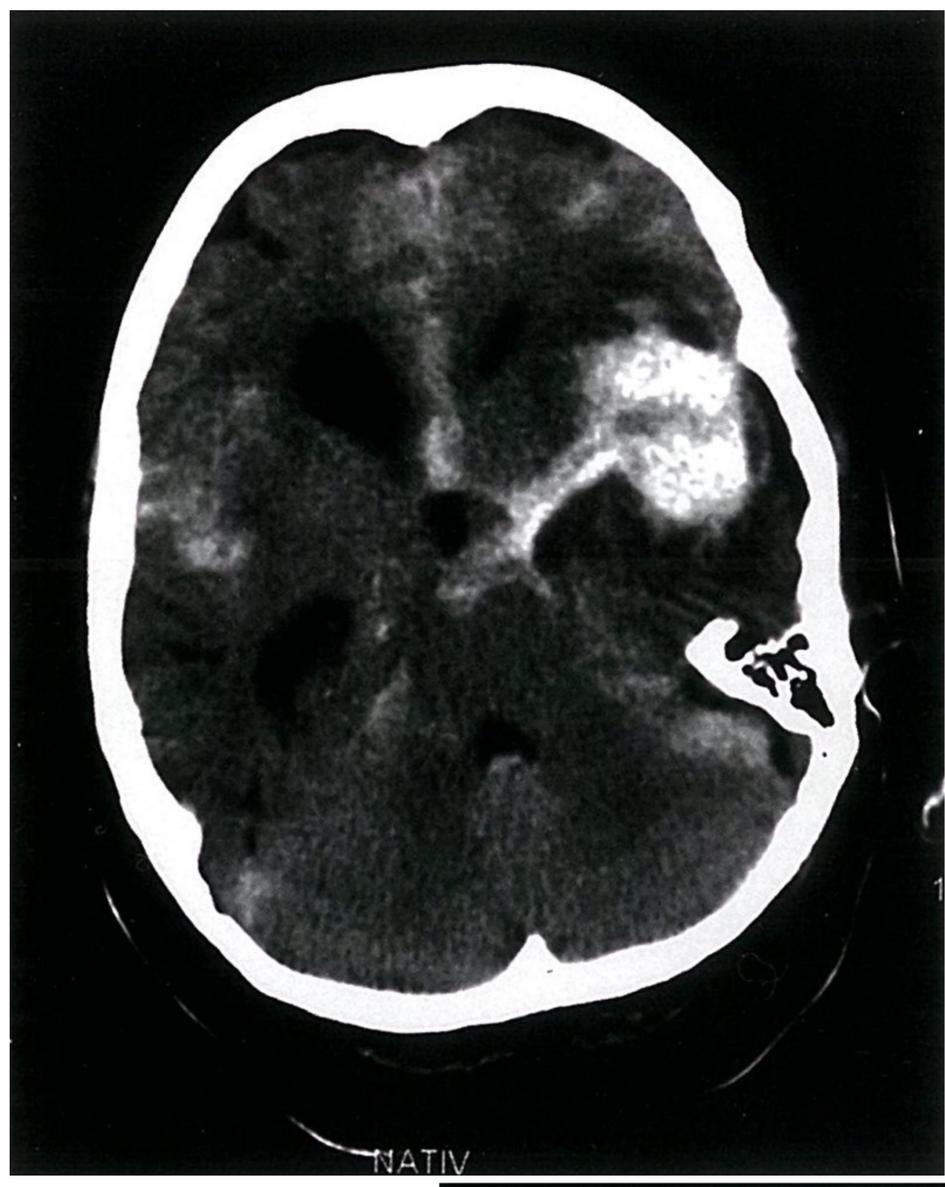
# Subdural Hematoma

CT shows diffuse and concave  
Crescent shaped hyperdense collection

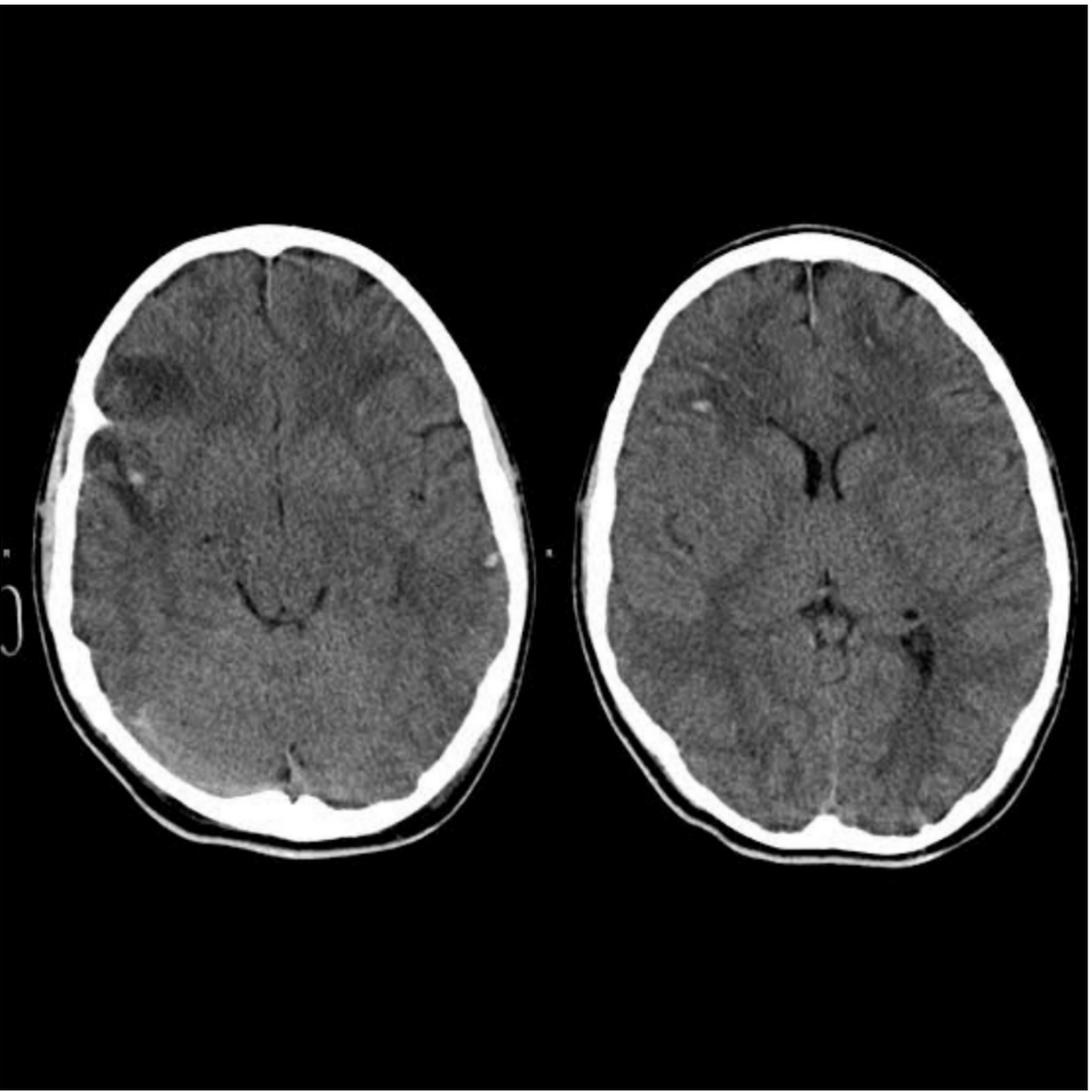
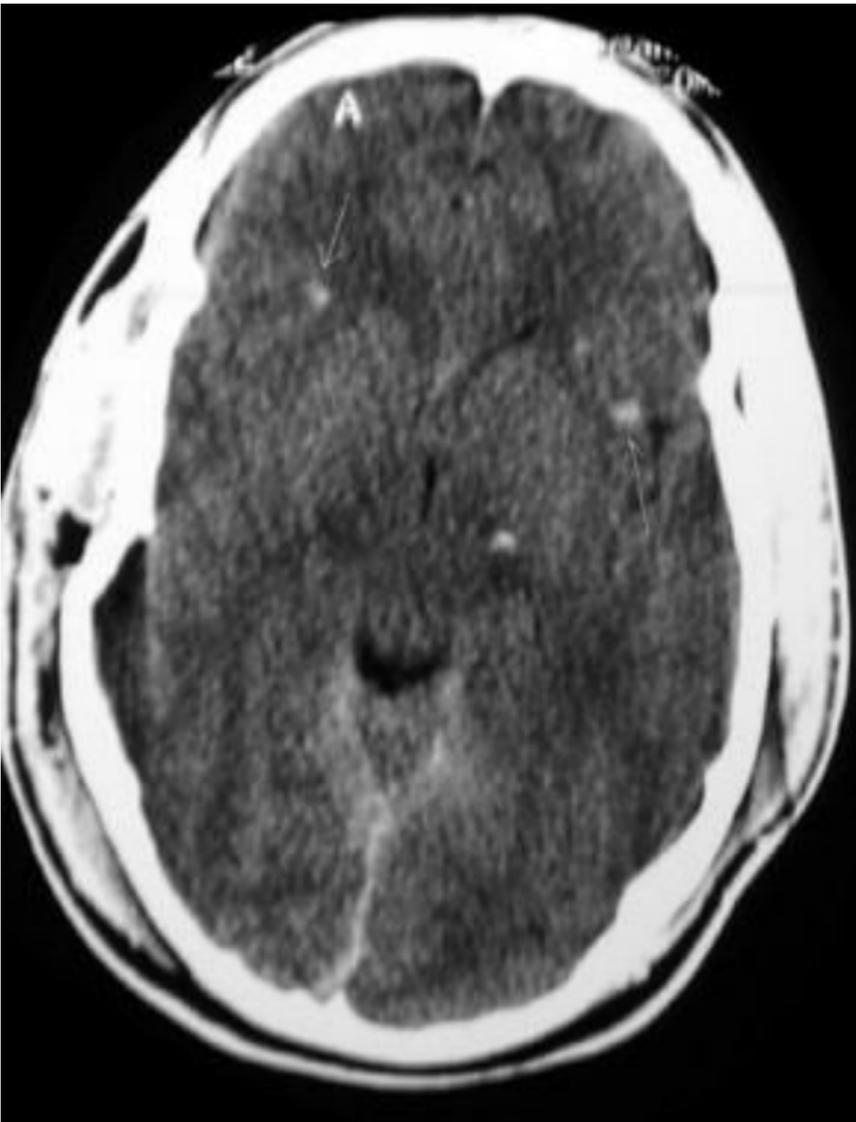




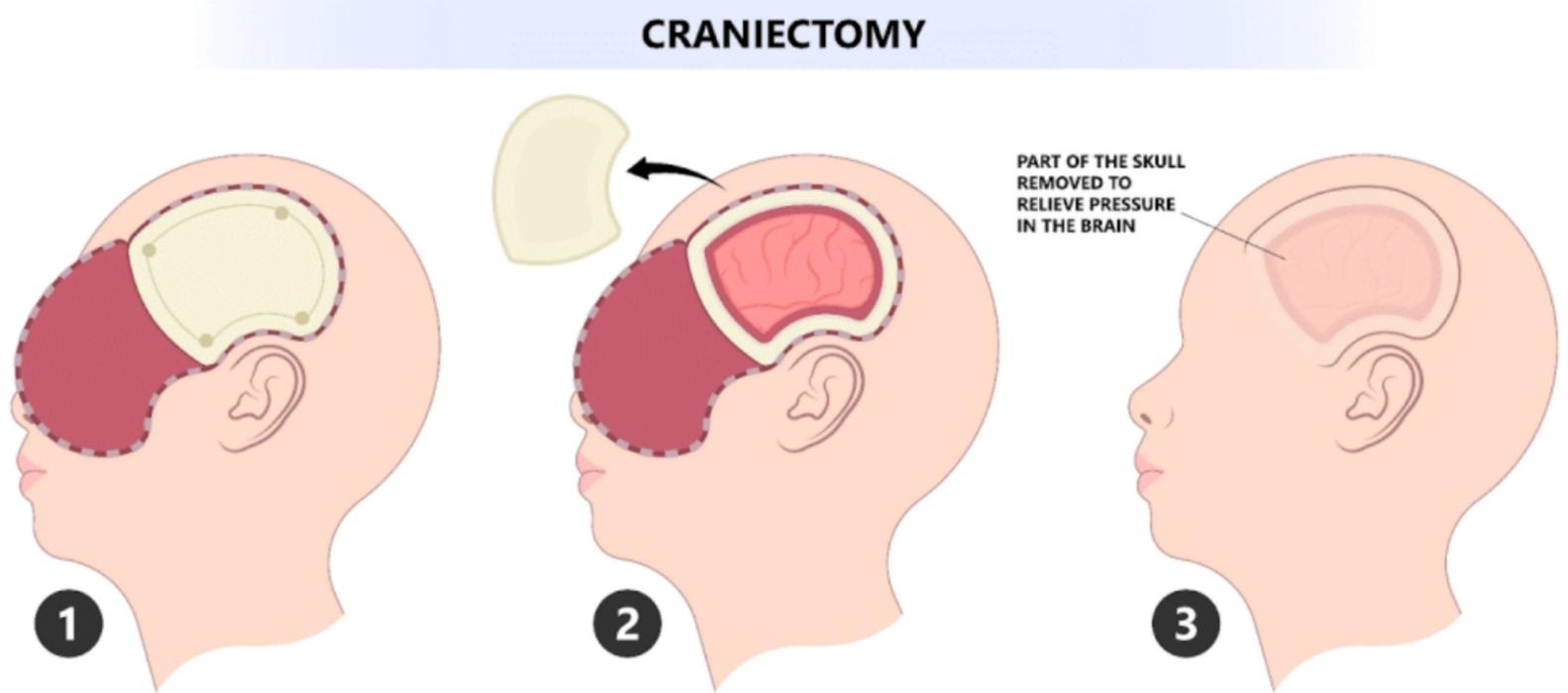
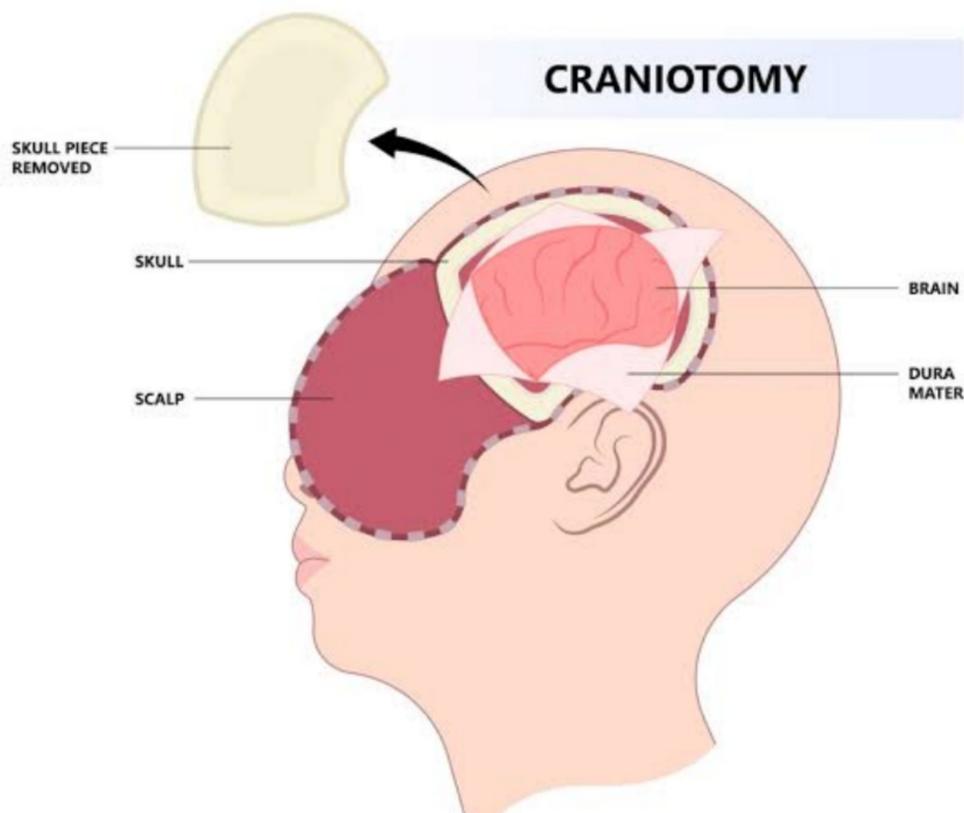
**Subarachnoid Hemorrhage**



# Diffuse Axonal Injury CT



Punctate hemorrhage in corpus callosum and brainstem



## The Difference Between Craniotomy and Craniectomy

### Craniotomy



Usually the first part of further brain surgery

The bone flap is temporarily removed



It's later returned to the skull after surgery

### Craniectomy

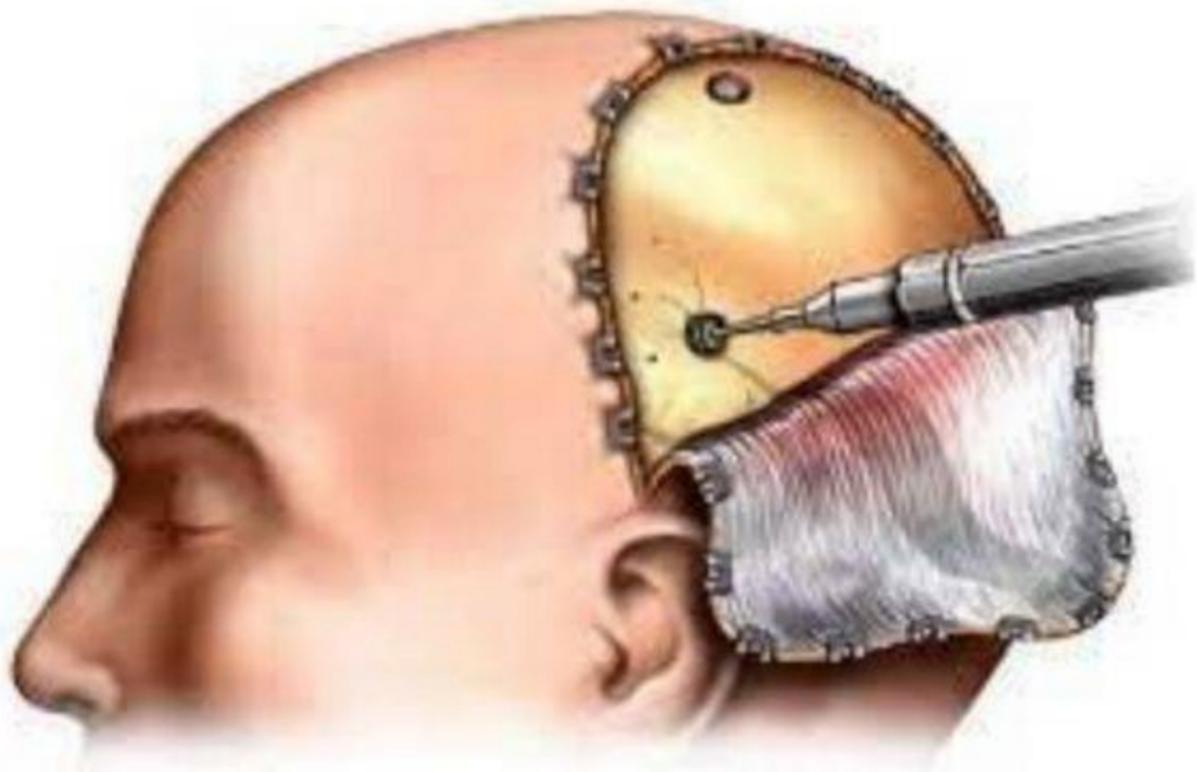
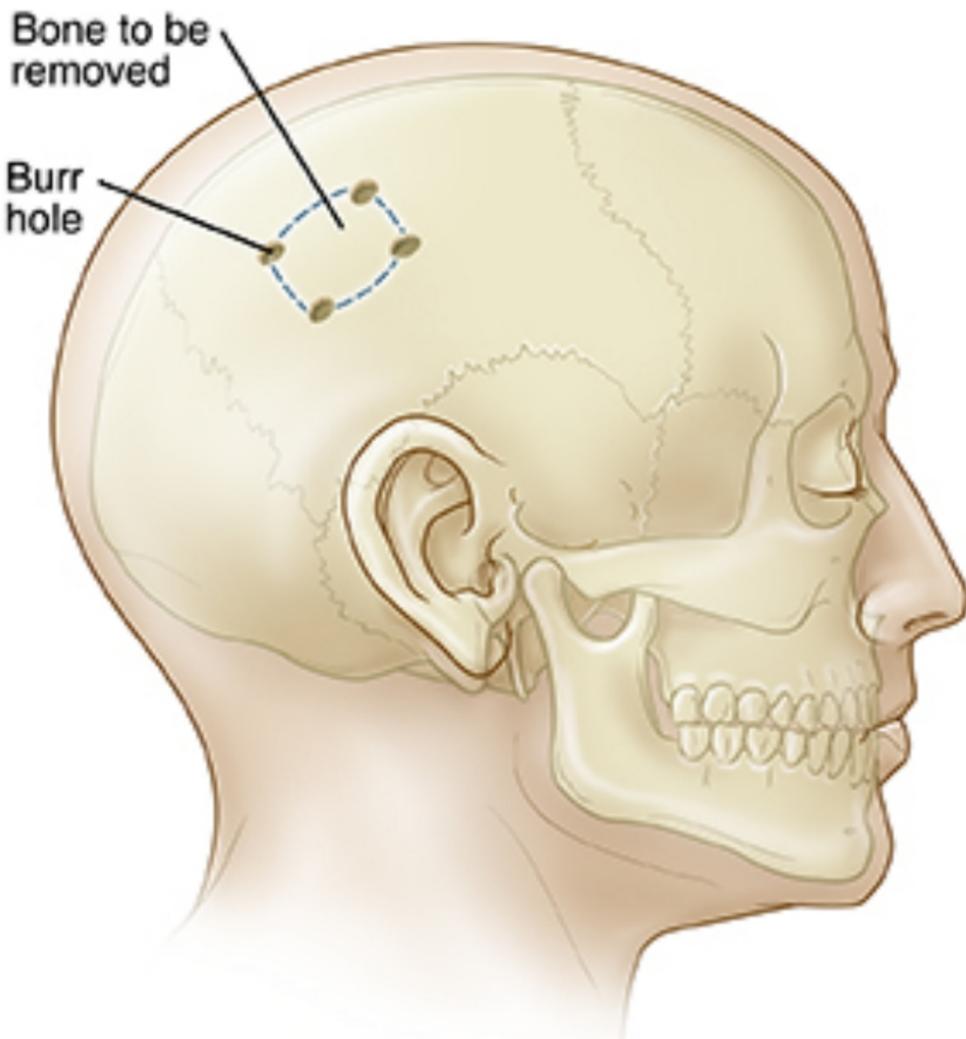


Often performed to relieve pressure on the brain

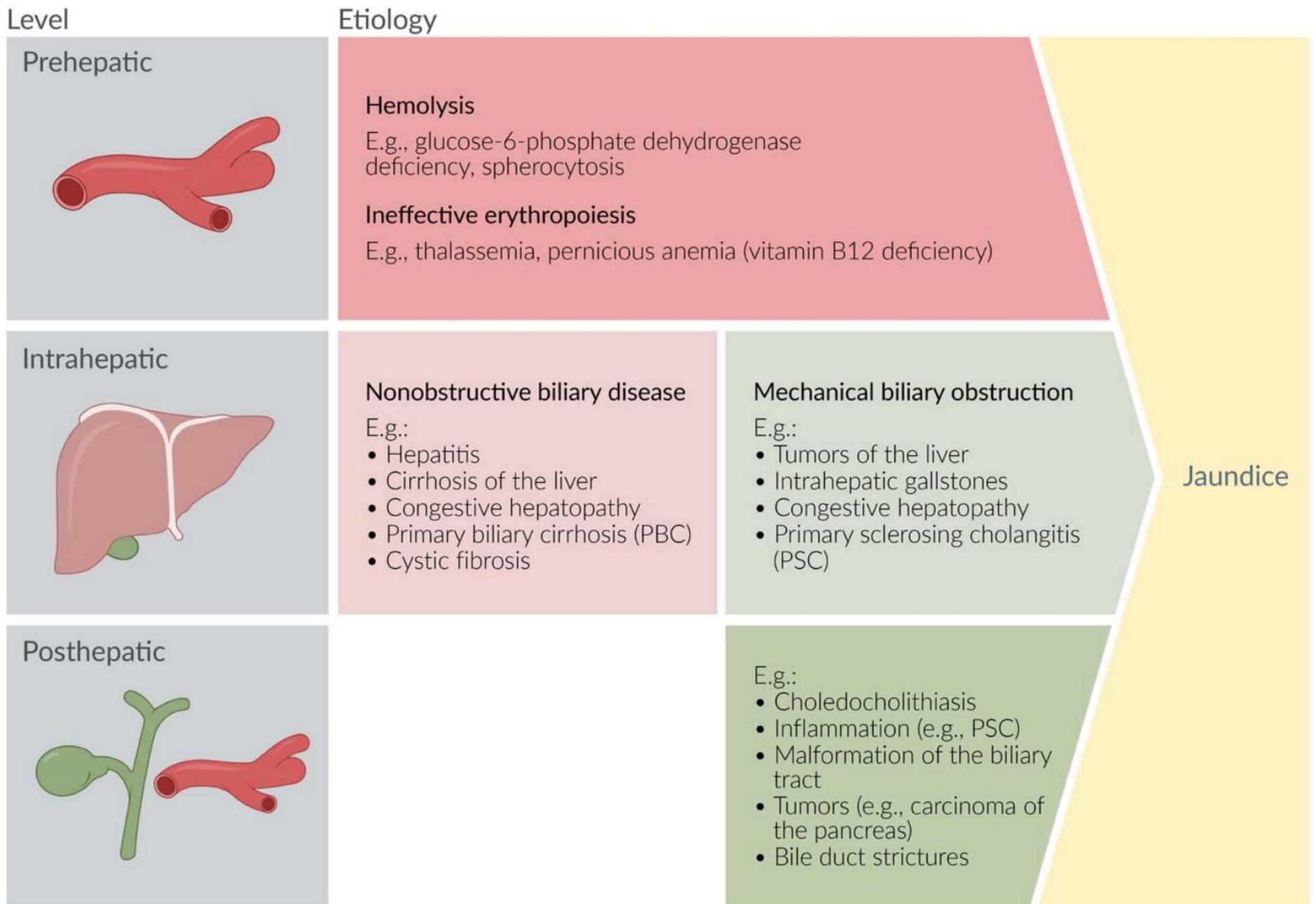
The bone flap is surgically removed

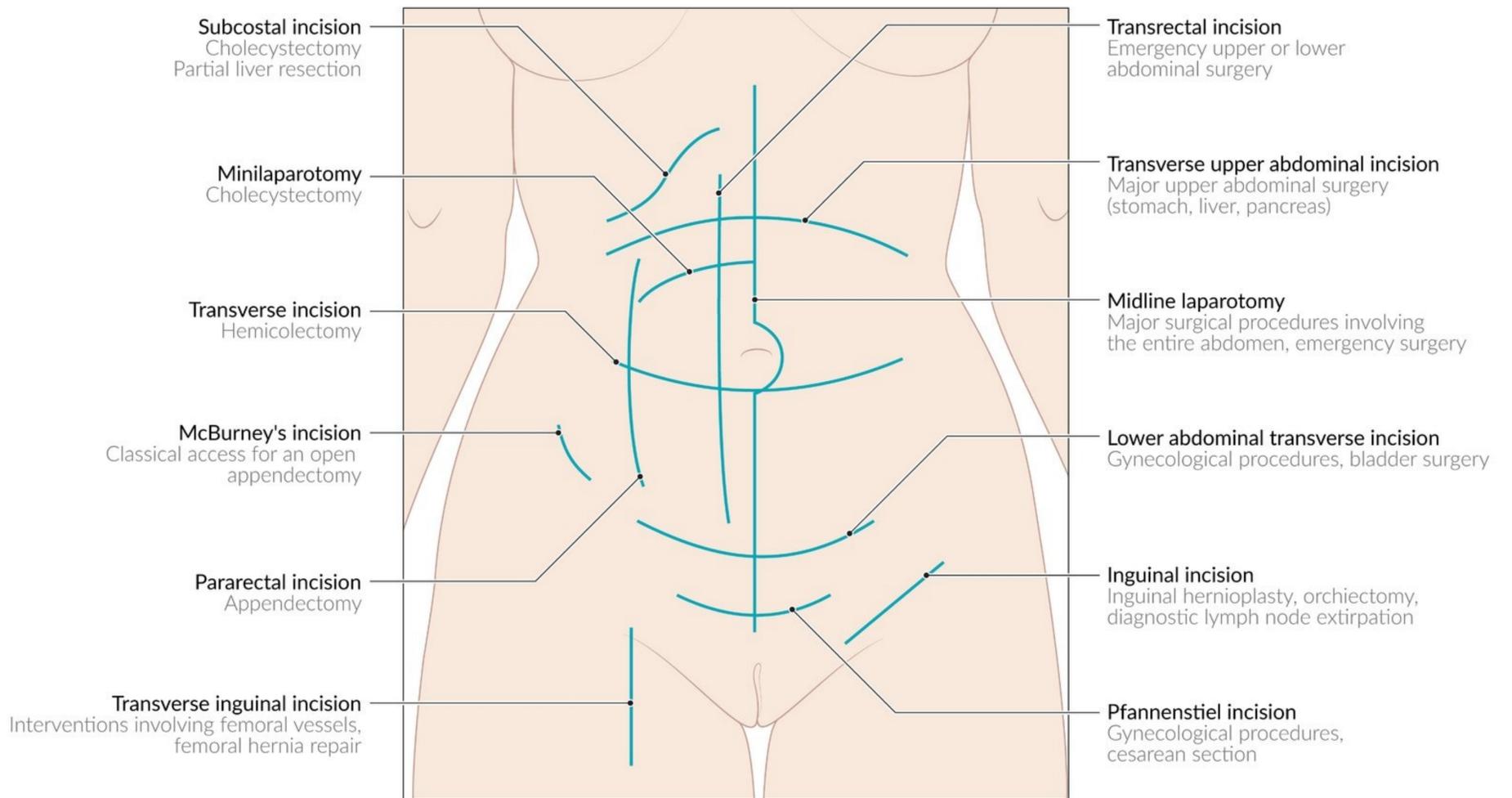


It's not immediately put back after surgery



# Jaundice





# Acute Appendicitis

## Epidemiology

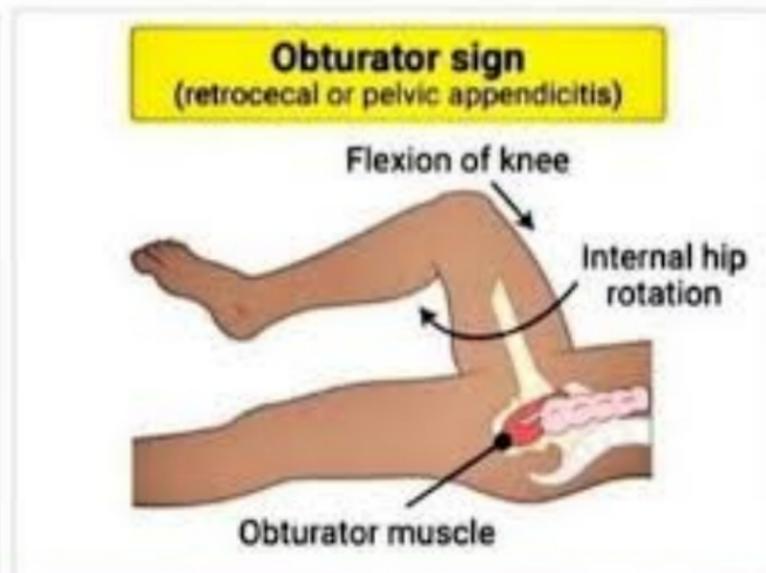
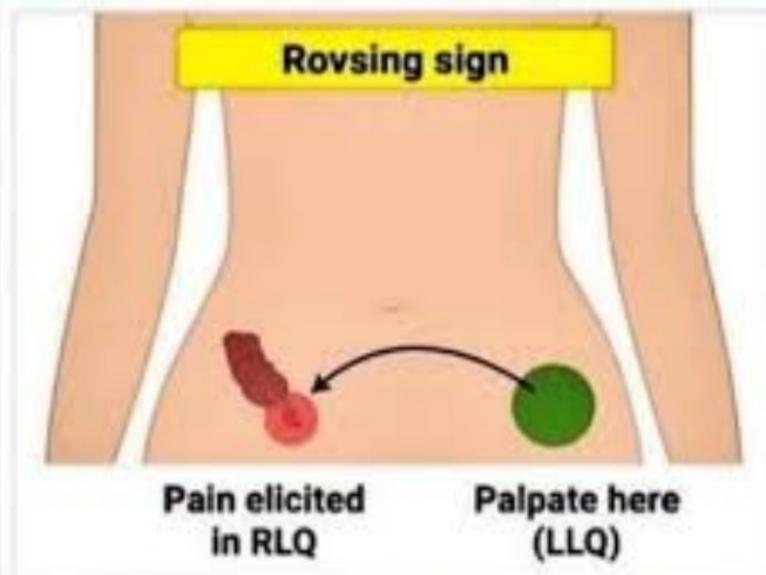
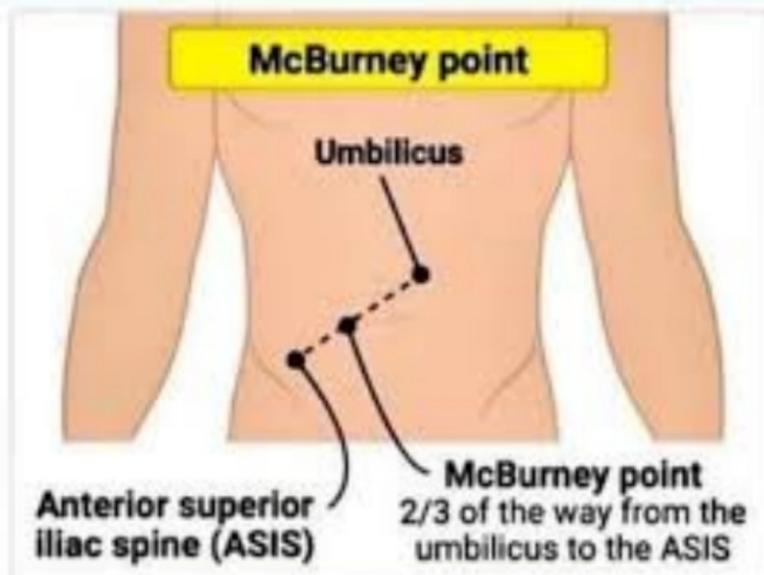
- Most common in 10- to 19-year-old group
- More common in boys and men

## Clinical

- Right lower quadrant abdominal pain
- Anorexia
- Nausea and vomiting
- Periumbilical pain that migrates to RLQ
- Fever

## Atypical features

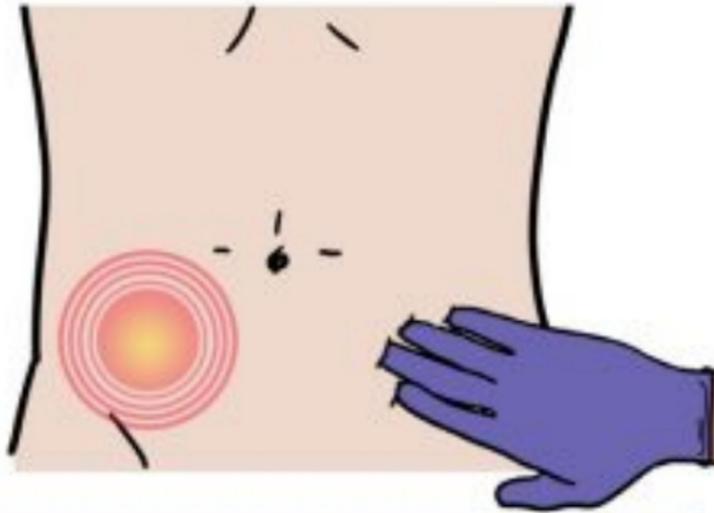
- Dyspepsia
- Flatulence
- Bowel irregularity
- Diarrhea
- Generalized malaise



## Management

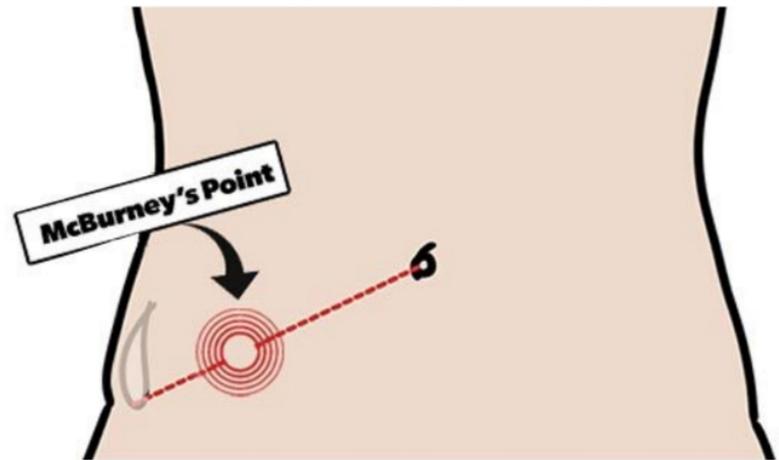
- Appendectomy
- Antibiotics only (reserved for cases of nonperforated, uncomplicated appendicitis)

# Rovsing's Sign



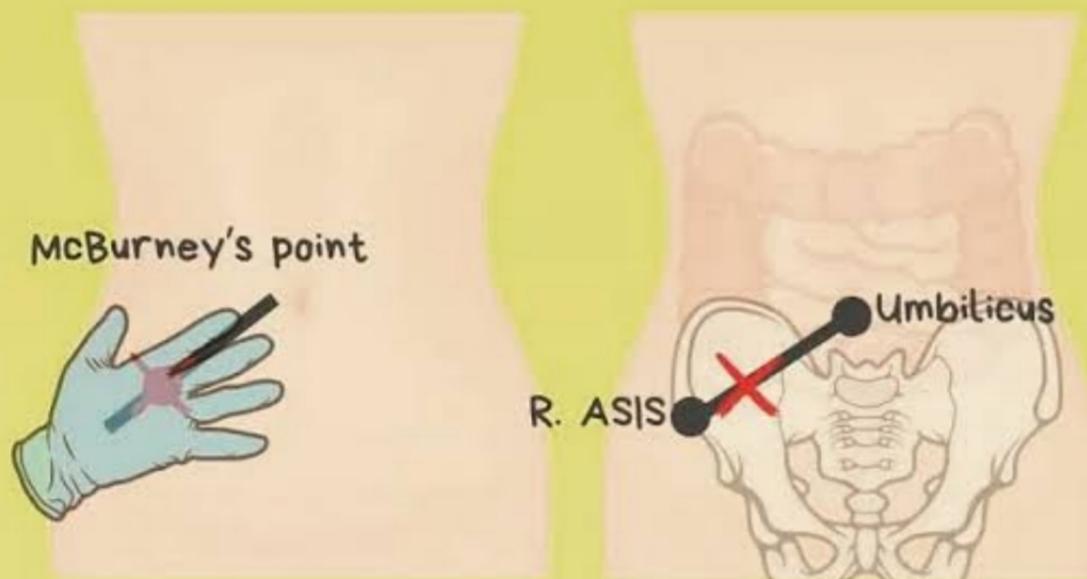
A positive Rovsing's sign is when there is tenderness in the RLQ when palpating the LLQ  
This could also mean **appendicitis**

# McBurney's Sign



A positive Mcburney's sign is when significant pain is elicited by palpating this area in the RLQ.  
This could mean appendicitis.

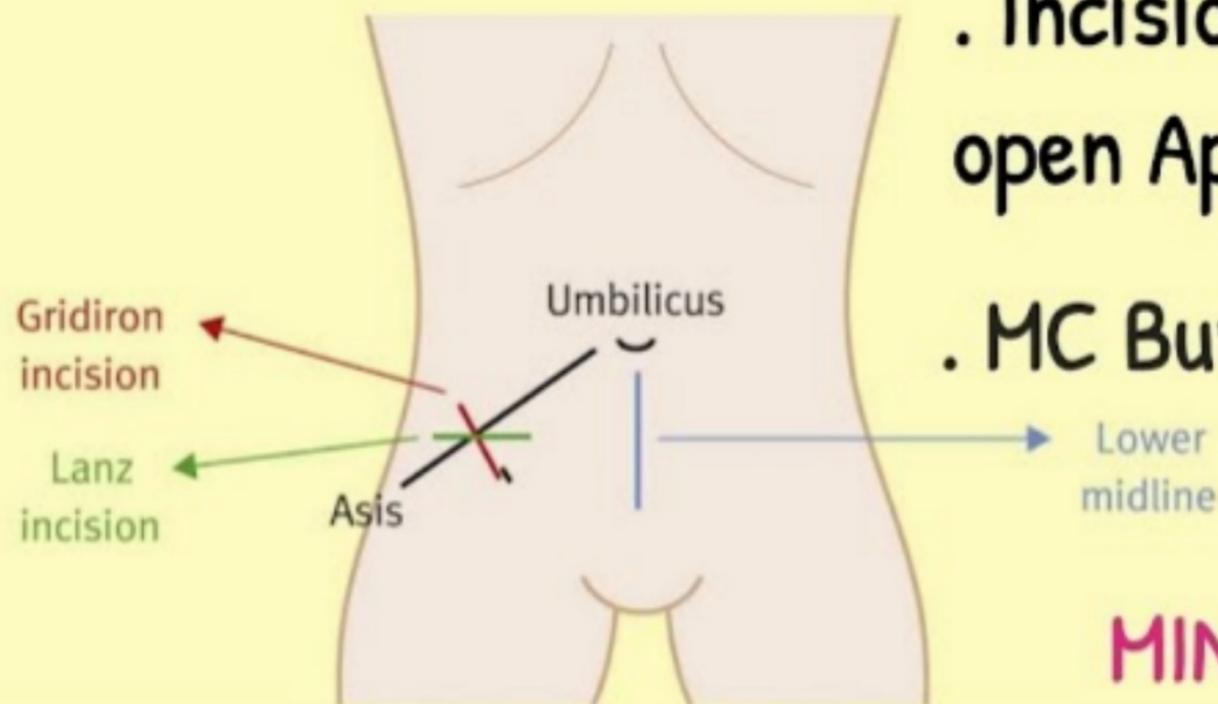
# REBOUND TENDERNESS



Locate McBurney's point which is a point 3/4 away from the umbilicus to the R. ASIS in the lower right quadrant to locate the position of the appendix.

A positive finding is when rebound tenderness is felt when pressed upon this point and released quickly.

## Incisions for open appendectomy

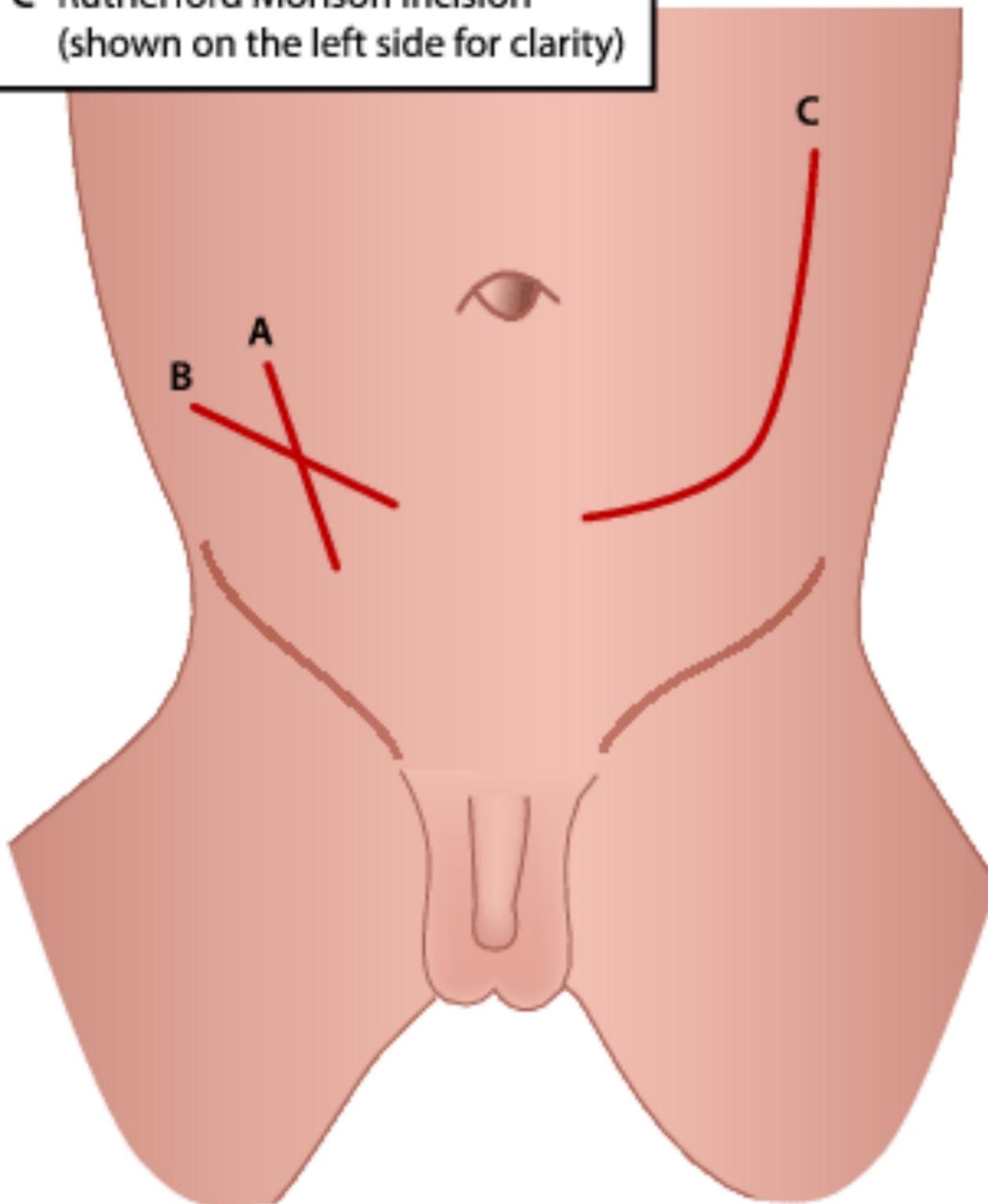


. Incisions for open Appendectomy

. MC Burney's point

MINI MEDICOS

- A Grid-iron incision
- B Lanz incision
- C Rutherford Morison incision (shown on the left side for clarity)

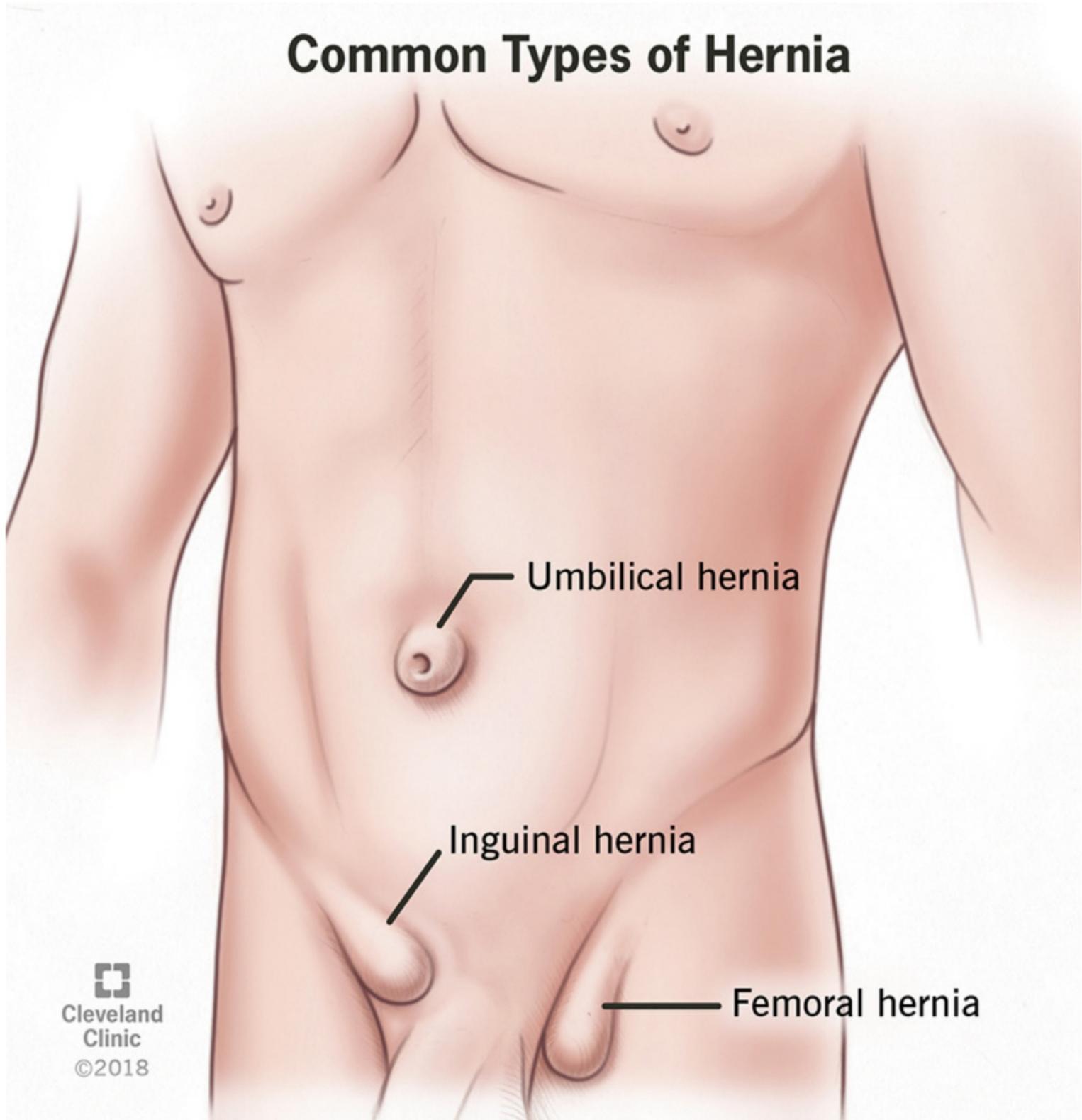




## **Babcock Forceps**

Babcock forceps are specialized, atraumatic surgical instruments used for grasping and manipulating delicate tissues and tubular structures, such as the intestines, without causing damage. They are widely used in general, gynecological, and urological surgeries.

## Common Types of Hernia

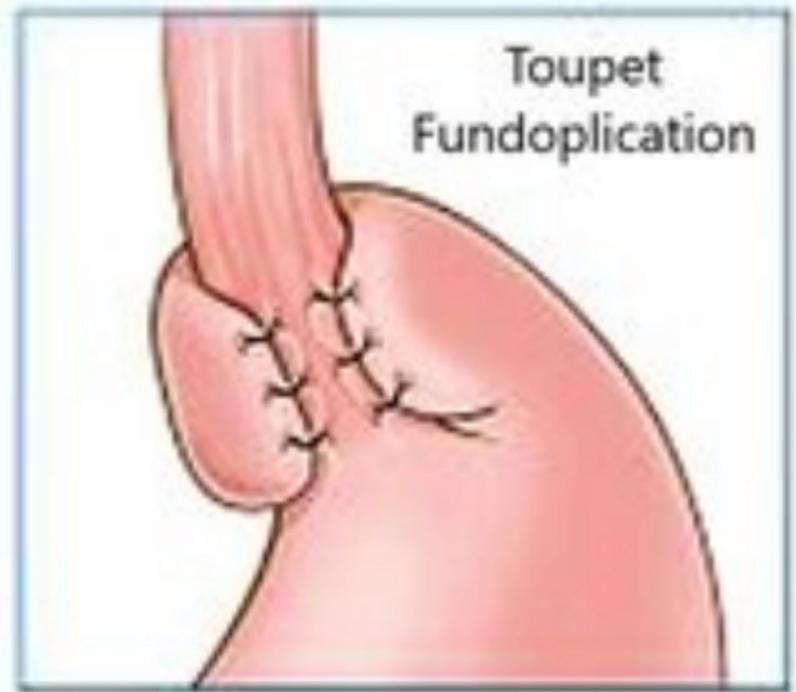
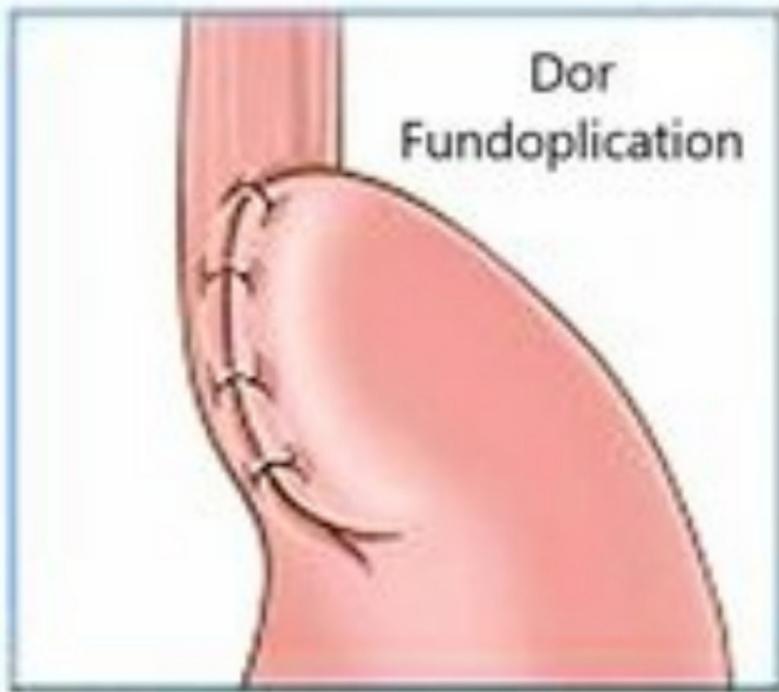
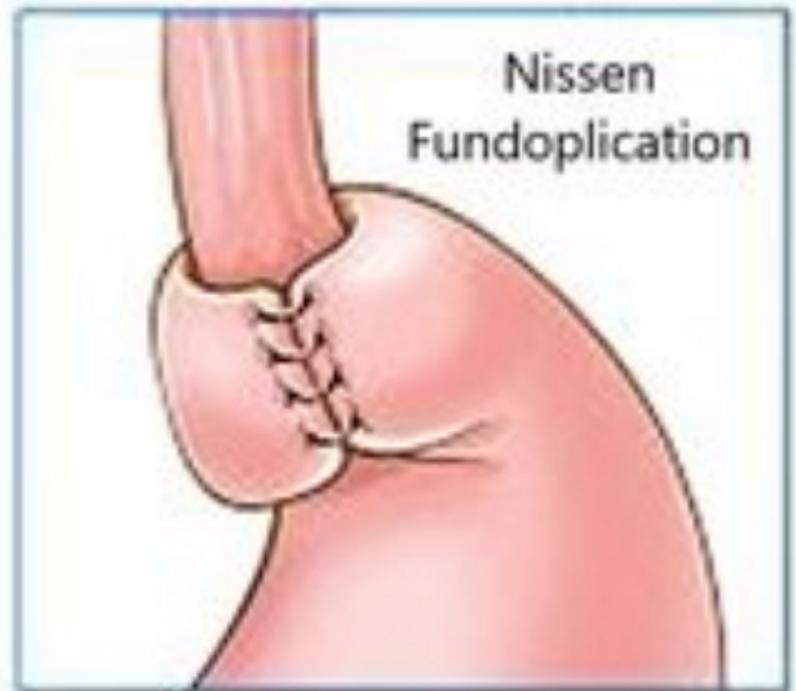
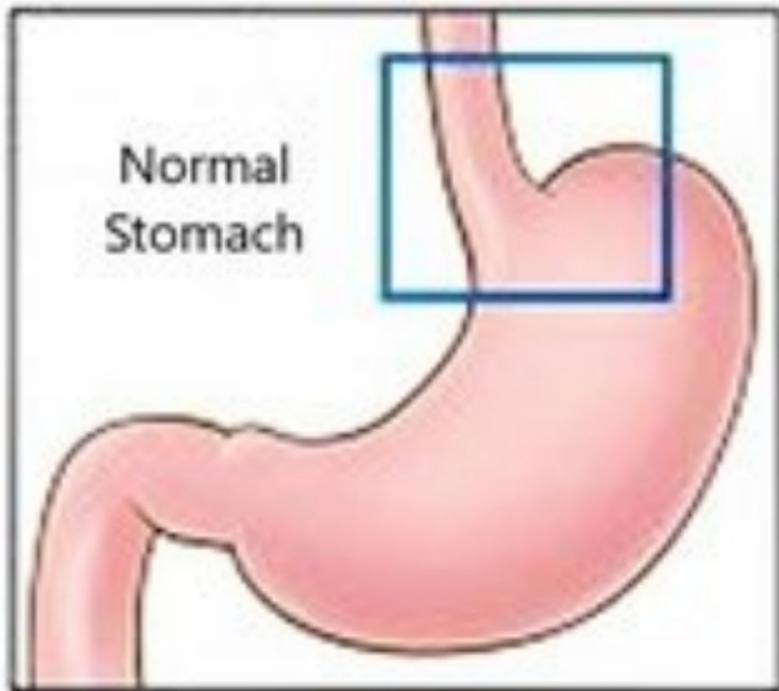


# Fecal Peritonitis

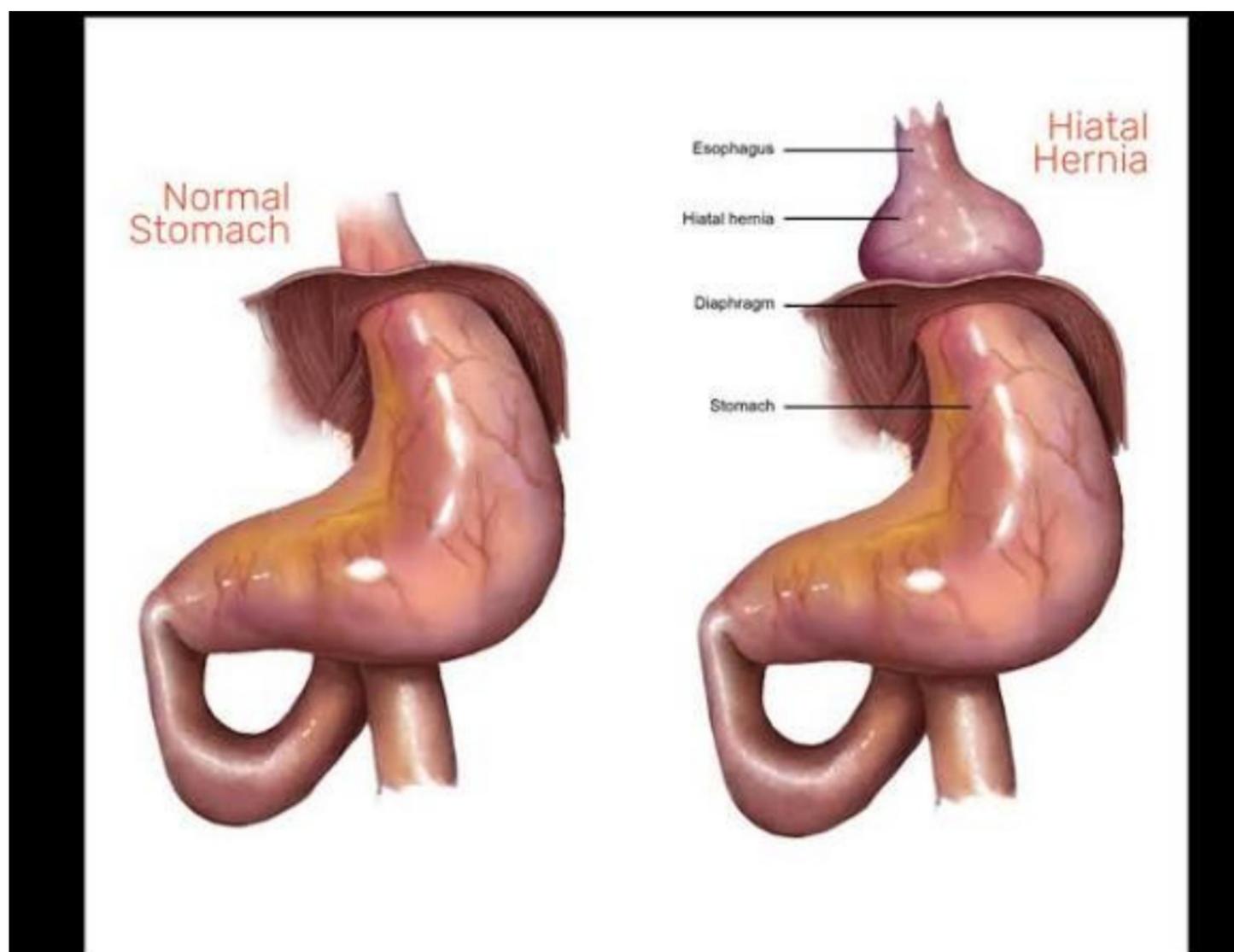
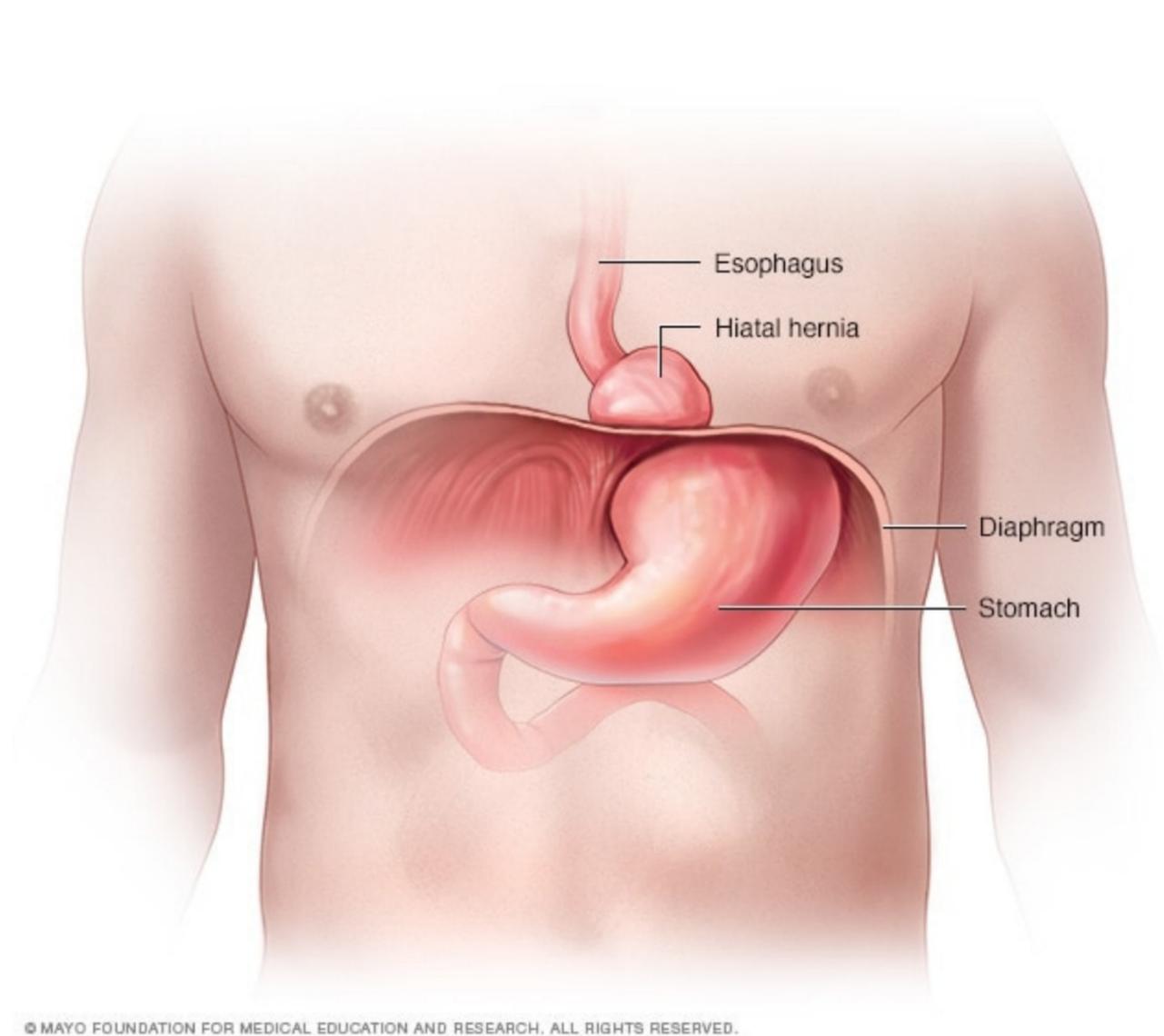


Soft tissue density material in paracolic gutters, medial to properitoneal fat planes, displacing bowel medially. Free gas is seen as 'football sign'.

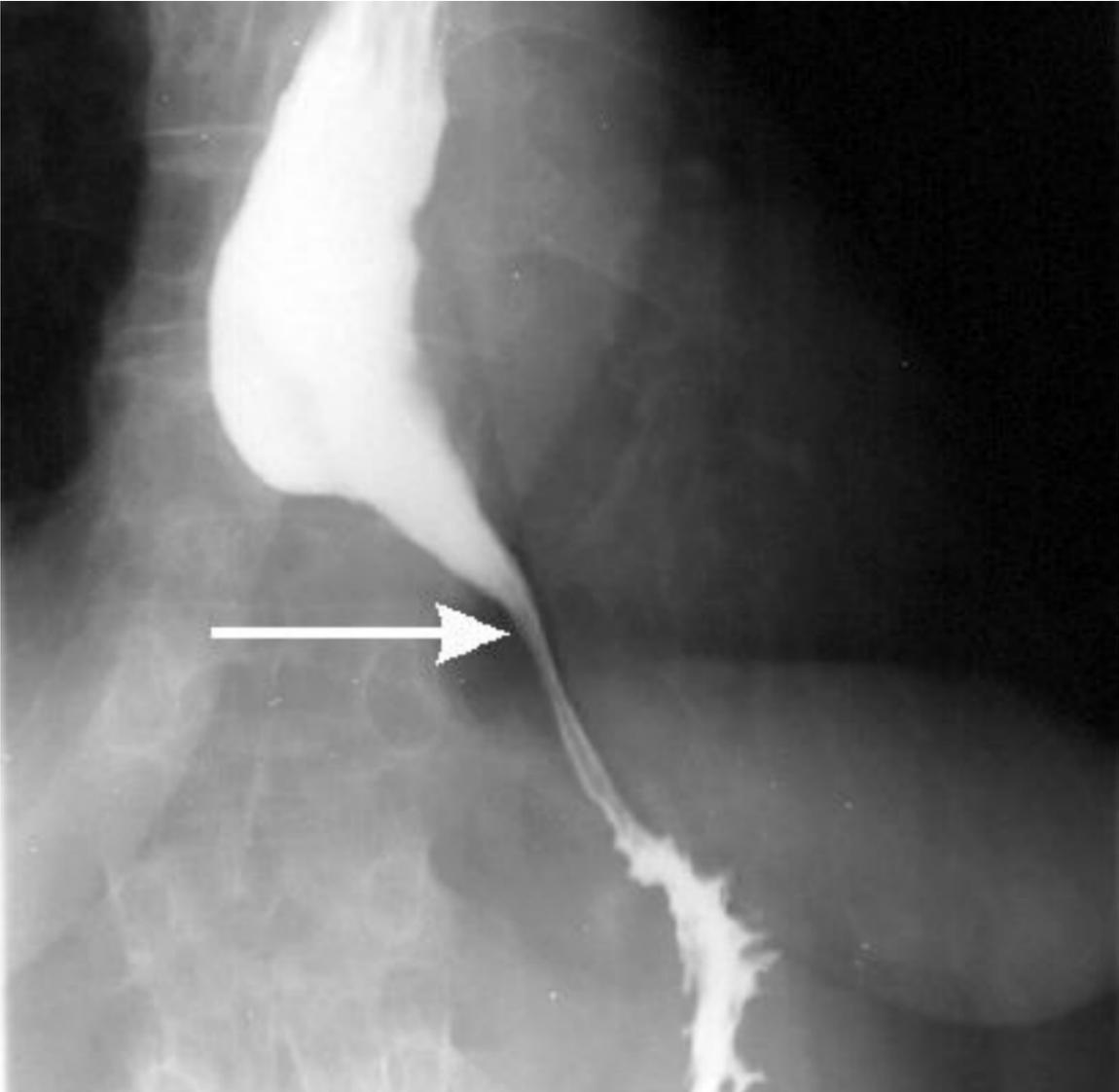
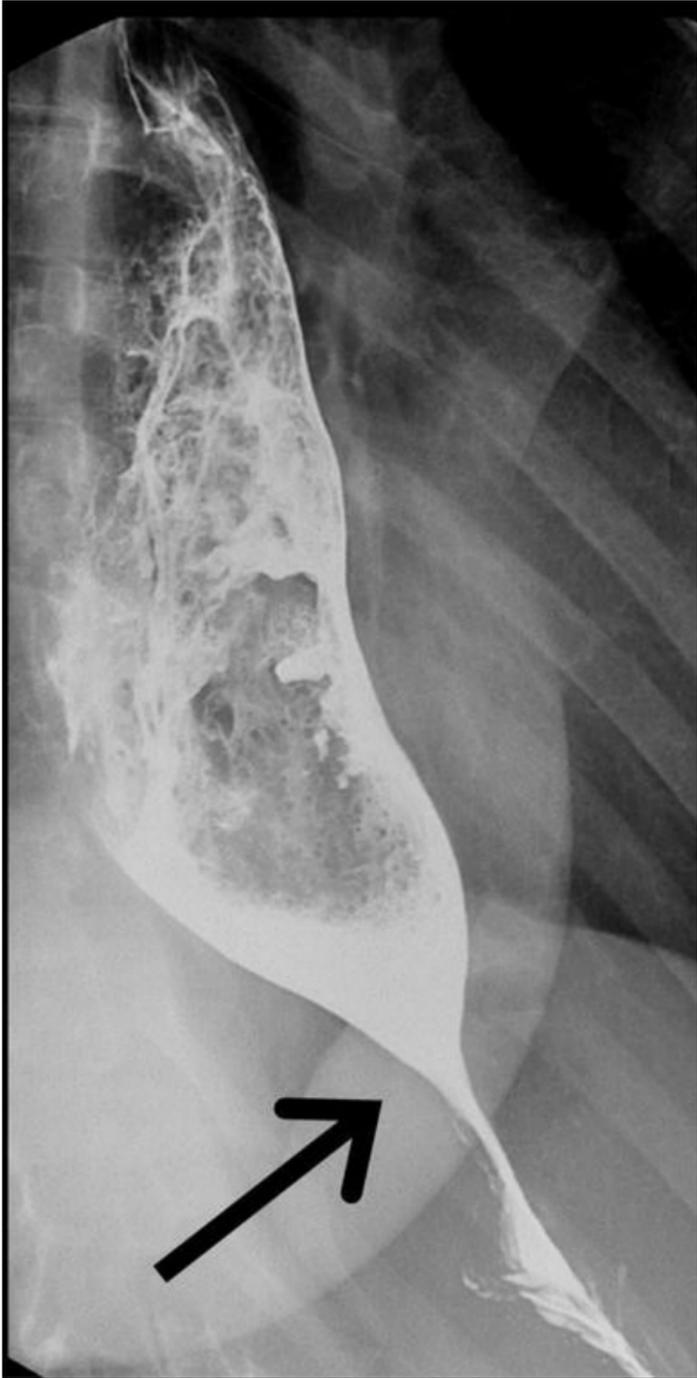
# Fundoplication for GERD



# Hiatal Hernia

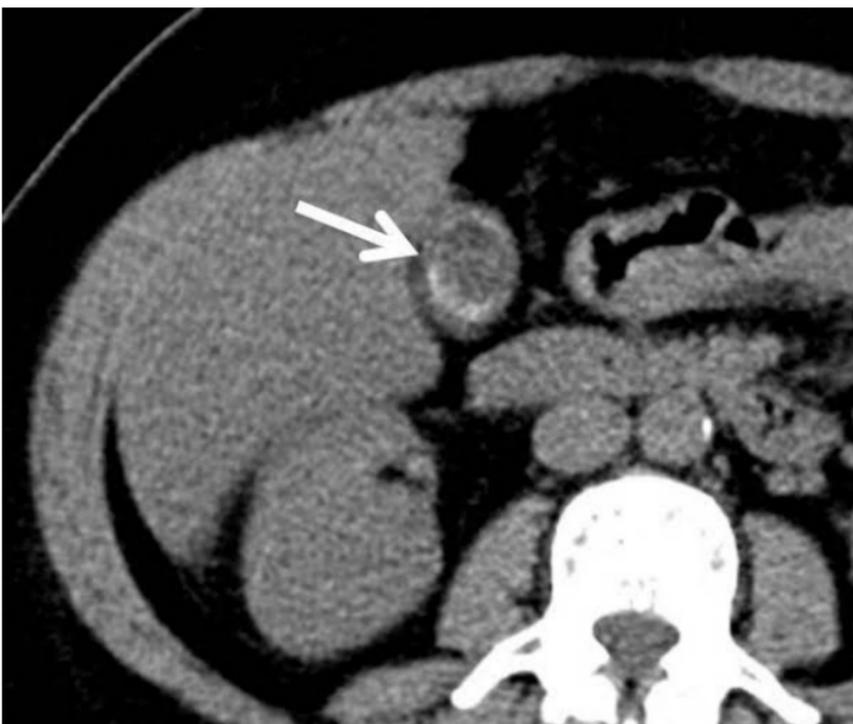
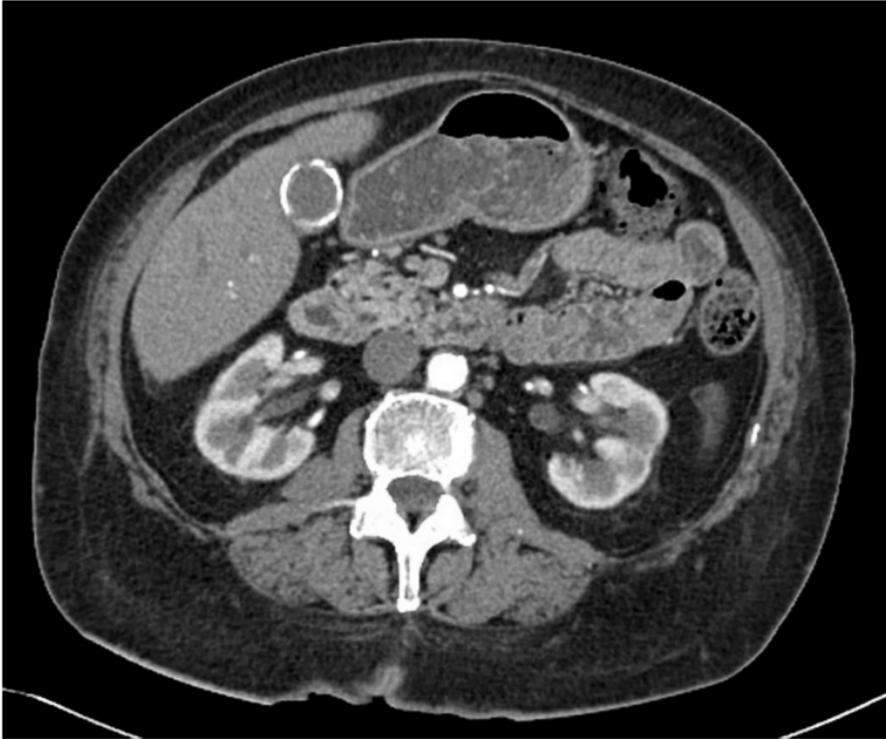


**Bird beak sign seen in Achalsia**



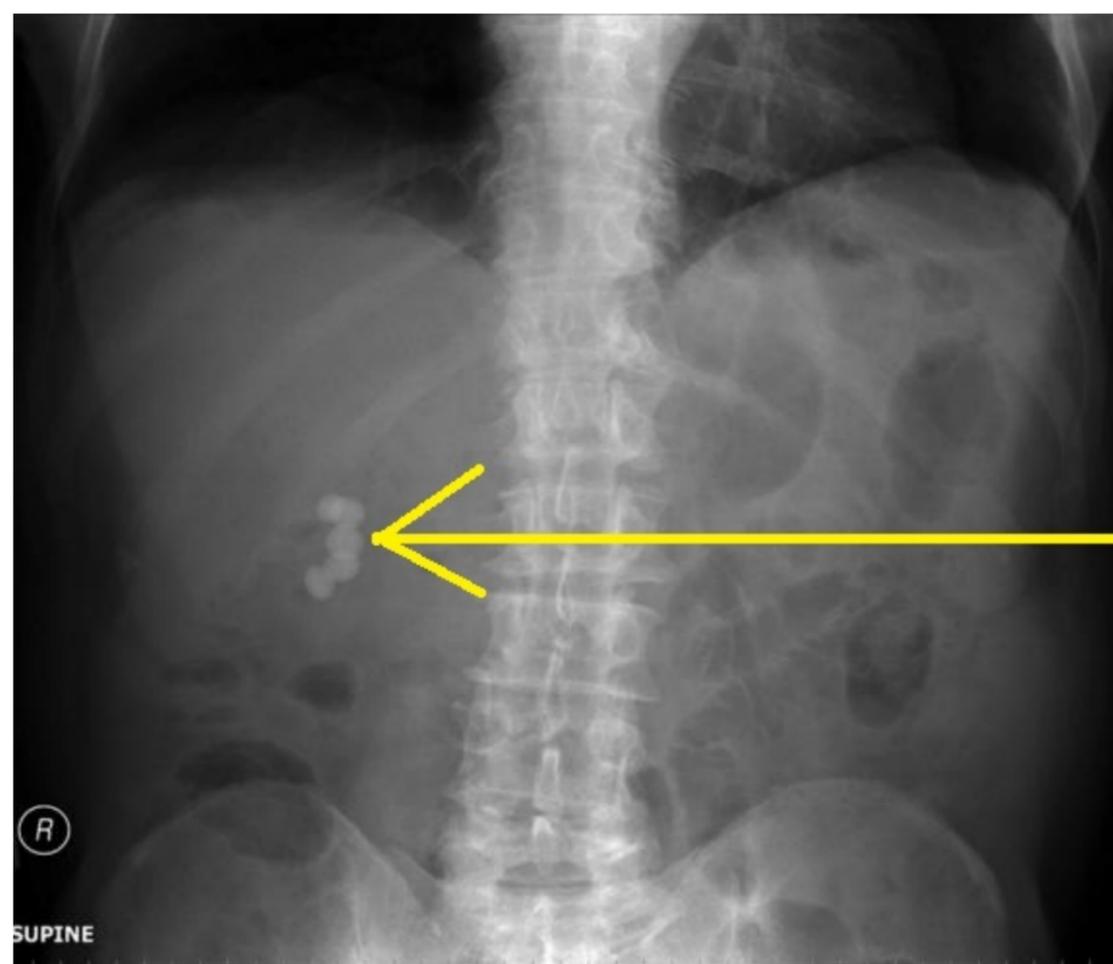


## Porcelain Gallbladder



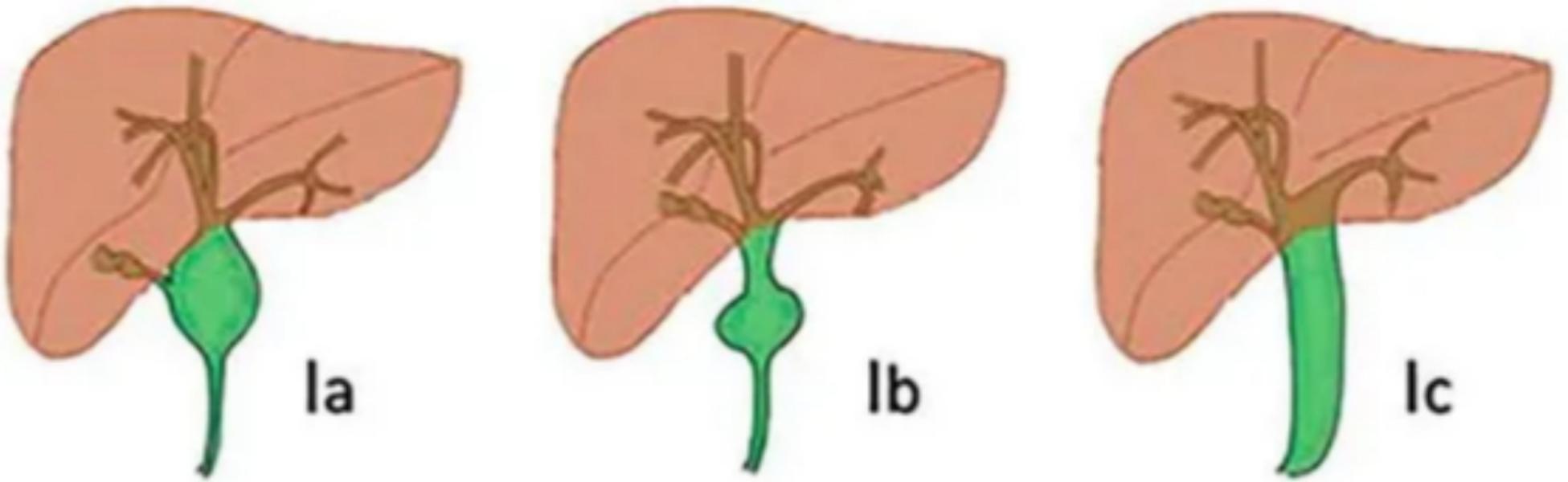


# Gallstones



Gallstones shown within the gallbladder cavity

## CHOLEDOCHAL CYST

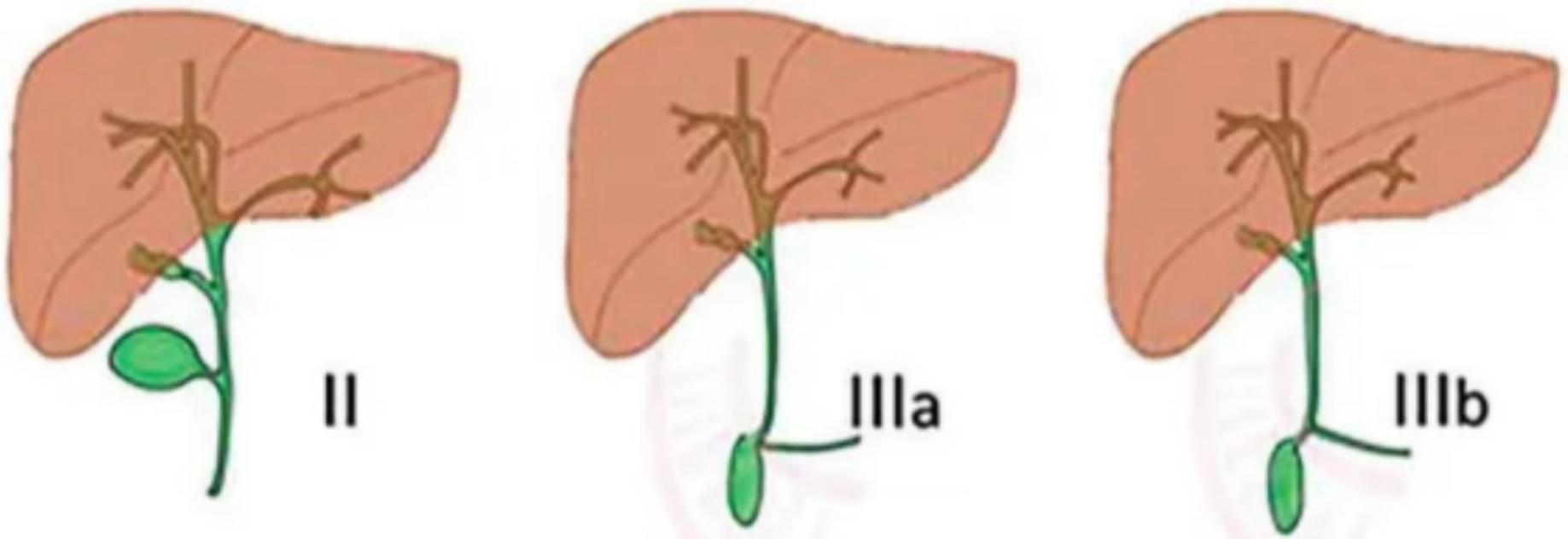


**Type I - cystic dilatation of entire extra hepatic bile ducts, normal Intrahepatic ducts**

**Ia - sacular and diffuse**

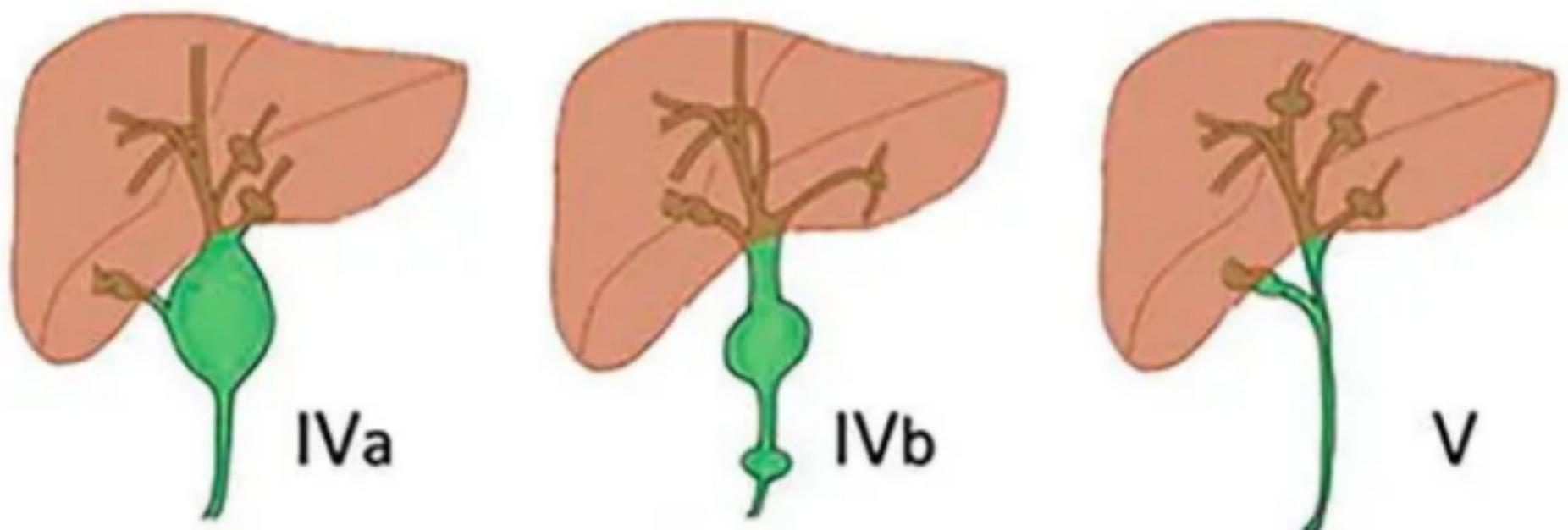
**Ib - sacular and segmental**

**Ic - fusiform and diffuse**



**Type II - cystic dilatation of Diverticulum of CBD**

**Type III - Choledochocele - cystic dilatation of intra duodenal portion of CBD**

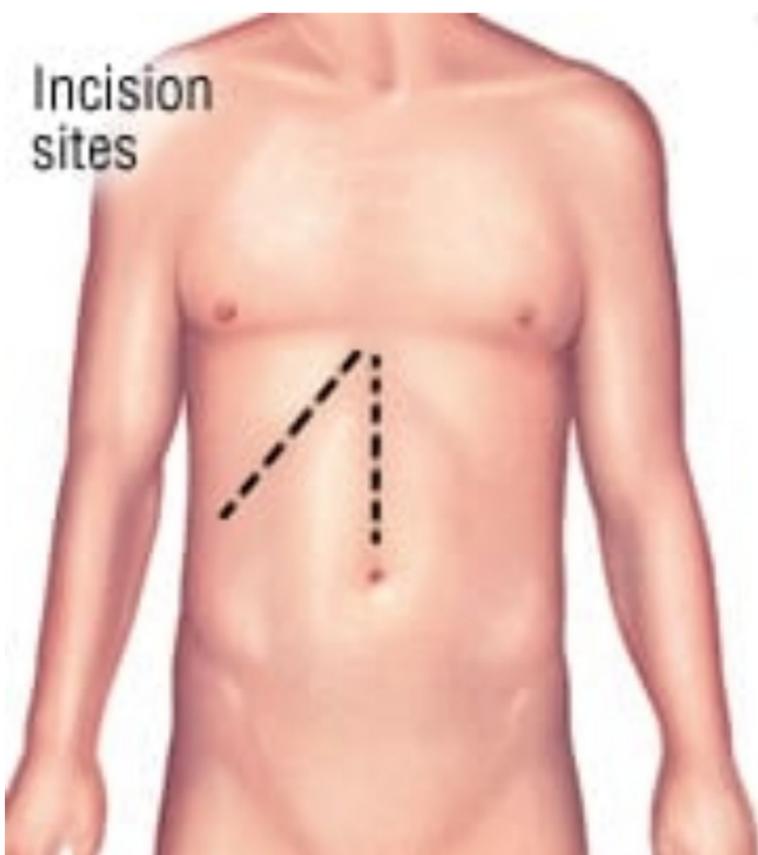
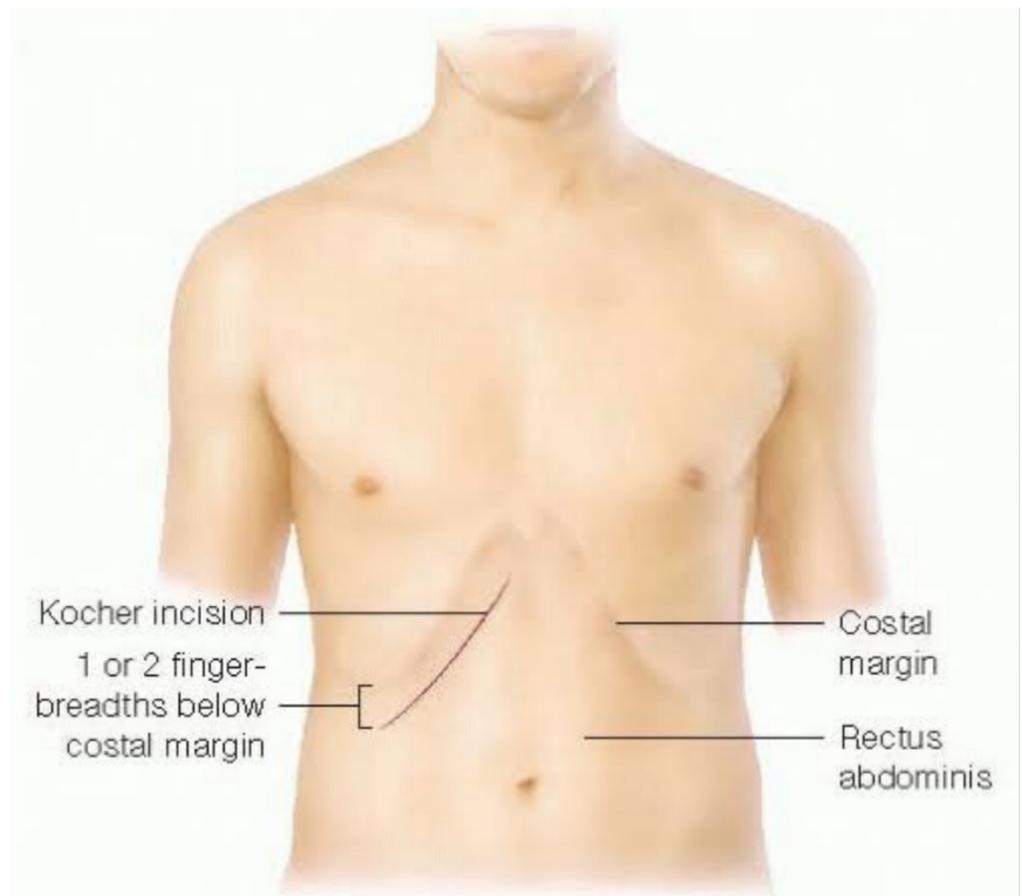
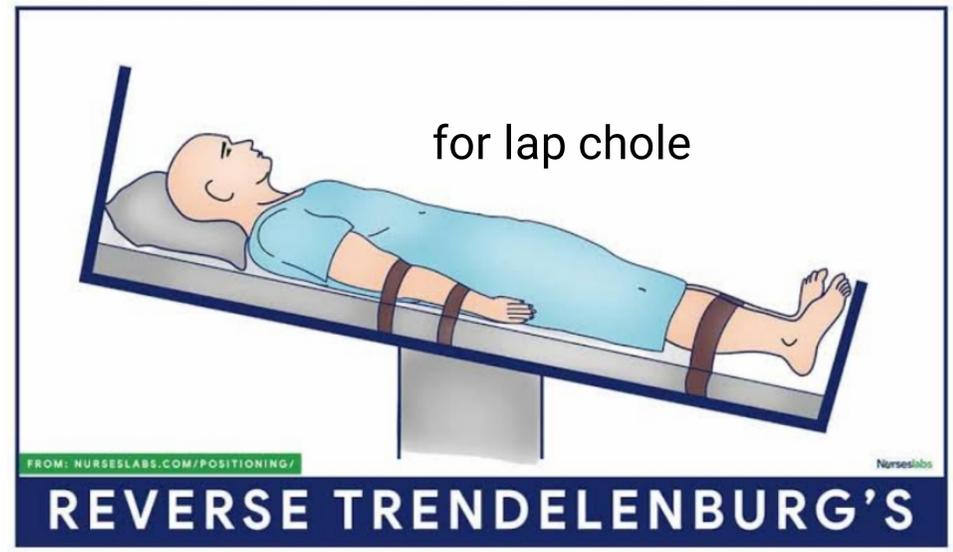
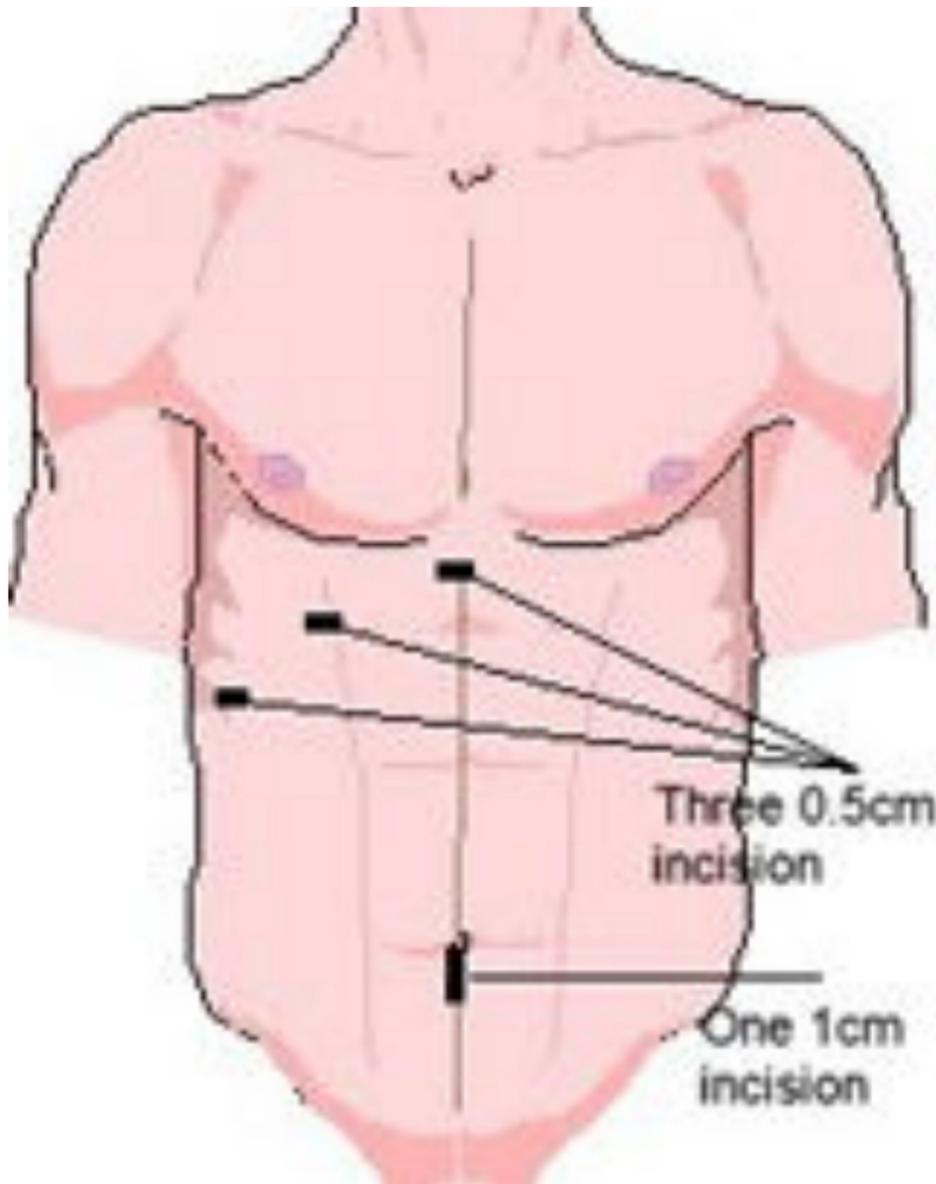


**Type IV a - Multiple cystic dilatation of extra hepatic and Intrahepatic bile ducts**

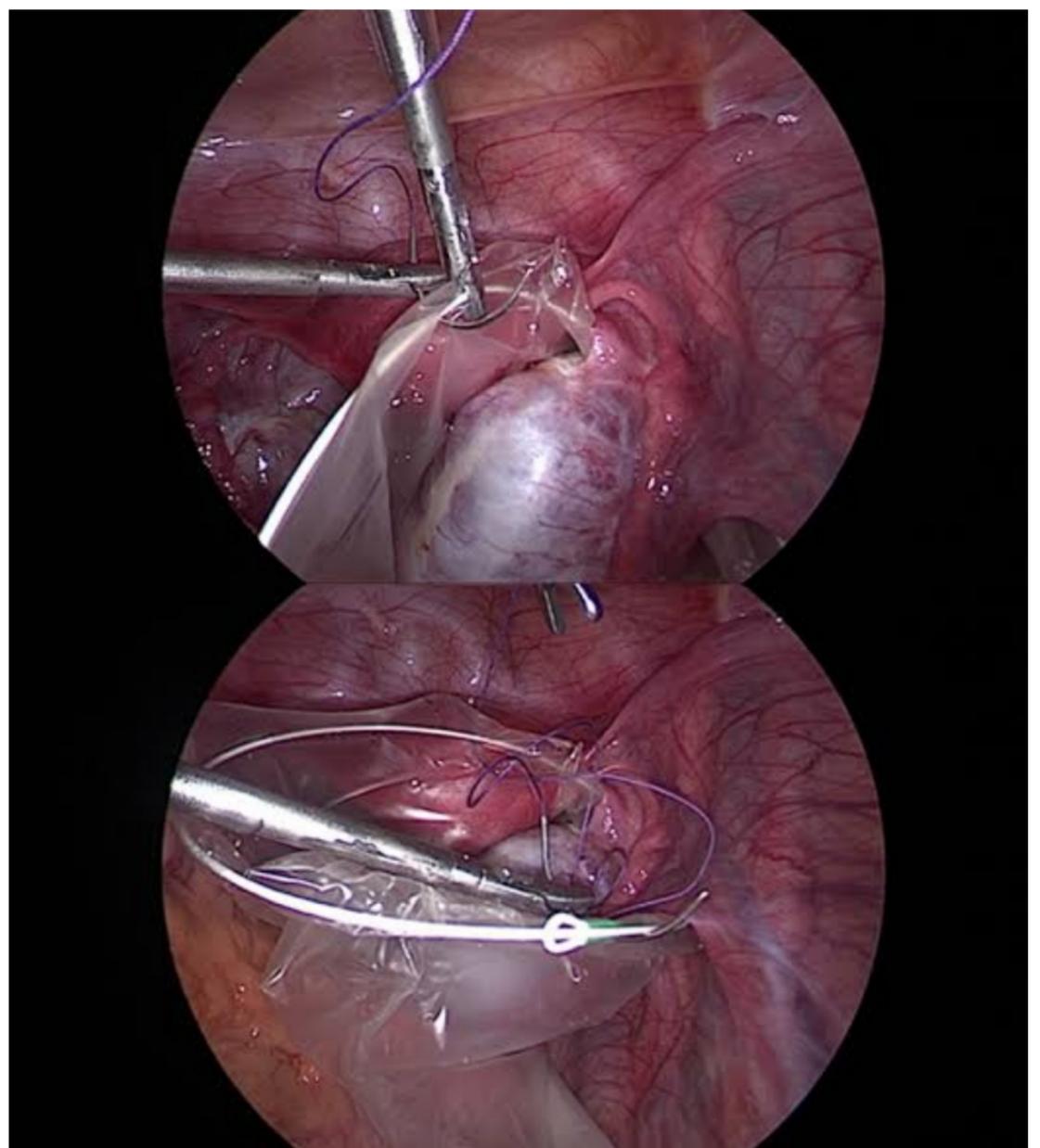
**Type IV b - Multiple cystic dilations of extra hepatic bile ducts only**

**Type V - Caroli's disease - multiple cystic dilatation of Intrahepatic bile ducts only**

# Cholecystectomy



An endobag (or specimen retrieval bag) is a sterile, single-use pouch used in minimally invasive (laparoscopic/endoscopic) surgery to collect and safely remove tissues, organs, or foreign objects from the body, preventing contamination of the abdominal cavity, especially with cancerous or infected samples like gallbladders, appendices, or tumors.



## Sentinel Loop Sign

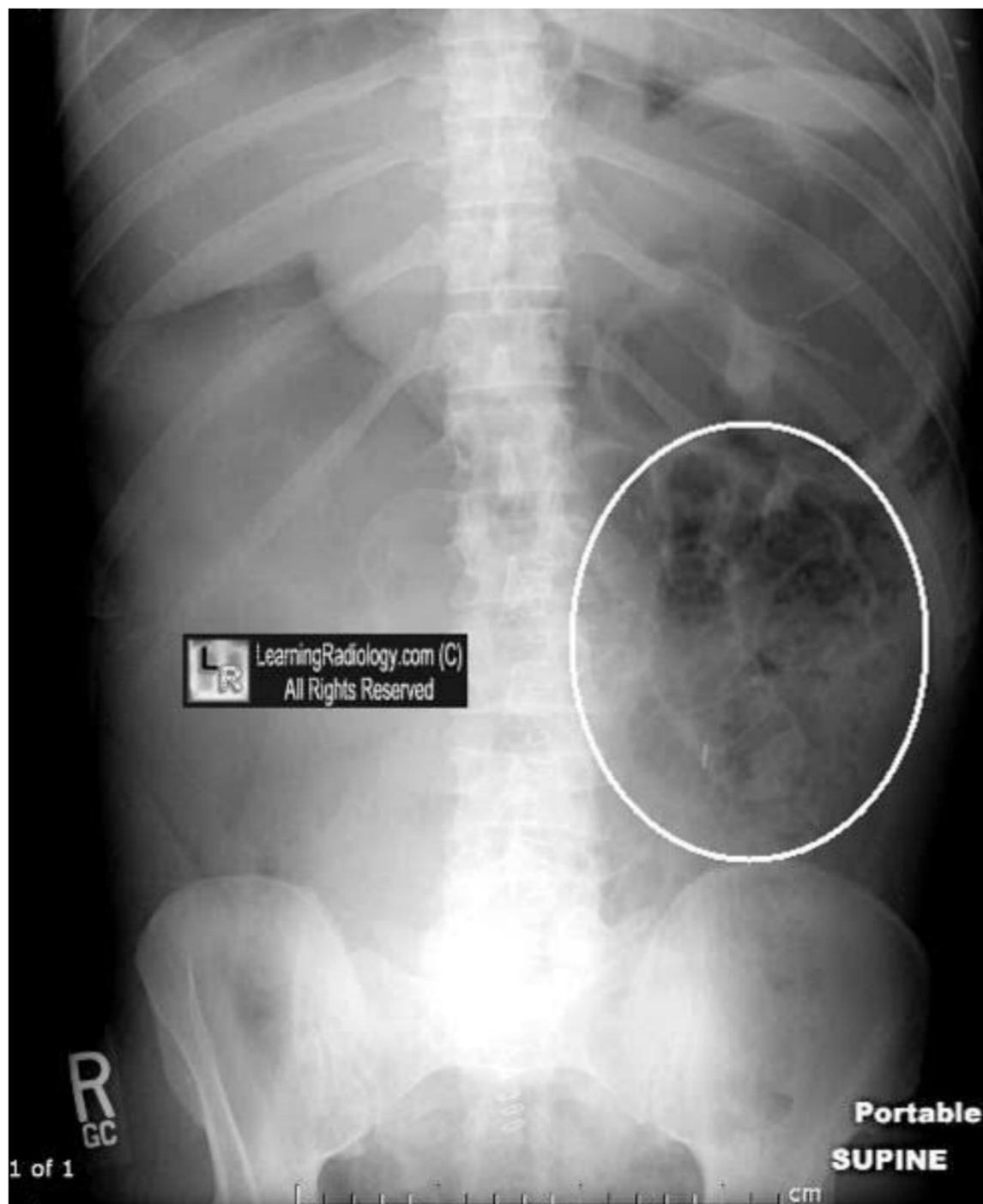


A **sentinel loop** is a short segment of [adynamic ileus](#) close to an intra-abdominal inflammatory process. The sentinel loop sign may aid in localizing the source of inflammation. For example, a sentinel loop in the upper abdomen may indicate [pancreatitis](#), while one in the right lower quadrant may be due to [appendicitis](#).

# Colon cutoff sign - classically seen in pancreatitis

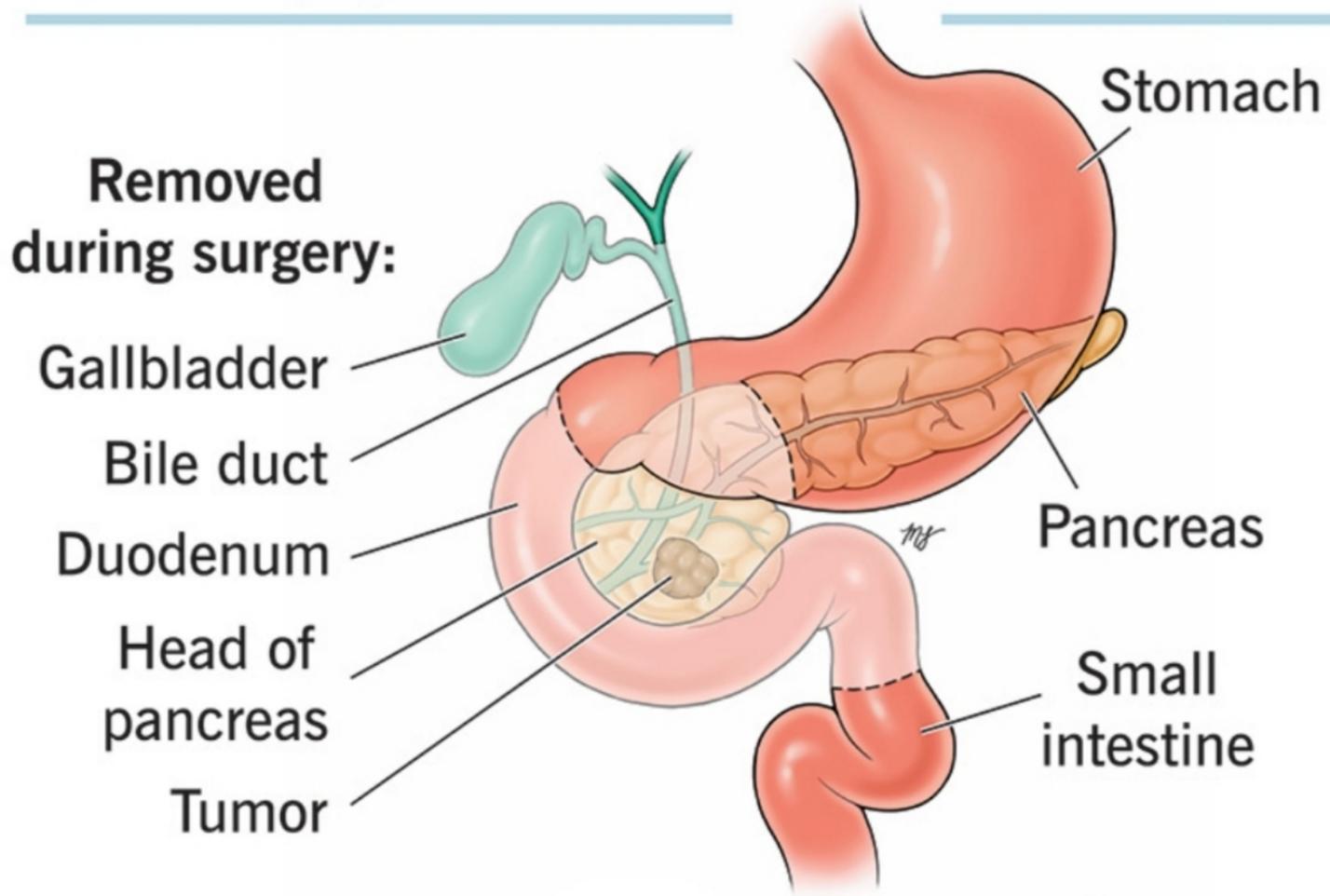


## Renal halo sign seen in pancreatitis

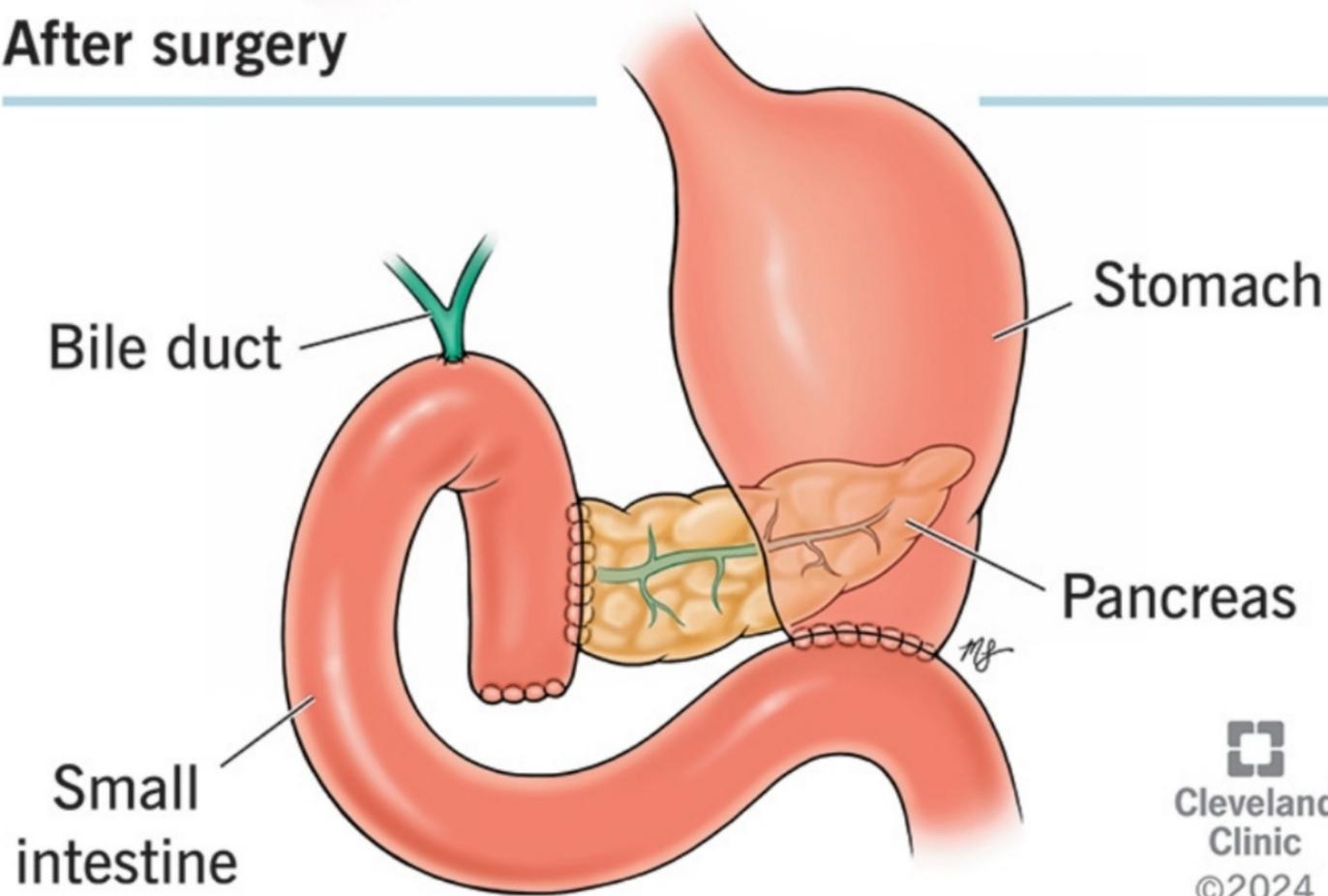


# Whipple procedure

## Before surgery



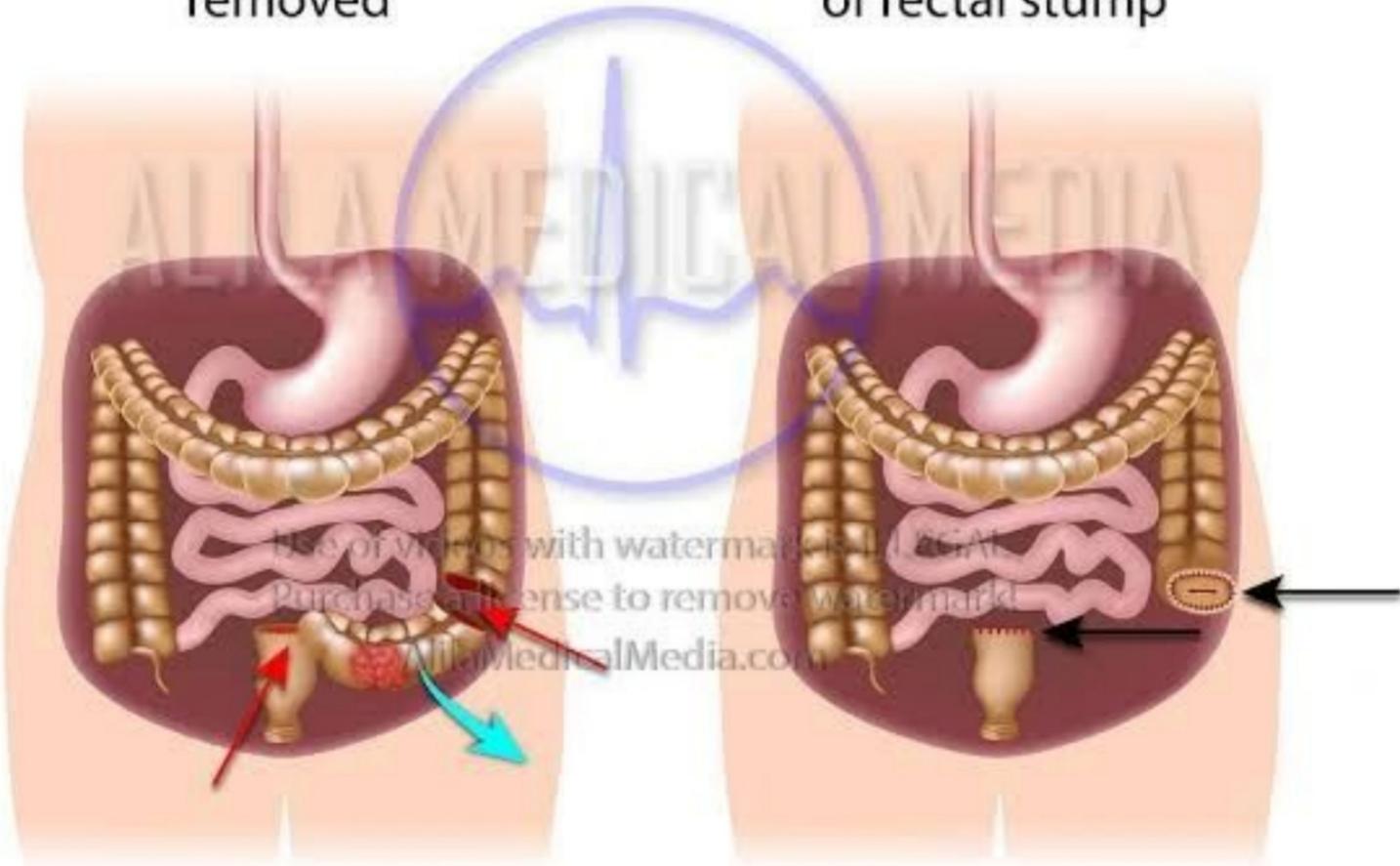
## After surgery



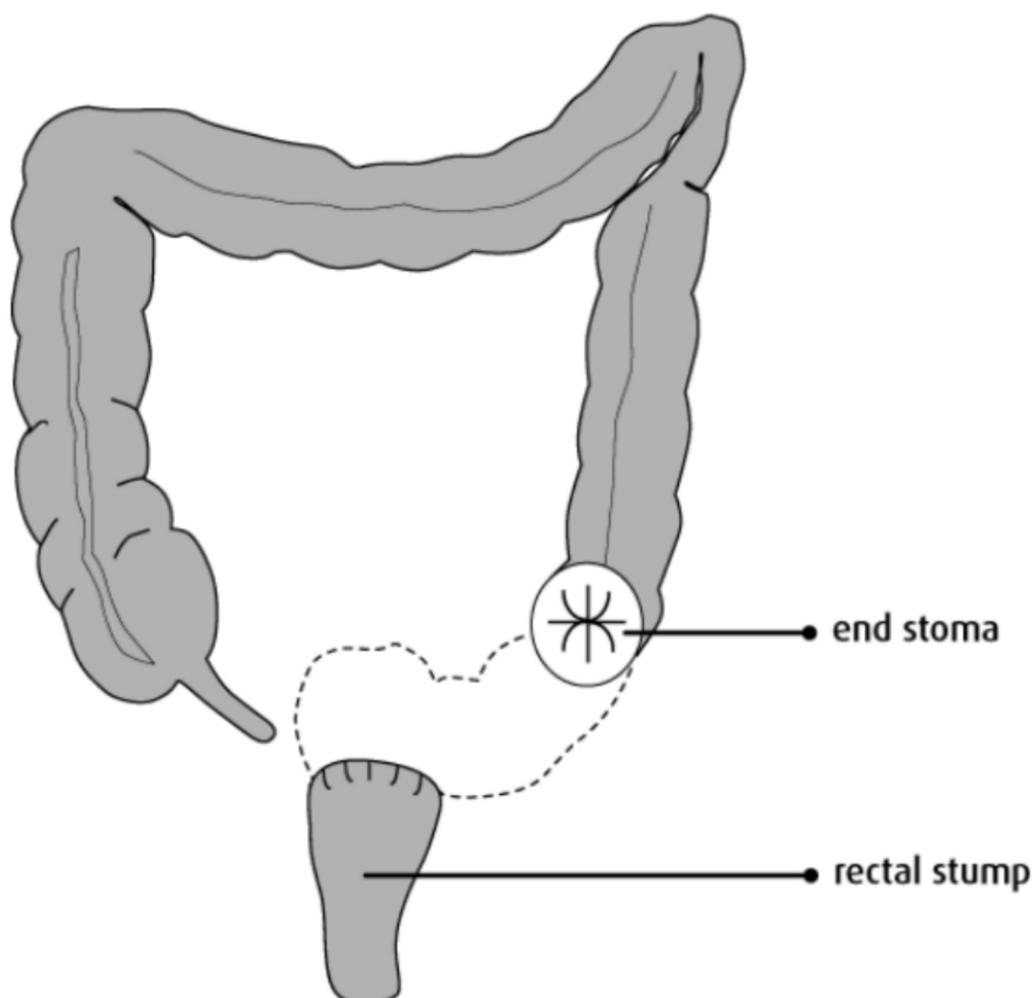
# Hartmann's Procedure

Rectosigmoid colon removed

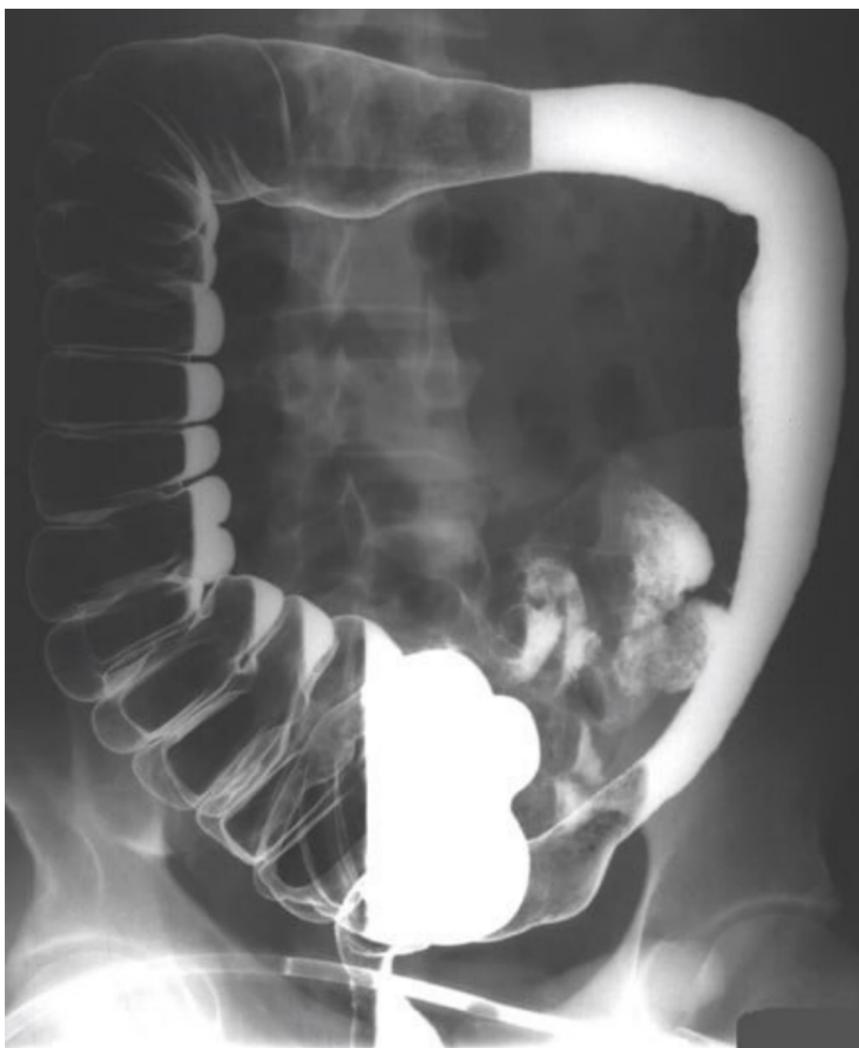
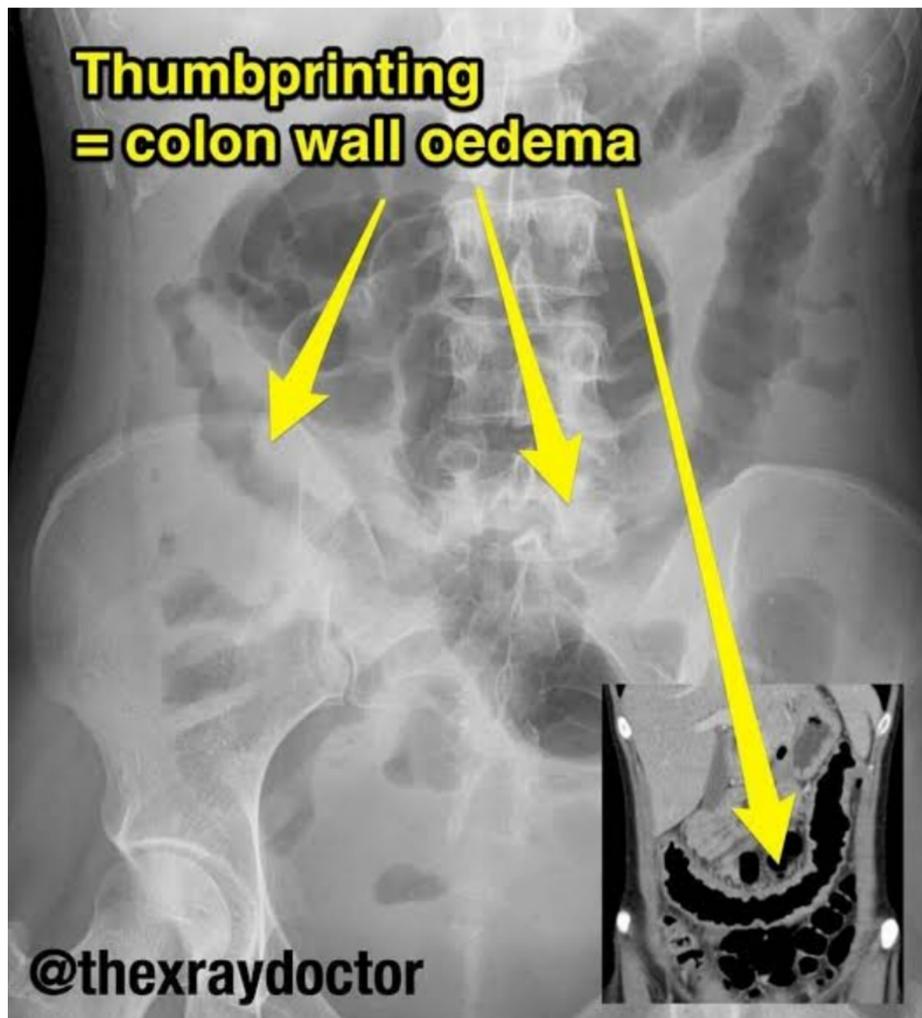
Colostomy and closure of rectal stump



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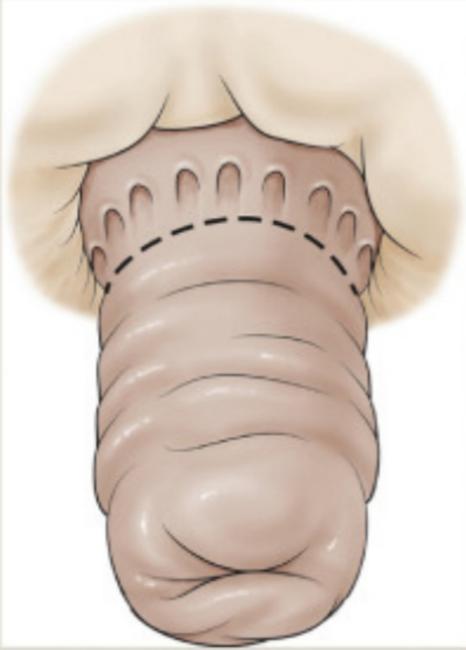
# Ulcerative colitis



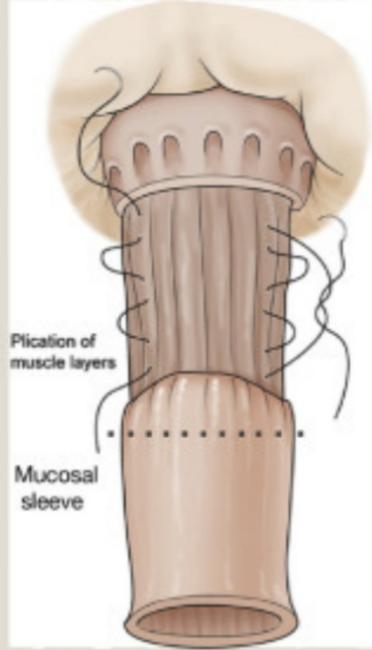
# Procedures for Rectal Prolapse

## Delorme's procedure

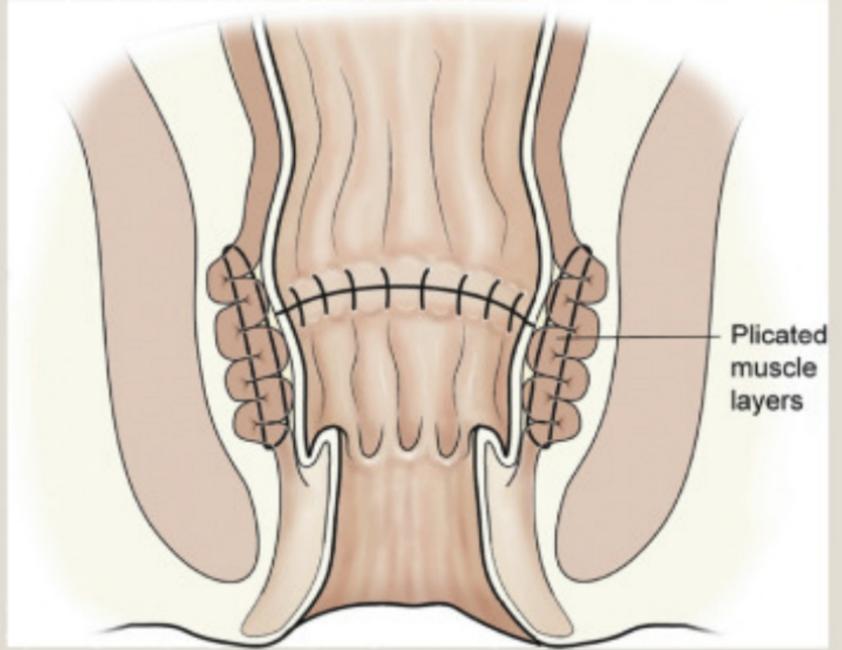
a



b

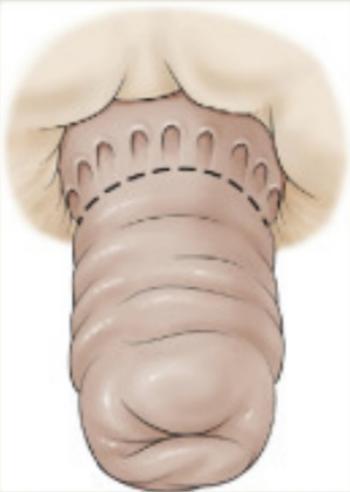


c



## Altemeier's procedure

a



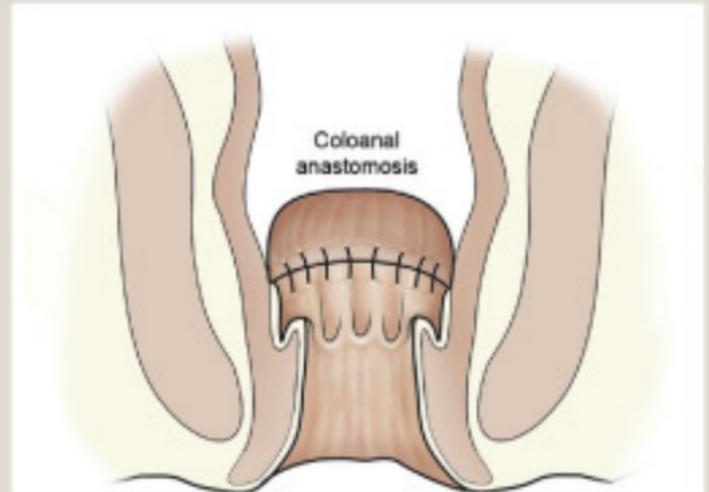
b



c



d

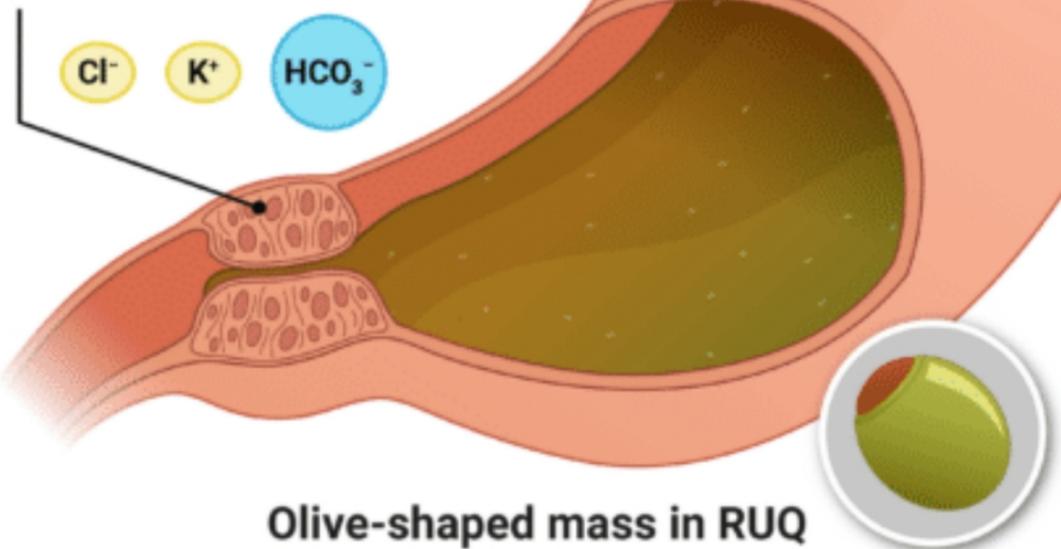


# Pyloric Stenosis

Progressive nonbilious vomiting

Most common 2 weeks–2 months of life

Hypertrophied pylorus



Olive-shaped mass in RUQ

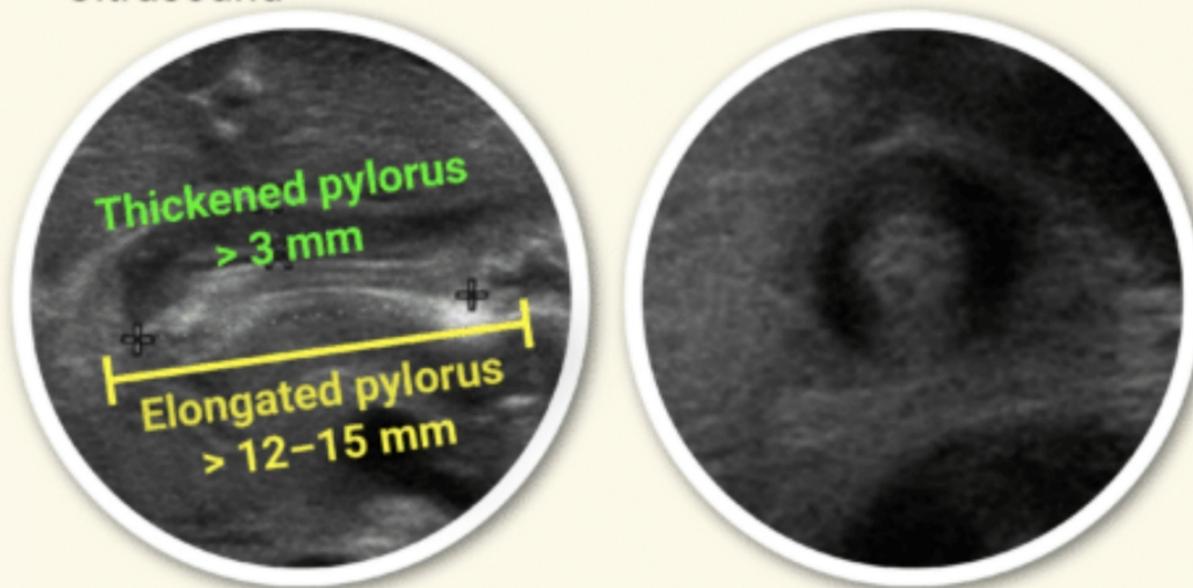
Hypochloremic hypokalemic metabolic alkalosis

## Clinical

- Projectile, nonbilious vomiting
- Immediate postprandial vomiting
- Infant is hungry between feedings (hungry vomiter)

## Diagnosis

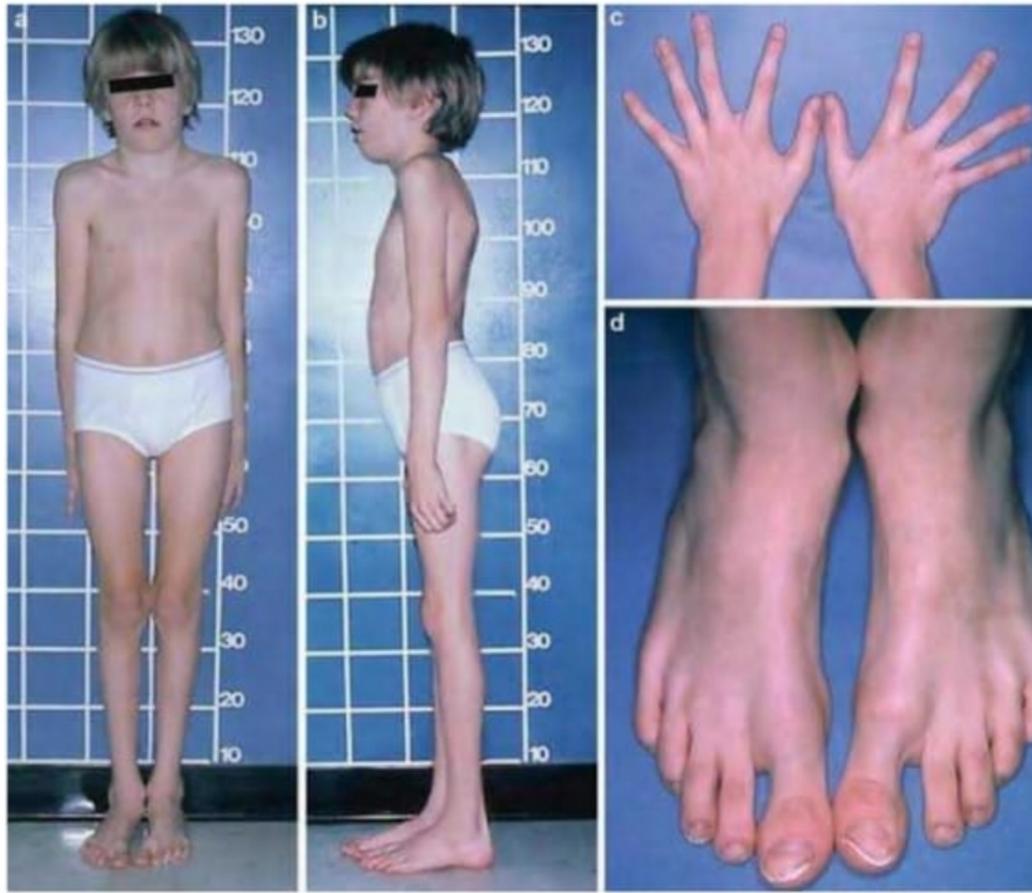
- Ultrasound



## Management

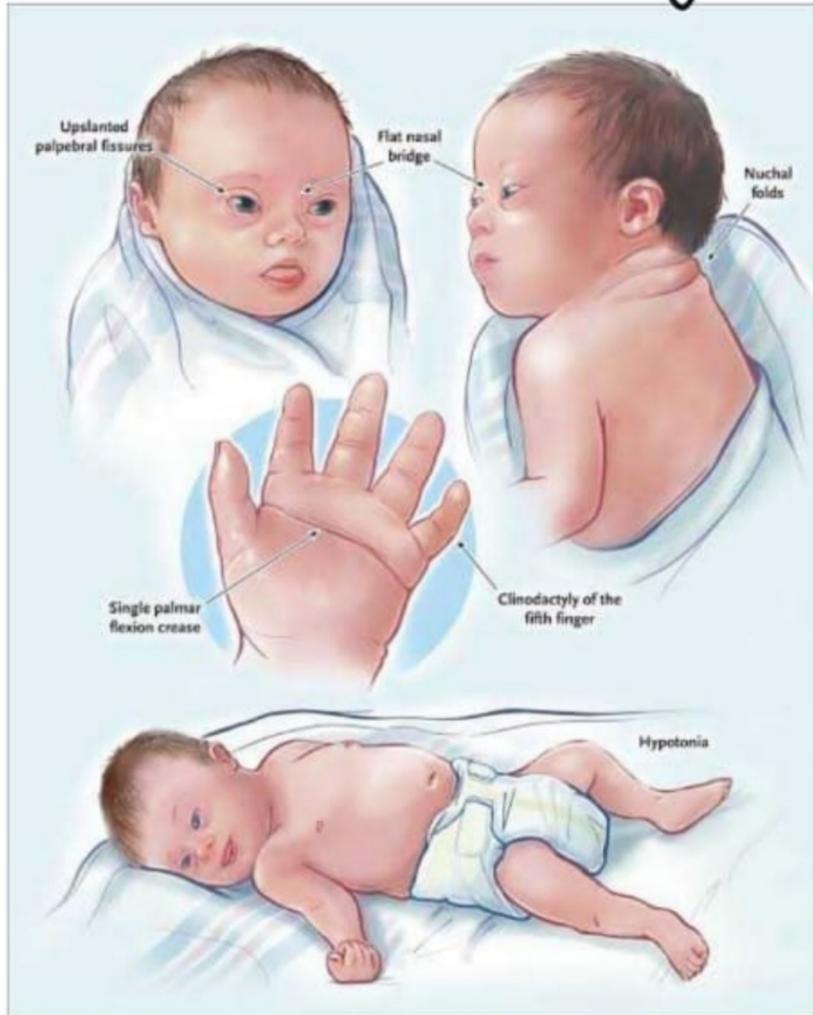
- Supportive, treat electrolyte imbalances
- Pyloromyotomy

# Marfan Syndrome



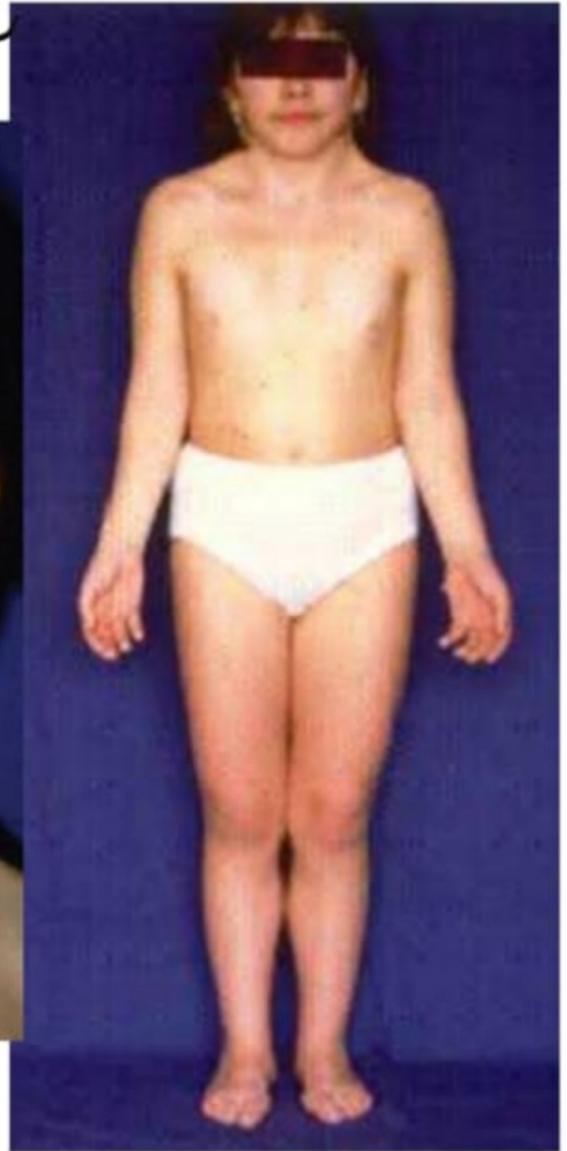
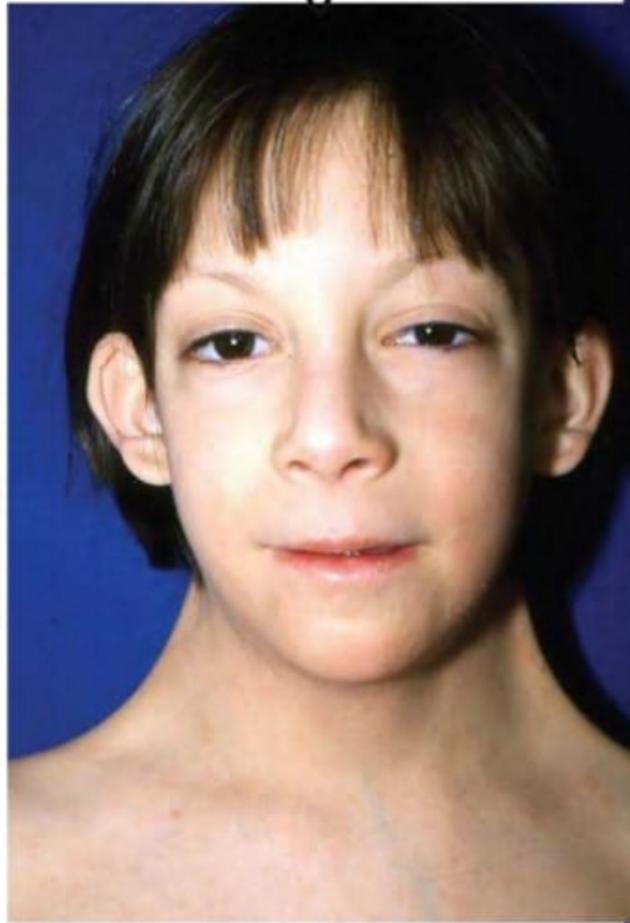
- Tall stature
- High arched palate
- Lens dislocation
- Mitral valve prolapse
- Aortic dilatation
- Aortic Dissection

# Down's Syndrome



- Microgenia
- Macroglossia
- Epicanthic folds
- Single transverse palmar crease
- Complete AV septal defects

# Turner's Syndrome



- Short Stature
- Broad Chest
- Webbed Neck
- Bicuspid Aortic valve
- Coarctation of aorta

# Ehlers - Danlos Syndrome



• Elastic Skin

- Easy bruising
- Joint hypermobility
- Mitral Valve prolapse
- Aortic Aneurysms

### What is Ehlers-Danlos Syndrome?

It is an inherited connective tissue disorder

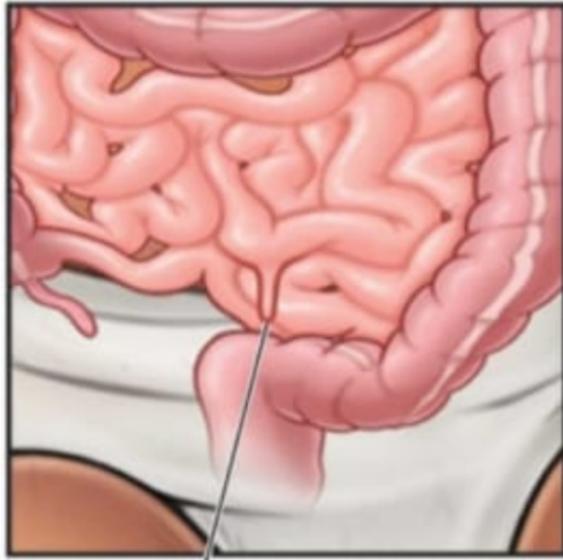
Associated with joint dysfunction

Associated with body-wide myofascial pain

Can contribute to pelvic floor dysfunction

@pelvichealth

## Meckel's diverticulum

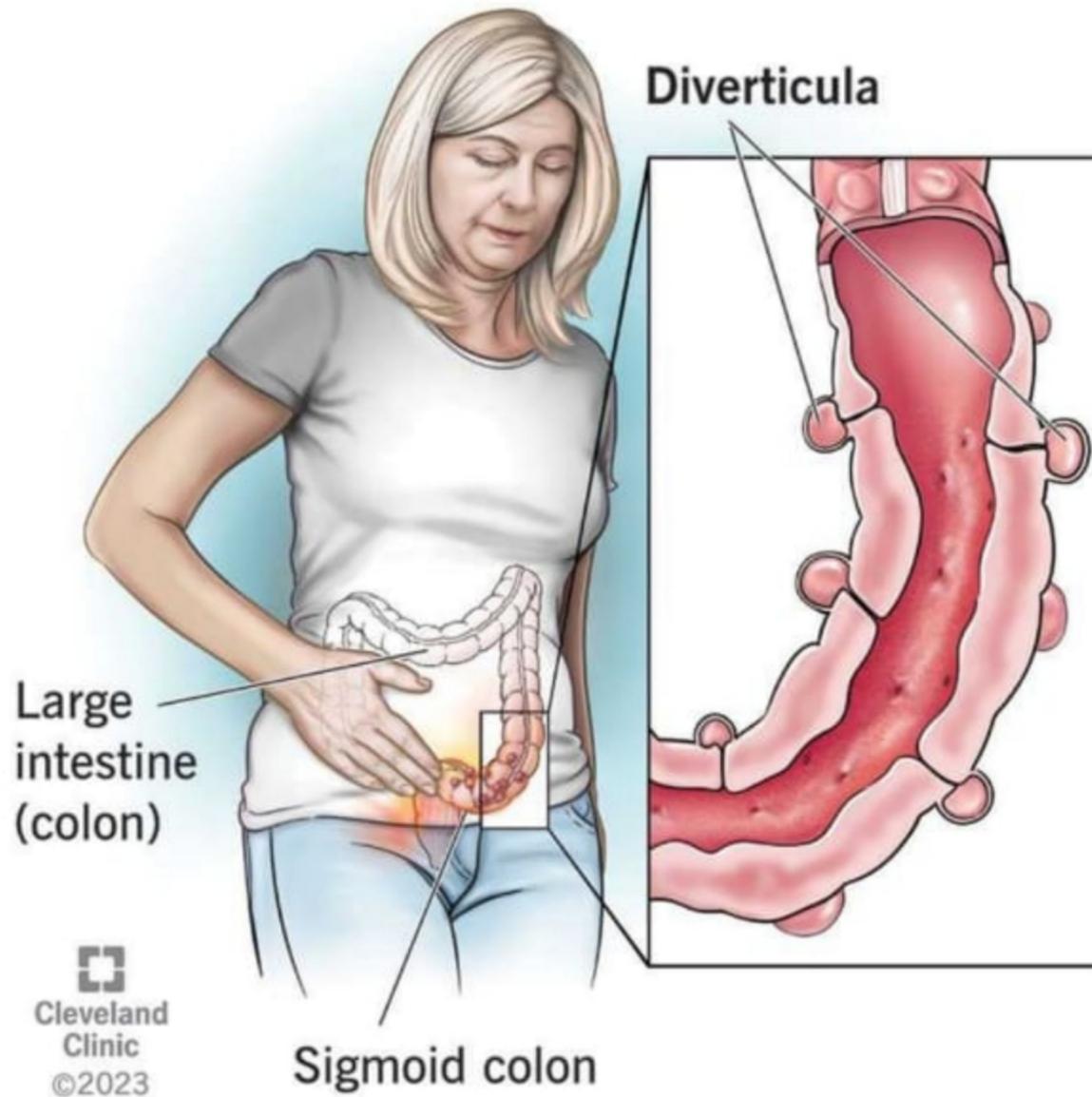


Meckel's diverticulum

Stomach  
Small intestine  
Large intestine  
(colon)



# Diverticulosis



Diverticulitis is inflammation of irregular bulging pouches in the wall of the large intestine. Typically, the wall of the large intestine, also called the colon, is smooth. An irregular, bulging pouch in the colon wall is called a diverticulum. Multiple pouches are called diverticula.



Day: \_\_\_\_\_

Date: \_\_\_\_\_

Station 3:

The Bird beak appearance on a barium swallow, is pathognomonic radiological sign of Achalasia.

Diagnosis:

- ① Barium swallow (Initial imaging)  
Initial investigation
- ② Upper GI endoscopy:
- ③ Esophageal manometry (Gold standard).

Management:

- ① Laparoscopic Heller myotomy.  
Surgical cutting of LES muscle fibers.
- ② Pneumatic dilatation.

Facial nerve examination  
 Ramsay hunt syndrome  
 What happens to hearing in VII nerve palsy  
 UMN VS LMN. Difference  
 Causes of UMN (most common is stroke )  
 Cause of LMN (most common idiopathic)

**Facial Nerve (CN VII) Examination**

**1 Inspection**

Facial symmetry  
 Loss of nasolabial fold  
 Drooping of angle of mouth  
 Inability to close eye  
 Forehead wrinkles present or absent?

**2 Motor Testing (Ask patient to:)**

Raise eyebrows (forehead)  
 Close eyes tightly (try to open them)  
 Show teeth / smile  
 Puff out cheeks  
 Whistle

**3 Sensory**

Taste over anterior 2/3 of tongue

**4 Other Functions**

Hyperacusis (stapedius muscle)  
 Lacrimation & salivation

**Ramsay Hunt syndrome**

Reactivation of Varicella-zoster virus in geniculate ganglion

LMN facial palsy + painful vesicular rash in ear

May have:

Severe ear pain  
 Vertigo  
 Hearing loss

Treatment:

Acyclovir + Steroids

**What Happens to Hearing in VII Nerve Palsy?**

Can cause hyperacusis

(due to paralysis of stapedius muscle → sound perceived as louder)

In Ramsay Hunt → may also cause sensorineural hearing loss

**Causes of UMN Facial Palsy**

(Most common: Stroke)

Stroke  
 Brain tumor  
 Multiple sclerosis  
 Trauma

**Causes of LMN Facial Palsy**

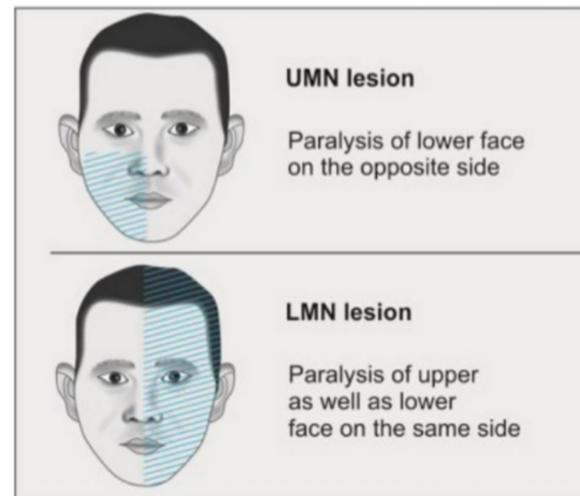
(Most common: Idiopathic)

Bell's palsy (most common)

Ramsay Hunt syndrome

Parotid tumor  
 Otitis media  
 Temporal bone fracture  
 Diabetes

Feature	UMN Lesion	LMN Lesion
Forehead	Spared	Affected
Eye closure	Normal	Cannot close
Mouth	Weak	Weak
Side affected	Contralateral lower face	Ipsilateral whole face
Cause	Brain lesion	Nerve lesion



**Signs and Symptoms of Bell's Palsy**

- Drooping of mouth
- Difficulty closing eye
- Sensitivity to sound
- Ringing in ear
- Dry eye and mouth
- Impaired taste
- Facial weakness or paralysis
- Difficulty speaking, eating, or drinking
- Jaw or ear pain
- Headache

bimaristan  
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## Ramsay Hunt Syndrome (Herpes Zoster Oticus)

Reactivation of dormant **herpes zoster** in the **geniculate ganglion of facial nerve** and spiral and vestibular ganglion of **VIII th nerve**

[www.medinaz.com](http://www.medinaz.com)

Treatment: Acyclovir  
800mg 5 times/day

Loss of taste sensation  
on anterior 2/3rd of  
tongue

Inability to close the  
eye resulting in  
irritation and redness

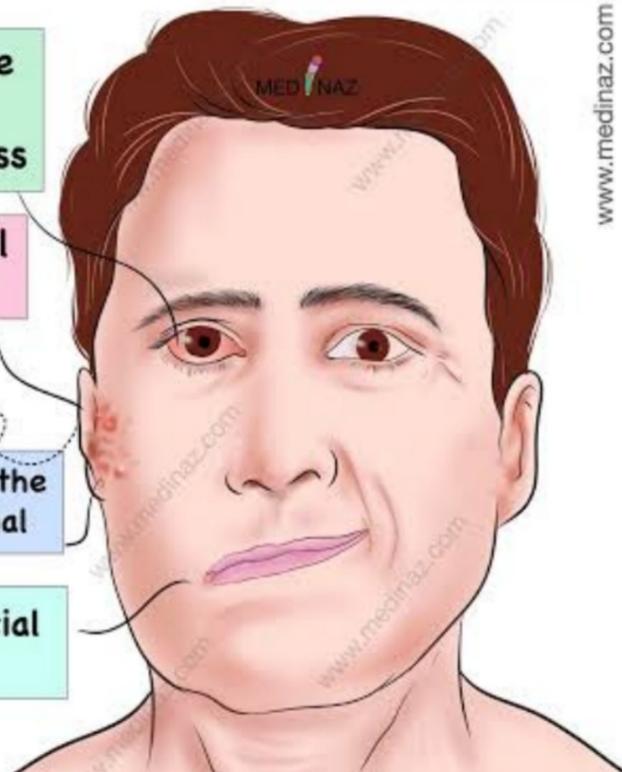
Sensorineural  
hearing loss

Tinnitus

Vesicles around the  
external ear canal

Ipsilateral facial  
paralysis

MED NAZ



- 12 A 45 year old lady presented with h/o amenorhea, galactorhea, infertility, impairment of visual equity and headache, on examination she has bitemporal hemianopia. Endocrine testing prolactin 1000mg/dl
- 1- what is the diagnosis
  - 2- enumerate features of prolactinoma
  - 3- what is the most appropriate investigation of choice?



## Prolactinoma

### Clinical Findings

Secondary amenorrhea

Infertility

Galactorrhea

Prolactinoma can compress the optic chiasm and result in bitemporal hemianopia

### 3 Most Appropriate Investigation of Choice

✓ MRI of brain with pituitary protocol (contrast-enhanced)

→ Best to visualize pituitary adenoma and optic chiasm compression.

### Investigations

Serum prolactin levels

MRI of Pituitary gland

Visual field testing if MRI shows compression of optic chiasm

**Treatment:**

- Medical Management:
  - Dopamine agonists are first-line therapy.
    - Bromocriptine
    - Cabergoline
- Surgical Management:
  - Trans-sphenoidal surgery
  - It is performed when symptoms don't improve with medicines.
- Pregnancy:
  - Microadenoma = stop dopamine agonist therapy.
  - Macroadenoma:
    - Continue dopamine agonist therapy with monitoring of prolactin levels.
    - It is because macroadenoma may enlarge further during pregnancy under estrogen stimulation.

**13 Instrument:**  
**Proctoscope**

- Name it and parts.
- Method of sterilization
- Diagnostic indications
- Therapeutic indications



**Instrument Identification**

**Proctoscope**

Used for visual examination of the anal canal and rectum.

**Parts of Proctoscope**

- 1 Outer hollow metal tube
- 2 Obturator (blunt inner introducer)
- 3 Handle
- 4 Light source attachment (fiber-optic / external light cable)
- 5 Sometimes side window for procedures

**Method of Sterilization**

If metal reusable type → Autoclaving (steam sterilization)

If fiber-optic/lighted → According to manufacturer:

High-level disinfection (e.g., glutaraldehyde)

Disposable plastic types → Single use only

**Diagnostic Indications**

Hemorrhoids

Fissure in ano

Fistula opening

Rectal bleeding

Proctitis

Rectal polyp

Biopsy of suspicious lesion

**Therapeutic Indications**

Injection sclerotherapy for hemorrhoids

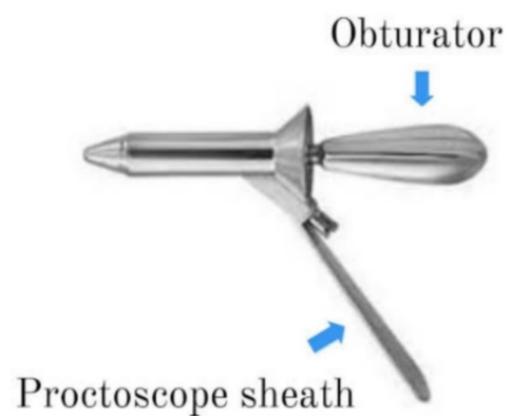
Rubber band ligation

Polypectomy (small polyps)

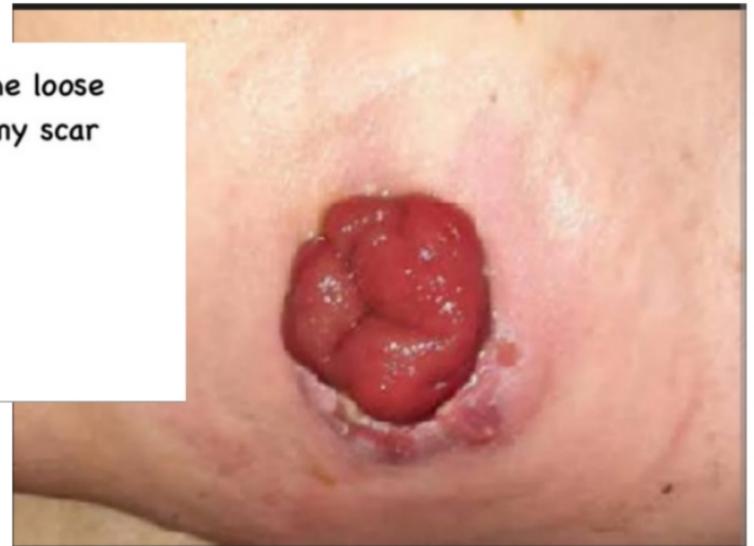
Removal of rectal foreign body (low)

Control of bleeding

**Proctoscope**



- 14 Picture of gut loop outside abdomen from colostomy site with the loose hanging end stapled and necrosed with ulcer also note laparotomy scar  
Describe (stoma prolapse)  
What procedure is this colostomy /ileostomy  
Complication of this procedure  
And complication of the condition itself (prolapse complications)  
Management? Ileostomy refashioning ( put the loop back in )



Patient with stoma prolapse: gut loop protruding excessively from colostomy site  
Stapled, necrosed, ulcerated distal part  
Laparotomy scar visible → prior abdominal surgery  
Gut appears edematous and ischemic in places  
Key point: This is a stoma prolapse with local ischemia/ulceration.

#### ✓ Type of Procedure

Colostomy or Loop Ileostomy  
Based on location: If large intestine, colostomy; if small intestine, ileostomy  
Typically loop type: stoma with two openings (proximal and distal)

#### ✓ Complications of the Procedure (Stoma Creation)

Stomal prolapse (as in picture)  
Stomal retraction  
Peristomal skin irritation  
Parastomal hernia  
Necrosis / ischemia of stoma  
Stomal stenosis

#### ✓ Complications of the Condition Itself (Prolapsed Stoma)

Ischemia / necrosis  
Ulceration  
Bleeding  
Infection  
Obstruction

#### ✓ Management

##### 1 Initial / Conservative

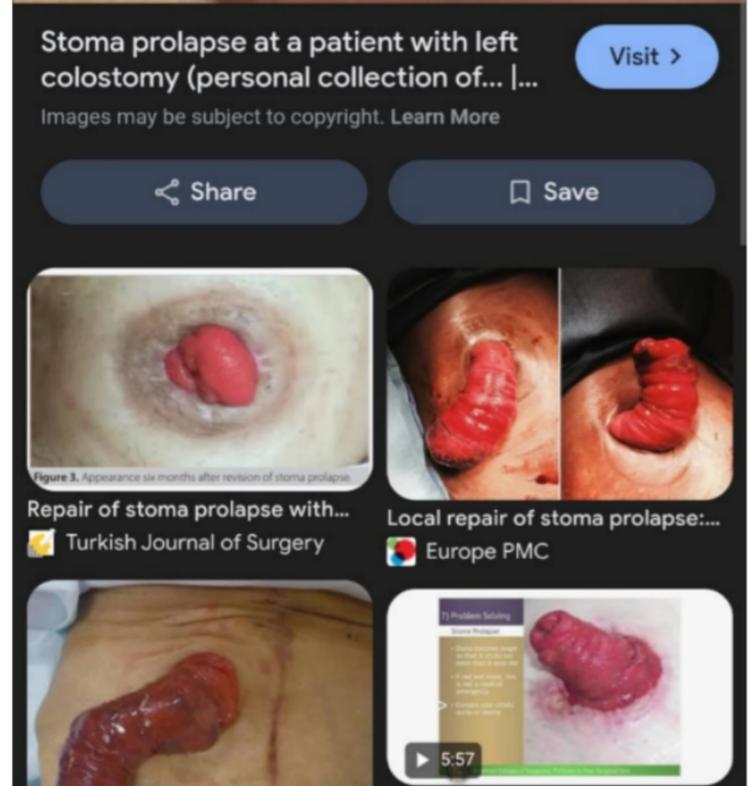
Reduce edema with manual reduction  
Apply osmotic or sugar dressings to reduce swelling  
Supportive stoma appliance  
Monitor perfusion

##### 2 Surgical (Definitive)

Stoma refashioning / revision  
Laparotomy if needed  
Reduce prolapsed loop into abdominal cavity  
Recreate stoma with healthy bowel  
Ensure good blood supply and fixation

##### 3 Emergency Indication

Necrotic / ischemic stoma → urgent revision





A somewhat similar pic of Dupuytren's contracture was given.  
Scenario: a person presented with abdominal distension and hematemesis.  
Identify.  
2 causes.  
2 investigations.

### 1. Identify

The hand condition is **Dupuytren's Contracture**.

In this specific clinical context, it is a peripheral sign of **Chronic Liver Disease (Cirrhosis)**.

The hematemesis (vomiting blood) suggests esophageal varices, and the abdominal distension suggests ascites, both of which are complications of portal hypertension.

### 2. Two Causes

While Dupuytren's can be idiopathic or hereditary, in the context of liver disease and the symptoms described, the primary causes/associations are:

- **Chronic Alcohol Use:** This is the most common association between Dupuytren's and liver pathology.
- **Cirrhosis:** Leading to metabolic changes that trigger fibroblast proliferation and collagen deposition in the palmar fascia.

### 3. Two Investigations

To work up the underlying cause of the hematemesis and distension (the liver disease), you would perform:

- **Upper GI Endoscopy:** To identify and potentially treat the source of bleeding (e.g., banding esophageal varices).
- **Abdominal Ultrasound (with Doppler):** To confirm the presence of ascites, evaluate liver morphology (cirrhosis), and check for portal vein patency/hypertension.

LFTs

# Ulnar Nerve Damage

## 1. Causes of Ulnar Nerve Damage

### A. Trauma / Compression

- Fracture of medial epicondyle of humerus (elbow)
- Elbow dislocation
- Prolonged pressure over elbow (leaning on hard surfaces)
- Repetitive strain (cubital tunnel syndrome)
- Compression at wrist (Guyon's canal, e.g., cyclists)

### B. Iatrogenic / Surgical

- Post-surgical injury (elbow, wrist, or hand surgery)
- IV line / catheter placement injury

### C. Systemic / Neuropathic

- Diabetes mellitus (peripheral neuropathy)
- Rheumatoid arthritis (joint deformity compressing nerve)
- Tumors (ganglion cysts at wrist, elbow mass)

### D. Idiopathic

- Rare spontaneous neuropathy



## 2. Clinical Picture

### A. Motor Symptoms

- Weakness of hand and forearm muscles supplied by ulnar nerve:
  - Flexor carpi ulnaris → weak wrist flexion & ulnar deviation
  - Flexor digitorum profundus (4th & 5th fingers) → weak finger flexion
  - Intrinsic hand muscles → weakness of finger abduction/adduction, thumb adduction
- **Claw hand deformity** (MCP hyperextension, IP flexion of 4th & 5th fingers)
- Difficulty performing fine motor tasks (typing, writing, buttoning)

### B. Sensory Symptoms

- Numbness, tingling, or burning in:
  - Medial 1½ fingers (little finger + ulnar half of ring finger)
  - Palmar and dorsal hand

### C. Special Signs

- **Froment's sign** – thumb IP flexion when pinching paper
- **Wartenberg's sign** – 5th finger abducted at rest
- **Muscle wasting**: hypothenar eminence, interossei, adductor pollicis

### D. Site-Specific Differences

Site	Motor	Sensory
Elbow (cubital tunnel)	FCU + FDP + hand muscles	Medial 1½ fingers
Wrist (Guyon's canal)	Hand muscles only	Variable

## Developmental Milestones: Birth to 5 years



See <https://www.med-u.org/the-library/developmental-milestones> for an interactive version of this table.

AGE	GROSS MOTOR	FINE MOTOR	COMMUNICATION/SOCIAL	COGNITIVE/ADAPTIVE
2 mos.	Lifts head/chest when prone	Eyes track past the midline	<ul style="list-style-type: none"> <li>Alerts to sound</li> <li>Social (reciprocal) smile</li> </ul>	Recognizes parent
4 mos.	Rolls front to back	Grasps a rattle	<ul style="list-style-type: none"> <li>Laughs</li> <li>Soothed by parent's voice</li> </ul>	Orients head to direction of a voice
6 mos.	Sits with little or no support	<ul style="list-style-type: none"> <li>Reaches with one hand</li> <li>Transfers objects</li> </ul>	<ul style="list-style-type: none"> <li>Babbles</li> <li>Developing stranger anxiety</li> </ul>	Feeds self
9 mos.	Pulls to stand	<ul style="list-style-type: none"> <li>Developing immature pincer grasp</li> <li>Bangs two objects together</li> </ul>	<ul style="list-style-type: none"> <li>Says "mama/dada" indiscriminately</li> <li>Waves bye-bye</li> </ul>	Plays gesture games (e.g., pat-a-cake)
12 mos.	Stands/walks alone	Fine pincer grasp	<ul style="list-style-type: none"> <li>One word other than "mama"/"dada"</li> <li>Follows one-step commands with a gesture</li> </ul>	Points to desired object
15 mos.	Stoops and recovers	Scribbles in imitation	Uses 3–5 words	<ul style="list-style-type: none"> <li>Uses spoon and cup</li> <li>Turns pages in a book</li> </ul>
18 mos.	Runs well	Builds a tower of 3 cubes	Points to 1–3 body parts	"Helps" in the house
24 mos.	<ul style="list-style-type: none"> <li>Throws ball overhand</li> <li>Kicks a ball</li> </ul>	Copies drawing a line with crayon	<ul style="list-style-type: none"> <li>Speaks in 2-word combinations</li> <li>≥ 50-word vocabulary</li> <li>Parallel play</li> </ul>	Removes an article of clothing
36 mos.	Pedals a tricycle	Copies a circle	<ul style="list-style-type: none"> <li>Speaks in 3-word sentences</li> <li>75% of language is intelligible to a stranger</li> </ul>	Brushes teeth with help
48 mos.	Hops	Copies a square or cross	<ul style="list-style-type: none"> <li>100% of language is intelligible to a stranger</li> <li>Plays cooperatively with a group</li> </ul>	Knows 4 colors
60 mos.	Skips	Copies a triangle	<ul style="list-style-type: none"> <li>Defines simple words</li> <li>Uses 5-word sentences</li> </ul>	Dresses self

<b>S. NO</b>	<b>DUE AGE</b>	<b>VACCINATION</b>	<b>AGAINST DISEASE</b>
1	At birth	1. BCG 2. Hep-B 3. OPV 0	TB Hepatitis B Polio
2	At 6 weeks (1.5 months) <b>PORP</b>	1. Pentavalent-I  2. OPV-I 3. ROTA-I 4. PCV-I	Diphtheria, Pertussis, Hepatitis B, tetanus and Hib. Polio Rota virus (diarrhea) Pneumococcal disease
3	At 10 weeks (2.5 months) <b>PORP</b>	1. Pentavalent-II  2. OPV-II 3. ROTA-II 4. PCV-II	Diphtheria, Pertussis, Hepatitis B, tetanus and Hib. Polio Rota virus (diarrhea) Pneumococcal disease
4	At 14 weeks (3.5 months) <b>POIP</b>	1. Pentavalent-III  2. OPV-III 3. IPV-I 4. PCV-III	Diphtheria, Pertussis, Hepatitis B, tetanus and Hib. Polio Polio Pneumococcal disease
5	At 9 months <b>MI</b>	1. Measles rubella- I (MMR) 2. IPV-II	Measles mumps and rubella  Polio
6	At 15 months	1. Measles rubella- II (MMR)	Measles mumps and rubella

Surgical instruments ( langan bag retractor, babcoks foreceps, scalpel)



### **Babcock Forceps**

These are specialized, non-perforating forceps used to grasp delicate structures without crushing them. You can recognize them by their flared, rounded, and fenestrated (open) tips.



### **Langenbeck Retractor**

Often called a "Right-Angle Retractor," this is a handheld tool used to hold back the edges of an incision.



### **Scalpel**

The scalpel is the primary instrument for cutting and dissecting tissue. It consists of a reusable handle (often a #3 or #4) and a disposable blade.



### Herpetiformis dermatitis

Dermatitis herpetiformis is a chronic, intensely itchy autoimmune blistering skin disorder strongly associated with Celiac disease.

🔥 Key Feature: INTENSE PRURITUS (very itchy)

📍 Distribution (Symmetrical)

- Elbows
- Knees
- Buttocks
- Back
- Scalp

💊 Lesions

- Small grouped vesicles (like herpes – hence “herpetiformis”)
- Papules
- Excoriations (because patient scratches)
- Often you don't see vesicles because they rupture due to scratching

### Treatment

First-line drug: Dapsone  
Lifelong Gluten-Free Diet

### 🔬 Investigations

#### 1 Skin biopsy (gold standard)

- Subepidermal blister
- Neutrophils at dermal papillae

#### 2 Direct immunofluorescence (MOST important test)

- Granular IgA deposits at dermal papillae

#### 3 Celiac screening

- Anti-tTG antibodies
- Endomysial antibodies



## 1 Spinal Needle

Definition:

A hollow needle used to inject local anesthetic into the subarachnoid space for spinal anesthesia or diagnostic lumbar puncture.

## 2 Drug Given Through Spinal Needle

Local anesthetic: Bupivacaine (most commonly used)

Can be combined with opioids like fentanyl for longer analgesia

## 3 Anatomy & Site of Procedure

Spinal Cord Termination

In adults: L1–L2 vertebral level

In infants: slightly lower (L2–L3)

Needle Insertion Site

Lumbar puncture / spinal anesthesia → below spinal cord termination to avoid injury

Typical levels: L3–L4 or L4–L5 interspace

Landmarks:

Iliac crests → line across gives L4 vertebral level

## 4 Clinical Tips / Viva Pearls

Patient position: Lateral decubitus or sitting

Needle direction: bevel parallel to dural fibers (to reduce headache)

CSF flow: confirms correct placement

Indications: spinal anesthesia, diagnostic lumbar puncture, intrathecal drug delivery

Rose spots image ..

Dx.. typhoid fever

In which week rose spots appear: 2nd week

Investigations to confirm the dx

Management of typhoid fever

Antibiotics names..

What is MDR..



What to give if it's MDR

when salmonella is resistant any of the the three major antibiotic groups like ampicillin, chloramphenicol and tmp-smx. then give ceftriaxone, azithromycin if extensive resistance, so carbapenems meropenims

## ROSE SPOTS

### Rose Spots

Rose spots are:

- Small (2–4 mm)
- Pink, blanching maculopapular rash
- Usually on abdomen and chest
- Faint and transient (disappear in 2–5 days)

They are classically seen in Typhoid fever

### 17 When do they appear?

👉 2nd week of illness



### Diagnosis: Typhoid Fever

Caused by:

- Salmonella enterica serotype Typhi

Transmission:

- Feco-oral route (contaminated food/water)

### Investigations to Confirm Diagnosis

#### 1 Blood Culture (Gold Standard – especially 1st week)

- Best confirmatory test

#### 2 Stool Culture

- More positive in later weeks

#### 3 Bone Marrow Culture

- Most sensitive (even after antibiotics)

#### 4 Widal Test

- Detects O & H antibodies
- Less specific (used where culture not available)

# Appendicitis

## Differential Diagnoses (DDs) of Right Iliac Fossa (RIF) Pain

Acute appendicitis  
 Meckel's diverticulitis  
 Crohn's disease  
 Ileitis  
 Caecal carcinoma  
 Ectopic pregnancy  
 Ovarian torsion  
 Ruptured ovarian cyst  
 Pelvic inflammatory disease  
 Ureteric stone  
 Urinary tract infection  
 Pyelonephritis

## Post Op Complications of Appendicitis

\* Wound infection  
 \* Adhesive intestinal obstruction  
 \* Ileus  
 \* Respiratory complications  
 \* Fecal fistula  
 \* Portal pyemia

## Clinical Presentation

\* Periumbilical pain, which is referred Visceral pain  
 \* Pain shifts to RIF - due to parietal peritoneal irritation  
 \* Anorexia  
 \* Nausea  
 \* Vomiting

## Investigations

\* CBC  
 \* Urinalysis  
 \* Abdominal ultrasound

## Alvarado Score (mnemonic: (MANTRELS):

Feature	Score
Migratory RIF pain	1
Anorexia	1
Nausea and vomiting	1
Tenderness in RIF	2
Rebound tenderness	1
Elevated temperature ( $>37^{\circ}\text{C}$ )	1
Leukocytosis	2
Shift to left ( $\uparrow$ in segmented neutrophils)	1

Total score if  $\leq 4$  diagnosis unlikely, 5 - 6 = observe,  $\geq 7$  = operation required

# Hydrocephalus

By Mr. Vaka

Hydrocephalus is a condition where excess cerebrospinal fluid (CSF) builds up inside the brain's ventricles, causing increased pressure on the brain.

## Common Causes

- Congenital (present at birth)
- Brain infections (like meningitis)
- Brain tumors
- Head injury
- Brain bleeding (especially in newborns or elderly)
- Blockage of CSF flow

## Symptoms in Infants

- Enlarged head size
- Bulging soft spot (fontanelle)
- Vomiting
- Seizures
- Poor feeding
- Irritability
- Sun-setting eyes (downward gaze)

## Diagnosis

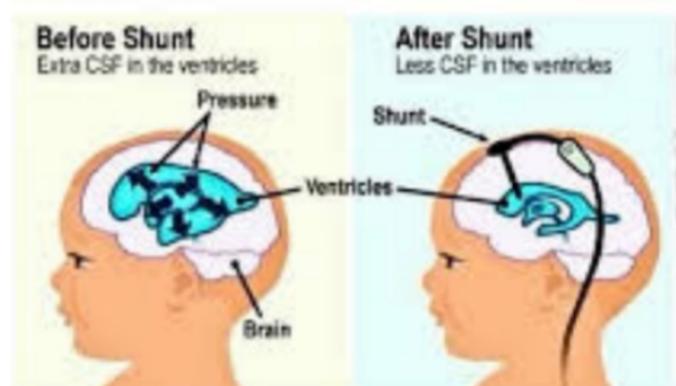
- CT scan or MRI of the brain
- Measurement of CSF pressure
- Neurological examination



## Treatment

The main treatment is surgery:

- VP Shunt (Ventriculoperitoneal Shunt) – drains excess fluid to the abdomen
- Endoscopic Third Ventriculostomy (ETV) – creates a new drainage pathway



**There is no permanent medication cure, but symptoms can dramatically improve after surgery.**

## 1. Types

- **Communicating:** CSF flows freely between ventricles, but the "drain" (arachnoid villi) is clogged, preventing absorption into the blood.
- **Non-Communicating (Obstructive):** A physical "dam" (tumor, narrowing) blocks fluid flow within the narrow passages of the brain.
- **Normal Pressure (NPH):** Ventricles enlarge but pressure stays near normal; primarily affects older adults.
- **Hydrocephalus ex-vacuo:** Not "true" hydrocephalus; the brain shrinks (due to stroke or Alzheimer's) and CSF fills the empty space.

## IMNCI DIARRHEA CLASSIFICATION

Two of the following signs: <ul style="list-style-type: none"><li>• Lethargic or unconscious</li><li>• Sunken eyes</li><li>• Not able to drink or drinking poorly</li><li>• Skin pinch goes back very slowly</li></ul>	<b>SEVERE DEHYDRATION</b>
Two of the following signs: <ul style="list-style-type: none"><li>• Restless, irritable</li><li>• Sunken eyes</li><li>• Drinks eagerly, thirsty</li><li>• Skin pinch goes back slowly.</li></ul>	<b>SOME DEHYDRATION</b>
• Not enough signs to classify as some or severe dehydration	<b>NO DEHYDRATION</b>

### Based on Duration:

Acute diarrhea: lasts < 14 days.

Persistent Diarrhea: lasts  $\geq$  14 days.

Dysentery: Bloody diarrhea  $\rightarrow$  Shigella.